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Goodbye — Hello!

Here we are, all of us, ready to wave "Goodbye" to Old Year 1937—Smile "Hello" to Young Year 1938.

Before we leave the one and turn to the other, let's pause a minute or so — '38 shows this: People are now living longer than ever before, their health is better, their "pep" greater.

During '37 our Friends have been good to us, and we have tried to be good to them.— Thanks, and may '38 bring you increased health and prosperity.

D. J. Shea

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For silk, wool and all-wool Hosiery for Ladies, Misses and also Children for 39 cents to \$1.25 pr. Wool Under Hose 49c and 75c. Wool Garters, 75c and \$1.00 pair. Wool Gloves for Ladies, Misses and Children, 59c and 75c pair. Wool Dress Goods from 85c to \$1.95 per yard

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**A MESSAGE TO
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Surplus funds invested in sound development of natural resources and industry within the Maritime Provinces will return maximum income—Increase Purchasing Power—Create Permanent employment and prove the greatest benefit to general business. A list of carefully selected offerings will be forwarded on request.

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Fredericton Charlottetown Halifax Saint John, N.B.**Announcement of
Importance to owners
of the shares of . . .****HALLIWELL GOLD MINES LTD.**
(No Personal Liability)

Owners of these shares who hold certificates in the name of others are urged to have them placed in their own names, so that receipt will be had promptly of a new circular letter describing an important and favorable development in the Company's affairs which will mark a milestone in its history.

HALLIWELL GOLD MINES LTD.
360 St. James St., W.
Montreal, Que.

Interest to Women**LEMON MERINGUE PIE! WHAT A CLIMAX
TO THE BEST OF DINNERS**

When You Cook One This Way All The Men
Will Ask For A Second Helping

(By Frances Blackwood)

A dinner climaxed with lemon pie is as exciting to most men as a gay flirtation. This blond beauty lacks nothing in appeal.

Delicious Lemon Pie

3 lemons.
2 eggs
1 egg white
1 can sweetened condensed milk
1 baked pie crust.

Make your very best pie crust for this. You will need half a cup of flour mixed with ¼ teaspoon salt. Add ¼ cup of ice-cold shortening and one tablespoon of butter and cut to crumbs in the flour. Stir in two tablespoons of ice water, just enough to make the crumbs hold together. Roll out thin on a floured board and fit in the pie plate easily, so that it does not stretch. Trim the edges and crimp

them for a finish. Then pierce the crust all over, sides and bottom thickly with the tines of a fork so it will not blister or shrink too much. Bake to a golden brown in a quick oven.

Grate the yellow rind from lemons and combine this with the juice. Beat the egg yolks in a deep bowl. Add milk and beat it about two minutes with a rotary egg beater.

Then slowly begin to add lemon mixture, beating in thoroughly. It has all been beaten about five minutes, pour into the baked pie crust. Beat the whites of the eggs until stiff enough to point. Then, adding them two at a time, beat in six tablespoons of sugar. Spread this meringue over the pie. Put in a moderate oven just long enough to tint a honey colored brown. Let stand until perfectly cold before cutting.

**MISTAKES THAT WIDEN
BREACH OF FRIENDSHIP**

(By Ruth Cameron)

Something made me think this morning of a girl I knew years ago (though, come to think of it, I fear that noun would need to be altered now). She did some work for me. We became friends; she moved to another city, then moved again; we corresponded. Then she moved again and wrote me a letter telling me some things about herself, things that had happened to her that she was afraid would shock me and end our friendship. I wrote back not to be afraid. That I thought I could understand, and that in any case I did not feel called on to judge.

The letter came back to me. She had evidently made some slip in the address and it was annotated at the post office, "No such person at that address." I knew little about her family and had no way of getting in touch with her. I knew she had a sister in a nearby city, but the sister was married and I didn't remember her married name, if I had ever heard it.

So I simply couldn't reach her, and I could imagine her thinking that I was shocked at her letter and had just stopped writing. It haunted me for years. Still does. One of those misunderstandings that break up a friendship, when there is no intention of unkindness in either heart.

I thought how tragically easy it is for these things to happen. I suppose there are some minor or major misunderstandings in every one's life.

We say some little thing that is misunderstood. The person to whom it is said takes it in silence but never forgives us. We do not know why the friendship cools.

I had an example of that also recently. A friend of mine has a brother-in-law whom she heartily dislikes, and a boy friend by the same name. She told me that some one had made an accusation against Dick, and I said, "Well, I don't suppose any one expects much of him with his background." She had meant her friend and not her brother-in-law, but I had taken it the other way. And to make matters more unfortunate the boy friend, though a peach, has an unfortunate background. There was a stunned silence. We were driving in the dark, so I could not see her face, but I fortunately got the quality of that silence and we quickly untangled the misunderstanding. But you can easily see how a friendship could have been wrecked if we hadn't.

Is there somewhere in your life a friendship which has mysteriously cooled? Have you wondered whether your friend suddenly went high hat or was bored with you or what?

Perhaps in some unrecognized little misunderstanding like this is the explanation.

Or, to take it from the other angle, has some friend done something or said something to you which seemed out of character and wantonly unkind, and which changed your whole opinion of her or him?

Again, there is the chance that you should have trusted character rather than appearance and that the whole thing is one of those silly misunderstandings, which occur because language, though a wonderful means of communication, still isn't quite perfect.

**Way to Ease Headaches,
Pain Almost Instantly**

METHOD OFTEN RELIEVES NEURALGIA
AND RHEUMATIC PAINS IN MINUTES!

Remember the pictures below when you want fast relief from pain. Demand and get the method doctors prescribe—Aspirin.

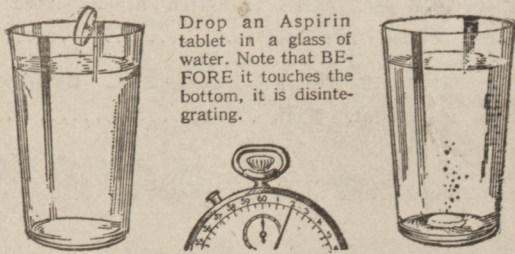
Millions have found that Aspirin eases even a bad headache, neuritis or rheumatic pain often in a few minutes!

In the stomach as in the glass here, an Aspirin tablet starts to dissolve, or disintegrate, almost the instant it touches moisture. It begins "taking hold" of your pain

practically as soon as you swallow it. Equally important, Aspirin is safe. For scientific tests show this: Aspirin does not harm the heart.

Remember these two points: Aspirin Speed and Aspirin Safety. And, see that you get ASPIRIN. It is made in Canada, and all druggists have it. Look for the name Bayer in the form of a cross on every Aspirin tablet.

Get tin of 12 tablets or economical bottle of 24 or 100 at any druggist's.

Why Aspirin Works So Fast

IN 2 SECONDS BY STOP WATCH
An Aspirin tablet starts to disintegrate and go to work.

What happens in these glasses happens in your stomach—ASPIRIN tablets start "taking hold" of pain a few minutes after taking.

• When in Pain Remember These Pictures •

**BUBBLE PARTY AN
EXCITING PASTIME**

(By Cynthia Proctor)

Holidays may come and go, but birthday parties are just about inevitable. One mother has turned her small daughter's birthday into a gala occasion for the youngsters by planning a bubble party. Do I hear some of you mothers groaning over the serious consequences to fluffy party dresses and Sunday suits? Wait a minute. Let me tell you about it.

As an invitation send a wooden bubble pipe, (any youngsters would like nothing better than the job of delivering them). Send it in a small white box with a card decorated with sketches of bubbles or balloons on which this message is written:

"This bubble bids you
Bring your pipe along
To Mary Jane Allen's
And join the bubble throng."

It's a wise hostess who includes the ending time of the party as well as the hour it begins as a help to the mothers who may wish to call for their children.

Decorations

For decorations use balloons generously, selecting them in white and pale colors to give the impression of a great mass of soap bubbles, and later take them down to use in a game of Bubble Tag.

Bubble Blowing

Stage the bubble blowing first, by forming the children into line and telling the leader to hunt for the clothesline where the bubble aprons are to be found, pink for girls, green for boys. The search should end in the kitchen or the playroom where a low clothesline has been tied and the aprons fastened to it with clothespins. Have the children sit in a circle on the floor and place a small box with some sand in it before each child, and then in the sand place a small pan or pottery bowl filled with colored water. Make plenty of soap suds and add a little glycerine so the bubbles will last longer. Each child may have a different color if you wish. Make a firm rule that no one shall lift the bubble bowl so no great quantity of water will be spilled. Award prizes for the biggest bubble, the quickest bubble to get in the air, and the bubble that floats on the air longest.

**MILK, MOST IMPORTANT OF FOODS**

That Is One Reason Why The Utmost Care Is Taken In Bringing It To The Table

(By Edith M. Barber)

While comparisons are seldom accurate, it is hardly going too far to say that among all of our foods, milk is the most important. While no food is absolutely complete, milk scores high on account of its vitamin, mineral and protein content. It supplies also a form of sugar which is easily absorbed.

The utmost care in handling and preparing milk for market is necessary in order that it may arrive in our kitchens uncontaminated. First of all, the cattle must be inspected so as to be sure that they are in healthy condition. Their quarters must be kept clean. The methods of milking must be particular and the milk itself must be cooled immediately. The farmer receives a bonus if his milk is very low in bacteria count and also if it has a large percentage of butter fat. Grade A milk contains a larger per cent of butter fat than does grade B milk and for this reason it has a richer flavor.

Both grade B and grade A milk in New York City are safe to use even for infant feeding. Dr. John L. Rice, Commissioner of Health of the city of New York, states that grade B milk is fully as safe as grade A milk. All milk sold in this city is pasteurized and put up in bottles which protect it on its way to the consumer. It is fully as important for a city to have provision for a guaranteed supply of safe milk as it is for it to have a pure water supply.

Milk-Vegetable Chowder

2 cups diced cooked vegetables
1 small onion
2 tablespoons butter
1 quart milk

Salt and pepper

Nutmeg or chopped parsley. Carrots, celery, turnips are diced and boiled together until soft. Chop the onion and cook in butter until yellow. Add cooked vegetables, vegetable stock, milk and seasoning. Heat sprinkle with parsley or nutmeg and serve at once. The same recipe may be used for a cream soup by blending three tablespoons of flour with melted butter.

Chocolate Balne Mangle

3 squares chocolate
3 cups milk
2-3 cup sugar
4½ tablespoons cornstarch
¼ teaspoon salt
1 teaspoon vanilla

Put the chocolate and 2½ cups of milk in a double boiler; cook until milk is scalded and chocolate melted, beat thoroughly with an egg beater. Mix sugar, cornstarch and salt, add remaining milk and stir until thoroughly blended. Add cornstarch mixture gradually to chocolate mixture, stirring constantly until the mixture thickens. Cover, cook without stirring for 20 minutes. Add vanilla, turn into a serving dish and chill. Serve with whipped cream.

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