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Interest to Women

JEALOUSY KILLS BEST OF DISPOSITIONS

Dislike of One Person For Another Often Based On Inferiority Complex

(By RUTH CAMERON)

Sometimes you hear it said of a person—he or she goes off the handle at a little criticism.

I heard a man say it of his wife the other day.

I remembered a scene between them I had once been witness to.

She had made some complaint about the maid, said that she was afraid she should really have to get rid of her, for reasons that most people would consider exceedingly strong.

And her husband had launched into a diatribe against women and their help problem. "They're always finding fault with them. A man could never run an office if he was like that. You never could run an office if you found so much fault with your help. Why can't you use a little tact and patience?"

At which his wife flamed back: "You certainly are the most unfair person. How can you say that?" and left the room.

"Well, some people can't stand criticism," said the husband. "You heard how little I said."

I had heard. It wasn't very bad, I will admit.

But I also knew something else.

Woman's Sweetness

A person who is noted for her sweet disposition may take a dislike to a newcomer to the neighborhood. She accounts for it on various grounds. She doesn't like the way she brings up her children, just spoiling them terribly; she never can abide any one

with a voice like that. And so on. She really thinks these are the reasons for her feeling. When actually down underneath there is the unrecognized jealousy of some one who is muscling in on her territory. For every one is saying how sweet this newcomer is, and that old chartreuse worm jealousy is getting in his licks under the surface and killing the liking she might have felt.

I am sure that very bitter jealousy often affects the relationship of sisters and brothers. They don't call it jealousy, certainly not. They call it a natural dislike of Millies high hat ways. "Just because her husband has made a little money"; or a justifiable resentment because Bill went off there and got out from under so he doesn't have to take any responsibility for the old folks. It's true he sends money, he can well afford to, but he certainly got out from under so far as any personal help is concerned.

I believe that mothers are sometimes jealous of their daughters, and fathers of their sons, though this is a less common jealousy.

Of course I don't mean that everybody is constantly motivated by jealousies of all sorts. I do mean that this chartreuse worm jealousy is the outgrowth that kills the flower of liking more often than we realize. It's much pleasanter to believe that one dislikes a person for some fault than because he outshines one in some way. But it's much more prophylactic to face the truth and dig up that horrid green worm and stamp on him.

WHEN LEGISLATORS AWAKE, WOMEN WILL VOTE AND BE BETTER IN HOMES

Mde. Casgrain, Addressing Canadian Club, Says "It Will Come" — Women Want Chance

TORONTO, Nov. 15—"It must happen in Quebec as everywhere else throughout the Dominion — Quebec cannot remain the only Province out of line—and it will happen just as soon as our legislators realize the unfairness that the present situation with regard to the franchise imposes upon the women of Quebec," said Madame Pierre Casgrain, wife of the Speaker of the House of Commons, in addressing a capacity meeting of the Women's Canadian Club, in the Eaton Auditorium recently.

For twelve years those responsible for pressing this vital matter of women's rights have been pleading their cause with the Provincial House, year after year, always courteously received, but without achieving their goal, said the vivacious little French-Canadian lady. She wished it understood, however, that Quebec women are not making themselves miserable over the situation, that they are not, in the least, losing courage, and are making progress in that the attitude of the people generally is more favorable.

"People say to us the women of Canada have had the suffrage for twenty years, and what have they done with it?" "Men have had it for hundreds of years—what have they done with it?" she asked. Twenty years is not a generation, she reminded. Women of Canada have not yet had a chance to show what may be done with the franchise.

"And I don't think our Quebec men need to worry about our losing our

femininity, if given the privilege of the franchise provincially," she observed, remarking that this was a point frequently brought up. "In fact, I think we would be much better women, and much more efficient housekeepers by reason of having it. We would be more on our toes," she said.

Burnt potatoes for dinner, or a hole in the good man's socks, for instance by reason of having to attend a political meeting would be unforgivable—although a game of golf, or a bridge tournament might be considered quite a valid excuse!

"Women of my Province have come to realize that if you don't vote you don't count," she said. "It takes three times as much work and energy to get a little reform as if we were electors," she added, commenting upon some reforms achieved by persistent agitation.

"A woman's voice takes on a wonderful quality and strength — when heard at the polls," she said.

And as for the women in particular? A wonderful spirit of "bon entente" has developed, as a result of the agitation and resultant publicity, carried by newspapers, and by radio. "English, French, Protestant and Catholic, they have joined forces, and are working together in a fine spirit," she said.

Introducing the guest speaker, Mrs. J. G. Althouse, President, referred to Madame Casgrain as "a modern Joan d'Arc."

SALT BATH SOOTHES YOUR NERVES

It May be Poured Into Water or Rubbed on Body Before Entering Tub With Excellent Results

(By ANTIONETTE)

Any one suffering from nervousness will derive much benefit from a salt bath.

These baths need not be confined to the seashore. You may buy sea salt and throw a handful into the tub, or ordinary table salt may be rubbed onto the body before a bath or shower, with excellent effect. The

salt is dampened before use. But whatever type of bath you prefer, have it, and bathe frequently, if you would retain your record for daintiness and freshness.

The faintest suggestion of uncleanness is sufficient to defeat all other efforts toward personal daintiness. Bathe every day. If necessary, bathe twice a day, once in the morning and again at night. Bathe often enough to keep the skin fresh and clean.

A very hot bath is most cleansing especially so when a bath brush is employed. The hot bath should be followed by a cold sponge or shower to close the pores and to counteract the relaxing effect of the hot water.

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RECOVERING FROM JAPANESE BULLET WOUND



The British Ambassador to China, Sir Hughe Knatchbull-Hugessen, on board a launch which was to take him to H.M.S. Falmouth for Hongkong, then by steamer to the Netherlands East Indies to recuperate from a bullet wound inflicted by a Japanese military flier several months ago.

SERVANTS REFLECT BISCUITS THAT MELT IN THE MOUTH ON EMPLOYER

Special Training Required For New Maid

There are three times when the behavior of the maid of all work reflects on her employer.

When the maid is serving at table, answering the door and answering the telephone.

When you engage a maid you take on definite responsibilities. If you don't set her a good example — give her regular hours and definite duties — the chances are excellent she will be inefficient.

The maid must be taught to speak pleasantly and courteously and to be neat in appearance. She should be instructed to be polite and take messages carefully.

It is best to have a new maid serve the family several times before company is invited in. Have her set the table while you supervise. Show her the crease in the cloth must go down the middle of the table; that the glasses go above the knife on the right; that the napkins should be laid either on the plates or to the left of the forks.

Instruct her to have the water glasses filled and butter placed on the bread and butter plates—above guests are seated.

Let her check for salt and peppers — one to each two people at the table, jelly spoons, pickle forks and similar pieces; serving spoons—one for each vegetable to be passed—and one carving knife and fork.

The maid should know that service should be from the left where things are passed and from the right when dishes are removed, that the guest of honor should be served first and the hostess last, with the other guests served as they are seated; that all used dishes from one course must be removed before another course is served; that the gravy boat needs a tray under it; that in passing vegetables she must approach one guest at a time and be sure she's making it easy for him to help himself.

Don't lose patience if your maid doesn't remember everything all at once. Give her time to think it over. Give her time to think it over, to refer to.

"Madonna and Child" To Be First Painting Discussed on CBC

One of the most valued pictures in the possession of the McKenzie Foundation, at Regina, will be the subject of discussion by Graham McInnes during his CBC broadcast talk, "Seeing Pictures," on Tuesday, Nov. 16, at 4.45 p.m. AST.

"Madonna and Child," by Pontormo will be described by the commentator, who has designed his broadcast series as an aid to listeners to visualize many of the famous and beautiful pictures that hang in the art galleries and permanent collections throughout Canada.

Mr. McInnes has visited the galleries in the course of trans-Canada tours during the past two years, and approaches his subjects with first-hand knowledge of the canvases selected. On this date he will describe also a painting by Millet which is numbered among the treasures of Eastern Canada.

Few Ingredients Are Needed But The Proportion Is the Principal Factor in Successful Baking

(By EDITH M. BARBER)

The word "biscuit" with the adjective "hot" which belongs with it should bring to mind delicate tender morsels which practically melt in the mouth. There should be no such thing as a large biscuit, at least that is my opinion. I must admit, however, that I have seen large biscuits, but I never saw one of this type which deserved the name.

While the ingredients needed are few, the proportion of one to another is important. One to two teaspoons of baking powder to each cup of flour, depending upon the type of baking powder used, salt for seasoning, shortening and plenty of it and just the right amount of milk. A bland shortening, such as lard or hardened vegetable fat is generally used for shortening and there must be not less than two tablespoons for each cup of flour. In fact, I am not very careful to level the tablespoons of shortening when I am making biscuits. The fat may be rubbed in with the fingers until you can not distinguish flour from fat. Then you may add your liquid, stirring it into the flour mixture with a knife. The amount depends upon whether you intend to cut your biscuits or to drop them. In any case, stir it in quickly.

Biscuits need a hot oven and naturally the smaller they are the quicker they will bake. As soon as they are out of the oven, they should be served, so that the butter will melt when they are split and buttered.

Biscuits

2 cups flour
3 teaspoons baking powder
1-2 teaspoon salt
4 tablespoons shortening
Two-thirds cup milk.

Sift dry ingredients together. Rub or cut in shortening with a stiff knife. Stir in milk. Work lightly into smooth dough. Pat out about half-inch thick on a floured board. Cut into rounds, put on baking sheet and bake at 450 degrees F. for ten to 12 minutes. The biscuits may be cut and placed in Electrolux several hours or days before time of baking. Preparation time, five minutes.

Variations—Add 1-2 cup of cut raisins before milk is added.

Cut 1-2 cup of trained or grated cheese into flour with shortening.

Shortcakes and Dumplings — Increase shortening to 5 tablespoons, add 1-4 cup sugar to flour. To prepare shortcakes, divide dough in half and pat into two rounds to fit pie pan. Butter well and put other half on top. After baking, the two rounds can be separated easily.



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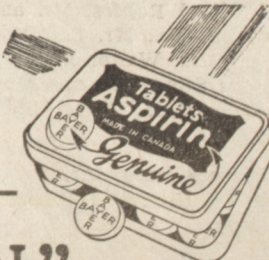
If you are subject to frequent headaches, go to your doctor and tell him about it. He may find the cause of your headaches, correct it . . . and make your life far more pleasant.

On the other hand, if you have an occasional headache, step into the nearest drug store, the moment you feel it coming on, and get a box of quick-acting "ASPIRIN". Take one or two tablets with a glass of water, and see for yourself how quickly relief comes.

We refer to "Aspirin" tablets as "quick-acting", for one reason, because they disintegrate or dissolve in the stomach almost instantly you

take them. Hence are ready to start their work of relief very quickly. Just drop an "Aspirin" tablet in a tumbler of water and you'll get the point at once. You'll see it disintegrating before it reaches the bottom of the glass! And that's the way one acts in your stomach when you take it.

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