

## Junior Sacrifices Nursery For Pa

The supreme sacrifice was made by Al Nelson, Junior, for papa Al, when his nursery was rebuilt into a rehearsal room. Al has a new phrase now to add to the old one about "easy as taking candy from a baby"—it's "tough as persuading baby to give up his bedroom."

Before radio engineers could begin their work of reconstruction, Big Al had to reassure Little Al that his hobby-horse, to be supplanted by a microphone, would be given bigger and better quarters.

Al, Senior's broadcast, every Tuesday at 8:30 p.m., EST, over the WABC-CBS network, is the result of careful preparation at daily work sessions in the ex-nursery. Every day after the broadcast, Jolson, Martha Raye and Parkyakarkus get together with maestro Vic Young. By Thursday the programme is well on its way to being tightened and polished for the following week's air presentation.

"It's all plenty of work and less playroom now," says Al, Senior, "where there was once a loud speaker there is now Martha Raye. A grand piano holds down the spot the baby's playpen once held. I guess Parkyakarkus will have to replace the hobby horse. We haven't been invited to visit Al, Junior's new room yet. I think he's suspicious."

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... OF ...

## Interest to Women

### BRIGHT GADGETS, EQUIPMENT ADD BEAUTY TO NEW KITCHENS

#### Versatile Cupboards, Cabinets Fit Into New Shapes With Complete Efficiency

(By Elizabeth MacRae Boykin)

We've spoken our piece about  
charm in kitchen decorations before,  
now we want to have our say on the  
subject of the bright and shining ef-  
ficiencies for the lady with the proper  
appreciation of them.

First of all there's the swing theme  
in kitchen arrangement. That means  
that the sink swings out from the  
wall and takes its place at right an-  
gles to the wall so that you can  
work on either side of it and get to it  
more easily from range or working  
surfaces. With a cupboard below, of  
course.

Then there are those impressive  
and versatile cupboards and cabinets  
for the kitchen that fit in and around  
with such thoroughness. They in-  
clude space for everything you could  
think of to put on the grocery list,  
along with sockets and storage for  
all the gadgets. You'd better plan the  
lights in the right place, too—at the  
working centres.

The crowning glory of the modern  
kitchen is the table top gas range,  
streamlined and all but magic. The  
divided top range is new, here you  
have a working surface between the  
burners, that is two burners are on  
each side of it. Not only convenient  
for extra large utensils, but quite a  
good idea for party occasions when  
there are two cooks on the job, each  
with ideas.

The new ranges have remarkable  
broiling compartments among other  
things. Sometimes the broiler will  
be in a pull-out drawer, sometimes  
is attached to a drawer that swings  
out and sometimes it elevates itself  
on a spring when the door is opened  
or rotates like a piano stool to sim-  
plify the broiling operation. There  
are also ovens that come up and out  
when you open the door, not to men-  
tion a choice of right or left handed  
ovens, according to the requirements  
of the kitchen space.

In addition to the time clock, the  
really modern range also has a spe-

cial individual light to illuminate  
the working parts without glare in  
the eyes of the worker. Some of these  
new ranges likewise have tubular  
metal legs so that they can be ad-  
justed to exactly the right height for  
comfortable working hours. Various-  
ly sized burners are a boon, too, to  
say nothing of automatic lighting  
which we take for granted these days.

And think how very nice it would  
be to have a whole electric laundry  
tucked into those bland looking kit-  
chen cupboards and working surfaces.  
It can be done, and has been done—  
tubs, driers and ironing equipment.  
Because laundries are lifting their  
heads above the basements these  
days with their slick appliances.

The shape of the kitchen is un-  
dergoing quite radical changes, too.  
Instead of the usual square, it is often  
built on an L, a U or a semi-circular  
plan. We've even heard talk of a  
round electric range on casters with  
a central light and a metal top work-  
ing surface, you can work at it from  
any angle.

Refrigerators are keeping up with  
the times, too. There's a model with  
a toe pressure for opening the door,  
good news for anybody who's ever  
approached a refrigerator with both  
hands full. There's another new  
model with wider shelves that aren't  
so deep, this appeals to us as we  
think it might help keeping different  
items from getting lost in the back  
of others. Another help on this line  
is a model with racks on the door for  
small articles. For the big things,  
we saw a refrigerator with adjustable  
shelves geared up to watermelons,  
and the like, and including a crisping  
pan!

There are many very grand stream-  
lined pots and pans that don't tip,  
and myriads of marvelous gadgets.  
We recommend a spurge in kitchen  
ware. Because after all the kitchen  
is a lady's studio and its implements  
should be worthy of her art.

## CONDEMNS CERTAIN SPORTS FOR GIRLS

### Weight Throwing and Jumping Are Doubtful Says Teachers College Physical Education Professor

Artificial exercises for the ordi-  
nary person are condemned by one of  
the nation's leading health authori-  
ties in a booklet just published by the  
National Health Council.

Setting-up exercises such as the  
army gives its recruits are "very poor  
forms of physical activity" and the  
way the army teaches you to stand  
and walk is incorrect, says Dr. Jesse  
Feiring Williams, professor of phys-  
ical education of Teachers' College,  
Columbia University.

With a gibe at "big muscle fadists"  
whose "sign is an overdeveloped tor-  
so wrapped in a leopard skin," Dr.  
Williams says:

"The fact is that exercise has noth-  
ing to do with longevity, when one  
considers some of the exercises rec-  
ommended for man, an early death  
would indeed be preferable to the  
daily practice of them."

Exercise for the ordinary person,  
according to Dr. Williams, ought to  
consist mostly of natural activities  
or modifications of them, such as  
walking, running, jumping, lifting,  
climbing, striking, throwing, swim-  
ming, dancing, and games of various  
kinds. He gives a series of such  
exercises for "physical illiterates"

among whom he numbers "the cap-  
tains of industry," who "may have  
played football in college, but is  
still a physical illiterate if he has  
no motor skills that he uses in a re-  
creative way."

Dr. Williams, whose chief occupa-  
tion is training physical instructors  
for school, also lists various sports  
which he condemns for girls, and  
others which he recommends as suit-  
able. He classifies his list as follows:

Condensed for mature girls—Broad  
jump, high jump in competition, and  
pole vaulting.

For immature girls—Pole vaulting,  
running more than 100 yards, weight  
throwing.

Doubtful:  
For mature girls—High jump, run-  
ning more than 100 yards in compe-  
tition, weight throwing.

Beneficial and suitable:  
For mature girls—Dancing, golf,  
padding, rowing, running, swimming,  
tennis, walking.

For immature girls—Climbing,  
dancing, jumping (in moderation),  
running (in moderation), skating,  
swimming, tennis, walking.

Some other forms of sports listed  
Some other forms of sports listed  
Some other forms of sports listed

In his booklet Dr. Williams does  
not take sides in the current contro-  
versy whether competitive sports  
should be banned in girls' schools,  
but he indicates strongly that the in-  
tensity of competition in some types  
of sports is not beneficial.

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## COCONUT FOR CONVENIENCE

### Some New Ideas For Quick, Easily Prepared Desserts

(By Katharine Baker)

No matter how carefully a home is  
run, or how well planned, there are  
bound to be days when everything  
seems to get jammed up and there  
is so much to do, one hardly knows  
where to start. You can't go back on  
your standard of good meals even at  
times like these and yet you are too  
busy to prepare anything elaborate  
in the way of a dessert. It's a life-  
saver to know that some of the most  
original and interesting dishes you  
can serve are made very simply. If  
you keep these ideas in your head  
and have the right ingredients on  
hand, there is nothing more quickly  
and easily prepared than any of the  
following desserts. All you need is  
coconut which comes to you in air-  
tight tins which retain the sweetness  
and creamy moistness of the fresh  
coconut, and most of the other in-  
gredients you will already have on  
hand.

Take Ambrosia for instance which  
is another contribution from the  
Southland. It is a simple solution to  
the dessert problem. It is so easy to  
make, ready at a minute's notice and  
yet is capable of taking its place  
amongst the company dishes.

**Ambrosia**  
3 oranges, sections free from mem-  
branes

½ cup powdered sugar  
1 can coconut, southern style

Arrange layer of orange sections  
in serving dish and sprinkle with  
sugar and coconut. Repeat until all  
the ingredients are used, topping  
with coconut. Chill thoroughly be-  
fore serving. Serves 6.

The whole year round you can com-  
bine fine, fresh coconut with any  
seasonal fruit cup combination thus  
dressing up the fruit and enhancing  
its flavour.

Try coconut Manguerites. They  
are new and different and are made  
by piling Seven Minute Frosting or  
any other frosting of similar type on  
salted crackers. Sprinkle thickly  
with premium shred coconut and  
bake in moderate oven, 350 degrees  
F., ten minutes, or until delicately  
browned.

Here is another idea. Marshmal-  
low Treats are made by flattening  
marshmallows or marshmallows cut  
in halves. Place on round or square  
salted crackers; put small piece of  
butter in centre of each and sprinkle  
with premium shred coconut and  
bake in moderate oven, 350 degrees  
F., ten minutes, or until delicately  
browned.

## ROUND ABOUT KITCHENS

### Architects Planning Equipment For New, Round Shaped Kitchens

The shape of kitchens-to-come is a  
question which keeps even the most  
advanced of the home planning ex-  
perts guessing. Now, round and semi-  
circular rooms have come rolling in-  
to the culinary picture.

Just what these radical departures  
will lead to or how they may affect  
the design of kitchen equipment, can  
hardly be determined at the moment.  
However, at least one round el-  
ectric range has already been shown.  
It is equipped with five sheathed  
cooking elements of Canadian in-

conel, a thermostatically controlled  
oven and broiler, a monel top work-  
ing surface and a central light. The  
range is set on casters to make it  
workable from any angle.

One architect who plans a semi-  
circular kitchen has made the de-  
signs for the special equipment to be  
used. The main items, consisting of  
the range, the refrigerator and the  
sink with waste disposal and dish-  
washer, will be constructed in one  
square monel-topped unit. This unit  
will be placed in the middle of the  
room and will revolve like an old-  
fashioned "Lazy Susan." The straight  
wall of this semi-circular kitchen  
will be lined with closed metal cab-  
inets having drawers and shelves for  
pots, pans, dishes, food storage, cut-  
lery and linens.

The architect plans to build the  
entire wall forming the semi-circular  
side of the room of glass bricks. The  
diffused light let in through this  
wall and the fact that the room will  
be air-conditioned, will eliminate the  
need for windows.

## NEWS AND NOTES

Nelson Eddy, rather than disap-  
point a Hartford concert audience,  
chartered a special New York-Hart-  
ford train Sunday, March 7, in order  
to return to Manhattan in time for  
his broadcast with Nadine Conner  
over the WABC-CBS network.

The train, carrying a total passen-  
ger cargo of Nelson, his manager, and  
accompanist, made the trip in two  
hours, which is 50 minutes less than  
the usual running time. To keep that  
concert date, made weeks ago before  
the schedule conflict had been ap-  
parent, Eddy was set back just \$335.  
That's the price for a special train,  
in case you're shopping around for a  
swift round-trip between Manhattan  
and Hartford.

Gillette's Community Sing grows in  
importance as Hollywood's Sunday  
night Mecca of Melody!

When last Sunday's merrymaking  
was aired, among the volunteer song-  
birds were Jack Oakie, Martha Raye,  
the Gleasons, Mr. and Mrs. Brian  
Donlevy, the Joe Penners, Anne  
Shirley, Tom Brown, Chester Morris,  
Fred Keating, Gus Edwards and Gene  
Mako, Davis cup tennis star.

The Community Sing company  
were particularly honored by a visit  
from Hollywood's First Citizen—  
Mayor Frank Shaw, who waxed lust-  
ily lyrical with the best of them.

## OAKIE COLLEGE

Jack Oakie earns a goodly fee  
every time he signs off from his  
Tuesday night College broadcast at  
9:30 p.m., EST, over the WABC-CBS  
network. Yet it was less than eight  
years ago that in company with Polly  
Walker, he was delighted to appear  
on Paul Whiteman's broad-  
cast. He thought it would be a swell  
plug for the show, "Hit The Deck,"  
in which they were starring.

"But that was nothing," says Oak-  
ie. At the same time, the advertis-  
ing agency was worried because  
Whiteman's sponsors threatened to  
throw the show off the air if he did  
not remove a crooner from his line-  
up. The fellow's name was Bing  
Crosby.

Hon. A. C. Taylor

(Continued from Page Two)  
great industry and I would plead if  
necessary for the full support of this  
House to assist the Government in  
its endeavour to promote the best  
interests.

I would also point out to all mem-  
bers, particularly members from ru-  
ral districts, that while the Govern-  
ment is prepared to go forward and  
assist farmers in every possible way  
by promotional and educational  
means yet there is a heavy responsi-  
bility resting upon the farmers of  
this Province and unless they take  
full advantage of available assistance  
and direction and unless they are  
prepared to practice better feeding  
and breeding methods, better soil cul-  
tivation, work together co-operatively  
through community effort, unless  
they are prepared to produce more  
and higher grade products and pay  
more attention to distribution and  
marketing problems, they will never  
become any better farmers than they  
are at the present time. I would,  
therefore, appeal to Honourable Mem-  
bers to co-ordinate all efforts in  
placing this Province in the fore  
front of agricultural achievements.  
Supporting our agricultural policies,  
then we may reasonably expect that  
in a short time the demand will be so  
keen as will make necessary the ap-  
propriation of a much greater per-  
centage of our revenue to keep pace  
with the demand and requirements  
of our work.

NASSEAU, Bahamas, March 10 —  
Travel to this vacation outmost of the  
British Empire showed an increase of  
70 per cent. last month, as compared  
with January, 1936, according to fig-  
ures released here. The respective  
number of visitors were 6,194 and 3,  
626.

Last month's sharp upswing in-  
creased to 50 per cent. the average  
gain in the tourist trade for the  
months of November, December and  
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