

**BIRTHDAY CONGRATULATION**

Frederick II., the reigning duke of Anhalt, 57 years old today.

George E. Roberts, director of the United States Mint, 56 years old today.

John B. Jackson, for many years prominent in the diplomatic service of the United States, 51 years old today.

Manuel Gbezou, the resident commissioner of the Philippine Islands at Washington, 35 years old today.

Annual tournament of Wisconsin Women's Golf Association opens at La Crosse.

## DO YOU WANT PRINTING?

IF SO DON'T SEND TO THE UPPER PROVINCES FOR IT

TRY THE

## MAIL JOB PRINTING DEPARTMENT

Programmes, Estate Sales,  
Letter Heads, Bill Heads,  
Bank Forms, Circulars,  
Hangers, Ledgers,  
Reports, Posters,  
Books,, Cards,

And all other Job  
Printing Work.

EXECUTED PROMPTLY AND NEATLY

BEST OF SATISFACTION  
REASONABLE PRICES.  
SKILLED WORKMEN.

**Mail Office**  
613 QUEEN STREET  
TELEPHONE 67

## "LADDIE"

That is Mrs Gene-Stratton Porter's New Novel. You have all read Freckles, A Girl of the Limberlost and The Harvester. LADDIE promises to be equally as interesting.

**McMurray Book & Stationery Co. Ltd.**

## TORTURED WITH TERRIBLE ECZEMA

Had To Wear Rubber Gloves Until "Fruit-a-lives" Cured Her.

GRANDE LIGNE, QUE., JAN. 2nd. 1910

"My wife was troubled for three years with Eczema on the hands, which made her hands almost useless. The doctor gave her several ointments to use, none of which had any effect. He also advised her to wear rubber gloves (she wore out three pairs).

I persuaded her, as a last resort, to try "Fruit-a-lives". The effect was marvellous. Her hands are now cured. We both attribute our present good health to "Fruit-a-lives".

N. JOUBERT

"Fruit-a-lives" positively cures all Skin Troubles because it is the greatest blood purifying medicine in the world. 50c a box, 6 for \$2.50—trial size, 25c. At dealers or from Fruit-a-lives Limited, Ottawa.

1782—Kentucky pioneers and Indians engaged in battle near the Blue Licks.

## COST OF LUXURIES

Fine Clothes and Food Not Necessary—But Hard to Abandon

It isn't things which we need that cost so dearly as to keep most of us poor, but the things that we don't need and would be better without. In other words, it's the luxuries which at once impoverish and enslave us.

For instance, take the much discussed matter of eating. It is literally true that a person in good health can keep the human machine going at full efficiency on the merest fraction of what the average Canadian thinks he must spend for food. A glass of milk, a handful of uncooked and uncracked wheat—wheat just as nature meant it should be eaten—and, for desert, a prune or a pinch of raisins make a meal rich in all the essentials of nutrition at a cost which is negligible.

The same rule of simplicity is true of other daily necessities. Clothing, to cover nakedness and serve as bodily protection, can be had for the merest fraction of the sums usually expended upon it. In proof, see how little you spend on your camp clothing and how serviceable and comfortable it is. While for bedding a pile of pine twigs and a blanket make a couch as restful as the downiest contraption that ever graced a king's palace. It has been demonstrated that people can be fed with palatable and sufficient food at an actual cost, right in this era of high prices of six cents a day.

They can be, but they won't.

**Dr. Fowler's**  
EXTRACT OF  
**Wild Strawberry**  
Soon Relieved Their Sufferings.  
THEIR TROUBLE WAS  
**DIARRHOEA.**

Mrs. EDWARD KINGSTON, Mirror, Alta., writes: "Coming to the North West from B.C. in the summer of 1910, we were face to face with the serious problem of being able to secure good drinking water; this we could not get, so were obliged to drink water containing a great deal of alkali, with the result that we were all troubled with Diarrhoea. Fortunately we had a bottle of Dr. Fowler's Extract of Wild Strawberry in the house, which soon relieved our sufferings. I have always kept a bottle in the house since obtaining such beneficial result from its use when my boy, as a baby, was similarly troubled."

"It has always proved a friend in need."

Make up your mind to insist on getting "Dr. Fowler's," when you go to your local dealer. Don't accept some of the "phony" preparations that some of the unscrupulous dealers try to pass off as "Dr. Fowler's."

See that the name The T. Milburn Co., Limited, Toronto, Ont., appears on the yellow wrapper. Price 35c.

## FIRE FIEND HELPS NORTHERN SETTLERS

Forest Fires Often a Blessing in Disguise; Cleans Land Ready For the Plow

The forest fires which periodically sweep over Northern Ontario are not entirely a curse. To a considerable extent they are a benefit to the settlers, clearing up their land when otherwise they would be forced to spend large sums of money in making the clearings which are almost ready for the plow following the burn.

Answering a question as to his loss in a fire which swept away his buildings, a Temiskaming settler answered: "My loss of cabin, stables, etc., amounts to about \$800, but at the same time I got a \$1,600 burn, and have now more than half of my 160 acre farm ready for the plow."

The settler, in hewing his home out of the virgin bush of the north country, does not face the same difficulties as confronted his forefathers in Old Ontario many years ago. Instead of a heavy bush with large trees to be cut down, the Temiskaming farmer has small birch, spruce, and balsam, easily cut, burned, and stumped. Slashings are made in the early part of the year, and usually remain for an entire year until thoroughly dry. At the favorable moment a match is touched to them, and with a favorable wind blowing the slashing is reduced to ashes, leaving only a few scattered stumps which sit above the burned ground. It is usually incidents of this nature which cause the forest fires.

### Must be Watchful

With a small clearing around a New Ontario farmer's home a fire is easily checked, and with steady watch by the settler for falling sparks on his wooden buildings, a loss of buildings can be averted in most cases. Where the settler, new to the ways of the north, allows his slashing of bush to remain unburned or uncut up to his doors, the fire makes easy way with the buildings, which burn like so much tinder.

The cost of clearing in the north country varies as to conditions. A settler endeavoring to clear an acre of land from the virgin bush has an undertaking on his hands which will cost \$100 an acre if not more. With a burned slashing this may be reduced to almost \$5.00 an acre, and scores of instances are to be found where with a single horse, two men could easily clean an acre a day of all rubbish left unburned on their farm. The stumps merely sit on top of the fire-swept ground, and a horse can pull the half-burned roots easily.

### Burn the Top Soil

The bush fires do not confine themselves entirely to the stumps and slashings, but go further, and eat into the ground to an extent of from four to six inches, burning off the humus, the decomposed animal and plant life which forms the top coating of the northern soil. With the burning of the humus is consumed considerable of the nitrogen supply, which at its best is slightly deficient in northern soils, and this supply is almost entirely dependent on the humus. This necessitates the settler to sow clover, alfalfa, or some other leguminous crop for the first year, so that the plow in the fall can turn under the year's crop, and thus assist the ground to regain the amount of nitrogen required for plant life lost by the burning.

### Big Blaze Century Ago

Old Indian legends tell of a fire which swept the entire north country about 100 years ago, the like of which has never been known since. At that time, according to the stories handed down to the present generation by their forefathers, a big fire, hundreds of miles in width, swept from the Rainy River country across Northern Ontario and Quebec, destroying untold millions of dollars worth of timber and driving all animals of the forest to the lakes and rivers for safety. The fire lasted for many days, and many Indians caught unawares perished in the flames.

### ADVERTISING TALKS.

◆ One hundred cents make one dollar.

◆ Yet when you spend your dollar how efficient is it? Do you get 60c., 80c. or 100c. worth?

◆ The answer is squarely up to you. It depends upon your method of spending.

◆ If you are alive and interested in finding out for yourself the "what, when and where" of money spending, every purchase, every investment you make brings you the fullest possible returns for your dollar.

◆ The man or woman who reads advertising intelligently and continually makes a dollar do its full stint of work.

◆ If you are not already a careful reader of Mail ads begin today and be one.

## NEW SUBSCRIBERS

129-31 McNally, Mrs. Jas. G. residence, 54 Brunswick St.

8100-41—Powers, Wm. residence, Upper Maugerville.

370-21—Rush, Frank, residence, St. Mary's.

117-42—Warren, W. residence, 185 Regent St.

**New Brunswick Telephone Co. Limited.**

**S. B. EBBET**  
Exchange Manager

## CLASSIFIED

### Wanted

WANTED—Girl for general house work. References required. Apply to MRS. W. G. CLARK, 325—Aug. 16 82 Waterloo Row

### For Sale

FOR SALE—The subscriber offers for sale his desirable property at Stanley Village, known as the Sanson property, adjoining the residence of Dr. Moore. Is well adapted for a store and dwelling. Good barn in connection, lot one-third of an acre. Also, house lot and barn in the City of Fredericton, No. 618 Brunswick street, south side. Has all modern improvements, heated by furnace. Will sell already furnished if desired. My reason for selling, am about to leave the city. For further particulars apply to

B. McMENNAMIN,  
218—tt. On the Premises.

FOR SALE—House on Aberdeen Street between York and Westmorland Street, containing 14 rooms, shed and barn in connection also large garden on premises, suitable for boarding house. Four large factories in vicinity.

Apply of  
B. B. DYKEMAN  
at H. T. Walker & Co.,  
338 Queen Street  
285—tt.

FOR SALE—Desirable residence on Waterloo Row. All modern improvements. For terms apply on the premises to

G. A. BURKHARDT,  
44 Waterloo Row.  
315—Wed., 1wk.

FOR SALE—A complete set of the World's great classics. Handsomely bound and illustrated and have been but little used. Will be disposed of at a genuine bargain. Apply to B.J. care Mail Office.

172—dtt.

### FOR SALE

FOR SALE.—Three houses, one on King street, between Regent and St. John, and two on St. John street, between Brunswick and King. For further particulars, apply to

710 KING STREET.  
322—1w—2d.

FOR SALE OR TO RENT — To suitable person, a two storey dwelling house at Marysville, containing 11 rooms, hot and cold water in kitchen, with cold water throughout the building. Good barn and two hen houses with all the latest equipments on premises, suitable to accommodate 150 hens. Between 2½ and 3 acres of land for garden, could be made into 14 building lots if required. Good location on Fisher St., near C.P.R. and I.C.R. depot, on the eastern side of the Nasawaak river, near Cotton mill.

Apply to BOX 165,  
MARYSVILLE.  
323—1wd—21nw.

### Notice of Assessment

The Assessment Roll for the City of Fredericton for the year 1913 is now in the hands of the City Treasurer for collection and all persons therein assessed are hereby required to pay the amount of their respective taxes forthwith to the City Treasurer at his office in the City Hall, Fredericton.

A discount of five per cent will be allowed on all taxes paid on or before the 21st day of August next, after which execution may be issued and proceedings had thereon as by law provided.

Dated at the City Hall, Fredericton this 15th day of July A.D. 1913.  
G. R. PERKINS,  
Collector and Receiver of Taxes.  
301—Aug. 20.

### We Will Pay You \$120.00

to distribute religious literature in your community. Sixty days' work. Experience not required. Man or woman. Opportunity for promotion. Spare time may be used. International Bible Press, 182 Spadina Ave. Toronto.

327—M & S.—12ins.

### SATURDAY.

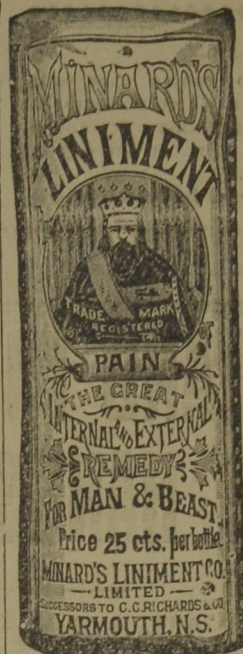
Southern Maine championship tennis tournament opens at Squirrel Island, Me.

North Central States championship tennis tournament opens at Chicago.

Allegheny County championship tennis tournament opens in Pittsburg

1894—Eleven thousand workers made idle by textile strike at New Bedford, Mass.

1909—British parliament passed the South African Union bill.



The Original and Only Genuine

Beware Of Imitations Sold on the Merits of Minard's Liniment

## The International Railway

Uniting Campbellton at the head of navigation on Bay Chaleur with the St. John River Valley at St. Leonards and connecting the Intercolonial and Canadian Pacific Railway systems.

Summer Time Table Summary  
Commencing Monday, June 9.

### GOING WEST

Express trains leaves Campbellton daily (except Sunday) at 8.00 a. m. for St. Leonards and intermediate stations, due at St. Leonards at 12.30 p. m.

### GOING EAST

Express train leaves St. Leonards daily (except Sunday) at 4.45 p. m. after arrival of C. P. R. express from St. John, Vanceboro, etc., due at Campbellton at 9.15 p. m.

And in addition to above and to the ordinary freight trains, there is also a regular ACCOMMODATION TRAIN carrying passengers and freight, running each way on alternate days as follows, viz.: Going West—Leaves Campbellton at 8.30 a. m. for St. Leonards and intermediate stations, Monday, Wednesday and Friday, due at St. Leonards at 4.10 p. m.

Going East—Leaving St. Leonards at 8.00 a. m. for Campbellton, etc., Tuesday, Thursday and Saturday, due at Campbellton at 4.15 p. m.

Governed by Atlantic standard Time.

See local time tables and for full information regarding connections, etc., apply to R. Humphrey, freight and passenger agent, 55 Canterbury Street, St. John.

E. H. ANDERSON, Manager.

A. A. ANDREW, Traffic Mgr.

THOMAS MALCOLM, Gen. Mgr.

Campbellton, N. B.

## CANADIAN PACIFIC

## HARVESTERS EXCURSIONS

SEP.  
3

## TORONTO EXHIBITION

Aug. 23- -Sep. 8

### Rates from Fredericton

\$22.45  
Tickets on Sale Aug 21st, 23rd to 27th inclusive, and Sep. 3rd and 4th

\$15.95  
On Sale Aug. 22nd, 28th and Sep. 2nd.

All Tickets Good to Leave Toronto, Sep. 10th, 1913.

W.B. HOWARD, D.P.A., C.P.R.  
ST. JOHN, N. B.

## FIRE, LIFE AND ACCIDENT INSURANCE

ALL FIRST CLASS COMPANIES

## M. BREWER

LOWEST POSSIBLE RATES  
CLAIMS PROMPTLY PAID

OFFICE NEXT ABOVE GIBSON'S  
GROCERY, QUEEN STREET.

A Frenchman named Granir is said to hold the record for the longest hunger strike. Condemned to the guillotine, he resolved to starve himself to death. He holds the record, as has been said, but it needs to be added that he died at the end of the undertaking.