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SUGGESTIONS



'WALLIS BLUE' IS FASHION'S THIRD FAMOUS BLUE ANNOY YOU

Duchess of Windsor's Color Created to Please Duke, Joins Famed Alice and Eleanor Blues

(By Mary Blakeley) blue silk gown of Wallis blue yester-

When The Associated Press re- glory of her eyes which are of this be created for outstanding American

The most famous is the Alice blue f Alice Roosevelt now Mrs. Nicholas Longworth. The other is 'Eleanor due," favorite of President Roose-

pale periwinkle.

much more blond than most Ameri- is just a hint lighter than navy. cans imagine. And if there's one col-

blue, is the fair haired man's motto bears her name. With this in mind, read farther elet. Her earrings matched the be- President. ewelled ensemble.

with pink and blue feathers in tronf | than Alice: famous in history have favored it in both dress and jewelry. Even Cleo- I was both proud and shy, patra probably wore a touch of it if As I felt every eye,

man with light locks. eau blue is the predominant color. Among her gowns, we learn, is a And the world seemed to smile all ite crepe morocain ensemble, by Mainbocher to b,e worn with a glori- They were glad to receive me, fied cardigan jacket spangled in They had to believe me,

white black and sapphire blue.

| blue ground, over a rustling petit-"Mrs. Wallis Warfield wore a soft coat massed with blue taffeta frills. Farther on we hear of a blue fox day for her marriage to the Duke of cape; of navy blue wool suits. Blue, blue, blue, to bring out perhaps the

orded this message, it was taking color, and to harmonize with the note of the third 'personal' blue to Duke's which are of a similar shade. Most women with blue eyes are smart that way. They appreciate and use—a little more than the darkeyed one-this trick of harmonizing

apparel with eyes. 'Eleanor blue' came into its own when Mrs. Franklin D. Roosevelt 'Wallis blue' was designed espe- wore it at the all-important firs incially to 'slay' the Duke of Windsor. auguration of her husband. With it According to best authorities it is she wore a fourth, but less famous, shade, "Anna blue,' named for her The Duke, you know, is a blond- daughter, Anna Roosevelt Dall. This

For her Easter ensemble in 1935 or which has the power to enslave Mrs. Roosevelt deviated slightly and such a man it's the one the Duchess | chose 'slate blue,' but pretty generhas chosen. 'Any color so long as it's ally she's faithful to the tint that

And even you, young as you are, and figure out for yourself the ex- have heard of 'Alice blue,' because tent to which our Wallis is about to to this day it is accepted as good charm her husband. From her left fashion, although it goes back to wrist sparkled a sapphire (blue) bra- days when Theodore Roosevelt was

"Alice blue' is so important in fact "Her hat, shoes and gloves were that it has a place in the dictionary of the same shade of blue as her and its own song which describes dress. Her hat was of toque style what it has done for women other

and topped by a 'halo' of blue tulle. In my sweet little Alice Blue gown, Blue-blue-blue. Many women When I first wandered down into town,

she ever had occasion to fascinate a But in every shop window I primped passing by

In the Duchess of Windsor's trous- Then in the manner of fashion I frowned.

In my sweet little Alice Blue Gown. And again: Crepe romain in the And now it remains for a poet of bride's well-loved navy blue makes a some future day to tell what Wallis dinner dress. Another jacketed en- blue can do for gals like me-and semble is in printed crepe of violet gals like you.

HOW TO KEEP YOUR HEALTH

Pyorrhea in Middle Age

A dentist friend of mine and I | ment, were diseased and infected. visited a mutual friend a few days | The improvement was especially ago who was sick in bed with heart noticeable in that part of the gums trouble. He had been there for just where they met the teeth. nonths and was just regaining his ealth. Yet a year ago he appeared to be strong and healthy, with the pirit of 35 in his 50th year; today e looks like a broken old man.

This man's story is brief. He negected his teeth. He knew that he ad some trouble with his teeth, but he had little pain. So he kept on putting it off from week to week. He put up the excuse that he did not have time to go to the dentist. When he finally went to a doctor to find out about his headaches, fever, sleep lessness and shortness of breath, he learned that his neglected, infected teeth were the starting point of his troubles. He had them taken care of at once, but by that time it was al-

Usually, tooth decay does not continue into middle age to any great extent. By that time, the teeth which have decayed may either have been removed or repaired. For that reason, tooth discay may no longer be active. However, we often see pyorrhoea among those who do not eat enough of those foods that have the minerals and vitamins necessary for healthy teeth and

That is the reason that persons who have trouble with their teeth and gums in middle age should be sure they have plenty of foods rich in vitamin A such as milk, butter, cream, cheese, and green vegetables as well as cod liver oil, or ultraviolet ray treatments to supply vit-

When the rays from an ultra-violet lamp fall on the skin, they form vitamin D in the body just as the sunshine does. Dr. Talbot reports that by using the ultra-violet ray treatments he was able to bring a marked improvement in the condition of the gums which, before treat-

One of the things that helps to cause pyorrhoea is carelessness in keeping the teeth clean. Bits of food are packed between the teeth and gums while chewing. If these food particles are not cleaned out, they irritate the gums and cause them to become inflamed.

Another cause of pyorrhoea is allowing tartar to stay on the teeth. The tartar attaches itself to the neck of the teeth. This hard substance forms regardless of how well the to show the smooth top of your new This causes inflammation of the gums and finally it infects the bone around the teeth. In this way, the bone around the teeth is destroyed, and the teeth become loose, and finally either fall out or are easily pulled out.

To help provent pyorrhoea, the tooth disease of the middle-aged, brush your teeth carefully, eat the proper foods, and visit your dentist regularly for examination of your teeth, as well as for the removal of

If Baby is Fat—

watch well for chafing and irritations of the skin. Many skin troubles will be avoided by careful washing with

RED NOSE WALK OR PLAY

A red nose even though summer almost here, is stirring up more than its share of gloom in the life of one woman I know. Since it can't e attributed to cold, at this time of year, either the circulation is not what it should be, or digestion is at fault.

If poor circulation is to blame, the irculation of the whole system must be gotten in better condition through daily exercise. For this purpose there is nothing as beneficial as a brisk walk of two or three miles daily. This may sound like rather a large order at first but one can start with a mile then work up o two or three miles. The season for golf and tennis is on, and soon swimming will be available. Any exercise done with vim and vigor will quicken the circulation, keeping the blood flowing quickly through the veins.

Alternating hot and cold applications are effective. Dip a wash cloth or a sponge in hot water and press it to the nose. Then in cold water and apply to the nose. In this way the sluggish blood is stimulated to faster circulation, relieving congestion and redness. Of course this will give only temporary relief.

If digestion is at fault starches and rich greasy foods should be eliminated. Drink from six to eight glasses of water daily. There should e a certan amount of roughage n the diet. You want to eat fruits and vegetables both raw and cooked. You'll enjoy them raw in salads. Have cooked or raw fruits for desserts. They are much easier to digest than rich pastries and pies.

AND SLASHED

(By Elinor Williams) It's an open season in accessories, nother way of saying "Fair and

Not so long ago it was considered questionable taste to wear open-toed shoes on the street, open-crowned hates were unheard of, and mesh gloves were impractical.

Now it's all changed-praise be! Open-toed shoes look right on city pavements-at least the modified type of 'peeping toes;' open-crowned hats are devastatingly chic, and gloves have become mere cobwebs. Fashion and comfort are pals this

Hats are either very small or very large; don't choose an in between unless you really have to for the sake of flattery. Even the smallest of turbans have slashed crowns and are skilfully draped at the hairline to frame the face effectively.

(A) in today's sketch is a mere wisp of crepe with an open crown teeth are brushed. If it is allowed to summer coiffure. The fabric is braidcollect between the gums and ar- ed about the hairline in two conound the teeth, it irritates the gums. trasting colors. It is inexpensive, yet smart, you could have one in colors to complement every dress at this price. They come in solid colors, including beige, brown, navy, black, red, blue and green, or any of these colors combined with white.

> worked closely so there's no chance wash enough has slept with the winfor the cord to pull stretch or catch; dows shut. it looks neat and will wear well. This handbag has a slide fastened top and is well lined with cool cotton pique to match the color of the bag. Navy brown beige and white.

Watch Your Stockings

(B) Half the chic of the season's open-toed sandals are the stockings you wear with them. Not just any stockings but decorative ones like these in the sketch-sheer as sheer can be with a flattering dull finish and mesh toes to reveal a flash of nail polish at the toes of your san-They're pretty for evening too. It's smart to wear them in natural suntan shades slightly darker than beige. These mesh-toed stockings also come in black blue and keep cool girls!

BOYS LIKE BLEND OF SOPHISTICATION AND INNOCENCE IN GIRLS' FASHIONS

So They Say---The Girls Like Combed Hair, Clean Shirts, Pressed Trousers in Men; And Sh-h! They Adore Tailcoats!

attract the opposite sex,' said Todd she really needs them most.

Groo, Drexel Institute freshman. ilght of a freshman fashion show senior, spoke for them. presented there yesterday.

emphasized 'tailored shoulders,' well-polished shoes. small wait's find flowing skirts" man wants in a girl.' He wasn't so blase type and go without!' skirts were adapted to the intricate dance tunes.

Another feature of faminine apparel which troubles him is the new large-size handbag. This, he avers, resembles a travelling bag. No man wants to carry a woman's pocket book, but neither does he wish to appear impolite by letting her carry a piece of luggage while he goes mpty-handed,' said he.

Then he added a word about hats. The average man prefers the variety which is readily distinguishable the average woman regards the male derby. Said very firmly.

"I suppose the primary purpose of her features for an evening's engage othing to keep one warm but the ment, then totally neglects any purpose of fashion in clothing is to beauty aids during the day, "when

The girls had their chance to tell He was speaking in a program what they like in men's clothing. called "Man-Maid Manoeuvres,' high Miss Jean Spargo, home economics

"We like neatness, clean hands, Talking of womens' fashions as and combed hair,' she said. "No preferred by men, young Mr. Groo rumble seat rumples for us. And

"Shoe-string neckties,' were anwhich, he said, resulted in a mixture other peeve. Please if you can't wear of modern sophistication and child- a tie which at one time resembled a ish innocence, which is what every flat piece of material try being the sure, however, that said flowing pleaded. We like ties which look as if they might have some connection footwork required by modern swing with the suit and heaven help the boy with that scrunched up piece of stuff that is commonly known as a bow tie. It looks like an extended

Adam's apple!" Clean shirts and pressed trousers

are other items the co-eds ask. And listen, young fellow. The best way to please the girl you're taking to the next prom is to wear a tail coat. Girls love 'em, said Miss Spargo.

"It makes the men look more like a hat; those resembling lamp the boy we dreamed about, or someshades and flower pots are viewed thing. We girls are rather romantic, by men in much the same manner as even though we try to spread on sophistication, she confessed.

The show concluded with boy and As to makeup, he revealed that girl students modelling clothes dethe average male does not object to signed to meet the requirements set rouge, lipstick and fingernail polish forth by the speech makers. The when skilfully applied, but he does girls' clothes were made in the mind what he calls 'the evening fashion classes, while the boys' togs girl'—a girl who carefully paints came from a store,

CROWNS WE ALL LIKE TO TELL OF OUR PREJUDICES

(By Ruth Cameron)

There is a game of cards called Preference. I had a feeling there was some old-time game caffed that but when I consulted the dictionary to check up ,I was surprised at finding exactly what it was: "A game resembling whist in the matter of playing but in which the players bid o rame the trump.' Evidently the granddaddy of the great model game with all its innovations.

However, that is wandering from what I started out to say. Which was that there is also a game, not played with cards, which should be called Preferences.

The game of preferences in conversation. How people do love to play it! Perhaps we should call it 'Preferences and Prejudices,' to be more exact.

I heard it being played yesterday in regard to flowers. In fact I heard myself as well as others joining in. This is something the way it went: "I always like single flowers better than double.'

"Oh, yes, so do I." 'I do too, except that I like daffodills better than jonquils.' 'Oh, do you? I don't see how you

'I don't like either of them. Her handbag is a grand choice for think all yellow flowers have a kind summer, for it is crocheted of tine of messy odor. Make me think of a silk cord, light and lustrous. It is room where some one who doesn't

"Oh, my dear, how can you? I love yellow flowers. And you can't say yellow roses smell like that.' "No, that's true, but I like pink flowers better, anyway. Pink and

"I never cared for white flowers

"I don't mostly, but I love white ilacs. White lilacs and yellow roses. "Oh, so do I; there's something

romantic about them.' "Yes, but I like those wonderful deep purple lilacs much better. The Vantines have a bush they brought it from Persia.

And so it goes. You don't have to play it with flowers, of course. You can play it with food as the subject matter-in dark green. Here's a new way to fact, for some reason it's more often played with that than with anything

else. And less attractively I think. Or with people, or with music, or movie actresses. Or with plays, or authors, or what will you? as the

subject matter. As to why it is unfailingly a source of pleasure to people to exchange preferences and prejudices I don't

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