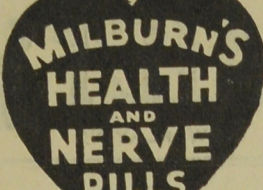


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for Weak and Nervous People

## A MESSAGE TO PARENTS

## ABOUT INFANTILE PARALYSIS

(By Lloyd MacHaffie, M.D., C.M., Ottawa)

It is important that Canadian mothers and fathers should be familiar with the outstanding early signs and symptoms of this disease which occurs each summer, sometimes in epidemic form in various parts of our country, and which may have such a devastating effect on the children who contract it.

Poliomyelitis is most prevalent during the months of August, September and October, but a considerable number of cases also occurs in July and November, and occasionally cases crop up in the months of May and June, and not infrequently even in the winter months.

Canada is visited with this disease each year. The greatest number of cases in recent years occurred in 1930 and 1931, when there were 1,030 and 1,341 cases respectively. In 1928 there were 728; in 1929, 753 in 1932, 956; and in 1933, 246.

The mortality in this disease is extremely high, from 1927 to 1933 there was an average of over two hundred deaths per year. The number of children crippled as a result of this disease is not known for the whole Dominion, but there must be a great many. The high mortality, taken in conjunction with the unsightly and handicapping crippling of many of the survivors, puts this disease in a class by itself as a treacherous illness—a depredator of young lives and limbs.

It would appear that convalescent serum, when administered in the early stages of the disease—in the so-called preparalytic stage—sometimes prevents the development of the paralysis and lessens the mortality; but, certainly no benefit can be expected from the use of serum unless the doctor is called on the appearance of the earliest symptoms.

If parents are forewarned and equipped with some knowledge of how their child is likely to react to this infection, much suffering and future crippling period.

pling of their children may be avoided.

What then should the parents look for in any summer illness? What signs and symptoms should make them suspicious of this disease?

## Symptoms

These cannot be said to be constant or regular in their appearance—even the physician may be puzzled or misled by the earliest symptoms. This may be a vague sort of illness, especially in the early stages, and many of the symptoms may be lacking later on, but, if one or more are present, particularly those in large type, and if one sign is present take no chances but hasten at once to procure your doctor.

Usually, the onset is sudden with fever. The child may be flushed and thirsty. He may appear to have a head cold, or he may complain of a sore throat. There may be a cough. On the other hand, he may be sick at his stomach and vomit or have diarrhoea. Quite likely he will lose his appetite. He may be drowsy, peevish, irritable, on the other hand he may be restless, wide awake and very bright mentally. If drowsy, he is usually alert when awakened. An anxious frightened look is not uncommon. The expression of the eyes may be that of a hunted animal. He may not pass any water, and may sweat a good deal. His neck or his back may be stiff, and he may complain of this stiffness. He may complain of headache (forehead).

His body may be tender to touch, especially the legs, and he resents handling. Sleep may be disturbed by twitching, and his hands may shake and tremble. His eyes may be sensitive to light.

A child may have fever and some of the above symptoms for a couple of days and then appear to be much better for from one to four days, followed by the onset of more serious symptoms, and later paralysis. Paralyzed with some knowledge of how their child is likely to react to this infection, much suffering and future crippling period.

So a great many of these symptoms may be present when a child has an attack of lagrippe, or an acute intestinal upset, one must also be on the lookout for the following important signs, which do not occur in these conditions.

## The Signs

The Spine Sign—Spinal Stiffness. The head may be bent on the neck but efforts to bend the neck on the shoulders cause pain and are resisted.

The Knee Kissing Sign.—The child is unable, while sitting up in bed, to bend his head down and kiss the knees. It hurts too much. If he bends at all, it is at the hips—the back is held rigid.

Head Drooping.—When the child is raised at the shoulders, the head tends to drop backwards.

Peculiar Attitude.—When he sits up he props himself behind with the extended arms supporting a tender or painful spine.

A very rapid pulse.

## Send for the Doctor Immediately

Don't rely on your own judgment when your child is ill—call a doctor at once. To delay may be fatal. Suspected lagrippe or flu or summer complaint may actually be infantile paralysis, especially if any of the foregoing signs are present. If the doctor is to be of any assistance, he must be called as soon as the slightest suspicion is aroused, certainly within twenty-four hours of the onset—the sooner the better. The doctor may desire to perform a lumbar puncture or spinal tap, for in this way an early diagnosis can be arrived at and any necessary treatment instituted.

In the months of June, July, August, September, October and November, parents should be constantly on the lookout for this condition, particularly if there are any cases of infantile paralysis in the community, but remember that sporadic or isolated cases may and do frequently occur.

## Prevent the Spread of the Disease

Infantile paralysis is "catching" for about twenty one days. Be sure to keep any child with suspicious symptoms in bed, and isolated from other children, just as you would isolate or quarantine a case of scarlet fever. The infection is thought to be present in the secretion of the nose and the mouth.

## Benay Venuta, In New CBS Series

Things come in threes for Benay Venuta, glamorous golden-haired singing star, who within a few brief weeks has scaled the ladder of radio fame. For the present she is launching her own new series of programs over the WABC-Columbia network each Sunday from 10:30 to 10:45 P. M., A. S. T., preparing to take a movie test for a picture with Bing Crosby, and moving into a New York penthouse.

Benay fears, with these duties, that she probably will have little time, if any, this summer to indulge in her favorite sports of swimming and tennis. Each week she must, with the aid of Ray Block, her arranger, select and rehearse five songs for her own new Sunday night series. In this program she is supported by Freddie Rich's Orchestra, and both Benay and Freddie insist on rehearsing programs until they are perfected. This takes no little time.

The musical menus on the new series consist of a torch song, popular "hot", talking, and a new number. Benay likes to sing these five types. There is only one type of song, in fact, to which she has an aversion. She declines to sing any musical composition with what she terms "meaningless lyrics". She likes lyrics that both "say something and have a swing to them".

It was just a few months ago that the glamorous star was introduced to the nationwide Columbia network. Then things also happened in threes. She was booked as soloist on the "Mark Warnow Presents" broadcast over the CBS network, she was engaged as guest star in several sponsored programs, and she was chosen to participate in a historic broadcasting feat. This consisted of singing from the Pacific and Atlantic coasts in the same day.

Two of the latter three "things" are now things of the past. For the moment she hasn't any guest artist engagements to fill and she has succeeded in broadcasting from both sides of the continent in the same day. This was accomplished by use of a high-speed plane. But she still is appearing weekly as soloist on the "Mark

Warnow Presents" series, in addition to taking care of her new trio of jobs. In Mark's programs she sings one or two songs, either a torch or a "hot" composition, or both.

Benay was asked to take the screen tests for the proposed movie with Bing Crosby when in California recently. This occurred at the time she was preparing to sing from both sides of the continent within the same day. She is now being coached daily for the test, which she hopes to take within a week or so. If the test clicks, she will probably go to Hollywood soon to co-star with Bing in a screen adaptation of a Broadway musical show.

All of which reminds us that Benay also has been asked to appear in Broadway musical revues during the coming fall season, but she has foregone these offers. She wants to be free for the first time being, except to take the movie test, to put over her two radio series and try to get some recreation. If nothing else, she can retain her deep tan by lounging in the sun at her penthouse apartment.

Gracie Allen was born in San Francisco on a July 26. Had musical parents and from childhood worshipped the stage. First on stage at six years. Forgot song, wept and jigged. Attended convents, preferring history, music and elocution. First job paid \$20 weekly as young singer in San Francisco. Since played big-time vaude, movies and radio.

Travelled every major U. S. city; toured Canada, England, Scotland.

Met George Burns in Union Hill, N. J.; teamed up and got married. First broadcast over BBC, London; thence to CBS on Feb. 22, 1932. Been champion coast-to-coasters on Columbia ever since. Deluged with fan mail during her daft "missing brother" search. Once received 360,000 letters from fans in four days. Prizes a letter from a little 90-year-old lady of Baltimore. Was Her Royal Shyness in studios, but recently opened doors to public.

Admits "mike fright." Gives her cold hands and burning face. Prefers to live in cities, shop and see shows. (Say that fast.) Never had enough of "rain, flowers, sleep, mysteries or perfume." Favors formal clothes, hamburgers, color blue and "low down" music. Hates "to see nickels register in taxi-cabs." Goes to bed at midnight, gets up at ten; is always on time. Vital Statistics: Weight 100; height 5 ft.; hair black; eyes hazel.

Strasbourg, France, June 28. — A slight earthquake rang church bells and knocked pictures off walls at 6 p. m. today. No one was injured and there was little damage.

## NOTICE OF SALE

To the Heirs, Executors, or Administrators of Robert Ladds, late of the Parish of Mauderville, in the County of Sunbury, in the Province of New Brunswick, Farmer, deceased, and all others whom it may in any wise concern:

TAKE NOTICE that there will be sold at Public Auction in front of the Registry Office at OROMOCTO in the County of Sunbury, on Wednesday, the TWENTY-FOURTH DAY OF JULY, at the Hour of THREE O'CLOCK in the AFTERNOON, the lands and premises described as follows:

"ALL that certain lot, piece, or parcel of land, situate in the Parish of Mauderville, in the County of Sunbury, conveyed to the said Robert Ladds by Frederick Ladds, by Indenture bearing date the eighth day of December, 1890, registered in the Sunbury County Records in Book E-2, age 581, and therein described as follows: 'All that parcel of land situate in the Parish of Mauderville aforesaid, known as the lower half of the Rogers lot, so-called, devised to the said Frederick Ladds by his father; bounded on the south-west by the River St. John; on the south-east by lands occupied by Harry DeVeber; on the northwest by lands conveyed to the said Frederick Ladds by William Ladds and wife by Deed dated the first day of May, A.D. 1865, and registered in Sunbury County Records, Book U, pages 551 and 552; and extending to the rear line of the Mauderville grant; and containing by estimation three hundred and fifty acres.' Together with the buildings and improvements thereon and the appurtenances thereunto belonging.

The Sale hereinbefore stated will be made under and by virtue of the Power of Sale contained in a certain Indenture of Mortgage bearing date the twenty-third day of April, A. D. 1929, registered in Sunbury County Records in Book C-3, page 249 et sequitur, and made between the said late Robert Ladds of the first part, and the undersigned Frank Gunter of the second part, default having been made in the payment of the principal and interest contrary to the provisions in the said Indenture contained.

Dated this Nineteenth day of June, A. D. 1935.

FRANK GUNTER, Mortgagee,  
F. H. PETERS, Solicitor.

## Of Interest to Women

## SLIGHT HOUSEKEEPING

A Woman's Work is Never Done—At Least, Not By Her Husband While She's Away on Vacation—He Comes Through His Annual Dip Into Domesticity a Sadder But Not Much Wiser Man.

Last spring when the well dressed man blossomed out with a jaunty little feather in his hat band, many of our professional trend-detectors viewed it with alarm. Their alarm was not esthetic, though perhaps it should have been. Here, they told themselves, was just one more symptom of the increasing effeminacy of the modern male. Not content with colorful cravats, he was going in for plumage.

It wasn't so long ago that the wrist watch was causing a similar flutter in the conservative dove-cotes. The idea of a man wearing a bracelet, even with a good sturdy timepiece attached, was repugnant to the reactionaries, who preferred to sport a heavy gold chain across the midriff, as their fathers had done before them. Although they could find no record of the wrist watch having been worn in ancient Rome, they felt instinctively that it was a decadent device. It took a world war to remove the stigma of sissiness from this useful little ornament.

If men today show a tendency to borrow an occasional item of adornment from the ladies, they are certainly justified in doing so. The ladies have borrowed plenty from them—including hats, smokes, drinks and jobs.

But there is little danger that men will ever take over the domestic duties of the distaff side, even in a matriarchy. Every summer when their wives go to the country, they have a glorious opportunity to usurp certain distinctly feminine prerogatives and try their hand at housework. Yet time and experience do not improve their technique. They come out of their annual dip into domesticity no wiser and much sadder.

If the average wife were required to assume the sole management of her husband's business for six weeks every summer, she would soon learn its whys and wherefores and adapt herself easily to the unfamiliar office environment. But no matter how often the average husband assumes the sole management of a house, he remains a novice to the end. And his ineptness in household matters is the indisputable proof of his masculinity. He may wear a feather in his hat, and a lavender cravat. He may even succumb to the blandishments of the haberdashery salesman and put on a pink shirt. But after one glance at his single-handed efforts to keep the home fires burning, no one could ever accuse him of effeminacy. His menage is 100 per cent he-man.

Masculine housekeeping is as different from feminine housekeeping as Sixth Avenue is from Fifth. It gets down to fundamentals and reverts statistically to the age when existence was merely a struggle to keep body and soul together. It is reminiscent of pre-historic days when the human species was blundering through life by the trial and error method.

Yet in its crudity there is an innocent charm which is lacking in the refined efficiency of the home economist. Only after living alone for a couple of weeks can a man appreciate the full flavor of unburnt toast, the cool smoothness of a clean sheet, the esthetic perfection of an unclouded drinking glass. As an involuntary ascetic, his senses grow keener through privation until all the minor comforts of life have a new significance.

## He Stacks Then in the Sink

Variety is the keynote of masculine housekeeping. A conscientious housewife may pride herself on the number of new dishes she can serve. But to her a dish means something to eat, whereas to the housekeeping husband it means something to be eaten from. He finds variety not in the cuisine, but in the crockery. During the first week he runs the gamut of the china closet from soup plates to nut dishes. Common sense tells him that it is more efficient to wash all the dishes at once than to wash some of them

the dishes all of the time. So he stacks them in the sink, intending to stage an apocalyptic clean-up at some future date.

As the stack mounts higher, his choice of utensils grows more bizarre, and by the end of a fortnight you will be likely to find him eating beans from a cut glass punch bowl and drinking beer from a silver mug marked "Baby." Only when the last available food-receptacle has been used does he get down to the grim business of tidying up.

Soap is a negligible factor in the manly art of dishwashing. Most men prefer the percussion method, they turn both faucets of the sink wide open and let the force of the water knock the dirt off the dishes. This is easier than the friction method, by which the dishes are rubbed with an embroidered guest towel until reasonably smooth. The only disadvantage is that the drain pipe of the sink often becomes clogged with fragments of rare old Lowestoft. But you will discover that as the summer advances you have fewer and fewer dishes to wash—and that's something.

The Bedclothes May Assume Any Shape from a Rope to a Rosette

Bed-making, like dishwashing, is a task that can be postponed only so long. The temporary bachelor with a whole house at his disposal can play Goldilocks and sleep first in one bed and then in another—but eventually the supply of fresh beds is exhausted. Then he must face realities and wrinkle. Time, the great healer, can do nothing for an unmade bed. Return to it after an absence of a week or even a month, and it will be as unmade as ever. Therefore, after you have slept in every bed in the house, you might as well confine yourself to one bed, and resign yourself to making it every day. The great drawback to the system of rotating from bed to bed is that the beds themselves look as if they had been rotated, too.

Since bed-making is inevitable, every man should at least master the rudiments of the art. Experienced housekeepers do a great deal of ostentatious thumping and slapping when making a bed; they literally knead the mattress and pillows into shape every morning. But this is done largely for effect, to create an illusion of busyness. For all practical purposes a few gentle tugs at the top sheet are enough to smooth out all the lateral wrinkles, and tucking it under the mattress at the sides eliminates most of the lengthwise creases. It then presents a slightly lumpy appearance, but offers no hint of the actual disorder within.

Much of the success of an amateur bedmaker depends on his manner of sleeping. If he turns and tosses like a slumbering dervish at night, he is certain to have difficulties with his disheveled bed next day. Once the bedclothes become footloose and free they may assume any shape from a rope to a rosette, and the big problem in the morning is how to tell the top sheet from the bottom.

But if he learns how to sleep passively, like the well known log, and retains the same position all night long, his morning-after tussle with the bedding is mere child's play; one whisk off the top sheet and the job is done. Incidentally, this passive state may be induced by drinking a plate of cut-rate rye immediately before retiring.

As for such minor domestic tasks as dusting the geraniums, watering the goldfish and inscribing billets-doux to the milk man—these can be postponed until the day before the real head of the house returns. After all, she's been away before and she understands the limitations of the masculine menage. Every summer she is impressed more forcibly by the truth of the old axiom that a woman's work is never done. At least, not by her husband.

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