

# Grand CULINARY CONTEST

Of Interest to Women

WINNERS OF HONORABLE MENTION IN  
THE DAILY MAIL COOKING CONTEST

The following are the recipes for the exhibits which were awarded honorable mention in The Daily Mail Cooking Contest in last Wednesday's judging, which took place at the Maritime Electric Co., Ltd., store:

#### Plain Biscuits

4 cups flour.  
3 teaspoons Baking Powder.  
2 dessert spoons white sugar.  
1 (small) teaspoon salt.  
1 cup sweet milk.  
½ cup butter.

Sift baking powder with flour. Mix all with spoon, roll out and bake well in hot oven. Makes about 4 dozen biscuits.

—Mrs. Beatrice Jones.

#### Doughnuts

2 eggs.  
3½ tablespoons melted butter.  
1 cup milk.  
5 cups flour.  
1½ cup sugar.  
2 teaspoons cream tartar.  
1 cup soda.  
1 teaspoon salt sifted with flour.  
1 teaspoon vanilla.  
½ teaspoon ginger or nutmeg.  
Roll out, fry in Domestic shortening, sprinkle with sugar.

—Mrs. Byron Brewer

#### Plain White Cake

½ cup butter  
1 cup white sugar  
2 eggs  
½ cup milk  
½ teaspoon soda  
2 cups Swans Down cake flour  
1 teaspoon cream of tartar

¼ teaspoon salt.  
1 teaspoon vanilla extract

#### Method

Cream butter and sugar together until light and fluffy. Add well beaten eggs, add milk in which soda has been dissolved. Sift flour three times. Add cream of tartar and salt, add vanilla. Beat well and bake in a moderate oven thirty minutes.

#### Seven Minute Frosting

1 egg white (unbeaten)  
¾ cup brown sugar  
3 tablespoons cold water  
1-8 teaspoon cream of tartar  
Few grains of salt.

#### Method

Combine ingredients in top of double boiler over briskly boiling water. Beat with egg beater until stiff enough to stand up in peaks (7 to 10 minutes) Flavor as desired and beat until thick enough to spread. During cooking keep sides of double boiler cleaned down with spatula.

—Mrs. Gordon Garvie

### "It Can't Happen Here"

That happens to be the title of Sinclair Lewis's much-mooted new novel, issued by his Canadian publishers this week, wherein Lewis actually has "it happen here"—"here" being United States of America, and "it" being a ferment of class and mass absurdities that bring on a revolution of sorts and end in a "Corpo" dictatorship as drab and as unromantically diabolical and uncomfortable as anything the Red gentlemen of Russia ever cooked up. The book otherwise

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is no bombshell, in that it offers little that has not occurred elsewhere in civilization's sore spots or has not been envisaged as quite possible by imaginative students of the times. But the book is news, because most everybody who reads is anxious to see what kind of fist Lewis would make of a plot like that. It's readable, amazing and amusing; but better jobs in revolution stories are done by Sabatini, who can stick to story-writing without any need of filling in soggy spots in the plot's right of way with oversour propaganda sawdust. Mr. Lewis can't resist having his little whack at the Y. M. C. A. and such.

### PRIZE WINNERS

First—Mrs. W. H. Williams—Wal-dorf Squares.  
Second—Mrs. Douglas Terry — Sea Foam Raisin Spice Cake.  
Third—Mrs. E. M. Young—Dough-nuts.

Honorable Mention—Mrs. B. S. Mor-ton small cakes; Mrs. Thos. L. Kane, puff pastry tarts; Miss Doris McMas-ter, Ginger Snaps; Mrs. Beatrice Jones, plain biscuits; Mrs. Gordon Garvie, plain white cake; Mrs. Byron Brewer, doughnuts; Mrs. Ralph Hen-derson, ripe cucumber pickles (Rus-sian Bear); Mrs. H. F. McLeod, dough-nuts; Mrs. Arthur Crowley, layer cake.

### NOTICE TO OUR CUSTOMERS

Please note change re office hours. Starting November 12th our office will be open from 9 a.m. to 6 p.m. daily. Sundays and holidays excepted.

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### Cooking Contest Prizes

The following Fredericton merchants have donated prizes for next week's judging of The Daily Mail Cooking Contest, which is to be held in the Mari-time Electric Co., Ltd. store: Five pound box of Moir's choco-lates, donated by Kitchen Bros., wholesale grocers; Lady's hand-bag, solid black leather, donated by R. L. Black, Ladies' Wear; Twenty-four pound bag of Flour, donated by Jones Brothers, new grocery store, located in prem-ises formerly occupied by Dun-bar's Bakery.



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— Special —		GLACE CHERRIES	15c
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Spaghetti with Cheese	17c	IVORY SOAP	8c
1's 2 tins		6 oz. Per cake	
— Special —		MOIRS	
JAFFA		ROYAL MIXED CANDY	35c
SEEDED RAISINS	27c	Per lb.	
15 oz. 2 packages		CHRISTIES	
— Special —		GRAHAM WAFERS	25c
SIMMS NO. 0. BROOMS	33c	1's Per package	
Each		SANI FLUSH	25c
— Special —		Per package	
SEEDLESS RAISINS	23c	BAYERS	
Bulk South African. 2 lbs.		ASPIRIN TABLETS	22c
— Special —		12's Per tin	
McCormicks FIG BARS	29c	PECKS COUGH DROPS	5c
2 pounds.		PINE AND MENTHOL. Per pkg.	
SCHWARTZ		CREAM OF WHEAT	25c
BAKING POWDER	25c	28 oz. Per package	
1's Per tin		Schwartz GELATINE	15c
BROCKS BIRD SEED		Per package	
10 oz. Per package	15c	Hawes LEMON OIL	25c
ROYAL YEAST CAKES		12 oz. Per bottle	
2 packages	15c	NATIONAL SOUP	10c
CUT MIXED PEEL		Vegetable of Pea. Per tin	
½'s Per package	15c	SHELLED ALMONDS	43c
		Per pound	