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... OF ... Interest to Women

SANTA IRREVOCABLY LINKED WITH SPIRIT OF CHRISTMAS

Those Who Tried to Discard the Good Old Saint Found They Had to Bring Him Back

I contend that if we had no Santa | brought the merry old gift-giver back ive Roberts Burton. The factual and mas will be back this year. his counterpart overboard?

d to a Santaless holiday.

n old fellow who was virtually a Christmas in later life."

anger to them also. Yes, it was the government that measure.

Claus all ready made for us, we last year, and they did not even wait would have to invent him, writes Ol- to visa his passports. Grandpa Christ-

the realistic have an idea that were | So what does this prove? Just that we to discard wishful thinking, Santa certain long-established customs seem would be first to go. But has he gone? to be necessary to keep children and There are realistic Governments to- everybody else happy. Evidently the day, who have put machinery before Soviet considered it wise to provide religion, and certainly before imag- the means. It had all been carefully ination. Have they thrown St. Nick thought out, and Santa was invited after all the years because he had a Take Russia, for instance, with its good effect on the workers.

ace set against tardition and cus | Several years ago a controversy tom. It gave the Christmas saint a crose in the United States about the cold shoulder for many years. Christ- wisdom of keeping Santa on visiting mas was like any other day, and San- lists. Psychologists went to bat, for a cooled his heels at the outposts. | and against Mr. Claus. Dr. Hollings- 18 frock, and that's what I ordered, What toys he had brought the lit- worth, of Columbia, declared that life but by the time it was finished and the screen silhouette. They ride, swim le Russian boys and girls were sadly was hard and children should be delivered I had bounced back up to play tennis, year-round privileges but back into stock. If they wrote taught that there isn't any Santa the former 20 size. iotes and sent them by way of the Claus. She was answered by many,

This continued for quite a while, long Sorry there is not room to reprint of her temporarily lost pounds. ough for a generation of children his defence of Santa Claus, the reino reach maturity and grow accustom deer sleigh and the magic chimney. But he closes with, "It is when that Then something happened. Just child with his faith, hope and illuthat we shall have to conjecture. sions dies within us that we lose our The children couldn't strike, when own faith and courage which help us they know nothing about it. Parents so much to face with spiritual ouldn't or wouldn't try to smuggle in strength the hard real spirit of

Possibly, the debate about the wis-Yet Santa came back last year in dom or unwisdom of continuing our Russia, newly named 'Grandpa Christ- Christmas myth will never be setmas,' bringing with him Christmas tled. But one thing can never be rees, decreed to have a five-pointed changed—the child's heart that makes star at the top. Factories gushed to up its own Santa Claus even though make new toys for Russian children. he come empty handed and without a They fell short of the mark, but did name. It is a natural longing for hild with at least one doll or train. sympathy and understanding in full

woman recently sobbed to me:

on doing her exercise after she has gen burn up some of the fat.

at-routing contest goes on forever.

CHRISTMAS SPIRIT NEEDED TO

Peace To World, If Men Will Heed The

Story Of Bethlehem

by Herodotus, the great Grecian writ- There is a growing feeling of suspi-

before the birth of Christ. It tells of preparing munitions of war. The

a certain infant who would grow to another deluge of blood will sweep

great power and destroy their state. over the world. Oh, that the clouds

They, therefore, resolved to slay him. may part, disappear to let the smile

They arranged to go to the home in of the Christ Child break through.

the guise of friends, and that the first like the shining of the sun upon a

to hold the baby in his arms should threatening sky. And it is only His

dash it to the ground. But when the smile of love can do it. As the hearts

mother placed the baby in the first of those sinful and cruel men so long

man's arms, it smiled, so he lost ago were softened and conquered by

heart and passed it to the second, and the smile of that child in its mother's

the smile disarmed him. So it happen- arm, so may the memory of another

ed to all the rest, and all were con- Child in His mother's arms soften our

quered, so they went away, leaving hearts today, conquer our angry pas-

ger at Bethlehem, and behold the the New Year, that old things of

Christ Child there. It was His smile wrong may be done away, and all

of love that changed and transformed things become new. It is only the rasinful men and women and brought to diant spirit of Chirst that can do this.

them a new life of peace and joy, and It is only His smile of love that can

EXERCISE SHOULD GO WITH DIET

It's Important To Prevent Weight From

Piling On Again

it is that smile which the world needs | transform the world.

(By Ven. Archdeacon H. A. Cody) | now more than anything else.

There is an interesting story told

Diets come and diets go, and the | gone off the sugarless, creamless and starchless fare, never experiences The time has come for women to that quick return of weight. She is ealize if they don't exercise with the primed against it. Her muscles are dieting their cause is lost. As one hardened against it.

The nations are arming for strife.

Talk with almost any of the movie stars and you'll find every one of "On that diet I got down to a size them rooting for exercise over lazier massage and foodless ways of keeping that may be denied most of the rest While 20 is no gross size it simply of us, but we have feet on which we Trimney route, there was no answer. among them Dr. E. W. Wiggam, meant to this woman the recovering can work out a system of going round to far-off places and coming But the woman who works in ex- home on them, too. This is the time rcise with her diet, and who keeps of year to get out and let the oxy

The Christmas Crib

SILENCE WAR DRUMS THUNDER His lovely Virgin-Mother Bends over Him with awe: Memory Of Christ Child Will Bring Love And And little winged angels Seem just about to raise And little winged angels Their little cherub voices In joyous songs of praise.

The light of many candles Sheds radiance on the face Of the little Baby Jesus And His Mother, full of grace; The shepherds and the oxen er, who lived over four hundred years cion and fear, and all are frantically Are standing near the door, And bowing down before the Crib ten Corinthians who were informed of clouds are lowering and no one can I kneel upon the floor. an oracle that there had been born tell when the storm will break and

Then Time rolls backward as I gaze And all is hushed and still; Deep in my heart I hear the cry: "Peace, and on earth good will." And like a mighty anthem It re-echoes without flaw, The message of all ages From the Baby in the straw -Edna G. Robins.

Modern Christmas

the child unharmed with its mother. sions, and bring love, joy, peace and Shops and windows gaily dressed That is only an old tale that has come goodwill to men all over the world. In green and scarlet hue; down to us from the far distant past. And may we pass on that smile, A motley crowd with frantic gait; But it is very true, and we think cheer and bless others by the radi-A never-ending queue about it at this Christmas season ance of our lives. And may we carry Of children waiting anxiously when we turn again to the lowly man- the spirit of Christmas with us into Old Santa Claus to greet, Or ride in Toyland's fast express-A special Christmas treat.

> How changed the scene from long ago And that first Christmas Day When in the town of Bethlehem Christ-child and Mother lay. No royal bed to rest a king, No herald to proclaim The wondrous tidings to the world, Until the Wise Men came.

> Though vast the change that time has

His world lives with us still "May peace abide throughout the

And to all men goodwill." -E. Anne Pomeroy



LAST CALL FOR CHRISTMAS COOKIES

These Are The Ones That Can Best Be Made Up Late In Order To Preserve Freshness

(By Edith M. Barber) Perhaps you have your Christmas ookies all ready for the holidays. On 1 cup nut meats the other hand perhaps you have not thing about them. While all the coo- Beat half a minute; add melted chocokies for which I gave the recipes last late. Mix flour, salt and baking powweek and which will keep indefinite- der with nuts and add to first mixly can be made up this week, there ture. Bake in greased cake pan 25 to

use within a week or so.

Brownies and date squares, for in- slightly and cut into squares. stance, are among these and are both easy to mix and easy to bake, as the batter is poured into a shallow cake pan or two and baked all at one time. After the cakes are removed from the pans and cooled they may be cut into small squares. Brownies should be cut as soon as you are ready to use them. The date squares may be cut at one time and rolled in granulated der and salt. Mix the nuts and dates

rather than one larger sheet. Heat strips may be rolled in sugar. will circulate better and the cookies will bake more evenly. Rich cookies, by the way, supply their own fat for greasing the sheet. Cookies of the macaroon type should be baked on well greased sheets and an unsalted fat is better than butter for this pur-

Brownies

14 cup melted butter 1 cup granulated sugar or 11/2 cups brown sugar

2 tablespoons water 2 squares chocolate 34 cup pastry flour

1/4 teaspoon salt 1/2 teaspoon baking powder

Beat egg slightly and stir in melted had time this husy season to do any- butter. Stir in sugar and add water. are others which are better made for 30 minutes in a moderate oven, 325 degrees F. Remove from oven, cool

Date and Nut Bars

3/4 cup flour 1/2 teaspoon baking powder ½ teaspoon salt 1/2 cup chopped nuts 1 cup sliced dates 2 eggs

1 cup brown sugar Mix and sift the flour, baking powthrough the flour. Beat the eggs until Any drop cookie recipe may be light; beat in the sugar gradually. used to supplement the little cakes Stir in the dry ingredients, nuts and just mentioned. While these are easy dates. Spread the mixture evenly ovto mix and put on baking sheets they er a shallow pan, well greased and will take some time to bake, even if dusted with flour. Bake in a moderyou use two racks of the oven at the ate oven, 350 degrees F., for 30 minsame time. For this reason cookie utes, or until the surface will spring sheets should be chosen so that they back when pressed lightly with the will fit the sides of the oven. I prefer foredinger. Cut into strips four inmyself to use two sheets to a shelf ches long by one inch wide. The





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