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CURTAINS AND DRAPES

JUST RECEIVED...
OUR NEW SPRING RANGE OF
Curtains in plain and figured
Marquisettes, flax and tusk
nets, Curtains, widths from 27
to 54 inches. Lengths from 2 to
3 yards. Drapes in all the new
shades. Also a full range of Tap
estries and Homespuns.

"See our stock before
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commercial training while it is
easy for you to do so, rather
than postpone it until later and
be forced to acquire it under
difficulties.

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We buy only a limited amount
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That's why you can choose your
fabric and know that you won't
be seeing it on every other man
in town! Our complete line of
fall fabrics are now in. Call and
select YOUR OWN Distinctive
Pattern.

Alex. Ingram
376 KING ST.

GARDENER'S BUSY SEASON IS ON

The old gardener says:
Spring is just around the corner!
But until Jack Frost becomes less
persistent, it is not advisable to re-
move too soon any barrier or protec-
tion given to tender plants like hy-
drangeas, boxwood, roses and certain
evergreens. Heavy mulching on bulb
or perennial beds may be loosened
now and gradually removed as weath-
er becomes warmer.

And don't burn these leaves. Turn
them under in digging the beds or
place them on a compost pile in an
inconspicuous place. Mix manure
and soil with them if possible, turn-
ing over the entire mass as the leaves
decay and you will have a splendid
lot of soil available for potting, pla-
cing around trees and shrubs in plant-
ing and useful in many other ways.

Of course the cold frames should
be functioning (or seed sown indoors
in boxes), with plants like tomato,
cabbage, snapdragons and any of the
slow germinating seed or annuals
that you would like to have flower
earlier, to have plants coming along
to "get the jump on spring."

Start Tuberous Begonias Indoors
It's too early to plant dahlias,
though look over the tubers in stor-
age to make sure that they are not
too dry. Tuberous begonias make
nice plants for a cool location in par-
tial shade and now is the time to
start them in pots indoors. Use a
sandy loam with some humus or leaf
mold and a little well decayed man-
ure in potting. The young potted
plants should not be placed outdoors
until weather becomes warm and
there is no danger of frost.

Early April is a good time to set
out dormant roses, which are cheap-
er than those obtained in pots, though
the latter may be planted later when
in leaf and there is less risk of loss
in transplanting. Dormant roses
should be cut back rather severely
in planting and be sure to dig deep-
ly and place good loam with a little
decayed manure well beneath the
roots so that plants will have some-
thing to feed upon in years to come.

Any day now the ground will have
dried out sufficiently to dig the gar-
den. An application of lime every
three years is desirable to sweeten
the soil and render plant foods avail-
able. Turning under well-rotted man-
ure is a good practice though some
will prefer to use the proprietary
complete plant foods. Dig up full
depth of spade, breaking up the
lumps. This insures well-prepared
soil for the roots.

REMOVER

Four ounces benzol, 3 ounces fusel
oil, 1 ounce denatured alcohol. This
is a very powerful remover, but is
highly inflammable. The fusel oil,
which is also used for making high
explosives, such as gun cotton and
for colloidion, is replaced in the for-
mer recipe with other materials for
this reason. However, used with care
in small quantities (this recipe is
small, as you will notice) it is an
excellent preparation.

Here are some suggestions for re-
moving white marks from a varnish-
ed surface.

1. Rub hard with salted butter.
2. Hold a heated iron over the
place, being careful not to melt the
varnish (the heat causes the gums in
the varnish to fuse, thus the white
disappears).
3. Rub with oxalic acid as soon as
white is formed. Then rub with sweet
oil.
4. Rub with spirits of camphor,
then with sweet or linseed oil.
5. White spots on mahogany caused
by damp will often yield to a rub
with sweet oil.
6. The 'bloom' on mahogany may
be removed with vinegar. Dull, dirty
varnished surfaces may be freshened
and cleaned by wiping with benzine.
Leave for one hour and then wash
with white soap. Rinse with clean
water and polish.

MONTREAL, April 17—The gross
revenues of the all inclusive Cana-
dian National Railways system for the
week ending April 14, 1937, were \$3-
882,271, as compared with \$3,203,752
for 1936, an increase of \$678,519.

... OF ...

Interest to Women

DIFFERENT CONCEPTIONS FAMILY TIES

(By Ruth Cameron)

What a different kind family ties
have on different people!

Blood is asserted to be always
thicker than water, but there seem
to be a very great many varying
thicknesses of blood, from something
only a shade less watery than water,
to something about as coagulative as
molasses.

There are some people to whom
the family imperative to look out for
one another, be with one another
whenever possible, defend one an-
other from attack of outsiders, is as a
ruling passion. They never really
leave their families, even when they
marry and have families of their own
they carry them with them in their
hearts, and if possible arrange for
physical proximity, or if not that, for
frequent visits.

And there are others, who, with
mainly cut off completely from
their families, so far as feeling goes.
They may in deference to the mores
of society, keep up some slight con-
tact, may if the need arises help, but
it is done without feeling.

There are some families who are
so united that they always speak well
of one another, always are singing
one another's praises. One for all,
and all for one, is their motto.

And there are others who enjoy
criticizing one another, to other peo-
ple, and yet quite often, even these
will not tolerate other people's criti-
cism of the very ones with whom
they have quarrelled. They can do
it if they like, but any one else does
it at peril of finding himself persona
non grata, when the temporary irrita-
tion which expresses itself has passed,
and family feeling has reasserted
itself.

In some families, feeling is so
strong that it extends itself to coun-
sins, and aunts and uncles, and even
more remote relatives. The person

with weak family, feeling will live
for years without seeing some coun-
sins, or aunts, or uncles, who live in
the next town. While the person in
whom the tie is strong, will go a hun-
dred miles out of his way on a trip
to look up some second or third coun-
sin.

In some people the homing instinct
for holidays, is tremendously strong.
To be away from home Christmas or
Thanksgiving is just unthinkable. To
others it is nuisance that custom
has made these clanish gatherings
imperative. They may join in them,
so as not to hurt feelings, but so far
as they are concerned there is no
pull.

The quality of blood thickness is
not always the same in a whole fam-
ily. Different members of the same
family may have different sense of
family ties. Three or four members
may be strong on family, keep up
the contacts, make a fetish of getting
home holidays and all the rest, and
one member may seem to have none
of that feeling.

It is not known which is the greater
misfortune, for two people who have
an abnormally strong sense of family
ties, and each want to have their own
family a great deal in the picture, to
marry each other, and quarrel over
the difficulty of adjusting life so both
may have what they want. Or for a
person who has a very strong sense
of family, and one who has a very
weak sense to marry, and never be
able to understand each other's view-
point.

Families are funny things, some-
times we feel we can't live with them
but I don't believe we shall ever
wholly live without them. Russia
has been trying to do that, but not
too happily. And imperfect as it is,
I don't believe that anything better
will ever come, to take the place of
family unit.

THE BOY OR GIRL WHO IS TOO FAT

(By Dr. Herman N. Bundesen, For-
mer President American Public
Health Association).

If you are a boy or girl who is very
fat and who has a hard time in play
and work because you weigh more
than most of the other children, per-
haps I can help you.

You probably do not know that the
extra pounds you weigh are a serious
strain on the heart and the rest of
the body. They cause you to tire
more quickly, and it is much harder
for you to study your lessons.

The first thing you must do to take
off that extra weight is to make up
your mind that you yourself must
help. I mean, that you will faithfully
do what doctors have found out you
must do to get thinner.

Dr. Patrick Mallam of Oxford, Eng-
land, has studied many overweight
children and has helped them to re-
duce their weight. He says that when
he began to help these children, he
found them very reasonable and in-
telligent and most of them did just
what he asked them to do. I know
that this is very important, and that
is why I am asking you to do just
what these other children did.

From experience with my own six
children, I know that most children
will eat anything if it tastes good,
and if it made the way they like it.
You must follow a diet, but the foods
in the diet must be prepared so that
you will like them.

I know that you would eat many of
the leafy vegetables, such as lettuce,
celery, cabbage and spinach, if they
tasted good. Now, you must have
many vegetables in the diet that I
have planned for you, first, because
they are good for you and, second,
because they will fill you up so that
you will not become hungry after you
have finished your meal.

One of the important things that
you must remember is that cream,
butter and all kinds of foods that
contain fat are not good for you, if
you eat too much of them.

Another important thing to remem-
ber about losing weight, is that you
must eat only a small amount of
sweets; also of starches, such as
bread, cereals and potatoes, because
they too, tend to make you weigh
more than you should. If you eat too
much bread, jelly, jam, honey, potato

chips or candy, you will not be able
to get thin. You will have to prom-
ise yourself, while you are reducing,
to eat just as little of these foods as
possible. The diet should be high in
what we call proteins, such as meat,
fish, eggs and cheese.

Here is what Dr. Mallam said
when he watched the children who
weighed more than the average: "If
you note these flabby youngsters af-
ter, exercise, you will see that they
rush to the drinking fountain and
drink several glasses of water. They
are almost like a human sponge the
way they soak up fluids."

This means that you must be care-
ful not to drink too much liquid.
Drink water early in the morning,
and then try not to drink much dur-
ing the day. Of course, I don't mean
milk, because you must drink lots of
that. We are going to ask mother to
put less salt in your food, because, if
you get too much salt, you will be
thirsty and drink too much water.

I want you to try a little experi-
ment tonight. When you have your
dinner, eat your food very slowly,
and then try not to drink much dur-
ing the day. Of course, I don't mean
milk, because you must drink lots of
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you get too much salt, you will be
thirsty and drink too much water.

LETHBRIDGE, Alta., April 16—
John Pawka, immigrant farmer of
the irrigated Barnwell district, today
was crowned champion sugar beet
grower of Southern Alberta. He raised
an average of 19.5 tons of beets
from 21 acres of land during 1936 to
take leading honors in the annual
competition of the 15-Ton Beet Club.
Leading beet growers of the district
were entertained by Board of Trade.

LONDON, April 16—Great Britain
is developing polite policemen who
have been dubbed 'road police school
masters.' There are to be about 900
of them. They are to be charged with
developing good sense among motor-
ists and good manners as well. They
are to work largely by example which
means postgraduates in etiquette.

When he thinks he is hungry for
love he is hungry for somebody
to think him a wonder.

All-Out-of-Sorts!

Nervous, Irritable, Peevish!



This may be due to lack of proper rest, the worry
over business, the too free use of tea, coffee or
tobacco, the keeping of late hours, the never ending
drudgery of housework, but whatever the cause you
have been putting too heavy strain on the nervous
system.

If you are tired, listless, irritable, distressed, you
will find in Milburn's H. & N. Pills a remedy to
make the weak nerves strong, the shaky nerves firm,
a medicine that will help put you on your feet
again.

HOW TO GET RID OF "THE ITCH"

TECHNIQUE OF ACCEPTING A COMPLIMENT

(By Ruth Cameron)

How is your technique at accepting
compliments?

It's funny, isn't it? when there's
nothing in the world most of us like
to get more than a compliment, noth-
ing that we treasure so carefully.
... our heart with it against
the cold moments of discouragement
... self-dishlike, that so many of us
never learn to receive them other
than awkwardly.

One of the most ungracious forms
of reception is to accuse the giver of
flattery. "You are always saying
things like that. You must have
kissed the Blarney stone."

Or, worse, of having an axe to
grind. "What can I do for you?
Must be some reason for you to be
so terribly complimentary. Come on,
tell us, I'll do it, it's worth it."

This is done, of course, with a
jocular air, but it puts the giver of
the compliment on the defensive.
When he should be receiving thanks,
he is defending himself against
charges of insincerity and axe-grind-
ing.

Of course he knows, and you know
and I know, that it is done out of
embarrassment. That the person who
says that, says it because he is ab-
ashed by the compliment and hasn't
enough smoothness and savior-faire
to produce a gracious answer on the
spur of the moment.

Sometimes, indeed, this embar-
rassment will go so far as to make a
person actually sound cross. "Don't
talk such nonsense, you make me
sick." I wish you wouldn't say such
things, etc.

He isn't really cross. He may think
he is, but it is just a transferred em-
otion. He's cross with himself be-
cause he doesn't know what to say.

The other extreme, of course, is
the fatuous person who receives all
compliments with a beaming smug-
ness that shows he thinks they are
no more than his due, that he agrees
with everything you say. Though
perhaps he doesn't think you put it
strongly enough.

And somewhere in between is the
gracious receiver who receives a
compliment as he would any gift,
with gratitude and pleasure and
grace.

He is delighted and isn't afraid to
say so. "Isn't that nice? I'm thrilled.
Why, that's the nicest thing anyone
has said to me for a long while. How
wonderful! Gee, that makes me feel
good."

He recognizes the giver's right to
be thanked. Aren't you sweet to tell
me so? Well, you certainly know how
to cheer anyone up. You're a peach.
I hope someone will do something as
nice for you as you did for me in
telling me that. Oh, I'm so glad you
told me, I was a little afraid I had
brought the wrong thing."

Possibly he depreciates the compli-
ment to some extent, but not em-
phatically or awkwardly. "Well, I do
not think my voice is that good, but
I'm awfully glad you do. It's just an
inexpensive dress, but I thought the
color was rather nice. I've always
loved those soft blues, too."

U.S. GEN. MOTORS NOT TO COOPERATE WITH CAN. BRANCH

(Special to The Daily Mail)

OSHAWA, April 16—The Unit-
ed States branch of the General
Motors will not co-operate with
the Canadian branch in the Osh-
awa strike. No cars will be ship-
ped from the United States until
the strike is settled.

Lr. Queensbury

The ice in the main channel of the
St. John river has run out but ow-
ing to the low water there is still a
lot on the shores and bars.

Mallow Pond and sons have finish-
ed with their saw mill for this sea-
son.

Mrs. Clarence Dykeman has been
spending a few days with friends at
Fredericton and Kingsclear.

Misses Ruth Moore, Georgia Pond,
Lena Joslin and Evelyn Perley en-
joyed an afternoon at McNally Bros.
sugar camp.

Mrs. Amos Jordan has returned
home after visiting her daughter,
Mrs. Lorne Brown.

Sherman Pawlina was a recent
visitor to Saint John.
Mellow Pond had the misfortune to
stick a spike in his foot.

Mrs. H. A. Slipp is visiting her
daughter, Mrs. Donald Knox, Harvey
Station.

The roads from here to Fredericton
are in bad condition for cars, several
having to be pulled through by team.
All are hoping it will soon be possible
to use the ferry at McNally's.

Miss Georgia Pond is spending a

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rain or a sharp, needle-like
spray—with all the grades be-
tween.

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sive and mighty nice to have.

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Maritime Provinces will return maximum in-
come—Increase Purchasing Power—Create
Permanent employment and prove the great-
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ed on request.

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