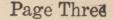
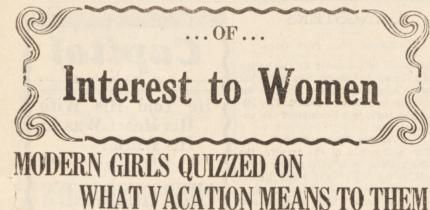
THE DAILY MAIL, FREDERICTON, N. B. THURSDAY, SEPTEMBER 16, 1937





Fair Young Things Return To Town After Thrilling Holiday Experience—All Went For a Good Time

(By Fred Vytal) "Hello, Marge. Just gack from for a more descriptive answer, your vacation? Did you have a good time and a lot of rest?'

repiies. "I'm dead. I've been on the morning hours

est fellow!

Such may be the conversation in the office as one of the fair damsels feet, in a manner of speaking. reports on her vacation of two weeks.

A great many people consider the vacation period as one for rest. During 50 weeks of the year they are duty bound, they have work to do. salaries to earn. In the fortnight off they plan to do just as they please

This in itself is a change in living conditions and provides them with relaxation which in turn means rest.

But to the modern gial, does a vavation mean a time for rest? Or does it mean a time for romance? Your attractive young thing of today has very definite ideas on what she wants to do on her vacation.

Your observer, being equipped with something of an inquisitive turn of mind, decided that the matter was of considerable importance and would bear investigation.

With the summer vacation season over, the time had come to check up on what had been transpiring with the fair young things at seashore, mountain and lake resorts.

Of course, some girls prefer other seasons for vacations. In the fall there's motoring, hiking, horseback riding. In the winter there's skiing. snowshoeing, trips to Southern playgrounds. In the spring there are cruises to tropical waters. Summer in New England, however, attracts by far most of the girls for the weather is favorable for many outdoor activities

Go For Good Time

single girls were in effect: Did you what counts.

damsels. But catching the spirit in thing few girls can resist.

time. So the girls had to be pressed "Well," they would finally admit, I did expect to meet some interesting "Gee, I had a swell time," Marge fellows-and I did."

"Most girls go on vacation for rogo ever since I left. Bathing and mance," she answered. "A girl will other sports all day and Vancing spend weeks preparing for her trip. every night 'way into the small She is careful to replenish her suppy of cosmetics, she buys some smart "And gee, Ruthie, I met the swell- clothes, she gets herself a perman-

"Whether she is at the shore or

at a lake, she is careful to keep herself perfectly groomed and is pleased when the boys pay attention to her "Usually two girls team up on a vacation trip. There are a number of easons for this, one of which is ecoomy in sharing expenses. Besides, if he resort happens to be devoid of

lesirable males, they at least have ne another's company. "Results are ordinarily obtained by

he second day. Some fellows are cen tain to become interested and from then on there's one date for another During the day the two couples will e together boating, swimming, visting and participating in whatever

sports that may interest them. "In the evening there's dancing, of course. Here the girl is right in her lement for she has a chance to dislay her finery and let me tell you

that the young girls at a Summer 10 mail lance pavillion present a strikingly eautiful picture.

"Given moonlight and a likeable oy and your sweet young thing's heart is filled with joy. Sleep and rest are of secondary importance. She is on the go every waking moment.

"There's a touch of the eternal feminine in every girl, and she is at her happiest when with a boy. On vacation, her time is her own and she is content."

No wonder so many girls come back to town from vacation all tired The questions asked a number of out. But they are happy, and that is

plan your vacation to get a lot of From all this, it may reasonably rest and thus store up energy for be concluded that a girl's vacation is the rest of the year's grind in the successful if it includes adventure office? Or did you go off to your with new men. The fellows at home favorite resort intending to keep are all right, of course. They are an eye out for a new boy friend? always at hand when required. But Needless to say the frankness of the thrill of making new acquaintthese queries startled some of the ances during vacation time is some

which they were asked they were Then again, there is always the

wedding bells. Deep down in the heart of ev girl who ventures out on a vacatio is the hope that she will meet ...e man of her desire. Oftentimes she does, and—as they say in novelsthey lived happily ever after.

into love and eventually there are

When a girl sums up her vacation thus: "Had a grand time. I'm exknow that everything came up to her definite blue rather than flame yelexpectations. Let whoever goes on vacation in-

dulge in whatever he or she pleasesyour modern girl will take romance, if you please. During the two weeks hoilday, rest is something to avoid.

Should the summer romance end next vacation period arrives. It is a Elizabeth Arden preparations. Miss are considered chic. situation that concerns every married Arden, who has just returned from

take separate vacations? Some folks exciting news of her many interesthave violent views on this subject, ing beauty discoveries in Paris and blue red that is excellent for general but as far as your observer is con- London this spring and summer. erned he is attempting no answer. Miss P. Murphy who has now re-

Suffice it to say, let the girls have sumed her duties here at the costheir fill of romancing-on summer metic counter of the Ross Drug Store is a clear, flattering red, and Viola vacations or at any other time. There reports that since the "upward and lipstick with American Beauty is plenty in this humdrum life of ours onward" movement in fall millinery, that calls for serious application. the dashing new 'profile' hats, and ent wave and in other ways gets The thrill of a romance has its place intricately high-draped turbans all stores throughout the country went ready to knock the boys off their in the scheme of things and the will focus special attention on fem- to New York for a week this summer roung are entitled to their share. inine eyes, Elizabeth Arden suggests to attend the Elizabeth Arden School Rest or romance on vacation? 'Give highlighting them with subtle but of Beauty and Cosmetic Fashions dur us romance every time," say the glittering eye shadows. This added ing its six weeks' session emphasis on eye makeup also reflects girls in unison. As you will.

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Cosmetic Fashions.

AT RCSS DRUG the elaborate richness and glamour of the amusing 'turn of the century' clothes which promize to be so popular next seacch. w! .. t].

nine trend i. Mon. Ja i dicn., Arden forecasta t.... hades of La makeup will be favored. Although

ult.a le

Smart women this coming fall and ordinarily there is a swing each fall winter will use deeper shades of toward deep rust and henna shades hausted. Met the sweetest boy," you lipstick, rouge and nail polish, with of Lipstick, rouge and nail polish to

> low undertone, according to Miss P. set off the woodsy green and brown Murphy, who recently was in New costumes effectively, Miss Arden told York for a week attending the Eliz- her beauty classes that this year abeth Arden School of Beauty and makeup will have definite blue un-(d. conies to harmionize with the While at this famous summer lovely, subtle blue undertones in the peauty school she learned the latest fashionable new costume colors.

intriguing trends in New York make-| Last year, for example, yellowish in a trip down the aisle to face the up fashions for the coming season, green was a smart costume shade, preacher, a problem arises when the as well as how to use the newest while this season dark blue greens

couple: Should husbands and wives Europe, also brought these classes rouge shades to harmonize with the new colors are Victoire, a slightly wear or with black, and reds of similar tone, the new Royal shade, which

Several hundred sales girls from



Your friend, PETER RABBIT



just about unanimous in saying, "I possibility that the summer romanc) may be prolonged through the fall went for a good time." It must be admitted that such a re- and the rest of the year. Many a ply is quite a bit indefinite. Everyone summer acquaintanceship has deoff on a holiday intends to have a good veloped into friendship, then ripened

POSSIBLE DANGERS IN ABDOMINAL PAIN

By Dr. Herflan N. Bundesen, For- pain. And then, too, cancers which mer President American Public have been present for some time will Health Association). produce severe attacks of abdominal produce severe attacks of abdominal

When grandfather was a boy, and pain. ate green apples, just as boys do Before the doctor can make a denowadays, he had pain in his abdom- finite diagnosis of the cause, he must en. His parents called it a stomach give the individual a careful examinache, and the doctors of that day us- ation, and after he has found the ually called it acute indigestion, but cause, he may suggest proper treatthe disturbance we nowadays call ment. But if the individual presumes acute indigestion seldom causes ab- that the condition is simply acute indominal pain.

digestion, he may do things which

Persons who have regular or even will not only make the disorder occasional attacks of pain in the ab- worse, but actually endanger his life. domen, are probably suffering from Just because you have pain or some disease much more serious than vomit, do not jump to the conclusion simply indigestion from wrong eat- that you have acute indigestion. If you act on the idea that your trouble ing.

Inflammation or irritation of any is due to acute indigestion, and take of the various organs in the abdom-en may result in attacks of pain. The jection into the lower part of the pain may be due to irregular action | bowel, you may so irritate the stomof the muscles in the wall of the ach and bowels as to spread infecstomach or bowel, and it is the con- tion which may be present. This is traction of these muscles which pro- particularly true if the pain you are having is due to appendicitis. duces the painful sensation.

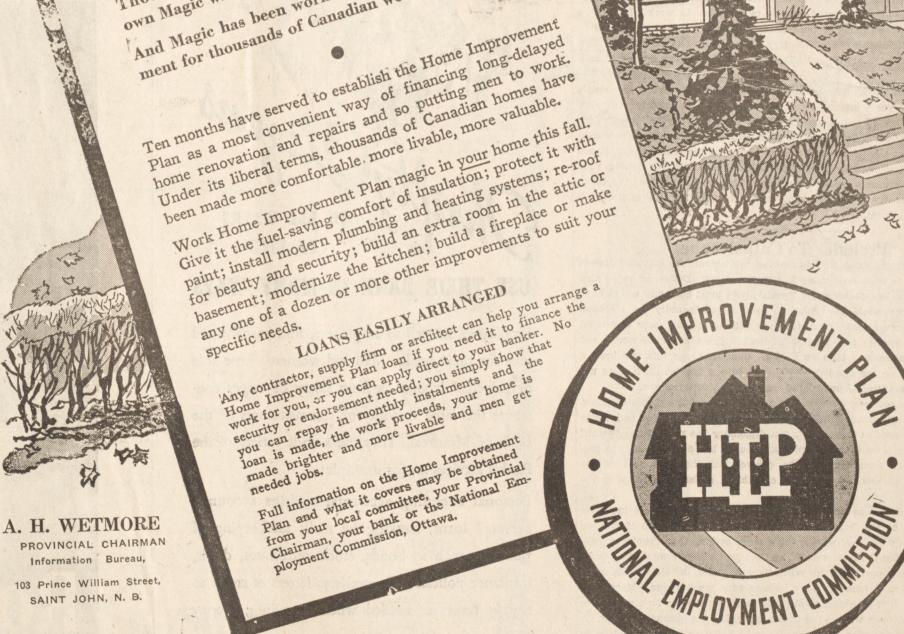
If a person with acute appendicitis

Usually, together with pain, there is given a laxative, or an enema, are other symptoms, such as sick which causes the bowel to contract, stomach, vomiting, and the forma- he is likely to cause the appendix to tion of excessive amounts of gas. It rupture or break open. Then the conwould take several pages just to men- tents of the bowel get into the cavity tion the disorders that would cause lof the abdomen, called the peritonpain in the abdomen. Among the eal cavity. The peritoneum or lining of this cavity becomes inflamed, most common however, are acute apand the person then has peritonitis, a pendicitis; ulcer of the stomach and

first part of the intestines; gall serious and dangerous disease. The two most important causes of bladder inflammation or gall stones; infection of the kidneys or kidney a large number of deaths which occur from appendicitis are the delay stones; infection of the pancreas, which is a gland located just under in treatment and, secondly, the givthe first part of the small intestine. ing of laxatives.

This gland forms the insulin which is If you have pain in your abdomen needed so that the body can use sug- do not dismiss it as acute indigesars. tion. Rather, call your doctor; let

Blocking of the opening through him decide the cause of the pain, so the bowel, called intestinal obstruc- that he may give the most effective tion, will also produce attacks of treatment.



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