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Interest to Women

**GARNISHING REQUIRES A
GOOD SENSE OF COLOR**

(By Marjorie Mills)

Salads to serve at afternoon luncheons are our special attraction today. By giving special attention to garnishing an ordinary, everyday salad can be turned into something any hostess would be proud to serve. The successful garnishing of a salad requires a sense of good color combinations, judgment in blending flavors and ingenuity in arranging materials. Usually it is well to use only edible materials for garnishing, except for purely display purposes. Celery with fringed ends, stuffed olives in slices, shredded lettuce, pimientos, parsley, hard-cooked eggs, sliced or pressed through a sieve, vegetables of pronounced colors (carrots, beets, radishes), cut in slices, cubes or fancy shapes—all of these make pleasing garnishes.

The few suggestions we give here are only a hint of the wide variety that is possible to obtain with salads. First one of our favorites.

(Bunch of Grapes Salad)

3 pears, medium size
½ pound cream cheese
Mayonnaise dressing
1 tablespoon finely cut walnut meats
2 tablespoons finely cut celery
½ pound grapes
Lettuce and cress
Peel the pears, cut in halves and remove cores. Combine about two heaping tablespoons of the cheese with a little mayonnaise, the nuts and the celery. Fill the core space with this mixture, invert the pears on a serving dish and cover the curved out side of the pear with plain cream cheese. Halve the grapes, remove the seeds, and press the grapes on the cheese, slightly overlapping to look like a bunch of grapes. Place a sprig of cress at the stem end and arrange a border of lettuce dressed with French dressing. White and red grapes can be used alternately, one bunch of the Malaga or of the seedless white and the next of Tokay.

(Excelsior Salad)

2 cups cooked chicken, diced
1 cup celery, diced
½ teaspoon salt
Dash of pepper
1 cup mayonnaise
2 apples, cut in thin slices
½ cup cream, whipped
Toss lightly together chicken, celery, seasonings and ½ cup mayonnaise. Chill. Arrange apple slices in

a double circle on crisp lettuce and place mounds of chicken mixture in centre. Serve with dressing made by folding cream into remaining ½ cup mayonnaise. Garnish with pimiento strips. Serves six.

(Salmagundi)

1 cup boiled potatoes, diced
2 cups boiled ham or pork, diced
½ cup peas
2 pimientos, chopped
½ cup celery, diced
2 sweet pickles, finely diced
½ cup mayonnaise

Toss ingredients together lightly. Arrange on crisp lettuce. Garnish with mayonnaise, sections of hard cooked egg, pickles and beet slices. Serves six.

(Grapefruit and Shrimp or Crabmeat)

1 cup grapefruit sections free from membrane and cut in pieces
1 cup shrimp or crabmeat, flaked
1-3 cup cucumber, diced
¾ cup celery, finely cut
½ cup mayonnaise

Toss ingredients lightly together. Chill. Serve on crisp lettuce. Garnish with additional mayonnaise. Serves six.

(Tropic Salad)

2 bananas, diced
2 tablespoons lemon juice
½ tablespoon confectioner's sugar
½ cup dates, cut in pieces
½ cup nut meats, broken
½ cup celery, cut in thin strips
Dash of salt
1-3 cup mayonnaise
1-3 cup cream, whipped

Sprinkle bananas with lemon juice and sugar. Chill ten minutes. Add the dates, nuts, celery and salt. Toss together lightly with dressing made by folding mayonnaise and two additional tablespoons each of lemon juice and sugar into whipped cream. Serve on crisp lettuce. Garnish with rings of maraschino cherries. Serves six.

(Peach Cup Salad)

12 halves canned peaches
½ cup celery
¼ cup chopped nuts
¼ cup seeded raisins
2 to 3 tablespoons apple butter
Arrange twin nests of lettuce on individual salad plates. In each nest place a half of a peach. Combine celery, nuts, raisins and the apple butter. Fill the centres of the peaches with mounds of this mixture. Place a spoonful of mayonnaise between the peach halves.

**FACES THAT PASS AND
VOICES THAT ARE STILL**

(By Ruth Cameron)

A friend of mine recently showed me some of the home-made motion pictures that he has been making over the last ten years.

In them there were five people who no longer walk this earth. Two of them I knew intimately. One of them belonged to me.

It was a strange feeling to see them walking about, smiling, laughing, clasping the hands of other friends.

And I fell to thinking. What a remarkable difference there is in the traces that the dead leave behind them from the very old days!

In the beginning there was nothing visual left except perhaps some rude drawing. Later, perhaps, a painting, but it must have been only one in 10,000 who could have such a memento.

(Old Likenesses)

And then came daguerreotypes. Quaint and fascinating they seem today, but how good a likeness none of us know, because while we may have the daguerreotypes and may even have known some of the subjects in their later days, we didn't know them as they looked when the daguerreotypes

were made. Just thought, perhaps there is some one among my readers old enough to remember. It would be great to hear from him.

And then photographs as we know them today. Some of them wonderful. "Speaking likenesses," used to be the old phrase. It's so worn out that to use it is funny, and yet I think it an excellent one, for it means that the person looked as if he were about to speak and we all know that now and then the first-class photographer gets that sort of likeness.

And then after the formal photograph came the snapshot. Theoretically it shouldn't be as precious a memento as the photograph, but often it is more so. Often some snapshot that caught the very essence of the individual is chosen to stand on one's bureau instead of the most perfect photograph.

(Move and Speak)

And now we may have the moving picture and also, perhaps, the record of the vanished one's voice.

How much that leaves us of them! Many pictures in familiar poses, moving pictures in which we see them in a semblance of life, the dead voice speaking.

Lately, I was bidden to a pre-showing of three-dimensional movies. I couldn't go that night, so I don't know exactly what they are, but I know they are an even more lifelike presentation and presently we shall have that, too.

Will it help or will it make it harder, I wonder?

"If I had a moving picture of some one I had lost," a friend with whom I was discussing this said, "I should never look at it."

Some may feel that way and some will feel the opposite and regard such a memento as their most precious treasure.

And yet I wonder again. If any of these wonderful mechanical devices will bring back a sense of the presence of the one who has passed over any more than the dear, bitter-sweet little things that touch a spring in our hearts and release all those old memories that bless and burn.

The sight of an old sweater that he used to wear when he worked around the garden, the new book by her favorite

**A Face Covered With Pimples
Causes Much Embarrassment**

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**HOW TO COUNTERACT
THE RAVAGES OF WINTER**

(By Elsie Pierce)

If you are fortunate enough to be South you probably can't know it's winter. But, to those in areas where winter weather has arrived and with a vengeance, we rush a few warming words with advice on how to counteract winter ravages.

First, we have our complexion problems. The mere mention of soft skin sounds like a cruel taunt to those in northern climes. For they know, and I know first hand, believe me, how quickly and cruelly biting winds can ruin soft skin. They know how disastrous to the skin is the drying effect of harsh cold. They know, too, what a tendency the change of temperature from freezing out of doors to sweltering of artificial heated houses has to dry the skin.

We need two things. A lubricating cream to counteract the drying damages, leaving the skin smooth and firm. We need a protective cream to serve as a foundation for all outside activities, a cream that will actually protect the skin so that the harsh cold cannot penetrate, is worth its weight in any monetary standard and it is certainly worth the few minutes its application takes.

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Where to go for thrifty shopping
If you wish to spare your roll;
When and where to pay the taxes,
Or to buy your winter's coal.

All the pungent friendly gossip
From small towns for miles around.
Fun, wit, poetry, religion,
In the brilliant page is found;
Latest news from foreign countries,
Round the world from pole to pole;
Wealth of wisdom, heaps of knowledge
All are there, upon my soul!

Who to vote for at election,
How to make jam, how to can;
How to choose the right direction
To grow up to be a man.
When a naked, helpless infant
One is launched upon this earth
'Tis the old home-town newspaper
Gives the records of one's birth.

Were you "lost or strayed or stolen?"
(Concentrate down Mem'ry's track),
You'll recall the old town paper
Gave the clue that fetched you back
Older grown, with dim forebodings,
In the school your lot is cast.
Till the old home-town newspaper
Prints the joyful news "You've passed."

Later on you won a sweetheart,
In the church were safely wed;
Did that old home-town newspaper
Lose all interest, cut you dead?
No! It gave such glowing write-up
So admired your beautiful bride,
That your soul was filled with rapture
And your heart near burst with pride.

Were you "hero" in an accident,
A drowning or a fire?
How that paper held you "snotted"
For the whole world to admire!
Was it singing, playing, dancing,
You performed upon the stage?
That old paper made you feel like
A predestined "public face!"

Like a sentinel of Heaven
Its calm editorial eye
Watches o'er us, scans our frailties,
Still regrets us when we die.
We'll not say that life's all "flat fire,"
Nor this world's a "rotten sink."
While the old home-town newspaper,
Gratifies its magic ink.
—William Westbrook, Detroit.

Write author, the hollyhocks she had planted, the song he loved to hear—could any artificially preserved memory ever be any more poignant than these, any more pregnant with intimations of immortality, any greater assurance of "the truth to sight and sense unknown, that life is ever lord of death, and love can never lose its life."

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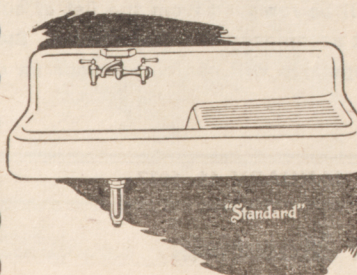
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