

No Happiness In the Home When the Mother Is Sick



The tired, worn out mother cannot make a happy home if she is sick and worried by the never ending household duties. She gets run down and becomes nervous and irritable, downhearted and discouraged, can't rest at night, and gets up in the morning as tired as when she went to bed.

Women suffering in this way will find in Milburn's H. & N. Pills a remedy with which to recuperate their health, build up the run down system, and bring back their bodily vigor.

HARNESS
OVERALLS
WORK PANTS
GLOVES

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CURTAINS AND DRAPES

JUST RECEIVED...
OUR NEW SPRING RANGE OF
Curtains in plain and figured
Marquisettes, flit and tuskans
nets, Curtains, widths from 27
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3 yards. Drapes in all the new
shades. Also a full range of Tap
estries and Homespuns.

"See our stock before
purchasing."

Stanley Delong
Phone 68-11 63 Carleton St.

A TAILORED-MADE SUIT IS
TAILORED OF EXCLUSIVE

FABRICS

We buy only a limited amount
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That's why you can choose your
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in town! Our complete line of
fall fabrics are now in. Call and
select YOUR OWN Distinctive
Pattern.

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WORD O' MOUTH ADVERTISING

Travelling men have no "heart"
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Give them a clean room, abun-
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Permanent employment and prove the great-
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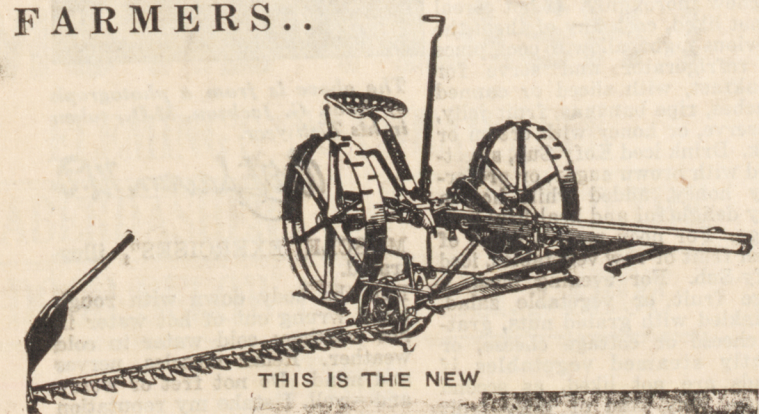
There is hardly anything* in the world that
some man can not make a little worse and
sell a little cheaper, and the people who con-
sider price only are this man's lawful prey.
(Ruskin)

* Insurance is no exception.

HOWARD H. BLAIR

68 YORK ST. YOU CAN REST ASSURED PHONE 291

FARMERS...



THIS IS THE NEW

MCCORMICK-DEERING MOWER
If you want the BEST—No need to go any further.

J. Clark & Son, Ltd
"A GOOD PLACE TO DEAL"

SUGGESTIONS

for
JUNE



CLIMBING NASTURTIUMS LOVELY

Effective in Window Boxes or Hanging Pots or
Can Be Used as Hedge

Climbing nasturtiums do not have
tendrils like many vines with which
to cling to supports. They will how-
ever twist around the palings of a
fence, coarse soft twine and similar
supports. In fact, an annual hedge
can be made of climbing nasturtiums
if they are trained over brush such
as is used for sweet peas.

Climbing nasturtiums will bloom
sooner when trained on a support
than if they are allowed to run on
the ground. The Gleam hybrids such
as Golden Gleam and Scarlet Gleam,
are not as tall as the older forms of
the climbing nasturtium. They are
particularly adapted to window boxes
and hanging pots. They are also
very effective if they are planted

where they will trail over the edge
of a wall.

One of the newer annuals of out-
standing merit is the rudbeckia 'My
Joy'. The golden flowers are three or
four inches across and strikingly
contrasted with the round black cone
in the centre. Like the other rud-
beckias, it does not need particular
care or rich soil.

If planted where it will receive
full sunlight during most of the day
it will thrive. In fact, it is one of
the plants that can be depended up-
on to give blooms during hot, dry
summer weather. Seed sown early
this month will still give a good dis-
play this season.

AMUSING STUNTS FOR GROUPS OF ALL SIZES

(By Cynthia Proctor)

Were printing an amusing account
of a mock wedding in response to
ever so many requests for it. It can
easily be held on the lawn or on the
porch of a club or private home and
though a hardy perennial is always
loads of fun.

A Mock Wedding

This is a very amusing stunt to be
used in connection with an evening
party at a home, a church social, or
between the acts of a school or club
play. If most of the participants are
well known to each other and to the
audience it will heighten the hilar-
ity. This stunt should be rehearsed
and the preacher, bride and groom,
at least will need to know their lines.

Have as large a wedding party as
possible; the bride and groom, six
bridesmaids, six ushers, a flower
girl, a ring bearer and the preacher.
The father and mother of the bride
and the mother of the groom are
important and you can use as many
other relatives of the happy pair as
you like.

If you want to make this event
the principal part of your program
then you can decorate elaborately
with bunches of vegetables and huge
vases of weeds. Sometimes all the
female parts are taken by men and
vice versa; but at any rate, there
should be entertaining discrepancies
in the sizes of the members of the
wedding party. If you can get a foot-
ball hero for the bride, be sure that
he acts very coy during the entire
proceedings, and get a petite, curly-
headed blonde for his bridegroom.

Costumes

The more informal these are the
funnier they are apt to be. Atties
will provide an unexpected store of
old lace curtains and other finery.
Dress the characters as ornately as
possible, exaggerating every detail.
Not one of the ushers should have a
boutonniere smaller than a sunflower,
and the bride's bouquet should be
a veritable wilderness of vegetables.
Newspapers torn in bits and scatter-
ed from a saucepan by the flower
girl will be mirth-provoking, and the
ring bearer can carry a rubber jar
ring on a sofa pillow.

Since most of the humor of this
stunt is in the procession and the
appearance of the actors, you can't
make them too ridiculous. They must
keep in character all the time. The
mother of the bride weeps, the mo-
ther of the groom glares at her
meantime, the father of the bride
looks relieved and happy, and the
ring bearer teases the flower girl.
The ceremony is preceded by the
singing of a solo by the village so-
prano, and there is a grand chance
for humor in that. After the singer
sinks exhausted from her last high
note, the wedding march begins and
the procession starts, the preacher
leading. Space the actors far enough
apart so that the audience can get
a good view of their costumes and
acting. Then, when they are all
ranged before the altar, the minister
clears his throat heartily, and the
ceremony begins.

Preacher: "Dearly beloved, and
others as well, this is a sad occasion
in that we are about to see two un-
suspecting persons embark upon the
uncertain sea of matrimony. We will
not go into its dangers, for we have
had trouble enough getting them
this far. By the way, does anybody
here know any reason why they
should not take this awful chance?"
All together: "No. If they can

stand it, we can."

Preacher: "Have it your own way.
Who gives her away?"

Ushers and bride's father: (All
stepping forward: "We do."
Preacher: "Come, come boys. Don't
be selfish. I'll say she's given away.
Where is the ring to cement this
union?"

Ring Bearer (in a high pitched
voice): "Please sir, Here, sir. But
my mother says she has to have it
back for her pickles."

Preacher: "She probably will."
The ring is dropped; everyone
looks for it.

Preacher: "Ho-hum. (Yawning).
Well now (Insert some ridiculous
name) do you take this man for bet-
ter or for worse? And he certainly
looks worse already to me."

Bride: "I suppose so as long as I
have my hope chest and all. I don't
think it can get much worse."

Preacher: "Amen, Now (Insert a
man's ridiculous name), do you in
turn persist in taking this woman?
What's wrong with your eyesight,
man?"

Groom: "Well, if she doesn't get
me, some other woman will."

Preacher: "Amen! I then insist in
the presence of this company that
you are both wrong, but if you will
persist in your folly, I pronounce
you, against my will, man and wife,
and may somebody help you both."

The bride and groom give each
other a resounding kiss. The groom
shakes hands with the preacher who
wipes his eyes sadly, then with his
best man who gives him a reassuring
whack on the back. The bride's
mother faints, the groom's mother
sniffs at her, and when the confu-
sion is over, the wedding march be-
gins and the recessional takes place.
The bride and groom bowing happily
lead the way. As the bride reaches
the door, she turns and throws her
bouquet, and the bridesmaids scramble
for it. The preacher is the last one
out and before he departs entire-
ly he turns, raises his hands
over his head despairingly before he
disappears.

You can carry this ridiculous idea
further by having the remainder of
the evening as a reception for the
happy pair. Keep the wedding party
in costume and have them receive
whatever congratulations the com-
pany may have for them.

Refreshments of any sort, prefer-
ably a simple buffet supper, would
be appropriate. This menu would
be easy and attractive.

Nut Bread Sandwiches with
Cream Cheese and Honey Filling
White Bread Sandwiches with
Chopped Ham and Pickle
Assorted Cup Cakes
Fruit Punch

An enterprising church or club
group might make this the occasion
for a food sale. Put several tables
together to form one long one and
decorate it with flowers and candles.
Use a color scheme of white and
silver to look like a bride's table.
Then display your foods attractively
and you should have no difficulty in
finding customers. Cakes, pies, home-
made candies and breadstuffs all
find a ready market among folks who
like to try the cooking of somebody
else.

THE PRICE WE PAY FOR AN EDUCATION

(By Arthur Dean, Sc.D.)

"Dear Dr. Dean: What would you
do, if you could, with the high school
boys and girls who either cannot use
their intelligence or haven't any to
use?—Teacher."

I couldn't do anything because
these young people are at an age
when they are not allowed to work
in industry or commerce. The law
makes them stay in school. Parents
are glad to get rid of them and put
the job of entertaining them on the
teachers. We are paying the price
for trying to 'educate' young people,
who are not mentally qualified to
take the education we give them. We
have loosened our discipline and
sweetened our teaching with all
sorts of devices for eliminating all
real mental work.

From the rigid discipline of our
fathers, educators have now swung
to the opposite extreme, and the lax
discipline of today almost allows a
child to go through elementary
school without learning anything.
Distracted parents and thoughtful
observers are beginning to ask per-
tinent questions to demand why our
young people are turned out of
school fitted for little; crude, unin-
formed, undisciplined—in a word,
uneducated.

I'd like to see the parents charged
for the education of their children
if they didn't keep up with their
grades or because they are lazy or
unruly. If, for instance, instead of
all the patter about the danger of
repressing poor William, a proclama-
tion could be issued from education-
al headquarters to the effect that it
was no longer possible to accom-
modate unruly children in the regu-
lar public schools the privilege of
attendance immediately would be-
come an advantage not to be lightly
abandoned. No child would wish to
be excluded and parental influence
would be exerted which would ren-
der the vast majority of children in-
finitely more teachable.

Tricks With Lemons

1. If you heat lemons before using
you will get twice as much juice.
2. Lemon juice in water causi-
flower is cooked in makes it snowy
white.

3. If you rub half a lemon on new
shoes, let it dry, and then polish
in the usual way you will find that
the shoes will take a beautiful shine.
4. To clean white wicker: dust
well, scrub with soap and water and
then rinse thoroughly with warm
water and lemon juice.

5. To clean gilt frames, etc.; rub
with cut lemon, then sponge with
water to which a little baking soda
has been added.

6. When hearth or floor tiles will
not come clean with washing, dis-
solve two pieces of lump sugar in
the juice of a lemon and using a
soft cloth rub this well into the tile.
All dirt and stains will disappear,
leaving the tiles as nice as new. Let
this dry on, and note the shine it
gives.

7. When washing dishes after a
fish meal or after cooking onions,
put a small piece of lemon rind into
the dish pan, and see how it cuts
the grease and takes up all the odor
and gives a shine to china and metal.

8. Rub your bread board with
lemon rinds turned inside out, then
wash as usual, and see how white
they are.

B. C. Compulsory Hospitalization For T. B. Sufferers

VICTORIA, June 25—The British
Columbia Government today passed
an Order-in-Council providing for
"detention" of persons with severe
cases of tuberculosis who refuse to
be confined to hospital.

The new regulation read:
"That any person found with tuber-
culosis in an infectious or contagious
stage, who should refuse to be con-
fined to hospital or building provided
for quarantine or isolation purposes,
may be apprehended and may be de-
tained in such an institution."

Hon. G. M. Weir, Provincial Secre-
tary, said all cases coming under
the new regulations would be sub-
jected to examination by the Tubercu-
losis Control Board under Dr. W. H.

For Lovers of Fine Tea

"**SALADA**"
TEA

HEIGHT DETERMINES BUST MEASURE

Add One Inch to Bust
for Every Inch Over
5 Feet is One Rule

(By Antoinette)

Herewith is a formula of propor-
tionate measurements which have
been worked out, after considerable
study, by a student of the feminine
figure.

You begin with the height of the
figure in stocking feet. From the
height determine what the bust
measurements should be.

For five feet in height—30 inch
bust measurement.

For five feet one inch—31 inch
bust measurement.

For five feet two inches—32 inch
bust measurement.

And so on. The bust measure ex-
ceeds 30 inches by the same num-
ber of inches that the height exceeds
five feet.

Hips being the popular offenders
against these proportionate mea-
surements, I am going to outline a
few exercises which will be found
helpful. Here they are:

Lie flat on your back. Raise the
right leg, cross it over the left and
stretch it. Roll over on your hips
and repeat with the left leg. Try to
keep shoulders stationary. Do this
ten times morning and night.

Support the body on hands and
toes; rise up and down. It's not an
easy exercise, so go carefully the
first few times. Chop wood. Begin
straight. Swing at the waist and
down one side, then down the other
side. Lie on the back with arms
fully extended to the rear of the
head. Rise to a sitting position
smartly. Touch hands to toes,
stretch the back and shoulders. Re-
turn to original position slowly.

Lie face downward, arms extend-
ed to the front. Raise and lower the
right leg, extended, then the left.
Alternate with extended legs.

Lie on your back, arms by your
sides. Raise the right leg, extended,
and lower slowly. Same with the
left leg. Alternate the right and left
leg. Raise both legs. Be sure to
lower the legs slowly.

SERENE MIND WARDS OFF WRINKLES

Proper Amount of Rest
and Sleep Are of
Importance

(By Antoinette)

All this chatter suggesting we be
philosophical about the first wrin-
kles because they are bound to ap-
pear sooner or later may have been
all right when women were content-
ed to stay at home but in this day
and age when women are up and do-
ing all the time it doesn't hold.

The idea today is to postpone
wrinkles indefinitely, and it's sur-
prising how successful your efforts
will be, if they become a part of
your daily beauty routine.

With mirror in hand, scrutinize
your face. Keep in mind there are
certain expression lines you want to
keep there because they are charac-
ter lines. Without them, the face
would be a blank. Lines have a way
of registering ones' outlook on life.

Those that suggest an ability to
laugh even though things are not as
you would have them, such as the
upturned mouth corners, are not
lines that suggest you should get
busy and erase them. They are by
way of being an asset. It's drooping
mouth corners, frown lines, etc., that
you want to guard against.

Cultivate a more serene, calmer
manner. Look on the bright side.
The high tension under which we
live, hurrying here, hurrying there,
is bound to get on our nerves, and
the constant nerve strain causes
wrinkles.

Be certain to get the proper am-
ount of rest and sleep. It helps you
to relax.

If lines are due to a too dry skin,
the deficiency in oil may be counter-
acted by the daily application of a
nourishing cream. It's not enough to
spread the cream onto the face. It
must be worked into the skin with
massage to be effective. And the
massage answers a double purpose.
It arouses circulation in the tissues
so the skin will be nourished from
within as well as softened in the out-
er surface. Facial movements always
should be upward to guard against
any tendency toward drooping.



THEY DON'T ALL
COME THIS BIG...

But still it is a fact that Fredericton is
the centre of one of the finest Hunting
and Fishing Districts in North America.
In Fredericton when you speak of Hotels

"IT'S THE BARKER HOUSE"