GOODIES FOR YOUR VALENTINE PARTY VALENTINE-COLOR SCHEME

Meart Cookies

3/4 cup butter or margarine 1/2 cup granulated sugar

1/4 teaspoon salt

1/2 teaspoon almond, lemon flavoring 24 cups all-purpose flour, sifted

If you are giving a Valentine party, Cream butter or margarine, add the you'll want something that's in keep- sugar gradually; beat in egg yolk, ing with the day for dessert. Here then flavoring. Stir in flour and salt. are cake and cooky recipes calculat- Fill cooky press and put the batter ed to win the hearts of all who par- through it, using the heart plate or mold onto large baking sheets. Bake in a hot oven for 8 to 10 minutes or until the edges begin to brown.

Valentine Cake 11/2 cups granulated sugar, sifted

1/2 cup shortening 3 cups cake flour, sifted

CHOCOLATES

MOIR'S - GANONG'S - HUNT'S FANCY HEART-SHAPE BOXES

35c - 50c - \$1.00 - \$2.00 VALENTINE ICE CREAM 29c BRICK

Cash and Carry

Kenneth Staples Drug Co.

Limited

IS IDEAL FOR PARTY FOOD

Cupid Biscuits, Sweetheart Rolls and Various Heart-Shaped Desserts Look Pretty and Are Easy to Make

February, has been a prime favorite and giving their token of affection.

4 teaspoons baking powder 1/2 teaspoon salt

1-8 teaspoon cream of tartar 1 cup milk

1/2 teaspoon lemon flavoring 1/2 teaspoon almond flavoring

1/2 teaspoon vanilla

4 egg whites Cream shortening thoroughly, add sugar gradually and cream together until light. Sift cake flour, baking powder, salt, and cream of tartar; stir into first mixture alternately with the milk, a small amount at a time, then add the flavoring. Beat between each addition until smooth. Beat egg whites until they form gently round- and can be most attractive, whether ed peaks, not stiff. Fold in carefully simple or elaborate. Here's a sample: but thoroughly. Pour into a greased Valentine mold or a rectangular pan and bake in a moderate oven for one hour and 15 minutes. Frost with a white frosting and decorate with candied hearts and candied roses.

Cherry Ice-Box Cake Soften 2 tablespoons gelatin in a Ice Cream Cherry Tart

Drain liquid from 1 can sour cher- plate. ries. To 1 cup liquid add 1 cup sugar and boil 10 minutes. Add 1 cup cherries and cook 8 minutes longer, shaped mold in which jellied chicken Moisten 1 tablespoon cornstarch with salad is made with small hearts cut a little cold water and add to cherry out of pimento and capers. Or an ormixture. Cook until thickened, stir-dinary salad may be decorated with ring constantly. Bake rich pastry in pimento hearts. individual heart shaped tart shells. Fill each shell 1/2 to 2-3 full of ice cream and cover with the cold cherry cups for containers for the desired mixture. Serve immediately.

For almost a thousand years the with young members of families the festival of good St. Valentine, in mid- world over, as the day for receiving

Valentine party is one of the simplest, least expensive and easiest of entertainments to give, and one of the most enjoyed and enjoyable. And there are many novel ways of extend ing the invitations, which should be written rather than verbal. With some red or white cardboard lacepaper doilies, red or white ink, one can quickly make some clever little Valentine invitations. Great fun can be manufactured by inviting guests come in costumes, children, especially, liking to dress up and pretend they are what the costume portrays.

Menus have endless possibilities, Sweetheart Canapes

Jellied Chicken or Tomato Jelly Valentine Tea Biscuit (Tea Biscuits cut heart shape) Heart-a-Flutter Dessert

Individual Cupid Cakes Sweetheart Canapes

Use a heart shaped cookie cutte tablespoon cold water, add 1/2 cup and cut bread for the bottom of the maraschino cherry syrup and stand canape. Toast the 'hearts" and brush over hot water until the gelatin is lightly with butter. Cover half of dissolved. Cool slightly. Beat 2 cups them with a pickled beet slice, cut heavy cream, fold in the cherry syrup heart shape to fit the toast. Decorate 16 crushed macaroons and 16 to 20 with an 'arrow' cut out of the white diced maraschino cherries. Pour in a of a hard-cooked egg. Cover remain-7-inch spring form mold lined with ing halves with salmon paste blended lady fingers or lady fingers and mac- with lemon juice. Decorate with dots aroons. Chill one day, remove mold of pimento (bleeding hearts). If derim, decorate with cherries, sweet- sired, the salmon topping can be made ened whipped cream or crumbled out of finely flaked salmon blended macaroons and cut-up marshmallows. with salad dressing and lemon juice Place a pair of canapes on each

Jellied Chicken Salad Garnish the sides, bottom of a heart

Hearts-a-Flutter Dessert Use low sherbet glasses or bouillon

ice cream-strawberry is good. Ar-

range the outside of the cup, slip a ring of red hearts, cut out of erepe paper and held together with transparent tape. Don't have the hearts (A small white and whole wheat roll too small and crinkle the edges so that they will 'flutter.'

Cupid Cake Prepare a white cake batter and add some cut red cherries. Bake in a large flat pan or in individual heart shaped pans. If the former, when the in refrigerator and heated in oven Valentine's Day is available from cake is cool, cut off individual ones with a large heart-shaped cutter and from the casserole decorating the cover with white icing.

Another Menu Creamed Veal, Fresh Mushrooms, purchased but if none are available

(Spiced Pickled Beets) Sweetheart Rolls baked in muffin tins)

Cupid Dart Ice Cream Assorted Valentine Cookies Creamed Veal

vance, placed in a greased casserole when ready to serve. Serve right dish with a red 'ruching.' In some ing menu is suggested: places these dish 'collars' may be Cream Cheese and Jelly Sandwiches

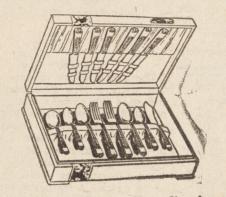
of red crepe paper and tied around the middle with a white ribbon.

4 cups cut cooked yeal, 2 cups canned peas, 1/2 lb. fresh mushrooms, sauted, salt and pepper, 2 pimentos chopped, 2 tablespoons minced parsley, 3 cups medium cream sauce. This This may be prepared hours in ad- quantity will serve 10 to 12 people. Fancy ice cream especially for St.

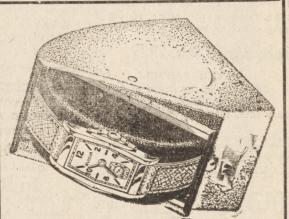
your ice cream dealer. For more simple meals the follow-

(Continued on Page Seven)





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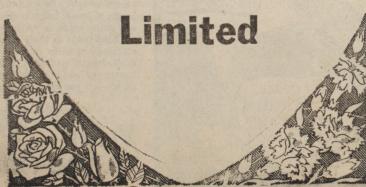
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