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We are 'practical masters' of every plumbing problem. Our work stands where that of others has failed be-Ause we use brains as well as good materials. No! Prices are not high

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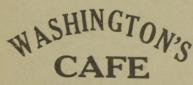


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BIG 35c DINNER

BUCTOUCHE and P.E.I. OYSTERS Always on Hand

HEADACHY, BILIOUS, UPSET? "CASCARETS.

Bilious, Throbing Headache Means Bowels are Clogged and Liver Stagnant

You're bilious, you have a throb-Main Office and Residence, King taste in your mouth, your eyes burn, bing sensation in your head, a bad Street. Branches at Stanley, Mill- your skin is yellow, with dark rings ville and Pokiok. At Stanley office under your eyes; your lips are parsix days, beginning the 9th of each ched. No wonder you feel ugly, mean month. At Millville 16th and 17th. and ill-tempered. Your system is full At Pokiok 18th and 19th of every of bile not properly passed off, and month side. Don't continue being a bilious nuisance to yourself and those who love you, and don't resort to harsh physics that irritate and injure. Remember that most disorders of the stomach, liver and intestines can be quickly cured by morning with gentle thorough Cascarets-they work while you sleep. A ten-cent box from your druggist will keep your liver and bowels clean; stomach sweet and your head clear for months. Chadren love to take Cascarets, because they

taste good and never gripe or sicken.

Gibson, April 15-Mr. Geo. Ward is having a 35 light acetylyne gas machine instanlled at his residence by The Monitor Manf. Co.

Mrs. Frank Appleby Moncton, is visiting her parents, Mr. and Mrs. Jas. Davidson.

Mrs. Henry Bolster accompanied by her little sister Thelma has returned from a visit to her formen home at Loggieville.

Mr. Gunter has purchased a large Gasoline Launch to be used for towing purposes at his mill here.

Mr. Arthur Sewell with a crew of men are launching his tug boat The Tramp at the wharf today.

Mr. Geo. Davidson has left for St. John where he has accepted a position with Frank Boone.

Mr. Frank Boone left for St. John

Mrs. Geo. Bradley a farmer resident is calling on old friends here. It is understood Mrs. Bradley will return to the west in a short time. Mr. Irvin McKiel will leave for the west in a short time where he will locate

A baseball team has been organized with Claude Simms captain and manager. Mr. Simms will compete for the trophy to be offered by R. Chestnut & Sons. He has his eye on some good material and will have no difficulty in getting a good team together. The boys are busy working into shape and are eagerly awaiting the glad sound.

COL. HUGHES SUED AGAIN

Montraal, April 12-It is | understood that Mr. Brenton A. Macnat has instituted a l'third suit against Col. the Hon. Sam. Hughes, Minister of Militia. The complaint in this case is that Col. Hughes wrote to Str Hugh Graham asking him to "call off his editor," and using some uncomplimentary objections in connection with his request.

President Wilson believes that reduction of cost of living as result of tariff revision will be slow except in case of sugar, he does not expect business depression to follow tariff

How Gag was Applied To Sir Wilfrid Laurier

Interesting Description of the Closure Debate at Ottawa by a breaking out on the lace and body, and it is impossible to get rid of them unless Correspondent---The Liberal Leader's Telling Arraignment of Borden-Rogers Machine Methods--- A Hostile Reception

(Special Correspondence)

Leader of the Opposition as the Bor- this.' 'secure members of the Opposition the floor. in their whole rights regarding any connivance of Premier Borden, which

the Opposition Leader to reply outsettling the course of debate. That courteous practice had never been broken until Wednesday, March 9th.

Bellechasse refused to stomaco such a proceeding and voted against it. The "gag" rule was carried 105-67. It remained for the genius of Messrs Borden and Rogers to break this

By an evidently prearranged plan when Sir Wilfrid Laurier rose, Hon. Mr. Hazen also rose, and a moment later Mr. W.B. Northrup of Hastings Each of the three remained standing and Speaker Sproule rose trembling with excitement. He formally declared that Sir Wilfrid Laurier had the right to speak, when Mr. Northrup under the very rule which is being made the foundation of the closure and which has never before been invoked, moved that Hon. Mr. Hazen be now heard."

In a moment the Chamber resounded with the cries of the Opposition ruled against Dr. Pugsley, declaring of "shame" and "gag". When quiet "I have gone into this very carefully was restored the Speaker instead of many times, and I do not think a enforcing his rule that Sir Wilfrid review of it would change my declaring the said, "was profuse that when these ed we voted it. When any matter of public importance was brought up thrup's motion.

The Premier," he said, "was profuse that when these could always rely upon fair play. The words were scarcely out of his

made to read, "the member for Que- refused, so he at once moved the Ottawa, April 12—Never in the history of the Canadian Parliament has such a studied and staged insult such a studied and staged insult of the canadian parliament has such a studied and staged insult significantly remarking, "I want the same till 6 o'clock. "Rt. Hon. R. L. Borden," he declared, "has been offered by a Government to the country to know the truth about said that as long as he was Premier

on Wednesday afternoon on the open-could not go outside the motion, has recognized Sir Wilfrid Laurier as ing of the debate on the closure. but had intended to state that two having the floor, has allowed Mr. Hardly had Mr. Borden ceased his members had risen and he had de-Northrup to come forward with a assurances that his closure would cided that Sir Wilfrid Laurier had cut and dried motion to force it

public measure" when a peculiarly offensive "gag" was made to Sir erent to the usual liveliness of such the Speaker. Can he now say that wilfrid Laurier, evidently with the scenes, but the usual division was connivance of Premier Borden, which sufficiently lively. A perfect storm of If these are the sort of rules to be conclusively showed what the Oppositers greesed the Premier and Hon. meted out if this closure carries, conclusively showed what the Opposition had to expect if the Government secured the unlimited powers of the closure.

Since Confederation when the Prime Minister has introduced any important Minister has interesting Minister has introduced any important Minister has introduced any important Minister has introduced any important Minist a tempest of cheers when Mr. Lavalthe Conservative member lining the Opposition policy and thus Bellechasse refused to stomaco such

WOULD NOT HEAR MR. HAZEN

violently hostile reception await ed Mr. Hazen, who tried again and again to speak, but not a word ly handed the typswritten motion he markable session. had brought with him to the Speaker that the previous question-Mr Borden's resolution-be now put. This, was the trick so carefully prepared because under the rules it precluded amendment.

Hon. Dr. Pugsley immediately rose and quoted May, the recognized authority on procedure. "Nor can the While the proceeding succeeded to amazement which was broken by Sir previous question be moved upan a this extent it prepared a whip for

ed with the cries of the Opposition ruled against Dr. Pugsley, declaring of the government.

the Opposition could depend upon den-Rogers Government was guilty of Speaker Sproule replied that he fair play. He, thought the Speaker through, and the Premier led his The vote was immediately taken in forces in voting that a man has the

When the House rose for dinner, there was another vigorous demonstration. While the Government benches emptied in shamed-faced silence the Opposition members gathered around Sir Wilfrid and for over five minutes, made the rafters ring with we can expect." cheers which were joined in enthusiastically by the crowd in the galto be stabbed, they are to be put again to speak, but not a word leries. It was one of the most re-could be heard. In despair he final-

It was a repitition of this triumph throughout the whole evening. that this guillotine was really a side and it does not lie in the Preto point out that this arbitrary resolution proceeded, with the additional closure that no amendment

amazement which was broken by Sir previous question be moved upan a wifirid Laurier who demanded, "Is that what you call fair play" and sat down.

The Speaker had evidently been and the House fairly rocked with a word of foundation for it. If the business of the House is not further posted as to this and peremptority cheers as he exposed the hypocrisy advanced than it is, the fault cannot

Sir Wilfrid demanded that it be look up authorit'es, but this was mouth before we knew how much far

Had Pimples on Face And Back Was Literally Covered With Them.

Bad blood is the direct cause of pimples breaking out on the face and body, and you cleanse the blood of all its impurities.

Burdock Blood Bitters is without a doubt, the very best medicine for this

This old and reliable remedy has been used for over thirty-five years, and has a reputation unequalled by any other for purifying the blood.

Mr. Peter La Pierre, Assistant Postmaster, Touchwood Hills, Sask., writes: 'The fall before last, I was very much troubled with pimples on my face and back. My back was literally covered with them, and I could not lie on it at night, they were so painful. One day my sister advised me to use Burdock Blood Bitters, so I got two bottles, and before I had taken all the first one, the pimples had nearly disappeared, and now I am completely cured."

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

play we could expect. In the exercise of that -fair play' the Premier saw Mr. Northrup ask the majority to take from me the privilege which was my constitutional right and give it to a member of the government and every member on the government side, from the Premier himself, rose to gag me and impose the gag on this side. I had an amendment to make, but I cannot make it now. That shows the amount of fair play

substituted for them. I have read in Conservative papers that obstruction After Hon. Dr. Pugskey had easily is the murderer of parliamentary exposed the Government pretensions that this guillotine was really a murderers are on the government merciful measure the formal vote mier's mouth to say that obstrucand the discussion on the closure tion is not within the rights of a parliamentary minority.'

DID NOT PREVENT BUSINESS.

"It has been charged that we have prevented the King's government be laid at our door but to the other

(Continued on page seven,)

Can't Get Away From It

Is it possible to nourish, strengthen and Rebuild the Brain by Food?

Every man who thinks uses up part of the brain each day. Why doesn't it all disappear and leave an empty skull in say a month of brain work? Because the man rebuilds each day.

If he builds a little less than he destroys, brain fag and nervous prostration result sure. If he builds back a little more each day, the brain grows stronger and more capable. That also is sure. Where does man get the material to rebuild his brain? Is it from air, sky or the ice of the Arctic sea? When you come to think about it, the rebuilding material must be in the food and drink.

That also is sure.

Are the brain rebuilding materials found in all food? In a good variety but not in suitable proportion in all.

To illustrate: we know bones are made largely of lime and magnesia taken from food; therefore to make healthy bone structure we must have food containing these things. We would hardly feed only sugar and fat to make healthy bone structure in a growing child.

If we desired to keep brain strong and healthy we would use food known to contain the things Nature uses for the purpose.

True, Nature provides these elements in a variety of edible things. We submit the following facts for those who care to know something definite on the subject:

Analysis of brain by an unquestionable authority, Geoghegan, shows of Mineral Salts, Phosphoric Acid and Potash combined (Phosphate of Potash) 2.91 per cent. of the total, 5.33 of all mineral Salts.

This is over one-half.

Beaunis, another authority, shows "Phospheric Acid combined" and Potash 73.44 per cent. from a total of 101.07.

Considerable more than one-half of Phosphate of Potash.

Analysis of Grape-Nuts show Potassium and Phosphorous (which join and make Phosphate of Potash) is considerable more than one-half of all the mineral salts in the

Dr. Geo. W. Carey, an authority on the "The gray matter of the brain is controlled entirely by the inorganic cell-salt, Potassium Phosphate (Phosphate of Potash). This salt unites with albumen and by the addition of oxygen creates nerve fluid or the gray matter of the brain. Of course, there is a trace of other salts and other organic matter in nerve fluid, but Potassium Phosphate is the chief factor and has the power within itself to attract, by its own law of affinity, all things needed to manufacture the elixir of life."

Further on he says: "The beginning and end of the matter is to supply the lacking principle, and in molecular form. exactly as Nature furnished it in vegetables, fruits and grain. To supply deficiencies-this is the only law of cure."

The natural conclusion is that if Phosphate of Potash is the needed mineral element in brain and you use food which does not contain it, you have brain fag because its daily loss is not supplied.

On the contrary, if you eat food known to be rich in this element, you place before the life forces that which nature demands for brain-building.

Mind does not work well on a brain that is broken down by lack of nourish-

A peaceful and evenly poised mind is necessary to good digestion.

Worry, anxiety, fear, hate, etc., etc., directly interfere with or stop the flow of Ptyalin, the digestive juice of the mouth, and also interfere with the flow of the digestive juices of stomach and pancreas.

Therefore, the mental state of the individual has much to do (more than suspected) with digestion.

Brain is made of Phosphate of Potash as the principal Mineral Salt, added to

Grape-Nuts contain that element as more than one-half of all its mineral salts. We must remember that nearly 95% of the brain is composed of water and albumen, but the little worker Phosphate of Potash must be present in order to blend the more bulky materials into useable form.

So with Grape-Nuts. The Phosphate of Potash is more than one-half of all the mineral salts, but the total volume of those elements is exceedingly small as compared with the greater bulk of other food elements contained in Grape-Nuts.

We should also remember that tois small ingredient should not be put into the food in the form it might come from a chemist, because man cannot produce these elements in as digestible a form as Old Mother Nature, when she puts them in the wheat and barley from which Grape-Nuts is made.

A healthy brain is important, if one would "do things" in this world.

A man who sneers at "Mind" sneers at the best and least understood part of himself. That part which some folks believe links us to the Infmite.

Mind asks for a healthy brain upon which to act, and Nature has defined a way to make a healthy brain and renew it day by day as it is used up from work of the previous day.

Nature's way to rebuild is by the use of food which supplies the things required. Brain rebuilding material is certainly found in a very natural and perfect form

Grape-Nuts

"There's a Reason"

THE CANADIAN POSTUM CEREAL CO., LTD., WINDSOR, ONT.