

## Weak, Tired, Nervous Women Nourished Back to Health



Many women wake up in the morning feeling as tired as they went to bed, and the simple household duties seem a drag and a burden.

They become nervous, cross and irritable, weak and worn out, and everything in life looks dark and gloomy.

Milburn's H. & N. Pills is just the remedy they need to restore them to the blessing of good health, and the health improved the daily tasks become a pleasure, not a burden.

Try a few boxes. See how soon you will feel the beneficial effect.

HARNESS  
OVERALLS  
WORK PANTS  
GLOVES

**H. A. Burtt**  
TEL. 1234

## CURTAINS AND DRAPES

JUST RECEIVED...  
OUR NEW SPRING RANGE OF  
Curtains in plain and figured  
Marquises, flit and tuskan  
nets, Curtains, widths from 27  
to 54 inches. Lengths from 2 to  
3 yards. Drapes in all the new  
shades. Also a full range of Tap  
estries and Homespuns.

"See our stock before  
purchasing."

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Phone 68-11 63 Carleton St.

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TAILORED OF EXCLUSIVE

## FABRICS

We buy only a limited amount  
of each pattern and fabric.  
That's why you can choose your  
fabric and know that you won't  
be seeing it on every other man  
in town! Our complete line of  
fall fabrics are now in. Call and  
select YOUR OWN Distinctive  
Pattern.

**Alex. Ingram**  
376 KING ST.

## SPRINGTIME ECONOMY

Now is the time to have your  
heating plant repaired for the  
first cold snap next fall.

Its recent shortcomings are  
still fresh in your mind and you  
will not overlook any.

Repairs now made mean insurance  
against disappointment  
next fall.

We will gladly come out and  
inspect your heating plant free.  
Write, Phone or Call

**D. J. Shea**  
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Surplus funds invested in sound development  
of natural resources and industry within the  
Maritime Provinces will return maximum in-  
come—Increase Purchasing Power—Create  
Permanent employment and prove the great-  
est benefit to general business. A list of  
carefully selected offerings will be forward-  
ed on request.

## IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building Phone 454  
Fredericton Charlottetown Halifax Saint John, N.S.

There is hardly anything\* in the world that  
some man can not make a little worse and  
sell a little cheaper, and the people who con-  
sider price only are this man's lawful prey.  
(Ruskin)

\* Insurance is no exception.

**HOWARD H. BLAIR**

68 YORK ST. YOU CAN REST ASSURED PHONE 291

## LAWN MOWER TIME IS HERE AGAIN WE HAVE A VARIETY TO CHOOSE FROM.

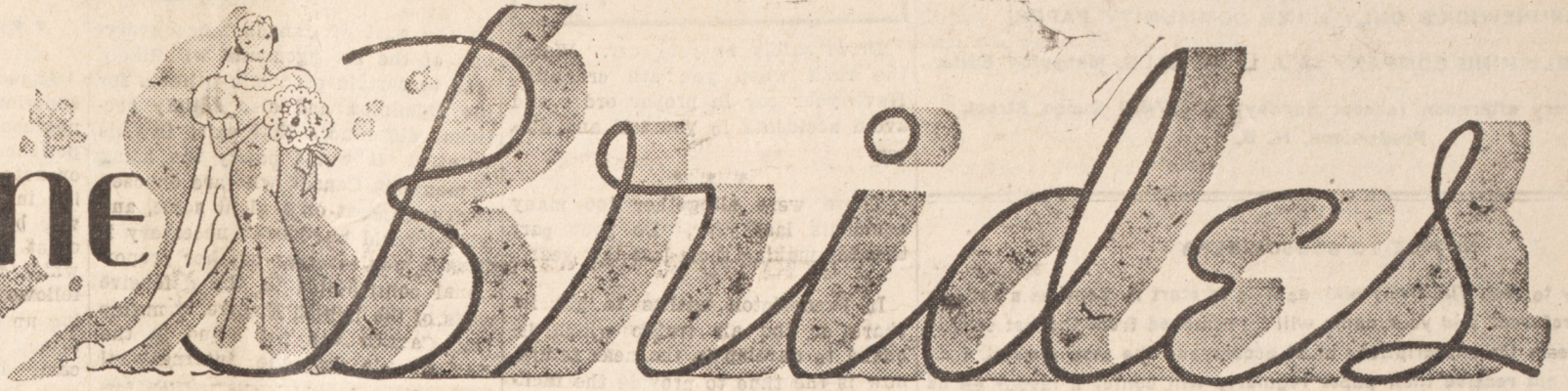
Federal 14" Bronze Bearings ..... \$ 7.90  
Speedy 14" S.K.F. Ball Bearings ..... 9.90  
Speedy 16" S.K.F. Ball Bearings ..... 10.25  
Garland 16" S.K.F. Ball Bearings ..... 13.35  
Garland 18" S.K.F. Ball Bearings ..... 13.90

These Lawn Mowers are all equipped with the Eureka Positive  
Drive. The pawls are accurately machined from crucible steel.

**J. Clark & Son, Ltd**

## SUGGESTIONS

for  
JUNE



## MOODS DENIED THE UNDERPRIVILEGED

(By Ruth Cameron)

We don't often pick up hitchhikers  
we are told it's dangerous business,  
but the other day we gave a lift to a  
shabby but honest-faced lad who was  
thumping his way on a country road.  
He had walked 15 miles toward a  
city where he had heard they were  
looking for laborers to work on the  
grounds of a big hospital and train-  
ing school. He had worked all winter  
in a bleachery, and when a strike  
was called he had walked out with  
the others.

"I don't know why under the sun I  
did it," he said, ruefully. "Spring,  
maybe."

The underprivileged, the ignorant  
and the poverty-stricken are not sup-  
posed to give way to the luxury of  
moods. They certainly can't afford to  
have nervous breakdowns and hypo-  
chondria, and we haven't much pa-  
tience with them when they do.

I heard a woman say of her "Mary  
by the day": "I had to get rid of her.  
She was a good worker and she was  
honest, but she was always ailing." In  
a time as if all were an unforgiv-  
able offense in women of her class.

I had occasion recently to go to the  
fifth floor of an antiquated building  
in an old part of the city. Out of  
doors a clear spring sun was shining.  
The trees were just coming into leaf  
under a blue cloud-flecked sky. Inside  
their door a gloomy corridor, dimly  
lighted by a dirty bulb in the ceiling  
led to the elevator. It was a cumber-  
some old type that rose slowly and  
shakily up a dingy shaft past dull  
brick walls. It was run by a young  
girl. Her face was a blank mask, her

shoulders sagged forlornly. She laid  
her forehead against the steel door  
as we made our slow way upward—  
the picture of apathy.

I used to think that I could sum-  
mon courage to do almost any work  
if it were a case of live or die, but I  
think I should go mad if I had her  
job.

"Why did I strike?" asked the boy.  
Perhaps the man who coined the  
phrase about "the damnable iteration  
of one small gesture" could tell him  
the reason why. Perhaps the boy is  
the type who requires work which  
fires the imagination and keeps the  
mind busy and who is maddened by  
monotony.

Psychologists tell us there are two  
types of workers—the kind who find  
a certain numbing contentment in  
mechanical work endlessly repeated,  
and those who prefer tasks which  
require alert attention and call for a  
variety of operations.

A social worker was bemoaning the  
misbehavior of one of her clients. He  
had been guilty of unseemly action  
of a rather shocking nature and had  
been fired from his job.

"I can't understand it," she mused.  
"Joe was always such a steady man,  
with a wife and six children. He never  
drank, he never got into trouble,  
he never spent money foolishly. I  
guess he must have done it out of  
sheer boredom," she concluded.

That may be the answer to the  
boy's query and to that of others like  
him. Sheer boredom, with the mon-  
otony of a dull job when the year's at  
the spring.

## POISON IVY IS FOUND IN MANY PARTS OF CANADA

With the return of summer, the  
desire for the open country prompts  
thousands of city dwellers to seek  
health and pleasure by hiking and  
camping. Some, however, get too  
close to nature and contract ivy or  
sumac poisoning.

Health authorities state that in  
many parts of Canada ivy poisoning  
is common. In those sections where  
it does occur, hikers should avoid  
touching poison ivy, poison sumac or  
anything resembling them. They  
should not walk through underbrush  
or let their clothing come in contact  
with any three-leaved vine.

Poison ivy which sprouts over so  
much of the countryside, is also  
known as poison oak, poison vine and  
poison creeper. It can be recognized  
by its leaf, which is divided into  
three leaflets. Its flower is a small  
greenish one and its fruit pale green  
during the early part of summer.  
After ripening the fruit turns ivory  
which, The Virginia creeper, which  
is also very common, is not poison-  
ous. It is distinguished by having  
five leaflets.

Far less common, but just as poi-  
sonous, is a large shrub known as  
poison sumac, poison elder and poi-  
son ash. Its bark is light gray, its  
leaves compound, from seven to four-  
teen inches long.

Persons who come in contact with  
poison ivy are likely to find a pecu-  
liar inflammation of the skin break  
out at the point of contact with the  
ivy, a few hours afterwards. Some-  
times there is a slight redness and  
itching; with others, large swellings  
with extensive blistering, accompanied  
by a severe burning sensation.

When poison ivy or poison sumac  
has been accidentally touched, the  
hands should be immediately washed  
with coal oil, alcohol or non-ethyl  
gasoline. If unable to obtain any of  
these at once, washing with strong  
soap is recommended. As cold cream  
and ointments may dissolve and  
spread the poison, they should not be  
used.



## YOUR HEALTH Nationality Appears to Be Factor in Suscepti- bility to Tuberculosis.

A half century ago a person with  
tuberculosis usually sought recovery  
in a hot, dry climate with a high al-  
titude. Since the earliest days of  
medicine this relationship between  
climate and tuberculosis has been  
recognized.

The ancient Greeks advised moun-  
tain air; the ancient Romans sent  
those with consumption to Egypt,  
and the British in the early part of  
the last century sent most of those  
with tuberculosis to southern France  
and northern Italy.

A survey of the deaths from tuber-  
culosis throughout the world indi-  
cates that the highest rates are in  
Manila, Philippine Islands, and in  
Guayaquil, Ecuador. Among other  
places with high death rates are  
Athens, Greece, and Lisbon, Portugal.  
The rates also are high in Paris, Dub-  
lin and Geneva; in Chile, Finland,  
Hungary and Ireland.

The lowest death rates in Europe  
are found in Great Britain, Nether-  
lands and Denmark, and the United  
States, Australia and New Zealand  
all have death rates under 100 for  
each 100,000.

Many investigators are convinced  
that the race of the person concern-  
ed is of greater importance than the  
climate in which he lives.

The Irish immigrants suffered just  
as high a death rate from tubercu-  
losis in the hot, dry climate of New  
York as their relatives did in the  
humid atmosphere of Ireland. The  
Jewish citizens of American cities  
have just as low a rate of mortality  
from tuberculosis as do their rela-  
tives in foreign countries.

Among other factors it has been  
found that the work of a tubercu-  
lous person also may be associated with  
the death rate from this disease. In  
the United States doctors have a  
mortality rate of 25 for each 100,000  
as compared with a rate of 185 among  
unskilled laborers.

There are various ways in which  
climate may affect the health and  
physiology of the human being. It is  
known that high, dry altitudes in-  
crease evaporation from the lungs;  
that they provide a great proportion  
of ultra-violet rays from the sun, and  
that they stimulate the metabolism  
of the body.

To counteract the shortage of oxy-  
gen in the air in high altitudes the  
number of red blood corpuscles in  
the body increases. At 5,000 feet al-  
titude the basal metabolism of the  
body is increased 20 per cent.

In general, highly nervous people  
are not comfortable in high altitudes  
and those who do not sleep well have  
even more trouble above 5,000 feet  
elevation.

## NEVER USE SCISSORS TO CUT FLOWER STEMS

Methods Florists Fol-  
low to Keep Blooms  
Fresh

In hot weather choose stiff-stem-  
med plants, such as carnations, in  
preference to sweet peas, sun-flowers,  
and so on for your room.

The object of cutting is to make  
sure that the stem cells are not seal-  
ed up, thus blocking the flow of wa-  
ter up the stem. Cutting under water  
prevents air bubbles getting into the  
stem and holding up the water sup-  
ply.

Don't use scissors for cutting, they  
bruise the stem cells. Use a knife  
and make a slanting cut on the bot-  
tom of the vase. Scrape a liberal al-  
lowance of bark off woody stems.

When soaking the flowers before  
arranging remember that fleshy  
plants can absorb large quantities of  
water and require longer soaking than  
thin-leaved species.

Remember also that soaking blooms  
and plants, such as lilies, violets,  
spoils their appearance. In desperate  
cases plunge the bottom inch of the  
stem in boiling water for a moment.  
After arranging the flowers continue  
to cut the stalks as above every day.

The methods used by florists for  
keeping their cut flowers fresh vary,  
but most of them agree on the fol-  
lowing principles:

1. Give them plenty of fresh water.
2. Keep the flowers in a cool place.
3. Do not leave flowers in an air draught; it merely dries them up.

Any mild disinfectant which pre-  
vents the growth of bacteria autom-  
atically helps to keep the water fresh

## FOOT COMFORT IS VITAL TO YOUR BEAUTY

(By Antoinette)

We are going to hear much more  
about feet from now on. I'm sure, es-  
pecially from the medical angle, as a  
remedial factor in many ills hereto-  
fore not considered from the foot  
health angle.

It will be comparable in a way, to  
the tooth propaganda of years back  
which coupled bodily ills with the  
infected teeth, and which has re-  
sulted in a better toothed nation.

A young singer, Willette Ockendon  
talking about teeth the other day,  
used a paraphrase on the old love  
adage: "Charm files out the window  
when your shoes hurt." The younger  
generation, the girl singer thinks,  
will have better health and better  
feet because of the better fitting, bet-  
ter walking shoes they're going in for.

They don't mind big shoe sizes.  
They aren't trying to cram a size  
seven foot into a size five shoe.

They know, Miss Ockendon says,  
that for proper balance and for good  
posture you can't go teetering round  
on wobbly heels and pointed toes  
from morning till night. Young mod-  
erns may reserve these shoes for fes-  
tive occasions but, for every day wear  
they prefer the good looking low heel  
ed style on the market, which shows  
they're beginning to think more  
about shoes in relation to their  
health and looks.

Willette expressed the opinion that  
feet are the first part of the body to  
show signs of age, creaking ankles,  
stiff arches, shortened heel cords and  
the generally heavy foot. All of which  
coming from the younger generation,  
supports our theory that feet are in  
for a lot of needed campaigning in  
the health connection.

Altogether, climate is not as im-  
portant in influencing the death rates  
from tuberculosis as are racial fac-  
tors and social conditions. Doctors  
are convinced that air and sunlight  
are not as important as good med-  
ical guidance and the kind of dis-  
cipline that is available in a good  
sanitarium.

In selecting climate change for a  
patient one must bear in mind the  
character of the patient and the  
character of his disease. No one  
climate is suitable, or best, for all  
patients.

## PRESBYTERIAN ASSEMBLY HEARS CHEERING REPORTS

Preliminaries Over and Work Well Under Way;  
Two Delegates Bring Greetings From Mother  
Church in Scotland; Mission Outlook Promising

(By Rev. George E. Ross, Frederic-  
ton, in Montreal)

OTTAWA, June 7—After the many  
preliminaries of the opening day the  
work of the General Assembly got in-  
to full swing. Reports from important  
boards being received, arousing the  
keen interest and enthusiasm of the  
court, and commissioners appear to  
be fully alive to the Church's great  
opportunity and the responsibility of  
her task. At home and abroad doors  
for service in many forms are open  
wide, and hearts and voices call for  
the message that only the Church  
can give.

From East to West comes the ap-  
peal to the Presbyterian Church to  
meet the spiritual needs of commu-  
nities large and small; and the years  
of depression seem to have driven  
home the truth that "man doth not  
live by bread alone," and brought  
people near and far to realize that  
only spiritual things can satisfy the  
spiritual longings of the human  
heart. This, the Church is seeking  
to provide, and throughout the land  
amid the materialism and Commu-  
nism of our time, thousands are rising  
up and calling the Church blessed.

Sober thought assures the fact that  
in the Gospel of Jesus Christ and  
that alone is to be found the solvent  
of the many troubles of the world.

Scots Bring Greetings

The morning sederunt was marked  
by greetings brought from the moth-  
er church of Scotland by Rev. Dr.  
Preston of Glasgow, and Rev. Mr.  
Phillips of Crieff.

Both of these eloquent Scots  
thrilled the Assembly by their ferv-  
ent message of interest and good  
will, and gave assurance of the warm  
affection of the mother heart for her  
daughter church in Canada and her  
rejoicings in the prosperity and pro-  
gress of the Presbyterian Church in  
Canada.

Mission Report Made

In the afternoon Dr. A. M. Hill of  
Montreal presented the report of the  
General Board of Missions of which  
he is chairman and submitted sev-  
eral important matters which will be  
the subject of prolonged considera-  
tion and debate in the Assembly to-  
day. One of these is the report of  
the recent survey of the whole mis-  
sionary enterprise of the Church's  
work in the home field with recom-  
mendations which, if adopted, will  
affect the policy of this department  
from coast to coast.

The report of the Women's Mis-  
sionary Society of the Eastern divi-  
sion was submitted by Mrs. W. F.  
Yorston of Campbellton, N.B., and  
was received with enthusiasm.

That of the western division was  
presented by Mrs. McLennan of Tor-  
onto, president, and to these reports  
of gifted and faithful women in East  
and West alike the fathers and breth-  
ren gave due attention. As these  
representative ladies came to the  
front, the Assembly rose and gave  
applause. Whatever else the com-  
missioners may forget, they are al-  
ways mindful to be courteous, espe-  
cially when ladies address the court.

Rev. Dr. Schaffer of Philadelphia  
brought greetings from the World  
Alliance of Reformed Churches, hold-  
ing the Presbyterian system and was  
given a rousing welcome. He will at-  
tend the meeting of the World Alli-  
ance Council in Montreal on June 23.

Gripping Addresses Heard

Thursday evening was one of the  
great nights of Assembly. Thrilling  
addresses on home missions were  
given first by Dr. Johnson of Ottawa  
followed by Rev. Grant Hollingworth  
one of our ounger missionaries on  
the frontiers of British Columbia who  
gave a glowing account of his recent  
survey of that western mission field.  
He was followed by Rev. W. M. Mac-  
Kay, synodical missionary of North-  
ern Ontario who eloquently portray-  
ed conditions there, especially in  
Kirkland Lake where the work is  
making marked progress. He refer-  
red to the excellent services render-  
ed by Miss Lily MacArthur, deacon-  
ess, formerly of Montreal.

Contributions Expended in Dominion  
Seventy-five cents of every dollar  
contributed to the Presbyterian  
Church in Canada is expended in the  
Dominion and only 25 cents overseas  
the Budget and Stewardship Com-  
mittee reported to the 63rd General As-  
sembly which opened its third day  
here this morning.

The board reported that a public  
misunderstanding of the disposition  
of the funds abroad proved a hind-  
rance in some quarters to generous  
giving and Rev. William Barclay,  
chairman, urged ministers to put  
their congregations right on that  
point. He urged, however, the Pres-  
byterian church must not be unchiv-  
alrous and shirk its duties on the  
fighting line in foreign fields.

Commenting on Women's Mission-  
ary Society report given yesterday,  
Rev. John Davey, B.D., of Toronto,  
said that in his territory there were  
33 different nationalities, and that  
Communist literature was freely  
distributed among them. He sug-  
gested that Christian literature  
should be printed in as many lan-  
guages as possible to counteract the  
growing subversive and atheistic in-  
fluence.

Clarence M. Pitts, Ottawa, chair-  
man of the Board of Management,  
referred to the deficit of \$30,912 for  
last year and observed that if Pres-  
byterians could be made to realize  
how really small it was "it would  
melt like snow before the sun." He  
also suggested a central banking  
to prevent overdrafts in one centre  
while another had unused funds.

The assembly referred to its legal  
committee a request from the Synod  
of Alberta that the church make a  
determined effort to recover from  
the United Church "all Presbyterian  
bequests secured by the United  
Church since 1925," and ask "com-  
plete acceptance of the court deci-  
sion that the Presbyterian Church is  
completely outside the United  
Church."

The overture also sought to obtain  
a pledge of discontinuance of "pro-  
paganda in the press and before the  
church courts of the Empire and the  
United States, declaring that the  
Presbyterian Church in Canada went  
into union."

## ST. JOHN COUPLE RIDE FROM CHURCH IN STYLE OF 90'S

Marjorie E. Moore and  
R. B. Mabey Wed in  
Main Street Church.

SAINT JOHN, June 7—Driven by  
a Negro coachman, donned in a dark  
coat with light trousers, black silk  
hat and white gloves, an ancient  
double-seated carriage brought a  
touch of the Victorian era and ren-  
dered unusual the wedding of Mar-  
jorie Elizabeth Moore, daughter of  
Mr. and Mrs. Percy E. Moore, 441  
Main street, and Reginald Bishop  
Mabey, son of Mr. and Mrs. L. B.  
Mabey, 101 Victoria street, which  
was solemnized last evening at the  
Victoria street Baptist church.

Upon emerging from the church  
the bride and groom were escorted  
to the dignified relic of ages past.  
The back of the vehicle bore the  
inscription: "We Just Got Hitched."  
Owds lined Main street as the un-  
usual contraption passed by with the  
flushed couple sitting proudly in the  
back. A white horse provided the  
motive power.

Wilbur Mabey, the groom's brother  
was the male attendant, while Miss  
Lillian Moore, cousin of the bride,  
was the maid of honor.

Members of the choir sang "The  
Voice that Breathed O'er Eden." Ed-  
ward Duplisse, soloist sang a beau-  
tiful solo entitled, "Until" during the  
signing of the register. Ushers for  
the evening were Ray Mabey, brother  
of the groom, and Robert Moore,  
brother of the bride. The Boy Scouts  
of Victoria Street Baptist Church,  
under the leadership of Scoutmaster  
Edward Howard, formed a guard of  
honor. The minister, Rev. E. J. Chis-  
holm, officiated at the ceremony.

**Children's Colds**  
Checked without  
"dosing." Rub on  
**VICKS**  
VAPORUB  
OVER 17 MILLION JARS USED YEARLY