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...OF...

## Interest to Women

CHILDREN IMITATE GOOD AND  
BAD EXAMPLES OF ADULTSWise Parents Encourage Good Behavior Early  
and Keep "Preaching" At Minimum By  
Meeting Own Duty

(By Arthur Dean, Sec.D.)

As children acquire habits and do not outgrow them, bad ones are gotten rid of only by substituting good ones.

There is nothing more important than right habit-training; and a parent, who makes a definite effort to train a child in correct habits has little difficulty with bad ones. Foresight before the bad habit is acquired and vigilance and patience afterwards must be practiced constantly.

Habits are nothing but repeated actions. The first wrong act should be stopped and never permitted to be repeated. A bad habit let alone is never outgrown. As a matter of fact, children grow into habits instead of growing out of them.

As parents let us try to learn just what is meant by the term 'habit.' Habit covers all acquired methods of acting and thinking. The more frequently that a particular act or thought is repeated, the more likely it is that it will occur again under the same conditions.

Remember that your child was born without habits. But as soon as he entered life he started the taking on of habits. Anything you can do to help him acquire the right habits makes your task of training him much easier.

There are, for example, the habits of getting up at a certain time, the daily bath, eating, attitude towards other members of the family, sleeping, playing, dressing and undressing.

Remember that young children learn largely by imitation and very little from preaching. Example exerts the greatest influence. Getting good habits into the life of your child is not easy—it requires a great deal of patience and some intelligence. In many ways it is not unlike trying to sell an article—it must be advertised and advertised, and then advertised some more. It must be sold and resold to satisfied customers; and the parent must sell good habits to her child. It takes time and effort.

Please don't talk about the bad habits of your children as being caused by heredity. Don't tell me your little

one sucks his thumb because you had the same difficulty when you were a youngster, or that his chronic outbursts of temper come from his father. To be sure this ducking of responsibility makes a very pleasant excuse for your own failure in establishing right habits.

I am a great believer in encouraging children when they are good and making them conscious of the fact that they have done something worth while. I believe in holding up before a child the right way of doing a thing and not talking so much about the wrong way. I am a great believer in surrounding a child with cheerfulness with amusements by which he can entertain himself, with tools, pets, a garden, simple household chores, children's magazines, and 100 other things which tempt a child to do right.

Diplomacy Needed

"Dear Dr. Dean: I am a girl of 17, employed in an office. My boy friend is 19, and holds a good job also.

Mother and dad disapprove of my keeping steady company with any boys. We have known this young man for years. He lives in our neighborhood. We have no intention of getting married, because we know we could not live on what we make now. The thing is we would like to go out together more often to see if we really do care enough for each other. I have gone out with him once in a while, but dad informed my mother that it would have to stop.

I have been meeting him secretly of late, but I don't like to do this.—Bewildered."

I am glad you are squeamish about meeting him secretly. Could it be possible that your parents dislike the thoughts of your leaving home and thereby reducing the family income? You ought to know enough other boys to make sure that you like this one. You should know this boy well enough to be convinced that you like him best of all. It would be unfortunate if merely parental opposition made you care for him. That, parents, is a possible outcome when there is too much opposition by force instead of diplomacy.

## WHAT TO DO WITH FATHER?

If He Needs Care After Mother Goes It Should  
Be Shared Equally and Willingly

(By Edith Johnson)

What shall we do with Father after Mother goes? Shall we take him into our homes, or shall we let him make the best home he can for himself?

What about his health or the ability to take care of himself? Since losing his life-partner, will he be able to live cheerfully without a son's or a daughter's care and companionship? Or would sharing a home with one of his children pall upon him? Not every man can fit into a home of a son's wife or a daughter's husband without a sense of totally losing his independence. Another man, on the contrary, is like a ship adrift on a choppy sea. He does not know what to do, how to take care of himself, when to rest or when to sleep. Like a lost soul, he wanders and he is the picture of despair until one of his children takes him in.

Just as widowed fathers fall into several groups, so the attitudes of their children vary widely.

In one group a son or daughter implores Father to 'come and live with us,' not so much because of a desire for his companionship as in a hope that his contribution will help defray household expense. These same children may want to keep a sharp eye on Father lest he might make unwise investments, resulting in the reduction of their inheritance. Others, no less selfish, hope to persuade Father to make a will in their favor.

If, however, Father has little or nothing, his children may be terrified by the suggestion that he may take up his home with one of them, or be passed from one to another, each saying, "How long, Oh, how long?"

Fair sharing of this responsibility among a man's sons and daughters, taking into account the relative ease with which his several children can give him refuge and make him happy and comfortable, is the exception, not the rule.

If Father's funds are exhausted his children, for their own sake as well as his, should make sacrifices if that be necessary, to provide Father with food, housing and ordinary comforts in whatever place he will find the maximum of satisfaction.

Taking care not to wear out his welcome, a lone man may visit his children from time to time, with the tacit understanding that the visit shall terminate as soon as it becomes tiresome to Father or his hosts.

Determined to carry on alone to the last, if possible, a father having an independent spirit wins from his children all the more of his love, admiration and respect. Only among ingrate sons and daughters is Father made, unwelcome when, his strength failing, he must go to the home of one of his brood. Other children who remember how much Father did for them vie for the privilege of making Father's last days as cheerful and comfortable as possible.

MAKING DAINTY SANDWICHES AN ART  
THAT WELL REPAYS LEARNINGA Sharp Thin Knife, Soft Creamy Butter, Fresh  
Bread are Prime Essentials Before Filling

(By Frances Blackwood)

There has come an appeal for a little solemn talk on making party sandwiches. On the face of it, this seems a simple question. But that isn't exactly the case.

There is a tea room I know of, that serves sandwiches which will draw one several miles off one's way for tea time. The bread used is fresh, the crust is removed from the whole loaf, then the bread is spread with softened butter and cut into slices slightly less than 1/2 an inch thick.

Soft fillings are spread on slices and they are put together and cut into triangles or squares (4 to each sandwich) and literally they melt in the mouth.

Let me call your attention to important steps in sandwich making. First don't use stale bread. Second, cream the butter used until it is soft and fluffy and spreads easily. Remove crust from bread.

Cut the sandwiches into dainty sizes and shapes. You can, with no waste at all, cut one large sandwich into 4 small square ones, or 4 small

triangular ones or 3 finger strips. Use plenty of filling.

When possible make the sandwiches just before using. But if you must make them ahead of time, wring out a large clean piece of muslin dipped in water and wrap the sandwiches in this and let them wait in the refrigerator until needed.

Use various kinds of bread. Thinly sliced brown bread, cream cheese and nut filling is delicious. Use different breads in the same sandwich. Use very thinly sliced bread of different kinds in 3, 4 or even 5 layers. These have thinner fillings, such as jelly and mayonnaise spreads between them and should be sliced in 4 finger strips to the 'sandwich.'

When you are really proficient, you can spread one slice of bread only and roll it up, for rolled sandwiches. Or cut each spread slice into a fancy shape and serve it as a pretty open face sandwich. Remember, too, keep a keen edged thin bladed knife on hand, just for sandwich making. The right tools do the best job.

SMILES HAVE MAGIC  
POWER AT ALL TIMES

(By Ruth Cameron)

I sing today the pulling power of a smile. An old subject but an ever new fact.

I passed the perfume counter of a certain large shop. I was on my way to another section upstairs, but there was something in perfume I wanted (or rather in sachet). I like perfume on other people, but personally I seem to have an allergy to it or it to me. I paused and looked uncertainly back. Should I bother with it now or wait? There was another shop that I had heard was very good for that sort of thing. Perhaps I'd better wait and go there.

There were four girls standing behind the counter. One of them smiled at me. A warm, friendly smile. I was a stranger in the city. I had never been in that shop before, never seen her before. But she saw my uncertainty and wasn't afraid to smile at me. It drew me like a magnet, and I went back and made my purchase then and there.

If we ever find out how to measure psychic forces and the pulling power of this or that quality in a character, this or that gesture, how to estimate the weight of a dimple or of an eyelash, I am sure the pulling power of a smile will be found to be something astounding. Maybe a million 'pullometers' or whatever we name this new attracting force.

A smile is the same in all languages. The sort of smile that girl sent me is a sunbeam freighted with friendliness.

Another kind of a smile is a private wire between hearts on which go messages of understanding. I have had a perfect stranger smile that kind of a smile to me when something happened in a crowd that amused us both.

A derisive smile is a terrible thing, the two don't mix and it grates like an old harp on a string up in a debutante's dress and trying to look coquettish.

A smile is like light in a gloomy room. Why don't we all smile more than we do?

## C. E. GUNTER

(Continued from Page Six)

The following resolutions were passed by the convention: That Ottawa be petitioned to negotiate a trade treaty to secure the return of the Cuban potato market; that the duty on Argentine corn be removed because of the fact that cost of producing gacon is greater in N. B. than in other provinces; that more stations be brought in, that the government give half the purchase price instead of bonuses at time of let, and that stallion inspections be carefully made; that the government investigate power rates so that the use of electricity for power on the farms would be practical; that a bounty be put on bears and porcupines; that the rights of agriculture be placed prominently before the Rowell Commission and be pledged to any steps the Minister of Agriculture may deem necessary; that regulations be instituted for the control of the warble fly; that a provincial school trustees' association be formed; that the Railway Commission reduce the rates on grain to be used for livestock feeding to the same standard as grain for shipment.

The financial report showed that the association has a balance of \$433.88 at the present time. Balance at the first of the year was \$689.24, while income from membership fees and other sources raised the total on hand to \$925.79. Expenditures against this amounted to \$491.91.

Other members of the executive elected were J. P. Chiasson, Lameque, 1st vice-president; C. C. Wilson, Manguerville, 2nd vice-president; A. J. Gaudet, St. Joseph; correspond'g secretary; E. F. Pikeau, Caraquet, recording secretary; T. A. Best, Stanley, treasurer; and Stanley Wilson, Rolling Dam, auditor.

County vice-presidents elected were Albert: Frederick Stevens, Hillsboro.

Carleton: Otto Grey, Woodstock. Charlotte: A. T. Reid, Rolling Dam. Gloucester: Alphonse Albert, Caraquet.

Madawaska: Claude Thibodeau, Green River.

Northumberland: John Baldwin, Douglasfield.

Kent: Rev. Father Brideau, Grandigne.

Kings: W. H. Huggard, Norton. Queens: E. J. MacKenzie, Welsford.

Restigouche: D. G. Stewart, Dalhousie.

Saint John: Arthur Smith, Saint John. Sunbury: J. H. Harvey, Fredericton R.R. No. 2.

Victoria: Lawrence Clark, Kilburn. Westmorland: William T. Trueman, Aulac.

York: J. G. Thorburn, Stanley.

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"to every business comes a time  
to borrow," for instance.....

## To Carry On



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Manufacturers have to purchase raw materials for a "crop" of future finished products.



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Retailers, buying for the new season's demands, may need money to take advantage of discounts.

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