

# :- MINTO SHOPPING PAGE :-

## Of Interest to Women

### NEEDLECRAFT ON YOUR MACHINE — DO IT YOURSELF AT HOME

(By Betty Deitz)

Needlecraft has gone modern. It's the home sewing machine with its increasing number of easy-to-operate attachments that accounts for the modern movement in this ancient art.

With the new guide device, a ball of yarn, and a piece of foundation material in your hands, you will quickly discover how very simple this machine-made needlework is. The decorative effects that you can make will surprise and fascinate you. If you really enjoy this sort of thing you will soon be experimenting with ribbon, braids of various kinds, bias tubing, strips of old stockings and scrap bag pieces.

#### Use Any Material

By winding the guide with rickrack, twisted tape, or bias binding you can create novel edgings for bed-spreads, pillows, kitchen sets and the like. You can also make rugs, the rich deep pile ones with yarns that are both beautiful and durable, and copies of early American rag rugs from scraps of woolen suitings, light cotton, silk materials and virtually anything that can be wound around the guide.

One of the advantages of making rag rugs and small mats with this new guide on the sewing machine is that you can use small pieces of material crosswise, lengthwise, or bias.

#### Make Deep Pile

Deep pile monograms are distinctive on bath room ensembles. These can be made with "carpet warp", and inexpensive cotton cord that comes in attractive fast colors. The deep-pile effect is achieved by cutting the loops on both sides of the guide. Then when the design is finished, fluff these loops by dipping the whole piece in water brushing it as it dries.

The guide is a pliable metal bar about nine inches long and less than an inch wide, fashioned with two prongs held together at the open end by a tiny latch. The left prong, which is wider than the right one, is equipped with a small, guarded cutting blade which is removable.

#### Operation Simple

No matter what type of article is being made, what pattern is being followed or color scheme used, the same principles of simple operation are followed, with only slight variations. The yarn or other material being used is wound around the guide and stitched with the sewing machine to the foundation material.

To start winding the yarn around the guide, draw the end through the miniature slot below the cutting blade and guard and have the first few winds cover the loose end and hold it. The yarn should be wound evenly, but not too tightly, with loops close together. If the yarn is wound too tightly on the guide, it will be difficult to slide the guide through the loops after they have been stitched to the foundation.

Place the foundation material on the bed of your sewing machine with the bulk of the material under the arm of the machine so that you may start the work at the extreme upper left edge.

After the yarn has been found to cover three or four inches of the guide, place the guide with the wide prong to the left under the presser foot of the machine and stitch carefully between provided for this purpose. Be sure that the needle of the machine does not come in contact with the guide.

When all but a short section of the row of loops has been stitched to the foundation, leave the needle in the material with the presser foot down, open the catch, hold the foundation material with your left hand and draw the guide toward you, until only the length of the guard is left in the loops back of the needle.

#### Cut Loops

As the guide is drawn toward you, the cutting blade automatically cuts the long loops. Then wind additional yarn around the guide and continue stitching. This operation is repeated until the entire row is stitched to the foundation from edge to edge. When the entire row of stitching is completed you can withdraw the guide from under the presser foot.

#### Deep Pile

These instructions are followed closely in all cases where you wish to cut the long loops in order to make a soft deep pile. If you wish to leave the loops uncut as in curves (see design on pillow) remove the cutting blade and guard before beginning the work, and proceed in the same manner. You simply disengage the little catch which fits over the end of the guide, slide it toward the handle of the guide, and you will find that the cutting blade will be loosened and removed from the guide.

## LOST CITY IS FOUND

Remarkable discoveries have been made by Commander del Grade, leader of an Italian scientific expedition, who is investigating the remains of an ancient city built like a fortress near Engaruka Tanganyika. The existence of the remains was reported by natives several weeks ago, but the information was not viewed seriously. Commander del Grande has found five miles of ruins, including 4,000 stone houses, some with walls four feet thick; terraces built around an escarpment 800 feet high, and strong fortifications. Sufficient data has been secured to suggest that the city was inhabited about 500 years ago and that the population numbered several hundreds of thousands. The commander believes that they were the Wambulu, 70,000 of whom are living in an encampment about 50 miles away from the site.

## WHERE ARE THE 'NEUTRALS'?

The world is torn between sympathy for Ethiopia and a desire for Italian cash. Up to now the voice of cash has spoken more compellingly than the voice of compassion. Are the nations to continue to let their policy be determined by financial interest, which must lead to involvement in strife, or will the awakening conscience of mankind triumph over profit?

So far all nations have maintained an attitude of technical and diplomatically correct neutrality in the Italo-Ethiopian dispute. The sympathies of the world are with the Abyssinians, but the business is being done with Italy.

An examination of Italy's foreign trade reveals that Il Duce is obtaining from supposed "neutrals" practically all the materials essential to his campaign in Africa.

Among the materials which the Italians consider so essential to military success that an import monopoly has been established to govern them are the following: coal, coke, copper, nickel, and tin. Some or all of these materials are today being supplied to Italy by the United States, which has just adopted "neutrality" legislation, by Great Britain, who is leading the League of Nations in its attempt to restrain Italian onslaughts; by France, Germany, Russia, Poland and Belgium.

Of course, it is only normal that a country as important as Italy should be trading in many commodities with all the countries named. What is abnormal is that these countries, while trying politically and diplomatically, to restrain Italy from war, should continue to supply Italy with everything that is necessary to a campaign of conquest.

An examination in greater detail of what the various countries are supplying provides interesting sidelights. Among shipments from the United States are steel billets used in the manufacture of shell cases. An American oil company is doing such a big export business with Italy that it has cancelled all vacations in its export department and expects a record run of business. Representatives of export trade associations in New York say that the reports of shipments to Italy are difficult to confirm because companies are reluctant to discuss such transactions. They explain that "many contracts for American goods are being handled through foreign branch offices which have arranged to route shipments through other countries in Europe." There has been a sharp rise in exports from the United States to Italy of cotton, copper, scrap iron, trucks and machine tools.

The list of the British exports to Italy includes coal, copper, tin, nickel, and coke. British ships have been sold to Italy for use as transports.

Communist Russia might be expected to hold up its hands in horror at the thought of providing Italy with the sinews of an imperialistic, capitalist war, but nothing like this has happened. Italian imports from Russia have increased notably during the last four months and they include coal, oil, manganese, wheat and rubber.

Reports from Istanbul indicate that profiteering is well under way beside the Bosphorus in cereals, dry foods, and vegetables for the Italian armies. Poland, by supplying Italy with coal,

## ETHIOPIA STORES FOOD

ADDIS ABABA, Ethiopia, Sept. 27.—Emperor Haile Selassie ordered precautions today to prevent Ethiopia from starving in the event of war.

For the first time in the history of the Empire, the Government made preparations to feed troops and civilians under a systematic organization of food supplies. These supplies are said to be sufficient to maintain the army and the population during a year's campaign.

Hitherto armies in the field lived on towns and villages, devastating crops and levying upon householders, causing famine.

Foreseeing the possibility that a conflict might last longer than a year, authorities purchased large supplies of corn, barely and tief, a native grain.

#### Stored Underground

These supplies are being stored in subterranean depots in all provincial centres, and are easily accessible to the army and the populace.

The public was ordered to grind cereal and hoard most of it for its own use, selling the residue to the Government at a fixed rate.

The Ethiopian soldier is said to be the easiest in the world to feed. He can live and fight on a handful of roasted grain every twenty-four hours which he roasts.

Ethiopia is self-contained so far as food is concerned, authorities said, and no Italian blockade could affect it.

#### Rise Not Feared

There is such a plenitude of food-stuffs, they added, that if the country went to war the prices of staple commodities would not increase.

The country is assured against a war shortage in the matter of clothes. While imported cotton is popular, native weavers can still be seen plying primitive spinning wheels in their backyard or behind hedges. Preparations to revive the hand-weaving industry on a large scale are underway.

Reuters correspondents at Harar, Ethiopia, reported today that the Governor of the Province has called all able-bodied men into military service.

## LIGHT LUNCHES

A set of experiments in Colgate University's department of psychology found light lunches best for people engaged all day in sedentary occupations.

There was a staff, headed by a chief psychologist. Eight healthy men accustomed to mental work were hired for four weeks and given noontime meals six days a week. One day heavy meals, the next light ones; then tests in the afternoon, all variously and elaborately calculated to determine the effect.

has been able to obtain a new passenger liner for the transatlantic service and about twenty Greek ships are engaged in carrying Russian wheat to Italy.

Most countries are very chary about granting credit to Italy—the Italian venture is still viewed as a bit of a gamble—but Germany has agreed to consider the possibility of releasing some Italian foreign credits which have been causing difficulties under clearing agreements.

Catalogues usually make tedious reading. But today this list is packed with interest. It reveals that almost every country of industrial or agricultural importance already has a business finger in the Ethiopian affair. Where are the "neutrals"?

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termine relative physical and mental alertness. So what?

This was what. More accuracy, more speed, clearer heads, after light lunches.

And although the anti-climax lands most of us right where we were before, let's be impressed. Yessing an old favorite probably is more satisfying when coming from the laboratory than when originating in quarters having less authority. Still, we think paid lunches eaten personally for more than four weeks offer tests as convincing as the free lunches fed those eight fellows at Colgate.

"Ladies and gentlemen", said a political speaker, "if we are to make this country a fit place for heroes to live in we must improve the status quo".

"What is the status quo?" asked one of the audience.

"The status quo, my friend", explained the speaker, "is Latin for the mess we're in at present".

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