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... OF ...

Interest to Women**TEA, BOTH ANCIENT AND MODERN**

How Chinese Steeped It Eleven Centuries Ago;
Beverage Today Is Served With Tasty Food

(By Edith M. Barber)

"Be kind and courteous to all, even the stranger from afar. If he say to thee that he thirsteth, give unto him a cup of hot tea, and ask for no payment thereof." So sang the great Chinese poet Luwuh eleven centuries ago. Our tea records are a hundred years or more older, but at this period tea leaves were often made into a cake and boiled with all sorts of strange seasonings, such as milk, spices, orange peel, rice, ginger and even onion.

Luwuh, himself, added only salt to the beverage for which he commended sparkling spring water and insisted that when the bubbles arose to the surface and looked like the eyes of little fishes the salt should be thrown in. Then when the bubbles were like crystal beads in a fountain the tea leaves should be added. Other ancient directions from a Chinese source are 'set an old three-legged tea pot over a slow fire, fill it with melted snow. Boil for as many minutes as it takes to turn crayfish red, pour the boiling water over the tea leaves and let it remain until the vapor melts into a thin mist which floats upon the surface. Drink the precious liquid at your leisure and thus drive away the five causes of sorrow.' A romanticized version of the modern method of making good tea—sparkling fresh water brought to a boil, poured over the tea leaves which have been placed in a warm pot and are then allowed to steep in a warm place for not more than five minutes.

Although our tea traditions come from China and more formalized from Japan, it is from India and Ceylon that a large part of our tea supply comes. Java and China send us black tea and both China and Japan supply green tea. Our early American tastes for green tea has been generally superseded by that for the darker variety. China teas are delicate in flavor and many epicures prefer them. Most Americans, however, lack fine taste for tea and some of the Indian teas may be called excellent.

Perhaps if it had not been for that Boston tea party, we would have been a nation of tea drinkers as were our English ancestors, and as our British cousins still are. While many of us use tea at lunch, we do not have the breakfast and afternoon tea habit, although we still associate tea with parties. Nothing is better with tea than thin bread and butter which all of us who have been in England enjoy so much. With it there are several kinds of jam and in season, strawberries or raspberries. There may be as well a dish of watercress or lettuce and there is generally a

cake. There may be hot buttered muffins or scones instead of bread and butter. We like thin hot buttered toast or what is perhaps our own invention, cinnamon toast. It is only in this country that it is possible to get toast which deserves the name. As a finale, we also like tiny rich cookies or small cakes just large enough for a mouthful.

Just one more note. When you serve tea, make it properly in a pot, steep it long enough to have some flavor. If it must be diluted, water should come still boiling from a kettle over an alcohol flame. Never dangle a tea ball in a cup of hotish water. If you do, don't ask me to tea.

Tea Muffins

2-3 cup bread crumbs
¾ cup milk
½ cup molasses
1 egg
1-1 3 cups flour
¼ teaspoon salt
¼ teaspoon soda
3 teaspoons baking powder
½ teaspoon cinnamon
½ teaspoon nutmeg
¼ teaspoon cloves
2 tablespoons shortening
Soften the bread crumbs in milk. Add molasses and beaten egg. Sift together flour, salt, soda, baking powder and spices and add gradually. Add melted shortening and stir quickly. Turn into greased muffin tins. Bake in a moderate oven, 375 degrees F., 25 minutes.

Special Cinnamon Toast

¼ cup butter
½ cup sugar
½ teaspoon cinnamon
Thin slices of bread
Cream butter, stir in sugar and cinnamon and cream together well. Remove crusts from bread, spread with cinnamon mixture and cut into finger lengths. Arrange on baking sheet and bake in moderate oven until sugar melts and bread begins to brown.

Rich English Tea Cake

1 cup butter
1 cup sugar
5 egg whites
5 egg yolks
½ pound flour
½ teaspoon mace
1 cup sultana raisins
½ cup shaved citron
½ cup blanched almonds
Cream the butter, add sugar gradually and continue beating; then add the yolks of eggs beaten until thick and lemon colored, whites of eggs beaten stiff and dry, flour, mace and fruit. Beat vigorously five minutes. Pour into deep pan and place almonds on top. Cover with paper for first hour of baking. Bake 1½ hours in a slow oven, 275 degrees F.

MOTHER'S LOVE OFTEN NEEDS CONTROL

My neighbor's son has left home; and she is heartbroken. He has gotten work in a distant city and that is a lucky break when it's so hard for young people to find anything to do these days.

But the thing which is grieving her most is that he got the job through the good offices of the mother of a friend of his; and his own mother is hurt because he turned so often to this other woman for encouragement and advice.

Yet it is not to be wondered at. My neighbor is a woman whose love for her family is so possessive that it smothers them. She is forever criticizing and advising, comparing the tendencies of today with the better days when she was young. Never for a minute does she loosen the maternal apron strings. She irks her children with her insistent bid for their companionship.

I'm sorry for all of them, sorriest of all for the mother, herself. She loves young people not wisely but too well. She has not learned that the

worst way to gain their love and confidence is by demanding it. She prattles fretfully, often in their presence, of how hard she tried to make them happy. She hates growing old and she wants the comfort of their gay youth companion and give cheer to her now that she is no longer young.

She envies that mother who draws the young to her without any effort. She wouldn't understand, even if you tried to explain, that one reason why the other woman accomplishes it is because she knows how to be a good listener, a sympathetic listener. She is genuinely interested in the things that interest young people and she doesn't ask anything in return for the 'comfortable harbourage' they find in her home and her friendship.

One of the surest ways of alienating the affections of your children is to dwell monotonously on how much they owe you because of all you sacrificed for them when they were young. Love and gratitude are debts for which you cannot sue and expect payment in kind.

LONG HAired FUR ON PARIS SHOES

Fox Buckles on Black Kid Pumps; Other Shoes Flaunt Seal, Leopard, Tiger or Astrakan

PARIS—Fur on shoes has gone beyond the novelty stage in Paris, and bootiers are constantly thinking up new ways in which it may be introduced in sports shoes.

An ankle height boot at Pinet is designed in light suede with a wide tongue of fur. Three straps of deep brown leather are arranged diagonally from beneath the heel to cross on the instep fastening. Baby seal, leopard and even longer haired furs are used to harmonize with the costume with which the shoes are worn.

Ascot has a large square tongue of front of a black kid shoe. Bally has an astrakan that folds down over the apron of tiger skin set into the front of a brown oxford. Bunting's version of the fur mode in footwear is a tuft of fox forming the buckles of a black kid pump.

Street shoes and daytime footwear of every type creep higher and higher as the season advances. Pinet shows a

brown kid model with covered instep, the tongue fastened with lacings at the side. Another is on a more formal type with merely a hint at the higher line. Designed in black kid, the shoe is set off with a pair of patent leather discs that cross on the instep and are tied with matching lacing at one side.

Combinations of leathers and fabrics are taking the spotlight with shoe designers, and among the combinations are black kid with toe band and strap of stitched blue suede; black suede with wings of patent leather rising high on the instep, and navy kid with matching fan shaped vamp of stitched suede.

Josef Casale uses satin and suede combinations, and another innovation on the French shoe scene is instep bows to match handbag trim. Stitching in contrasting colors, following the theme of bags and gloves, top off two-color ensembles.

HOLLAND READY FOR FUTURE RULER

Crowd Gather About Castle to Hear News of Birth of House of Nassau Heir

SOESTDYK CASTLE, the Netherlands, Jan. 19—Most of the 8,500,000 population of the Netherlands, centred its interest on Soestdyk Castle today, where Crown Princess Juliana awaited the birth of an heir, second in line to the throne of the House of Nassau. Outside the castle, though the physician in charge warned that the heir might not arrive for a week or two, growing crowds attested to the excitement that has spread throughout the country.

With the Crown Princess were her husband, Prince Bernhard, whom she married January 7, 1937, and her mother, Queen Wilhelmina, whom she is destined to succeed. The obstetrician, two court physicians and two maternity nurses were in attendance.

If the heir is a boy, the country will have its first male heir to the throne since the death of Prince Alexander, Queen Wilhelmina's stepbrother in 1884. If a girl, she will be expected, lacking a future male heir, to continue through to the third generation a succession of queens, to

equal the number of kings to sit on the throne since the kingdom was constituted on its present basis 113 years ago.

Prince Bernhard is recovering from injuries received in a motor accident, a crash in the car which was a wedding present to him. Queen Wilhelmina daily rides through the crowds on her bicycle, accompanied by her lady-in-waiting.

Army garrisons will fire 51 guns if the child is a girl, 101 if it is a boy. Netherlands warships all over the world will fire similar salutes.

Eight groups of heralds waited at The Hague. Clothed in mediaeval costumes, they will proclaim the birth—two trumpeters and a crier are in each group. Sextons in every church in the kingdom are ready to ring the bells in rejoicing. Public buildings will be illuminated, flags and bunting decorate the villages and choristers and bands will parade. School children are waiting for what will be a national holiday.

There seemed no great disposition among the people to hope for a boy.

Accessory

He asked her to lunch,
And she wanted to please him,
So she wore her new hat,
With a cute veil to tease him,
And her prettiest frock
Very subtle and swanky),
The latest in gloves
And a beautiful hanky.

Could guise so enchanting
Do other than charm him?
He adored her, of course,
But she did not disarm him,
For her shrewdly observed
That she also was wearing
Her heart on the sleeve
Of the frock she was airing.
—Josephine Hemsley.

Queen Wilhelmina, daughter of King William III, ascended the throne as a girl of ten to rule until her eighteenth birthday under the tutelage of her mother, Queen Emma, second wife of King William. During her reign, Queen Wilhelmina has seen her country pass prosperously and peacefully through some of the greatest crises in modern history.

Palace authorities issued the following bulletin last week: "In view of the fact that apparently it is generally believed that a happy event in the princely family is a matter of days now, the obstetric surgeon, Dr. J. De Groot, states that although the exact date cannot be fixed with any certainty, to all probability the event will take place in one or two weeks' time."

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