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fall fabrics are now in. Call and  
select YOUR OWN Distinctive  
Pattern.

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## PLANT DAHLIAS ON SIDE, OLD GARDENER SAYS

At this time of year most dahlia  
in the cellar will have sprouts. If not  
care should be taken to have the eye  
upward at planting time. Novices  
often make the mistake of planting  
the tubers on end, which is all wrong.  
They should be planted always on  
their sides. Long white sprouts must  
be cut off. They are weak and of  
little value.

Some garden makers like to sprout  
their tubers, if this sprouting has  
not taken place naturally. It is easy  
to do this with a box of sand or  
earth which can be placed in a warm  
location and kept moist for a few  
days. If sprouts do not appear at the  
end of a week, the garden maker may  
decide that the tuber is useless. Six  
inches is about the right depth for  
the planting of dahlia. When they  
are down that depth, they become  
well anchored and the roots delve  
into moist rich soil.

French hydrangeas have become  
popular. Although commonly classed  
as tender plants, they will often go  
through the winter out of doors in  
sheltered locations, coming up again  
and flowering in the course of the  
summer. This, however, is not the  
treatment recommended for them.

It is better to carry them through  
the winter in tubs or pots in a cellar  
which is cool but frost-proof. They  
should be kept on the dry side until  
signs of growth appear in late winter.  
Then they can be taken to the light,  
the dead ends removed, and water  
given in gradually increasing  
quantities. These hydrangeas, like  
azaleas, are very thirsty, and when  
good growth has been made will need  
to be watered abundantly every day.

## Consider Ability Of the Pupil

LONDON, May 1—The Board of  
Education has altered its Book of  
Suggestion with a tendency toward  
giving instruction according to the  
pupil's ability to receive, rather than  
massing into classes whether or not  
they are ready for it.

## Now Science Explains Why So Many People Past 40

Feel That They're Slipping  
Losing Their "Grip" on Things



Many people round 40 think they're  
"growing old." They feel tired a lot  
... "weak." Have headaches, dizziness,  
stomach upsets.

Well, scientists say the cause of all  
this, in a great many cases, is simply  
an acid condition of the stomach.  
Nothing more.

All you have to do is to neutralize  
the excess stomach acidity.

When you have one of these acid  
stomach upsets, take Phillips' Milk  
of Magnesia after meals and before  
going to bed. That's all!

Try this. Soon you'll feel like  
another person! Take either the  
familiar liquid "PHILLIPS' Milk of  
Magnesia" or the convenient new Phillips' Milk  
of Magnesia Tablets. Made in Canada.

**PHILLIPS' Milk of Magnesia**

## Interest to Women

### PEEK-TOE SHOE, OR GLASS SLIPPER CINDERELLA MUST HAVE A PEDICURE

Right Now is a Good Time to Start Foot Culture  
For Beauty, Health and Comfort

(By Victorine Howard)

Real glass slippers for modern Cin-  
derellas are the latest word from  
Paris. According to reports, slippers  
actually made of that fragile material  
are being shown at one of the smart  
shops there. It is doubtful if the  
Cinderella of story-book fame wore  
any toe-nail polish. But just to show  
that these are 1937 glass slippers,  
and not something out of a fairy tale,  
they are worn with sheerest cob-web  
hose and bright nail lacquer showing  
through.

Even if you never expect to wear  
glass slippers, others, and more prac-  
tical types of spring footwear indicate  
the growing importance of the pedi-  
cure as a fashion requisite. The  
peek-toe, or tip-toe, shoe reveals a  
generous expanse of lacquered toe.  
The newest version of the cross-strap  
sandal is created of bands of differ-  
ent colors meeting at the top of the  
foot, with deep red nail lacquer worn  
to match one of the five bands. To-  
day's Cinderellas must look at their  
toes!

### Simple Treatments

All this new and decorative free-  
dom for feet is really a grand thing  
from the health point of view. When  
you take the time to pretty-up your  
toes to the extent of polish just to  
keep pace with new foot fashions,  
you're sure to give a little worthwhile  
attention to other things. Beautifully  
polished toe-nails don't go with  
ragged cuticle or unsightly callouses.  
And it doesn't take a great deal of  
time to include a few simple treat-  
ments in your home pedicure to help  
overcome those conditions.

While you're in the tub, brush each  
toe thoroughly around the nail to re-  
move excess cuticle, and under it to  
remove any dark stains. Create a  
good lather first on your nail brush  
(there are also special curved foot  
brushes) by rubbing it directly on the  
cake of soap. If you have callouses  
on the bottom of the feet, brush them  
vigorously for several minutes with a  
rotary massage movement. The skin  
on the soles of the feet is tough, but  
if you scrub hard every day, you'll  
find the callous becomes whiter and  
whiter, and comes off layer by layer  
until it's gone.

### A Final Rinse

After the scrubbing, it's a good idea  
to rinse the feet in a final bath of  
cold water to tone the skin and mus-  
cles. Dry thoroughly between the  
toes. If you're going to bed, give them  
a massage with cold cream or lanolin  
particularly over the hardened areas.

## COLORS YOU MUSTN'T WEAR WHEN WITH A RED- HAired MAN

(By Mary Blakeley)

You who have never had an admir-  
er with flaming hair, have no idea  
of the problems of the girl who has.  
The problem of what colors to wear  
that will not jar with his sunny  
locks! The problem of training  
yourself to really like the perfumes  
he will offer as gifts! Of re-educat-  
ing yourself to appreciate the type of  
jewelry he will fling at your feet  
once you have been engaged!

To begin with, if you are the red  
knight's lady, you are probably dark.  
At the lightest, you are a brunette.  
Why this should be only the red  
ones themselves might explain and  
even they might find it difficult.

In nine cases out of ten however,  
the red-haired man surfeited, as it  
were, with his own brightness, longs  
for something dark and soothing in  
another. He is perhaps proud, and  
rightly so, of his own hue but he is  
almost never attracted to his own  
type. Indeed, he seems to withdraw  
even from plain blondness. Just look  
around you and see if this isn't so.  
Note the next red-haired man riding  
in the bus or on the trolley. He will  
be accompanied by a more-or-less  
dark woman.

We are assuming you are this  
more-or-less dark woman. All your  
life you have adored rose and red—  
Ah! how you have adored them. Yet,  
with him, you must never wear either.  
The average red-haired man does not  
like these colors. And little won-  
der! They create furor when in prox-  
imity with his coloring.

Yet you find these the colors most  
becoming. What are you to do? Give  
him up forever or adopt the blues  
and greens he chooses for his ties—  
colors of which you, with good reason,  
are not fond.

But there. Things need not be so  
desperate. There are colors, which

Remove the cream with tissues, and  
rub the feet with alcohol or an as-  
surgent. Then in the morning, dust  
a little talcum over them before put-  
ting on your stockings. You'll have no  
cause for foot complaint all day.

If your nightly brushings fail to re-  
move all of the cuticle, work back the  
excess, or smooth away any ragged  
edges, with an orange-wood stick  
wrapped in cotton dipped in an oily  
cuticle remover. Be careful about  
using scissors. You may start an in-  
growing nail or cause an actual in-  
fection. Shortening of the nail should  
always be done with a file—filing as  
nearly straight across the end as pos-  
sible.

### Foot Massage

Follow your pedicure with a thor-  
ough foot massage. Limber your toes  
by taking each one in turn and work-  
ing it separately round and round.  
Do the same with the entire foot, ro-  
tating it at the ankle. Then stand on  
a thick pile rug and try to dig your  
toes into it repeatedly, exactly as a  
cat does in sharpening its claws. Rise  
slowly on the toes a number of  
times night and morning, and trying  
to grasp the floor with toes, keeping  
the heels twisted inward, are excel-  
lent exercises for correcting flat feet  
and strengthening arches.

To get back to decoration, polish  
is most effective applied over the  
entire toenail, unless the nail on the  
big toe is comparatively huge, in  
which case, leaving the half-moon on  
it uncolored will make it seem less of  
a size contrast to the other toes. It's  
smarter to use a fairly deep shade on  
the toes, even if you use a lighter  
color on your hands. But have them  
in the same tone, such as a deep  
cardinal with coral.

### Right Sizes

One more spring tip for comfort-  
able feet is to not only be sure that  
shoes are long enough, but that your  
stockings are long enough also. Ac-  
cording to the head of a leading beau-  
ty salon, too-short stockings are  
something people rarely consider, and  
they are responsible for a lot of poor  
circulation. She always advises wear-  
ing stockings a half-size larger than  
you really need.

As for heel heights, the high heel  
is all right if it is comfortable, and  
you don't wear it all the time. Foot  
models say they keep their legs and  
feet supple by wearing heels of dif-  
ferent heights—a three-inch, a flat  
heel, and a moderate one all in the  
same day. Variety is better than stick-  
ing to one height.

## DISH WASHING WON'T MAKE BOYS SISSIES

Spinster Who Objected  
to Sister About Prac-  
tice Was Wrong

(By Beatrice Fal-fax)

A mother asked me recently if I  
thought there was any danger of her  
sons growing up to be sissies be-  
cause they help her with the house-  
work.

She has three boys, 10, 12 and 14.  
They have no help except a laund-  
ress and a woman to do the rough  
cleaning once a week. The boys take  
care of their rooms and wash the  
dishes after supper. Her spinster  
sister says she's raising up a family  
of 'sissies.'

The boys seem happy enough, their  
mother said, and are given pocket  
money for doing these chores. Their  
home would not be nearly so comfort-  
able if the boys didn't help.

Personally, I think it's a fine thing  
to have boys do their share of house-  
hold chores. And when they have  
homes of their own, the chances are  
they'll be a good deal happier than  
if they sat around expecting their  
wives to wait on them.

Women do not make sultans of  
husbands, as our mothers and grand-  
mothers did. Today, when a woman,  
as often as a man, is the family bread  
winner, it's a pretty high-hat sort of  
household where a man doesn't lend  
a hand occasionally with the dishes  
or the vacuum cleaner.

In the good old days, which were  
not so good when you came to anal-  
yze them, women waited on their  
men folks like slaves. Patiently they  
scrubbed floors, as often as muddy  
boots tramped over them and no  
apology made. Women cooked, wash-  
ed, ironed, baked, sewed, and bore  
children—and died young.

Walk through any old churchyard  
and read on the moss-grown tomb-  
stones where Mehitable and Abigail  
were the second and third wives of  
some old patriarch, who would have  
felt he was lowering his masculine  
dignity if he hung up his clothes,  
wiped a dish or gave his wife a hand  
around the house.

West Point and Annapolis require  
students to make their own beds and  
keep their own belongings in abso-  
lute order. No one thinks the effect  
of this makes the boy soft or unman-  
ly. It's a splendid asset, too, this  
sense of method and order that, in-  
grained in their student days, sticks  
to them through life.

The Boy Scout movement has  
done away with much of the non-  
sense about the belittling of boys  
who know how to cook, and how to  
be neat and keep things shipshape.  
A good many youngsters take a real  
pride in showing mother how things  
are done in camp, and what dishes  
they have been taught to cook.

By all means, let the boys help.  
Let's hope the spinster sister may  
marry, have boys of her own—and  
see the advantages of having young  
males around the house who aren't  
afraid to lend a hand with the dishes

## DURHAM BRIDGE

DURHAM BRIDGE, April 29—Mr.  
and Mrs. Roy McConnell who had  
been visiting Mrs. George Estey, re-  
turned to their home in Nashwaak  
Bridge.

Mr. and Mrs. Nelson Cameron vis-  
ited Mr. and Mrs. Jack McLean on  
Sunday.

Mrs. K. McBean has been confin-  
ed to her home with flu, for quite a  
while, and is not much improved.  
The Young People's Society held a  
service in the United Church on  
Sunday evening. Allen Cleghorn had  
charge of the meeting.

Rev. J. F. Shanklin of Taymouth  
was calling on his people here re-  
cently.

H. A. Estey is making improvement  
to his home, putting in hardwood  
floors, etc.

Mr. and Mrs. Hedley Pond and  
their family who have been residing  
here this winter have moved to their  
home in Upper Durham.

Mrs. Herbert Carlisle who is ill  
with plebitis at the home of her  
parents Mr. and Mrs. Norman Han-  
son, is not much improved.

## Lower Prince William

LOWER PRINCE WILLIAM, May  
1—We are having nice warm weather  
lately and the ground is drying up  
very fast.

The Yexxa truck from Fredericton  
made two trips through our section  
this week.

Miss Marguerite Hawkins popular  
teacher in District No. 2, is spending  
the week end at her home in the city.

Rev. T. D. Bell passed through here  
Wednesday and expected to reach  
Jacksonville that evening.

The play Chintz Cottage was re-  
peated Thursday evening in the Up-  
per Prince William hall with fairly  
good success, the sum of \$16 being  
realized.

Mrs. J. E. Clayden and daughter  
Jessie spent Wednesday evening with  
Mr. and Mrs. Albert McLean.

Mr. and Mrs. Ludlow Hoyt and  
Mrs. Barry Courser motored to Fred-  
ericton this morning.

The monthly meeting of the Mis-  
sionary Society will be held next  
Thursday at the home of Mrs. Luke  
Kelly.

Mrs. Emily Saunders was a supper  
guest last Sunday of Mrs. Douglas  
Saunders.

House cleaning seems to be the  
order of the day at present.

**Baby's Own Soap**  
Best for You and Baby too

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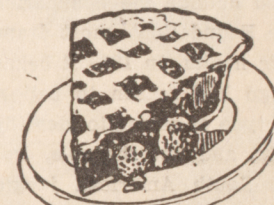
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bath when the force and tem-  
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The triple valve gives you a  
shower which can be hot or cold  
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spray—with all the grades be-  
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Let us install this conven-  
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SPECIAL SALE  
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Chocolates including FANCY  
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If your Agent is not handy notify this office and we will get you  
a removal permit.

YOU CAN REST ASSURED.

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## A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES

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Permanent employment and prove the great-  
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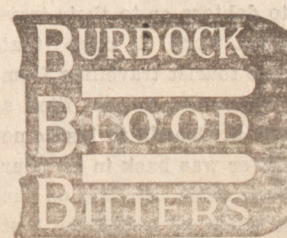
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## A Face Covered With Pimples Causes Much Embarrassment



There is little doubt but that impure and  
impoverished blood is the soil on which  
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velop and thrive, and that nothing short  
of a vigorous, persistent blood purifying  
treatment will eradicate them from the  
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Burdock Blood Bitters banishes bad blood  
and with the bad blood banished the skin  
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Try a few bottles and be convinced.

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