

speech, her voice, her gestures, her J. Stanley Delong manners, her command of every sit-

and one's appearance. And, after all ones' appearance may be more important to securing the job or holding it, to winning the affection of the served maple or brown sugar and

appearance in terms of the newest

styl s, when you are planning your

FISHERMEN AND FISH

It takes in poise and personality, her dear ones at home or the respect and

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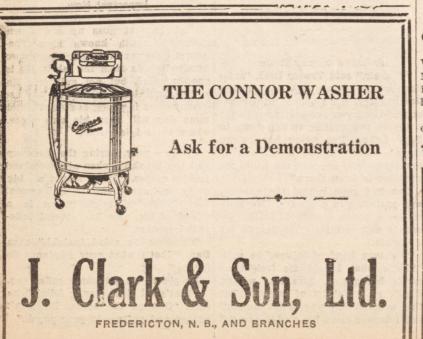
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truly smart,

uation with a certain suave graciousregard of the husband's business asness. In other words, it takes in beauty and brains and charm. But let's confine ourselves today to

the "She looks smart"-which is enough food for thought for one session. To my mind that covers three very important factors.

right thing at the right time.

good grooming their very appropriate

vantage and they cannot be termed

ed above. Appropriate dress is one of these factors. No matter how beautiful the costume in itself, or how glamorous FUNNY WINTER PUZZLES the individual looks in it, she cannot look really smart if the outfit is not appropriate to the occasion. The

FORT ERIE, Feb. 11-Fish in the truly smart woman always wears the lower Lake Erie are puzzled over the strange iceless winter as are the fish

ermen unable to catch them, accord-Now there are those who manage ing to 'Hickory Dick' Hardison. He er and salt, cover and cook over low to have a costume for sportswear and ought to know, say fishermen, who a costume for shopping, a different call him the 'Dean, ouifit-complete to every detail of

In ordinary winters, fishermen go accessories for informal dinner or out on the lake ice several miles. tea, a dinner gown, a costume to wear erect wind-breaks and fish through for formal functions. Yet, because holes in the ice. they slip up on the little details of

This winter the lower end of the costumes do not show off to best ad- lake is free of ice and changing cover and bring to a boil in top part winds have driven puzzled fish away of double boiler. Let boil ten minutes from their usual haunts, 'Hickory Dick' explains.

Fishermen's catches are poor, the the double boiler over hot water ten And there are those who have apfish feeding on plentiful minnows. propriate clothes and are meticulous in their grooming, but no one calls

let out steam. FIND VOICES RICHER IN WEST

DMONTON, Feb. 23-Western Canadians have better speaking an Eastern Canada, Major W. E. Gladstone Murray, General 1 cup fresh cooked shrimps Manager of the Canadian Broadcasting Corporation, said in an interview here today. Western Caradian voices are richer, the peech rounder," he added.

THE KING OF INDOOR SPORTS BILLIARDS It cultivates the mind, an equable disposition, and im proves the physical condition. It Spells Health, Entertain ment and Skill. The Maritime **Billiard Hall**

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hour to break the crush which will ream, or crushed fruit. A choo late or caramel sauce may be used instead form. One-half cup of raisins may be sociates. It may open the door to For a number of custard and cream added when the pudding is mixed. social success and domestic happi- desserts we use boiled rice of course. Chill well before serving. ness. When you think about your The nthere is old-fashioned rice pud-

especially for lunch. With it may be slow oven, 250 degrees F., stirring at

serts which most of us like so much,

Syrian Rice

Fried Rice, Chinese Style

1/2 cup dived cooked ham

4 cups cooked rice

2 tablespoons fat or oil

eggs, well beaten

Dr. Wood's

1/2 head lettuce

Soy bean sauce

1/2 cup mushrooms, diced

1 large onion

it is a masterpiece!

1 cup rice

1 cup rice

1/2 teaspoon salt

2 cups cold water

2 tablespoon butter

2 cups boiling water

1 teaspoon salt

COMMODITIES IN JANUARY ding which all men and most wom-

least three times during the first

en place among their favorite desspring wardrobe, give a thought to serts. Its flavor depends upon long The persistent rise in commodity the three important factors mention- slow cooking and upon many stir. prices received its first setback in rings during the oaking. Well made, over four months during the latter half of January. In the preceding advance the Dominion Bureau of Statistics wholesale price index rose from 75.5 to 81.9 or 8.4 p. c. before dropping back fractionally to 81.6 in the final week of January. The re-Melt the butter and cook the wash- action was by no means general, beed rice in it three minutes. Add wat- ing confined mainly to grains, raw silk, cocoa and sugar, and most marflame ten minutes. Turn out heat and kets including the majority of those let rice steam fifteen minutes. which had declined, were firm as the Chinese Method of Cooking Rice month closed. In the last two weeks of January there was a disposition on the part of commodities to react more closely to news specifically af-Add rice and salt to the water, fecting their particular position in contrast to the broader and more speculative rise in the past few By that time the water should be months. This was true of the rubabsorbed. Then set the top part of ber market which construed as bullor fifteen minutes. Remove the cover a few minutes before serving to

ish the decision of the International Restriction Committee to increase 1937 third-quarter quotas by only 5 per cent. Wheat likewise responded to improved export buying in the closing days of January after being depressed earlier by very large Ar gentine shipments. Copper prices closed firm after a mid-month reaction led by London. Livestock and meats were firm, although eggs moved steadily lower. Farm products as a group were more than 30 per cent. higher at the end of January than a

Salt, pepper. Fry ham, rice and onions in fat. year earlier.

Don't Neglect That Persistent, Hacking Cough

Get a bottle of Dr. Wood's Norway Pine Syrup from your druggist or dealer. It strikes at the foundation of the trouble. A few doses will convince you it is just the remedy you require. It helps to stimulate the weakened bronchial

organs, allays irritation, subdues inflammation, othes and heals the irritated parts, loosens the phlegm and mucus, and aids nature to dislodge the morbid accumulations.

When this is done the persistent, hacking cough will disappear, no lying awake nights, no inflam-mation of the bronchial tubes.



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