

No Happiness In the Home When the Mother Is Sick



The tired, worn out mother cannot make a happy home if she is sick and worried by the never ending household duties. She gets run down and becomes nervous and irritable, downhearted and discouraged, can't rest at night, and gets up in the morning as tired as when she went to bed.

Women suffering in this way will find in Milburn's H. & N. Pills a remedy with which to recuperate their health, build up the run down system, and bring back their bodily vigor.

HARNESS
OVERALLS
WORK PANTS
GLOVES

H. A. Burtt
TEL. 1234

CURTAINS AND DRAPES

JUST RECEIVED...
OUR NEW SPRING RANGE OF
Curtains in plain and figured
Marquisettes, flie and tuskan
nets, Curtains, widths from 27
to 54 inches. Lengths from 2 to
3 yards. Drapes in all the new
shades. Also a full range of Tap
estries and Homespins.

"See our stock before
purchasing."

Stanley Delong
Phone 68-11 63 Carleton St.

A TAILORED-MADE SUIT IS TAILORED OF EXCLUSIVE FABRICS

We buy only a limited amount
of each pattern and fabric.
That's why you can choose your
fabric and know that you won't
be seeing it on every other man
in town! Our complete line of
fall fabrics are now in. Call and
select YOUR OWN Distinctive
Pattern.

Alex. Ingram
376 KING ST.

WORD O' MOUTH ADVERTISING

Travelling men have no "heart"
when talking about a hotel. To
them, it's either "good" or "bad."

Give them a clean room, abun-
dant hot water supply, and mod-
ern bathing facilities and you'll
have them "telling the world"
to stop at our hotel.

Modern plumbing fixtures —
easily kept clean—mean more
business. Ask us about econom-
ical installations.

D.J. Shea
80 Carleton St. Phone 563-11

A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES —

Surplus funds invested in sound development
of natural resources and industry within the
Maritime Provinces will return maximum in-
come—Increase Purchasing Power—Create
Permanent employment and prove the great-
est benefit to general business. A list of
carefully selected offerings will be forward-
ed on request.

IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building Phone 454
Fredericton Charlottetown Halifax Saint John, N.S.

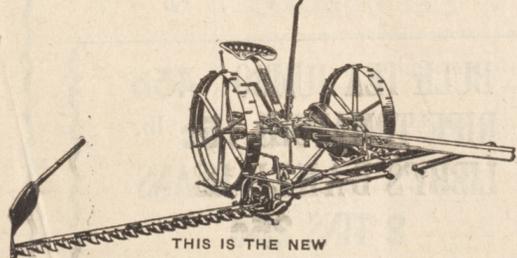
There is hardly anything* in the world that
some man can not make a little worse and
sell a little cheaper, and the people who con-
sider price only are this man's lawful prey.
(Ruskin)

* Insurance is no exception.

HOWARD H. BLAIR

68 YORK ST. YOU CAN REST ASSURED PHONE 291

FARMERS..



THIS IS THE NEW

McCORMICK-DEERING MOWER
If you want the BEST—No need to go any further.

J. Clark & Son, Ltd

"A GOOD PLACE TO DEAL"

... OF ... Interest to Women

THE SEISMIC TREMORS START WITH INVITATIONS

(By Cynthia Proctor)

The demands for 'Earthquake
Bridge' plans spring up like petunias
in the summer sun. So here we are
again with complete directions for
overturning the calm of a bridge
minded party. Earthquake bridge is
one way to relax at cards—maybe!

Earthquake Bridge

The 'seismic tremors' start with
the invitation, continuing throughout
the entire party. Heres the invitation

"First Seismic Tremor
Expected at about 6.7 p.m. on
Wednesday
Relief Expedition under the
J. Blakes, Geologists."

The invitation is written with crayon
in topsy-turvy lettering on a
piece of drawing paper and sealed
with large splashes of red sealing
wax.

When the guests arrive they find
the card tables set for dinner. When
they are told to locate their seats by
means of place cards, they feel that
they are in a foreign country. Soon,
however, they discover a 'key'—all
the names written backwards and
then deciphering becomes an easy
matter.

Feeling that the first shock is over
the guests settle down to enjoy one
of the hostess famous dinners.
Things appear a bit strange, how-
ever, when coffee, cheese and crack-
ers are served first. Not until the
orange ice is brought in next does it
dawn on the guests that dinner is
being served backwards—and then
theres fun! Reverse the entire menu,
and end up thoughtfully with soup
and crisp crackers or a fruit cocktail

Indicated on the reverse side of
the place card which also serves as a
tally, is the location of the first table
of bridge. The reverberations of a
second tremor are now to be heard
as the hostess places an envelope
and a package at each table, which
reads: "After you have bid the
first hands, lay them face down and

open the envelope.' The message in
the envelope reads: First shock:
Each person takes the hand from the
player on his right and declarer now
proceeds to play the game with his
new hand. The other three hands
are played normally. The package is
opened by the losers and contains a
paper dunce cap for the holder of the
low score. He dons it with appropri-
ate blushes or curses, depending on
his temperament.

The winners of all tables now pro-
gress in the usual manner. A second
package and envelope are now placed
on each table. On the outside of
the envelope is printed: Play four
hands as usual and then open the
envelope. When the envelopes are
opened the slip states: A seismic
tremor has occurred, winners open
the package and keep contents in
mouth during next round. The package
contains two lollipops. Did you
ever try to play bridge while sucking
a lollipop? Great indoor sport. Try
it some time.

More Shocks

The winners again progress for the
third round. Another envelope and
package are placed at each table
with instructions: Third shock. Bid
the first hand and then deal over
again and the bidder continues the
hand with the new hand. At the end
of the fourth hand, open the envel-
ope. The message says: Losers wear
contents of package during the next
round. The package contains two
pairs of clumsy cotton work gloves
and here's hoping the most dignified
fastidious person in your crowd
draws the prize.

Last Round-up

The winners progress and again
there is a package and an envelope
which tells the players to play four
regular hands. The slip in the envel-
ope announces: Earthquake! Oppon-
ents exchange scores on past four
hands and the losers may have con-
tents of package. The package con-
tains two gay balloons!

HOW TO KEEP YOUR HEALTH

Sciatica, a Painful Malady

(By Dr. Herman N. Bundesen, For-
mer President American Public
Health Association)

Somebody called sciatica the 'tooth
ache in the leg,' which means, of
course, that the pain of sciatica is
intense and causes much suffering.

Sciatica is the name given to pain
over the sciatic nerve, which runs
down the back of the leg—pain which
is deep, boring and aching. The pain
usually gets worse when the leg is
moved. Anything that causes the
nerve to be stretched, even slightly,
causes pain. In addition to the pain,
there may be some weakness of the
muscles and loss of feeling in the
skin.

Sciatica seldom occurs in both
legs. There is generally tenderness
when the buttock is pressed, as well
as tenderness with pressure over the
nerve over the thigh.

There are several kinds of sciat-
ica, depending on what causes the
trouble. Sciatica of one type is due
to inflammation of the tissues which
hold the muscles together, called
fibrous tissue. This condition is
known as fibrositis. In fibrositis the
pain in the leg may be associated
with lumbago, that is, pain in the
lower part of the back. These patients
often are relieved quickly by
applying heat to the leg and back by
using an electric pad or the electric-
al treatment known as diathermy.

In other cases of sciatica, the trouble
may be due to tumor growths,
such as cancer of the rectum. Occa-
sionally we find tumor growths of
the spinal chord responsible for
sciatica. This disease may also be
due to abnormal pain in the lower
part of the spine, called scoliosis.
In still other cases it may come from
disturbances of the sacro-iliac joint,
that is, the joint between the hip
and the last part of the spine. Sciat-
ica of this joint often leads to pain
in the back and down the leg.

Some cases of sciatica are, un-
doubtedly, due to inflammation of
the nerve itself. But there is no de-
finite proof of this. In very severe
cases of sciatica, there has been
found a band of fibrous tissue press-
ing on the sciatic nerve at the point
where it came from the spine. Oper-
ating on these patients and cutting
this band of tissue relieves the dis-
order.

Such operation should not be
performed until the patient has been
carefully examined to determine just

NOTHING TO DO YET SHE IS ALWAYS LATE

(By Vida Hurst)

"We always ask Betty to meet us
half an hour early," the smart young
secretary confessed.

"Most of us are business women
and accustomed to keeping appoint-
ments on the dot. We haven't time
enough to waste waiting for anyone
and are too courteous to expect it of
anyone else. Several of the girls
keep house, and one of them has a
couple of babies. She has to hire a
woman to stay with the children
when she goes out for lunch, but she
is always on time. Busy as she is,
she has to plan every minute of her
day. If she didnt, she says she would
not accomplish anything.

"Betty is the only one with nothing
to do. She is married and lives in
a charming apartment with a
maid to take care of it. Betty has
her breakfast in bed and is reading
or making telephone calls while the
rest of us are already at work. She
has all the time to dress, and a car
to bring her down town. But she is
always late.

"No matter how early we tell her
to come or how much we urge her to
be on time, she delays the luncheon
from 15 minutes to an hour, then
rushes in smiling. "Oh, my dears! I
am so sorry. Have I kept you wait-
ing long?"

what has brought about the sciatica,
to make sure that it is not due to
fibrositis, or to a tumor growth, or
to sacro-iliac joint disease. Even then
the operation should not be done un-
til all other simpler methods of
treatment have been tried out and
have failed. But in those cases where
the cause of the sciatica cannot be
found, and where relief cannot be
obtained in other ways, the opera-
tion is well worth attempting. Here
again we have definite proof that one
should not treat himself for 'pain in
the leg' or 'pain in the back.' When
such pains come back day after day
—see a doctor at once. He will try to
find just what causes the pain and
give you the treatment that a care-
ful examination shows you need.

"GLAMOUR" IS CONSOLATION PRIZE

Weak Woman's Power Over Men Helps Even Things Between Sexes

(By Beatrice Fairfax)

Once we used to call it "It," and
now we're calling it "Glamour."

By whatever name it goes, this
thing which Wally Warfield turned
on the king and reduced him to the
status of duke, can do a plenty to
those whom we used to call the
stronger sex. For glamour, it, sorcery—
call it what you will, has wrecked
ed the strength of the strong ever
since the beginning of time.

Delilah cast her spell over Samson
who could have walloped all the
heavyweights of his day with a few
lightweights thrown in.

There was Mark Anthony, who you
will remember, threw away a world
for Cleopatra, and Napoleon, whose
luck went into reverse when he
chucked Josephine for the unattrac-
tive but 'innocent' Marie Louise.

This power to turn strong men in-
to weaklings, is, I believe just the
good Lords way of balancing things.
It's pretty well agreed that women,
comparatively speaking, get more of
a raw deal here on earth than men.
So, 'It,' glamour, sorcery or what-
not was handed out to us ladies as a
sort of consolation prize.

'Pundits who have given their lives
to studying the subject, say that all
women have glamour, but like gold
mines in lonely mountain ranges, in
some cases it still awaits discovery.

The question seems to be how to
get the gold out of the gold mine.
Sizable fortunes have been made
by men and women who profess to
know the secret of bringing to the
surface all this glamour. The other
day I looked in on one of their
classes so that I might hand along
the glad tidings to you.

Apart from looking your best,
which goes without saying, it seem-
ed to me that the sweet prying, ad-
vised by the instructor, would drive
a sane man to a desert island. How
are you? You're looking tops! Isn't
the sunshine lovely? Isn't spring en-
chanting? I like your tie. And so on
ad infinitum.

And when you weren't saying
these things to the 'strong,' you were
supposed to prance around your own
room repeating your name: 'I am
Mary Smith' over and over again.
This would give you courage to be-
lieve in yourself.

You've got to understand your own
personality and how it reacts to his.
In other words, 'know thyself,' as
Socrates advises, before you begin
to hand out fascination, glamour, or
words to that effect. It's this knowl-
edge which will help you to get him
I believe, more than prancing round
a room and repeating your name.

PARIS BRIDES IN YOUTHFUL GUISE

French Women at Mar- riage Ceremony Re- semble Child Communi- cants in Simplicity of Gowns, Headdresses.

PARIS—The extremely youthful
trend of this season's clothes has had
its effect on wedding gowns. The
most recent Paris brides have been
dressed in demure creations of white
mousseline or organza which great-
ly resemble the frocks worn by the
French children for their first commu-
nion.

Instead of the halo head veils or
the conventional wreaths of orange
blossoms, lilies of the valley or cam-
ellias, the dressmakers are using a
little, round cap or tulle with a long
floating veil attached just in back.

Two thicknesses of white tulle are
made into one of the demure gowns
worn by a recent bride. The dress is
made high at the neck where it is
finished with an inch-wide ruff of
gathered tulle. The long sleeves are
extremely full in a small ruff imi-
tating that at the neck.

The waist is held in by a wide
band of doubled tulle crushed into
gatherings. The bride wore a cap of
doubled tulle with small clusters of
orange blossoms at each side and
with a long tulle in back. There was
no face veil. White mousseline was
used for another bridal gown which
had a square neckline filled in with
lace. The sleeves were long and tight
forming a point over the wrist.
Twisted white velvet formed a sash
which tied with a bow and stream-
ers in back. The skirt was extremely
full, falling in gathers from the
waist. A conventional white tulle
veil was attached from a cap of
mousseline.

Orange Pekoe Blend "SALADA" TEA

A PRACTICAL MEASURE OF LINGUISTIC ABILITY

(By Ruth Cameron)

Whenever I hear it said about
some one that he (or she) speaks
several languages, I am always filled
with the greatest admiration. It
seems to make any one so much
more a citizen of the world. To lift
him above ordinary people.

I feel disgusted with myself that I
did not make better use of my own
early opportunities in that line, and
am quite sure that tomorrow I am
really going to buy a book and learn
some language and astonish my
friends by addressing them present-
ly in Spanish or Danish or Icelandic.
The ambition alas, evaporates in the
heat of the days activities, but the
admiration always remains.

And so when I heard some one
saying yesterday of a woman, "She
speaks so many languages, I pricked
up my ears.

But this is what I heard, "She can
talk to almost any one, educated or
uneducated, rich or poor, young or
old, in their own language, without
any difficulty.

And it struck me as I thought it
over that this, though a different
kind of linguistic ability, is quite as
valuable.

How many languages do you
speak? Do you speak easily only the
language of your own interest, your
own strata of society, your own in-
dividual age bracket, or can you
talk to people of varying interests?

Or suppose I make that 'to into
'with.' You don't have to know a lot
about other people's interests, if you
have the art to start them talking
and throw in an intelligent word now
and then.

What you need mostly for this
kind of linguistic ability, is social
ease and suppleness, sympathetic
imagination, and a real will to make
others feel at home.

Can you talk to children in their
own language without condescen-
sion? Can you meet people much
richer or much poorer than you are
and talk to them without self-con-
sciousness?

Can you, when thrown with some
perfect stranger, easily establish a
conversational entente, even if he or
she is not the kind you naturally
would click with?

There are some of us who only talk
easily with our own types—the peo-
ple who, we say, 'speak our own lan-
guage.' And there are others of us
who, though we may prefer our own
language, can speak plenty of others
with ease.

And after all, since so few of us
spend much time in other countries,
I suspect that is quite as important
as the ability to speak French and
German, Spanish and Italian.

spending the past week with rela-
tives in Fredericton.
Harry Cliffe has returned from vis-
iting friends in Devon and Saint
John.
Mr. and Mrs. Robert Mawhinney
of Mace's Bay, Charlotte County,
have been spending a few days at the
home of Mr. and Mrs. Huntley
Crowdson.
R. B. Crowdson who had a success-
ful operation at the Montreal Hos-
pital, is feeling very much improved
in health.

Eldon Jewett is building a resid-
ence at Smithfield.
Mr. and Mrs. Roy Tapley and son
Glendon were visitors to the city on
Saturday evening.
A. W. Rockwell of North Devon
has been spending most of his time
at his summer camp here during the
past two weeks.

Fredericton Junction
The monthly meeting of the Sun-
bury County L. O. L., at Tracy, on
the 26th instant, was largely attend-
ed, all the primary lodges—No. 22,
Rusagonis; 30, Tracy; 35, Lincoln;
36, Patterson Settlement; 84, Upper
Maugerville; and 145, Fredericton
Junction—but No. 114, Centreville,
being represented. Geo. McQueen,
Grand Lodge Organizer, and Benj. S.
Boone, of Lodge No. 144, Woodland,
York Co., were also present and ad-
dressed the meeting.

Final arrangements were made for
attending the provincial celebration
at Saint John, July 12.

Following were chosen to act as a
special committee of co-operation
with Grand Lodge: The County Mas-
ter (H. H. Stuart, Fredericton, Jct.),
Deputy Master (Reud L. Jones, Lin-
coln), Secretary (G. H. Bagley, of
Tracy), Treasurer (R. K. Nason,
Tracy), John H. Phillips, Rusagonis,
Cedric Kirkpatrick, Wirral, Lawrence
U. Harvey, Upper Maugerville, and
Stanley Howe, Lanvina, the chair-
man of the similar committee of
each primary Lodge to be also a
member of the County Committee.

Next monthly meeting will be held
with Lodge No. 114, Centreville, on
July 31.

A number of addresses were given
for the good of the order, by the vis-
itors, the executive officers, John H.
Phillips, Henry and Lawrence Har-
vey, Ansley Bell, B. J. Nason, J. H.
Gereau and N. B. Williams.
During intermission supper was
served by the local Orangemen and
True Blues and much appreciated.

BURDEN NOTES

Owing to the wet weather of sev-
eral weeks past the farmers are still
behind with their seeding.
Miss Velma Kitchen has been

ADOPT-A-BABY

"Adopt-a-Baby" week in New Bruns-
wick draws near. Next Saturday,
(tomorrow) will begin the period of
special effort to place little ones now
in the orphanages, in good Christian
homes. Encouraged by the result in
1935 and 1936, the committee in
charge is optimistic for 1937.

Some homes have never known the
joy of a baby at mother's knee.
Others have had that ecstatic expe-
rience but to lose it. In either case
here is opportunity to make up for
the absence of that something that
makes the household complete—a
child to own, to care for, to lead
along life's pathway, to perpetuate
the family name and do it honor.

Hours must often there drag along
in the home where there is no baby
laughter, no little one to whom to
whisper as only a mother can; no
boy or girl to be a father's pride, to
greet him with chuckle and caress
as he comes home tired after his
day at toil or in the turmoil of busi-
ness.

The committee in charge of "Ad-
opt-a-Baby" week renews with all
heartiness its invitation to all so
placed, and would make their homes
happier, to communicate with or call
at the New Brunswick Protestant
Orphans' Home, Saint John; the
Home Finding Association of the
Knights of Columbus or the Infants'
Home, Coburg Street, Saint John or
the Children's Aid Society at Saint
John, Fredericton or Moncton. They
will find an appealing number of
healthy children eagerly awaiting to
be taken to kindly hearts and given
an even chance in life.

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of Mace's Bay, Charlotte County,
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Dr. B. R. Ross
DENTIST
404 Queen Street
HOURS:—
9 - 6 or by APPOINTMENT.

DR. G. R. LISTER
Dentist
Burchill-Wilkinson Building
QUEEN STREET : Below Regent

City of Fredericton
Notice of Assessment
The Assessment Roll for the City of
Fredericton for the year 1937, is now
in the hands of the City Treasurer,
for Collection, and all persons there-
in assessed are hereby required to
pay the amount of their respective
taxes forthwith to the City Treasurer
at his office in the City Hall, Freder-
icton. A discount of five per centum
will be allowed on all taxes paid on
or before the twenty-second day of
July next, after which date interest
at the rate of one-half per centum
per month will be added and execu-
tion may be issued and proceedings
had thereon, as by law provided.
Dated at the City Hall, Fredericton,
this twenty-second day of June, A.
D. 1937.

FRED I. HAVILAND,
City Treasurer.