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**... OF ...  
Interest to Women****WHAT BOONS ARE REFRIGERATORS****And Who Cares if the Ice Man Doesn't Call Even  
in the Country. Science Does Things.**

It is not so long ago that summer housekeeping had its own complications even for those who were fortunate enough to own the latest model among refrigerators. It was a major tragedy when the ice man missed us on Saturday, or if a heat wave caused the ice to melt unusually fast.

Today, when so many of us are lucky enough to have automatic refrigerators in the city and to have the same or the modern type of ice refrigerator in the country, we are free from such worries. The latter type are so well insulated and air-conditioned in such a way that the ice keeps for a number of days and even when it is low the temperature does not rise materially.

Among the automatic refrigerators are those which depend upon electricity, gas or oil. One of my friends although far from a gas main, uses gas for both her stove and refrigerator which comes from a drum buried in the ground and which is replaced from time to time. It is now possible whether you are far away from public service companies to have the latest conveniences. You may market for several days and be certain that meat will keep at the low temperature which it is possible to maintain in a modern refrigerator.

The development in the last few years of a temperature control that allows ice to freeze more quickly has provided a convenience, as ice cubes are always in great demand for cold beverages. While it is not possible to make enough ice in the automatic refrigerator to pack a freezer of ice cream, there are attachments which can be used in the ice compartments where turned ice cream can be made. It is, of course, also possible to freeze desserts which are sometimes known as ice creams, but which are of the moussé type.

Gelatin desserts, custards, chiffon pies, jellied soups and salads also depend upon a low temperature for their completion. These are all popular summer dishes because they can be prepared in the cool of the morning and be ready to serve at meal time.

One of the things which we enjoy especially in the summer is a crisp salad. Vegetables which are kept in a covered pan, which is known as a hydrator, may be cleaned before they are put into it to chill until they are ready to be dressed at the last moment.

Although modern refrigerators do not demand the care which is necessary for the old-fashioned ice box, they should be kept meticulously clean. Anything spilled on shelves should be wiped up immediately. It is a good idea to form the habit of removing everything from the refrigerator at least once a week in order to thoroughly wash racks and walls. Of course, this should be done when the automatic refrigerator is defrosted which will be necessary more often in summer than in winter. Too much frost should not be allowed to accumulate in the interests of efficiency and in the cost of gas or electricity.

Just one more note. Remember that foods should be kept as far as possible in covered dishes in the automatic refrigerator in order that they will keep moist as well as crisp. While this is not so necessary in the ice refrigerators, covered dishes will prevent spilling.

Today we take most of our conveniences for granted, and seldom give them due appreciation unless we must do without them for a period. The joke about emptying the

ice-box pan regains new humor and pathos if it becomes our responsibility as it may on some sojourn to the country. But at least most wives no longer have to worry in regard to its overflow in the city apartments while the husbands are in charge.

**Vanilla Ice Cream**1 cup condensed milk  
¾ cup water  
1½ teaspoons vanilla  
1 cup cream  
Salt.

Mix milk with water, add vanilla and salt. Whip cream until stiff. Fold into mixture. Turn into freezing trays and freeze from three to four hours. Fill two pint trays.

**Peppermint Ice Cream**

Substitute mint flavoring for vanilla and color with green coloring.

**Burnt Almond Ice Cream**

Fold in one cup finely crushed almonds and freeze. The finished ice cream will have a coating of nuts.

**Bisque Ice Cream**

Fold in one cup macaroon crumbs and freeze.

**Coffee Ice Cream**

Substitute strong coffee for water.

**Raspberry Mousse**½ teaspoon gelatin  
2 teaspoons water  
1 cup evaporated milk  
1½ cups raspberries  
1 cup powdered sugar  
1 teaspoon vanilla  
Salt.

Dissolve gelatin in water. Heat the milk, add gelatin. Chill. Crush berries, add sugar and salt. When milk is cold, whip, add vanilla and combine with fruit mixture. Turn into freezing tray and freeze three to four hours. Fill two pint trays.

Variations: Use any other fresh or canned fruit, cut into small pieces.

**Jellied Shrimps**1 can tomatoes  
1 tablespoon minced onion  
3 cloves  
1 teaspoon salt  
½ teaspoon pepper  
1 tablespoon sugar  
2 tablespoons gelatin  
½ cup cold water  
½ cup boiling water  
1 small can shrimps  
12 stuffed olives.

Cook tomatoes with onion and seasonings fifteen minutes and strain. Soak the gelatin in cold water, add boiling water and stir until dissolved. Add the tomato mixture. Drain shrimps and arrange in bottom of mold alternately with the olives. Cover with layer of gelatin. Put in refrigerator to harden and when set add the rest of the shrimps, olives and gelatin. Chill and when set remove from mold and serve with a garnish of lettuce and sliced cucumbers and mayonnaise.

Two cans of tomato soup may be used instead of the tomatoes and seasonings.

**Ham Mousse**1 tablespoon granulated gelatin  
2 tablespoons cold water  
½ cup hot water  
2 cups boiled ham  
1 teaspoon salt  
½ teaspoon mustard  
½ teaspoon Worcester sauce  
Few grains cayenne  
½ cup whipping cream

Soak gelatin in cold water and dissolve in hot water. Add the ham that has been ground very fine and the seasonings. Fold in the stiffly beaten cream pour into freezing tray and chill until firm, about two hours. Serve on lettuce with Russian dressing.

**OLD FAVORITES ARE  
AMONG BEST GAMES**

(By Cynthia Proctor)

During vacations, games to be played indoors are not much good. What the "gang" wants are hearty rough and tumble outdoor games. We're reviewing the good old games that are perennial favorites and with local variations have been played by every generation since Adam!

Duck on the Rock is an old favorite with the boys. It requires a fairly good sized rock as a base plus a smaller stone for each player. When we played this as kids, we always tried to find stones about the size of an ostrich egg. If you haven't an ostrich egg handy, take a guess at it! One member is "It" and he puts his personal stone, or Duck, on the big rock and promptly gets himself out of range. The others, from a line 12 or 15 feet away, make it farther if the marksmanship is too good, toss their stones at the Duck and try to knock it off. If you miss, you must

stand near your stone until some one else hits the Duck—whereupon you grab your own stone and beat it back to the line. The "It" meanwhile rushes in to replace his Duck, and if he can get it back on the rock and call the name of some fugitive player who hasn't yet reached the line, that player is "It."

If you should miss the Duck and hit the "It," it counts against you. And he will probably hold it against you for a long, long time!

**Auntie Over the House**

This is a good game for a summer house party. All it requires is a soft ball and a house!

Teams are chosen and sent around to the front and back of the house. One team has the ball, and the procedure is to throw the ball over the house to the team on the opposite side. They've got to watch sharply for no warning is given, and as soon as the ball appears, one of them

**BEWARE MARITAL  
'EXPERIMENTS'**Modernists Forget That  
Human Nature Hasn't  
Changed Even If the  
World Has.

(By Beatrice Fairfax)

A good many young people imagine that the "until death do us part" clause of the marriage contract has now been changed to "until we're bored with each other," and that the modern marriage leaves a couple free from the beginning to indulge in extra-marital affairs.

All those "brave new experiments in living" seem rather humorous, when insisted upon by a thrice-divorced lady whose natural habitat is the lecture platform.

Airplanes, electric lights and 60-mile per hour cars may have changed the world, but not the people. The law of cause and effect has not gone on a sit-down strike. "As ye sow so shall ye reap" is as true today as when it was written.

A matrimonial partnership, to succeed, must be built on the same old foundations as in the beginning: Unselfishness, faith, loyalty and service. Modern substitutes, such as being "perfectly free," are just another futile attempt to build a house on sand.

The same rewards or punishments are doled out in the same old way. True, the philanderer of either sex may have a grand time, while youth lasts; but is any spectacle more pitiful than the philanderer trying to keep up his stride as middle age approaches?

must catch it and beat it around to the other side of the house again, shouting, "Auntie over the house." As soon as the call is heard, all of the players on the thrower's side make tracks for cover. And the problem confronting the holder of the ball is merely to catch one in the open and hit him with the ball. If he scores, the person hit with the ball must join the other side. When he misses the one who threw the ball must go over to his opponents.

The ball then goes to the other team and the game continues in this manner until the ball is lost, or everybody is exhausted or one team is completely vanquished.

(Continued on Page Seven)

**Orange Pekoe Blend  
"SALADA"  
TEA****HIGH CROWNS AND FEATHERS  
MARK THE FALL HATS****Brims Roll Away From Face and Many Hats  
Swoop Low in Back. Colors are Vivid**

The first fall hats make a distinct style shift from the summer mode and show a lot of face.

Watch for these things:

Height—Brims may roll high and away from the face. Crowns often show an elevation and sometimes are tapered or manipulated. Bows and feathers point skyward. Generally only one of these effects appears in each hat.

Back Depth—Fall designs swoop low on the back of the head. Sometimes the crown descends; again a shirred piece of felt swirls down to the nape of the neck.

Color—There is nothing dull about the new hats. Even the black ones, which are legion, are spiked with vivid hues, while fuchsia, wine-red and hydrangea blue felts are used for the bodies of hats.

Trims—Feathers are smart. An ostrich plume (veiled) covers crown, shimmering coque feathers spray down one side of the head or multi-colored quills shot forward. Flat fur covers a crown or lines a high felt swirl.

Fabrics—Soft pliable felts, drapable duvetynes, velvets, (sometimes spattered with glistening dots) and multi-colored satins (for dressy toques) are all used. Antelope promises to have a great vogue.

Toques—Modists have taken inspiration for toques and turbans from the Near and Far East. There are tall Algerian velvet toques tapering in the centre and duvetyn turbans draped in a complicated manner like an Indian maharajah's head gear.

1900 Influence—The shades of the '90s and 1900s awake in big brimmed hats which roll high off the head on one side and swoop down on the other, setting the profile in bold relief.

Directoire—The period of Napoleon's directorate is reflected in high manipulated crowns and in off-the-face and bonnet models.

Vells—They are still here, though designers expect them to be smaller than in the summer. Some big circular vells cover small toques.

The other day I heard a young girl say that her mother disapproved of her going on, and had tried to tell her that the things which made women happy—husband, home, babies—were not acquired by gay parties with chance acquaintances.

"My mother doesn't realize we're living in a new world," this modern miss said. "In her day, if she went

on the street in pants she would have been arrested. But I wear my slacks every day in the year. Sure, times have changed."

If this girl marries, it will very likely be some boy as short-sighted as she is. And there will be those trips to the divorce court, in search of the thrice-divorced lady's "brave new experiments in living."

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