

"Best for You and Baby too"

# Baby's Own Soap

10 cents Individual Cartons

Launy Ross is pilot of radio's Showboat, BUT he quit his first job after college on a tramp steamer because he had to do too many tricks at the wheel.

## LASTING CURLS!

You too can obtain beautiful, natural, lasting curls by the Lido Wireless Permanent Waving Methods. Curls that you can wash, comb and brush and still remain as beautiful as ever. We specialize in Hair Tinting, Electric Massaging and Facials.

**Parisian Beauty Parlor**

MADAME JAC. VERMEEREN  
Phone 908-11 337 King St.

**HARNESS  
OVERALLS  
WORK PANTS  
GLOVES**

**H. A. Burt**

TEL. 1234

## Headquarters For Wabasso Goods

OUR WHITE SALE IS NOW IN FULL SWING

10% and Free Hemming

Bleached and unbleached sheeting in all widths.

PILLOW COTTON, 40 x 42 in.  
BATH TOWELS  
ROLLER TOWELING  
PILLOW SLIPS  
SHEETS, ETC.

**J. Stanley Delong**

Phone 68-11 63 Carleton St.

**Do It Now ...**

The earlier you start on the right road to advancement the farther you will go. Get the best commercial training while it is easy for you to do so, rather than postpone it until later and be forced to acquire it under difficulties.

Write for full information regarding our Business Courses.

**FREDERICTON  
BUSINESS  
COLLEGE**

F. B. OSBORNE, Principal,  
Fredericton, N. B.

## ADVENTURES INCIDENTS TO FLIERS OF NORTH

FORT McMURRAY, Feb. 26—Pilot Alex. Dame, flying his Fairchild, came steamboating down the river here and refuelled before he shoved off for Edmonton.

He is singular in that his recent adventures are symbolic of the problems that aviators face in this country, that it has beaten into submission.

Three weeks ago, Alex. was flying light from Goldfields over to a spot near Fort Chippewyan. He was to transport two hundred tons of provisions from a barge that was frozen in Lake Athabaska last October. He was on the way out for a load, flying alone.

Suddenly his whole world blew upon him. His ship wrenched and twisted and his motor conked. It seemed to be wobbling in its cradle. He made a dead stick landing on a little lake and investigated. He found ten inches of one blade of the metal propeller missing. The motor was hanging by a couple of badly twisted frame bolts. Most of the struts were snapped.

He wirelessed his plight to Tony Earnshaw, operator of the station at Edmonton. Then he spent a day rounding up three horses from widely scattered settlers. It took eleven days to haul the plane to Chippewyan. A few days later Fred Staines, chief engineer of the company, landed in another plane with a new motor and a complete welding outfit.

They flew up to Edmonton next morning, carrying the old motor and the welding outfit with them. The plane then got a complete going-over was certified airworthy, and is back in operation.

To these fliers that was just another incident. Alex. got a lot of kidding, but he has lots of field for kidding back at them. Most of them do not know what it means to be home for Christmas or New Year's or wedding anniversaries. They don't take any chances, and often important occasions find them grounded somewhere waiting for weather to change.

They are all linked together by radio. Sometimes when they are near each other they chat back and forth. For instance, on Christmas Eve Marlowe Kennedy, southbound from Bear Lake, was just whooping into Edmonton airport with visions of Christmas at home. He was waiting for contact with Tony Earnshaw.

He listened while Tony talked with Harry Hartley; grounded on the south shore of Great Slave Lake with motor trouble. Gil McLaren was en route in with repairs. Suddenly Gil came cliking in that he was grounded in the Athabaska delta, with a comparatively insignificant mechanical difficulty.

So Marlowe chipped in from his plane, and offered a few delightful wisecracks about the boys seeing Santa Claus on his way up that night and similar choice remarks. His glee did a nosedive when Tony broke in to remark that Marlowe had to hurry because he was to pick up repairs for both stranded planes and return down north immediately.

Radio is everything in the world to them, the whole nervous system that keeps them functioning. Harry Hartley is a nut about the Showboat hour and always tunes in to a short wave station in the States to get it. He pilots the fastest ship in Canada, a Beachcraft that did 219 miles the other day in exactly one hour with a twenty-mile tail wind.

Forced landings are agony to the pilots. Especially if it is on a little lake far from any place. It means that they have to haul out their freight, sort out all the freezables and build a big fire and stack the freezables around it. Then they have to stay awake and keep the fire going.

The pilots and engineers usually take turns watching the fire and sleeping. Which accounted for the chance Gil McLaren had last Christmas morning to fix up a cigaret in an improvised garb. Then he woke his engineer.

"Very Merry Christmas, Darcy," he said, "here's a little gift from Santie."

## ... OF ... Interest to Women

### MACARONI, SPAGHETTI, NOODLES

All These Pastes With Their Variations Are Useful in Preparing the Quick Meal

(By Edith M. Barber)

Macaroni, spaghetti, noodles and the other so-called "pastes" have had such an important place in the food history of the world that nations vie for the honor of their invention.

While we usually associate macaroni and spaghetti with Italy, and noodles with Germany, the evidence seems to show that the honor belongs to the Orient, probably to China, although the Japanese claim that their rice paste is the oldest product of the kind.

For the European and American type of macaroni a hard wheat known as durum or semolina is used entirely or in parts. The flour is moistened and thoroughly mixed by machinery after which it is kneaded and flattened under pressure. The shape into which it is molded decides what title it is to be given. There are more than fifty shapes, including that of fish, animals, crescents, flowers, letters, shells, crowns, besides the most used spaghetti of various thickness and the tubular macaroni. Some of these are colored with eggs, spinach or beet juice. The very good products which are now manufactured in modern factories are less varied. While in Italy the pastes are usually dried out of doors, our factories provide heated drying rooms through which washed and filtered air is continually blown.

Noodles differ from the other pastes in that they may be made from bread flour and that eggs are used to provide the moisture. They are cut in flat strips which differ in width.

#### Savory Macaroni

¾ package macaroni  
3 quarts water  
1 teaspoon salt  
¾ pound cheese  
1 cup buttered bread crumbs  
2 cups canned tomatoes  
Salt and pepper

Cook macaroni in boiling, salted water until tender. Drain, blanch in cold water and arrange in greased baking dish in alternate layers with cheese and bread crumbs. Season tomatoes to taste with salt and pepper and pour over macaroni. Bake in a moderate oven, 375 degrees F., for 15 minutes until cheese is melted.

#### Noodles With Chipped Beef

2 cups cooked noodles  
4 tablespoons butter  
¼ pound dried beef  
4 tablespoons flour  
2 cups milk  
1 cup brown, buttered crumbs  
Cook noodles in boiling, salted water. Melt butter, add beef and frizzle, add flour and when well blended add milk slowly and stir until thick and smooth. Arrange frizzled beef and noodles in dish and cover with crumbs and serve.

#### Quick Meal

Cream of Corn Soup  
Crisped Bacon  
Savory Macaroni  
Mixed Vegetable Salad  
Pumpkin Pie Coffee

#### Method of Preparation

Light oven  
Cook macaroni  
Prepare salad  
Drain macaroni and dress and bake  
Bake bacon  
Open can of soup, dilute and heat.  
Make coffee.

## HOW TO HAVE GRIP

Directions Which the Unlucky Will Follow, Willy-Nilly

The grip announces itself with a shy knocking on the skull which causes a sensation like that due to smoking many, too many, cigarettes in a middle-sized room with all the windows closed. It isn't really a head ache—but the grip is only beginning. At the same time there is a feeling of mild distrust of the noon meal and general fear for the state of the universe. Also at this time comes the heroic phase of the grip. It doesn't last long. For a while, however, it causes one to say to himself, "I don't feel so well, but I can stay on the job and maybe it'll blow over." It is as foolish as many heroics, and one in the throes of it often succeeds in giving as many as two colleagues the disease, besides making more than one bad mistake in his work.

Having been heroic until quitting time or near it, the victim reaches the sensible or surrendering stage. By now, the headache has grown so that it has been able to establish branches in the back and the knees. There is a sensation of facing a blazing hearth and not being able to turn away. A thermometer goes into the red. Bed is more pleasant than anywhere else, which is not saying anything good for it. Now, according to the nations of one's physician, there will be certain small differences in what happens, but the first three commandments are to bed, stay in bed and don't get out of bed.

The fire in the inescapable hearth will go out, and a chill wind come blowing down the chimney. There are snatches of sleep, but they are between hot or cold periods of fruit-

less consciousness. In these, the grip patient comes to some such conclusion as that it would be a good idea to write a play with a hero named Darwin Stakes. He never gets further than that, doesn't come down to such matters as plot or setting. But the importance of building three acts and possibly an epilogue around Darwin Stakes will traipse through his mind all night.

If he escapes this kind of invention he probably falls into reminiscence, probably of the words of a well-departed song, something as important as the verse of "Margie." His thought will then run something like this: "Gosh, I'm hot . . . You can talk about your love affairs . . . Where has that thermos bottle gone? . . . Here's one I must tell to you . . . Now I've tried the left side and the right; I couldn't be any worse off on my back . . . All night they sit out upon the stairs . . . Gosh, I'm chilly . . . He holds her tight and starts to coo." This is what is known as the stream of consciousness running through rapids.

Dizziness comes swirling into the scene at times, and the bedclothes become unbelievably rumpled. Dizziness may be due to grip, but it may be a natural result of the number of times the victim turns around trying to make himself comfortable.

There comes a day, finally, when the grip is gone, and its ex-host returns to his ordinary routine. The only trace of illness remaining will be a readiness to sit down for a day or so, perhaps a fretfulness with those who try to tell him how sick they felt.

## MAKE IT EASY TO GET TASK FINISHED

Ruth Cameron Explains Just What She Means In This Article

(By Ruth Cameron)

If you want to get a thing done, says a shrewd slogan, ask a busy man to do it.

Here's another if you want to get a thing done slogan:

If you want to get a thing done, remove all the obstacles you can out of the way of its being done, make it easy.

I have just sent an order into a shop, which like so many shops and advertisers, has making it easy down to a science.

I ordered some paper. Partly because I liked the little sample that came with my bill, but also because it was made so simple for me to do

it. All I had to do was check for color (not even write the name of the color you see) set down my initials and my name, and mail back in the envelope they enclosed. It was a matter of seconds actually to get that job done. And so a thing was done at once which, if I had to write a letter to do it, would have been put off and very likely never done at all. So often this making it easy makes the difference between a thing being done and not being done. I once asked a very conscientious man if he always signed and returned stock proxies when they were sent to him. Somewhat to my surprise he said: "If they make it easy for me."

## Fredericton Junction

A large audience greeted the guest speaker, Borty Nielsen of Fredericton, at the B.Y.P.U. meeting in the United Baptist church here this week. Rev. H. G. Westrup preached and after a very interesting and instructive address, Mr. Nielsen was given, on motion of W. Dow Alexander and Mrs. Abner Mersereau, a hearty and well-deserved vote of thanks.

Mr. Nielsen's subject was "The Co-operative Movement in Denmark," and he spoke, in part, as follows:

Denmark was much smaller than New Brunswick, with a population of about 3,500,000, of whom nearly a million lived in Copenhagen. While the Islands were more thickly settled, the Peninsula of Jutland needed very intense cultivation to make it support many people. Everybody in Denmark had to work for a living. In 1848 the Danes had prevented the Germans from seizing their southern and most fertile provinces of Sleswig and Holstein, but the two were lost in 1864, and Denmark was, in a manner, down and out—her financial system wrecked. But her people went to work to salvage what was left and turned their eyes towards the Co-operative Movement already being tried with more or less success in England and other countries. The store keepers were largely in control and the co-operative movement had to be started without their help. The farmers and laborers after paying the many middlemen had very little left. The farmers themselves were slow to change. But bye-and-bye, they began to co-operate in the production and marketing of butter and learned to improve their product and standardize it. In 1880 there were 889,000 cows in Denmark; in 1931 there were 1,700,000. In 1882, the Danes exported 5,000,000 pounds of butter; in 1931 with many more tourists to eat it at home, 375,000,000 pounds were exported. In 1880, there were 66,000 pounds of cheese exported; in 1933, there were 22,000,000 pounds. One hundred years ago there were 235,000 hogs in the country; in 1930, there were 5,000,000. In 1881, bacon and pork was exported to the extent of 3,000,000 pounds; in 1932, it was 857,000,000 pounds.

It had been asked why Canadian hogs brought less than Danish in London. The English wanted a standard size and grade of hog—the Danes gave it to them, while Canada sent all sizes—perhaps as good, but not in the way the English demanded. In 1880 the Danes had 4,100,000 hens; in 1932, there were 26,500,000. In 1933, they exported 56,000,000 dozen of eggs, thoroughly graded and marked, and fresh, landed in Britain in three days.

It was not all clear sailing in Denmark, but the people are working together. Workmen were getting fair wages. So much business was done co-operatively that the privately owned concerns had to offer the same conditions or lose their business that they still held. Factory conditions had improved rapidly. The people now have their own Credit Unions and banks. Much insurance was co-operative, and Trades Union was strong.

Education was intensely attended to. The folk schools taught the people their own history and kept alive the good customs of the past. The people were standing together, at last putting real Christianity into practice.

## Helpful Hints

Clean white kid slippers with any mild soap and sprinkle them with talcum powder. When dry, rub off with a soft cloth. This makes them retain that new look.

A few drops of turpentine added to the rinsing water when washing white silk hose, underwear, skirts, etc., prevents them from turning yellow.

To clean fur collars and cuffs, rub them thoroughly with cornmeal soaked in gasoline.

The white braid on blue woollen middie may be cleaned by sponging with a solution of white soap. When pressed the middie will look like new.

To remove powder stains from your suit or dress collar, sponge with turpentine.

Facecloths made of three thicknesses of white mosquito netting are very satisfactory. They keep white, dry quickly and are especially good when travelling.

Dents in furniture can be mended quite easily. Dampen the dent with warm water, then make a pad of brown paper six inches square, dampen that thoroughly, lay it on the dent and hold over all a hot iron. The warmth makes the wood swell up and fill the dent. In some woods the process is slow, but it is sure.

Dainty towels should never be put in a clothes basket or bag and left there for days before being sent to the wash. Before being put into the basket towels should be carefully dried.

## DR. G. R. LISTER

Dentist

PHONE 531-11

Burchill-Wilkinson Building

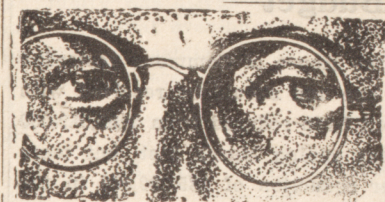
QUEEN STREET : Below Regent

**Dr. B. R. Ross**  
DENTIST

HOURS:—

9-6 or by APPOINTMENT.

404 Queen Street.



**EXAMINATION  
AND FITTING**

You may not need glasses. Perhaps you are one of the fortunate who have perfect vision. We will be glad to examine your eyes and tell you so. There is no charge for our service unless we are able to help you see better through correctly fitted glasses.

**E. H. Wilbur**  
69 Regent St. Phone 1305-21  
OPTOMETRIST

A TAILORED-MADE SUIT IS  
TAILORED OF EXCLUSIVE

## FABRICS

We buy only a limited amount in each pattern and fabric. That's why you can choose your fabric and know that you won't be seeing it on every other man in town! Our complete line of fall fabrics are now in. Call and select YOUR OWN Distinctive Pattern.

**Alex. Ingram**

376 KING ST.

## ARTHUR F. BETTS

Plumbing and Heating

QUEEN ST.

PHONE 512

**HAWKINS FRUIT  
&  
PRODUCE CO. LTD.**

WHOLESALE DISTRIBUTORS  
FRESH FRUITS  
and  
VEGETABLES

PHONE 313  
NORTH DEVON

**Modernize Your  
Plumbing and  
Heating**

Would you like to have  
BATH, BASIN and TOILET  
in your Home?

We can furnish and install  
a Three-Piece Bathroom Outfit  
for a small down payment and  
monthly payments of \$10.00.

Install new Heating System  
or repair old one on the same  
basis.

First class workmanship guaranteed.

**D. J. Shea**  
80 Carleton St. Phone 553-11

**Brother, Can You  
Spare a Dime?**

If so, then drop in  
to the NU-PALMS  
for tasty tidbits  
such as SAND-  
WICHES.

**Special Chicken  
Dinner Every  
Saturday and  
Sunday**

**THE  
NU-PALMS**

480 Queen St. Phone 937-41

**INSURANCE  
HOWARD H. BLAIR**

RELIABLE BRITISH and CANADIAN  
COMPANIES

PHONES — Office 291

Residence 345-11

68 YORK

STREET

YOU CAN REST ASSURED

**FIRST CLASS  
GROCERIES  
MEATS AND FISH  
Slipp & Flewelling Sausages  
Always in Stock**

TRY US WITH YOUR NEXT GROCERY ORDER

**HAROLD YERXA'S**

88 YORK ST.

PHONE 306

**A MESSAGE TO  
INVESTORS IN THE  
MARITIME PROVINCES —**

Surplus funds invested in sound development of natural resources and industry within the Maritime Provinces will return maximum income—Increase Purchasing Power—Create Permanent employment and prove the greatest benefit to general business. A list of carefully selected offerings will be forwarded on request.

**IRVING, BRENNAN & COMPANY, LTD.**

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building  
Fredericton Charlottetown Halifax

Phone 454  
Saint John, N.B.



**THE CONNOR WASHER**

Ask for a Demonstration

**J. Clark & Son, Ltd.**

FREDERICTON, N. B., AND BRANCHES