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... OF ...  
**Interest to Women**  
**CHRISTMAS DECORATIONS**

Well, another Christmas has rolled around and most of us are busy at this time of the year getting our homes decorated for the Yuletide season so that we may be proud of it when the time for parties and visitors comes.

Each year the question confronts us: What decorations shall we use? A few weeks ago most of us thought that we would think up some new ideas for Christmas, 1936, but as the time draws near we are busy with other matters and usually let the old holly, Christmas tree and mistletoe suffice.

With so many things to do, it is sometimes difficult to find time to go in extensively for new suggestions in decorations. There are presents to purchase, Christmas cakes and puddings and other good things to eat to prepare, Christmas cards and gifts to address and mail—and oh, a thousand and one things to do.

So the suggestions we offer here are simple ones, the majority of which may be prepared by kiddies so that grown-ups may give their time to more engaging occupations.

First of all, every home needs a Christmas tree, to set off the principal room in the house. Today, it is a simple matter to get a nice tree. One merely telephones the grocer and he sends over one as you wish, according to size and price. This should be left in the cold air as long as possible for the snow and cold keeps it fresh.

Once in the house, it should be set up a decorative stand and then the decorating commences. The old idea of candles for lighting effect has gone out of style for the modern colored electric lights really lend more enchantment to the scene and are less dangerous than the flickering candles. It is not necessary to go any further with regard to Christmas tree decorations.

A novel idea for decorating the room, to be used instead of the conventional twisted serpentine garlands is the use of little discs, colored and strung about the room. For several weeks before Christmas, the cardboard tops from the milk bottles can be collected, dried and put away until several dozens have been accumulated.

A few days before Christmas these should be colored either by pasting brilliant paper on them, covering them with silver tinsel, crayon or aluminum paint. Punch two holes in each of these and string them about the room. Then with the slightest breath of air in the room these begin to flicker about and catch the light, making all in all a very pretty scene.

A new idea, if you have the patience, room and desire to build a real winter effect, may be obtained by building a little snow scene in the room. This might be done at the fireplace, but in this country most of us need that for open log fires at Christmas.

A better way would be to appropriate one corner of the room and from about three feet up the walls let flow down to the floor a stream of white cotton, giving the effect of a hillside covered in snow. If a large piece of pasteboard is placed under the "snow" a really fine scene can be effected by the use of a little house set on the side of the hill, sleighs or Santa Claus arriving with his reindeer and sleigh. This could easily be suspended above the house on a fine, light wire. With the use of a little ingenuity, lights could be made to flicker from the little houses and even smoke from the chimneys, so that the night effect is really more lovely than that in the daytime.

With a little care and thought, a formerly bare corner can be made into really beautiful winter scene.

**TWO RECIPES COME TO THE RESCUE OF  
DEAR OLD BREAD PUDDING**

Spiced and Butter Scotch Varieties Show Maybe Poor Dessert Was Cook's Fault

(By Frances Blackwood)

Bread puddings have suffered a great deal at the hands of indifferent cooks. Usually their makeshift soginess is so obviously an advertisement of economy measures in the kitchen that the mere name has become distasteful. But this need not be so. Bread puddings can be good.

One simple step toward this end is to remove the crust from stale bread and crumble the bread to fine crumbs. That does away with the slabs of soggy bread that have done more than anything else to bring this pudding into disrepute. Remember, too, that cinnamon bread, whole wheat bread, raisin bread and inexpensive plain cake crumbs can be used separately or mixed just as well as the plain white bread.

**A Special Bread Pudding**

1 cup sour milk  
1 cup stale bread crumbs  
1 cup brown sugar  
1 cup shortening  
1/2 cup flour, sifted, then measured  
1/2 teaspoon cinnamon  
Dash of cloves  
2 tablespoons molasses  
1 teaspoon soda  
1/2 cup raisins.  
Soak the bread crumbs in the sour

milk for 30 minutes. Cream shortening and heat sugar into it. Beat in the molasses, then stir in the flour, sifted with spices and soda, adding this alternately with the raisins. Stir this into the soaked crumb mixture. Put in a buttered baking dish, bake in slow oven for 45 minutes. Serve hot or cold. The molasses may be omitted if you wish. Serve with a foamy sauce or with whipped cream.

**Butter Scotch Bread Pudding**

Put 2 tablespoons of butter in top of double boiler with 3/4 cup of brown sugar. Stir it over direct, low fire until it starts to boil. Boil one minute by the clock, stirring constantly and taking care not to burn. Add 2 cups of warm milk, place over boiling water. When milk is heated to a scald, slowly stir in 2 slightly beaten egg yolks and 1/4 teaspoon of salt. Put 1 1/2 cups of tiny cubes of buttered bread in a buttered baking dish. Pour the milk mixture over them after stirring 1/2 teaspoon of vanilla into it. Cook in a moderate oven, 350 F., until firm. Beat egg whites stiff. Then beat in 1/4 cup of brown sugar, adding it a little at a time. Beat in 1/4 teaspoon of vanilla. Spread over top of pudding and return to oven to brown delicately. Serve cold.

**HEAR YE, HEAR YE, HEAR YE!**

All Persons Who Would Take Off Excess Pounds—Lend Their Ears

A diet comes to my attention with the foreword that it has succeeded in removing 60 pounds from the wife of one of the most widely-known men in the world. In eight months the deed was accomplished, so the tale reads. It is a good sound diet and should succeed in removing painlessly a good deal of excess poundage.

Breakfast: Upon arising a glass of water and lemon, with no sugar. Half an hour later a glass of fruit juice, one slice of whole wheat toast, and a cup of coffee with milk but no sugar. For luncheon: A raw salad containing such vegetables as lettuce,

celery, tomatoes, grated cabbage and carrots, with lemon and a dash of salad oil. One slice of toast and a glass of buttermilk.

For dinner: A glass of fruit juice. A couple of slices of lean meat with a goodly portion of lettuce. For this course, fish, egg or cheese may be substituted. To this are added three steamed vegetables and one dish of stewed fruit.

On this diet you are privileged to drink all the water you want, there being no necessity for the drying-out processes that some diets insist upon.

Women should go in for walking in a vigorous way. No nice little strolling, but walking as if she were bent on getting somewhere ahead of time, somewhere at least two miles away, better three. There are those fine and highly efficient stretching exercises that may be monotonous but not too strenuous for women long out of exercise practice.

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VISES CO-EDS ONE LITTLE GIRL  
Prepare For Work, Pay  
and Marriage She  
Tells Them**

How can I prepare for a job? Shall I marry and if so, should I keep an outside job? What shall I do with my leisure?

These three questions should be uppermost in the minds of all girls in college, said Mrs. Eleanor Roosevelt, speaking recently to Cornell University women on "The Approach to Life Gained Through College."

The First Lady said it was valuable for every girl to work occasionally on a professional basis. "It gives a professional attitude later—whether in volunteer charity work or running a home—and makes one more efficient in any job. Moreover, it gives training for a job one can 'fall back on' later, if necessary."

While in college, "tools" should be developed that will prove useful later. Mrs. Roosevelt said. Get all the information you can and learn how to apply it; discipline your mind and hands to some specific skill. If one skill is mastered, others come easily.

Before choosing a vocation, Mrs. Roosevelt urged girls to be well informed on different jobs and to discover those not overcrowded. She should also consider the kind of life she wants to live and the kind of place to live in.

Most young people want to marry, and it is not true girls prepared for definite occupations are unfitted for married and family life. Whether a girl should quit work when she marries depends on circumstances, answerable by husband and wife together, Mrs. Roosevelt said.

Because a girl marries is no reason for her ceasing to be a leader, Mrs. Roosevelt pointed out.

Part of life is to have a good time and students should find new interests, she stated. They were urged to enlarge their appreciation of music, the arts, sports and such things. The enjoyment of life largely comes from what you put into it.

**FOR COUGHS  
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**WHAT SANTA TOLD  
BABY'S OWN SOAP**

Last Saturday night just after dark a little girl and her mother were alone in the kitchen away out in the country when Mother chanced to look out of the window and there large as life looking in at her was Santa Claus in person. Mother could scarcely believe her eyes so she squinted up her face and took another look, and found she was right.

"Oh look, May," she cried, "there is Santa Claus, let us go to the door and let him in."

Mary was a little frightened at first sight of the funny big man with the big whiskers, but after Mother had invited him to come inside and get warm, she found her voice and said:

"I have a Christmas tree of my own out doors. I pulled it myself."

"Have you any good girls here," asked Santa. Now, Mother hardly knew what to say for Mary is three years old and a very busy person and sometimes she finds it pretty hard to do what mother wants her to do, but after she is naughty she usually says, "I'll be a good girl now, Mum," so Mother explained how it was to Santa.

Now I must confess that he was smoking. I suppose when he is tired and cold it helps him to forget, so he looked very thoughtful for a while then, taking his pipe out of his mouth, he said:

"I am a very busy man and have only time to come and bring presents at Christmas to good girls and boys. I mean the ones who mind their mother and don't ever talk back to any big person. I will not have them talking back, so if you want me to visit you and bring you what you want, you must be good."

"I want a dolly and a teddy bear," said Mary, but there are times when Mother's afraid she won't get them. She says, "Santa Claus scared me

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to death, Mum, but he is a good boy to make me toys (toys) and I will be a good girl."

But boys and girls, all be warned for Santa may make a call on any of you when you don't expect him so try and be good as you can especially to Mother, for he insists on that.

"So just before Christmas be as good as you can be," and boys and girls, just for fun try being good all the next year, and then it won't be so hard "just before Christmas."

—Mary Flinch Davis.

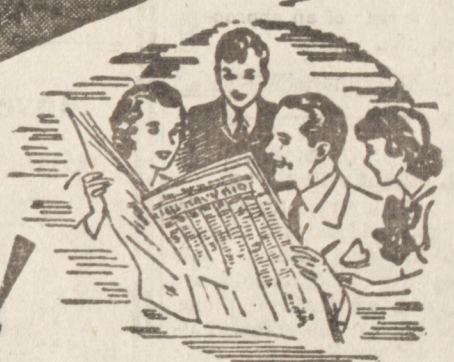
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