hands, rather than on her shoulders,

When She Walks

ways and everywhere, she holds her

Tennis Best Exercise

As for athletic exercise, she be-

it becomes automatic

stomach up, up, up.

lywood calls "stars."

ica mountains in the distance.

This particular diet, which is not little fault.

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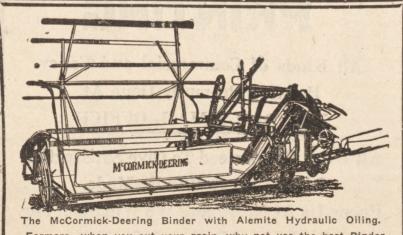
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Interest to Women

IN THE HOLLYWOOD BEAUTY SCHOOL

How Movie Stars Are Trained In Carriage, Grace and Expression Described by Noted Fashion Writer

(By Victorine Howard) HOLLYWOOD, Col.-They can't which are automatically held back, tell me that people are born with it- and saved from being rigid. She the slimness of these Hollywood holds her stomach up-this is mental, queens. They're apt to act a little understand. She never, never relaxes mysterious about it, the studios. her stomach muscles. When she sits, They'll look at you seriously and stands, walks, always our future her-

light is just naturally sylphike. But when you pin them down, you find that practically every featured, female player indulges in a daily mour girl is taught to put her worst body massage. Its' this, we're reliev- foot forward. Every woman has a ed to learn, rather than tennis, which good and a bad foot. Miss Enright be-

keeps her in shape. Before she becomes a featured much, or out too far. By concentratplayer, however, our glamour girl has ing on her bad foot first, a graceful learned a few things about her body walk is assured. In walking, too, the from the studio school, which any of subject lets her hands fall back of your readers, Miss Howard, might her hips, ignores her shoulders. Al-

Take the case of the red-headed! week. She had lovely red hair, true, to that familiar sitting position, back you can have, mesdames, touching expression, too. But it takes body grace. more than this to make a Garbo. This girl's carriage was definitely bad. She was anything but graceful. Yet the studio expects to make her a star.

There is a woman at 20th Century owever, who has harder problems than making glamour girls out of manicurists. She's Florence Enright, a small, vital, round fortyish, strawperry blonde, whom we corralled, just for you, in a large room, its walls surrounded by dancing bars, its floors bare of furniture, but for a few chairs. It is here she receives the raw material, fresh from the movie der figure, this 20th Century expert scouts. It is here she coaches them avers. for the initial camera test. It is here she trains them, after the test is passed. She teaches them posture, walk, facial expression.

A Pigeon-Toed Pouter

Our red-headed manicurist, for instance, was definitely pigeon-toed. She allowed her eyes to pop about in her otherwise lovely face. She pursed her lips in a pouting, rather than a kissable manner. Now after several days of Miss Enright's coaching, the embryo star is ready for her first

She is taught to stand, to walk, to look animated and pleasant. Standing according to this coach is paramount. Stance is achieved by giving the subet a feel of 'base.' She places he feet firmly on the floor, slightly apart the toes turned out. She lets her hands fall behind her hips. She concentrates on this position of her

SHERIFF'S SALE

The following Property will be old by Public Auction in front of the county Court House, Fredericton, N. at twelve o'clock noon, on the Eighteenth day of September, 1937. For Delinquent Parish and County, d and School Taxes, with cost.

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All that certain lot, piece or parcel land in the Parish of New Maryand, County of York, and Province of New Brunswick, grant dated the the Twentieth day of October, A. D. 1871, recorded the twenty-first day of October, A. D. 1871, grant number 14,466, Book Number 84.

Beginning at a stake which is distant on a course south eighty-eight egrees and thirty minutes East nine chains and fifty links from another stake which is distant South ten de-grees East twelve chains and fifty nks from the south-east angle of the Grant to Daniel Donovan in the East range Cork Settlement, thence by the first above mentioned course fifteen chains to a Cedar tree thence South ten degrees East thirty-four chains to a Pine stub, thence North eighty-eight degrees and thirty minutes West fifteen chains to a stake and thence North ten degrees West thirty-four chains to the place of beginning. Containing fifty acres more or less and distinguished as Lot M. Parish and County

	Taxe	S		Roads	Schools
Del.	1930		\$.65	\$.40	\$
Del.	1931		.67	.40	
Del.	1932		.73	.40	3.64
Del.	1933		.75	.40	3.64
Del.	1934		.70	.40	2.20
Del.	1935		.70	.40	2.42
Del.	1936		.85	.40	2.10
Del.	1937		.80	.40	2.15
		_	-		
Tcta	1		\$5.85	\$3.20	\$16.15
Del.	Paris	sh a	nd Co	unty Taxe	es \$ 5.85
Del Road Taxes 3.20					
Del.	Scho	ol '	Taxes		16.15

C. N. GOODSPEED, High Sheriff for York County. Fredericton, N. B., Ang. 19th, 1937.

GIRLS, IF HE'S SHY IT'S UP TO YOU

British Educator Advises Bit of Encouraging To Loosen Tongue

LONDON-Girls, if your sweet-

In doing so you will have the benediction of Dr. T. Drummond Shiels, to have a boy friend? My parents that time you won't do it. a well-known British educationalist, think so .- Fourteen." who gave this advice when discussing council here.

'There is no doubt," Dr. Shiels attracted to a girl, would have been is to stick to the improvercent. Every swear that their particular stellar oine remembers her stomach. Later greatly helped by a little more frankness and honesty on the part of the

When she walks, the embryo gla-"But very often, owing to her con- men should not be thought unmaidenventional ideas, a woman, if she is ly for giving them this encourage having a 'feller.' The girls spend attracted to a man, makes a point of ment—with limits, of course." being particularly disagreeable to him lieves. It is either turned in too running after him.

"Nevertheless, shy men in matters

sary on the 20th Century Fox lot this ula. Rise on toes, bend the knees in apple at night. Sorry, but that's all the shyness that overtakes a man lieve that a librarian or an intelligent

and good features in quite an all right toes, and relaxes. This according to for the faces of her proteges. Facial sounds quite reasonable to us.

The average aspirant to movie fame ieves tennis is the best for keeping like women everywhere, has some more difficult it is for the average who says: "Parents always think the the body supple, for it makes the facial defect. She frowns, she twit- man to tell it. Many of my friends on muscles alert. Swimming is good, too. ches, or she pouts, as in the case of the stage have told me gleefully how But the single exercise and the daily our red-headed manicurist. Her enthey have given their boy friends them read, there is little hope of its masage are of primary importance. vironment and associates are respon- assistance when proposals were im-"And how do you reduce them?" sible, usually. And all Miss Enright minent." we ask breathlessly, thinking of the does it to find out the source of worry almost emaciated, small women Holor nervousness or pouting, explode it said: "Of course a girl should encour-Any woman who runs up and down pleasant facial expression.

hill once a day will retain her slen-"How big a hill?" we asked, glanc- necessity of the sympathetic and I'd like to see girls have as much ing out the window at the Santa Mon-agreeable attitude toward her fellow right to propose as men." "Oh, any hill," was the breezy reply to make her popular on the set-for We said thank you, but we'd take a many of the most glamorous of our

plished by vigorous body massage, oine an animated, agreeable expres-

under experts, and by rigorous diet. sion, with which the camera can find

To keep her figure supple, each advisable, except after consulting a majority of marriages I've no doubt A Mother." nanicurist, discovered by an observ-student is taught one exercise, and physician, consists of three glasses the woman has to give plenty of enant director in her natural habitat. one exercise only. It is the hands on of hot orange juice daily, and either couragement before the man propossaw her lunching in the commis- hips, elbows back, feet together form- lamb chops or roast lamb with pine- ed. Every girl in love has trouble with gave them up because I came to be-

rice if you're dealing in technicolor, upright. The body rises again to the Miss Enright is also responsible ing marriage. face. She had an indefinable, rather the Hollywood expert, assures perfect expression is actually changed by ine, said, "Men are funny creatures. their own choice of reading matter, 'thought.' No, we haven't adopted a They have all the conceit in the world artificial methods of stimulating their

> chiatric gifts, It's just pure reason. men-and women. This is not only flamour girls are known for their Strenuous body reducing is accom- nasty temperaments. It gives our her-

HOW TO QUELL A VICIOUS TEMPER

Dr. Dean Tells of Methods That Have Been Successful

(By Arthur Dean, Sc. D.)

lent with it, but I can't control it. My years old. What is your advice? "P.S.—Is a girl my age too young bad, before you do the bad thing. By

the art of courtship at the summer good. To want to improve is still school of the British Social Hygiene better. To ask an older person how

you can improve is splendid. If you have a fault the first thing said, "that there have been cases is to recognize it. The second thing is where a shy man, who is very much to start to mend it. The third thing

To find out what the modern miss for fear that he should think she is thought about the 'frankness and boy friends, your boy pals, your chums of love need encouragement and wo- several women in different spheres -not at your age.

> West-End club hostess, said "In the books for a child of ten to read?" when he gets to the point of suggest- salesman or a well-read mother could

new South California cult. It all but they need gentle prompting to interest in books being of little avail. make them fall seriously for a girl.

"The more serious his love, the

Jean Wilson, a London sales girl, by logic, and presto, the girl has a age her lover to speak his mind. My own idea is that men are so afraid of Miss Enright pretends to no psy- a snub that they cannot frame the words. They must be pretty thankful Every prospective star is taught the when their 'best girls' make it easier.

time you fail is a setback. Every "Dear Arthur Dean: I have a bad ment. Every time you slap your little temper, a mean and swift one. It brother's face immediately kiss him hurts sometimes and I often get vio-and tell him you are sorry. Be just as nearts are too shy to tell you of their little brother and sister are very were in your rudeness. This will bring love, give them a little encourage- trying young things, and my quick to your attention quickly the error ment to loosen their tongues, and temper gets the upperhand. I even you made. Then your next move have no fear of being thought un- slap my little brother's face. I am 14 should be to count ten for everything that you want to do which is

> To know that you have a fault is mad is to write a letter and say all My little trick when I am really sorts of things and then read the letter, laugh and tear it up. It takes time to get rid of a habit just as it takes

time to acquire one. P. S .- You are too young to have one boy friend. Can't you have several? It is natural for a girl to like boys and boys to like girls but don't tie yourself down to a boy and be silly. I know it is quite fashionable for any girl like you to talk about most of their time in school talking about their 'fellers.' Talk about your honesty' idea of Dr. Shiels, your cor- the boys you play with, and the boys respondent 'popped' the question to you like-don't talk about a "feller"

Ahandons List of Books for Children Betty Winer, a dark and witty "Will you please send me a list of

At one time I had lists of books for children of different ages, but I do a better job than my list. In fact I Margot Trainer, a West-End chor- think that children should be allowed

> children should read along special lines." If this is a scheme to make being a success, for they will read along their own lines. It is deadly to give children the idea that they are expected or required to read a book."

> This does not mean, I take it, that children are expected to read nothing except cheap trash. I have found that they read cheap stuff when there is no one to guide them in other direc-If they choose adventure stories a librarian or a parent ean help them read the better sort of adventure stories. If they like biography the book store aslesman can recommend some good books. But I doubt if it works to say, "Now here's a book you must read. It will be good for you. You won't be educated until you I read it."

