

## WHAT A REAL TONIC WILL DO

### Strikes at the Root of Disease and Gives New Health

If you look in your dictionary you will find the word "tonic" defined as a medicine that increases the strength and vigor of the system. That tells why Dr. Williams' Pink Pills are a real tonic. Thousands of men and women are ailing today, not sick in bed, but without strength and ambition, utterly tired out after a day's work. No one organ seems to be at fault, yet the whole system is lacking in health. They do not sleep well and are always tired and nervous, many have headaches, backaches and stomach trouble. All these people need the tonic help of Dr. Williams' Pink Pills. The beneficial influence of this medicine reaches the whole system. Dr. Williams' Pink Pills do more than relieve the symptoms, they actually remove the cause of the trouble. The case of Mr. J. H. Sharpe, London, Ont., is one in Sharpe says: "I was so run down and weak that life was a burden. The least exertion would exhaust me so greatly that I could hardly breathe. If going up stairs, I would have to rest several minutes when I reached the top. My heart would palpitate until I felt as if it would choke me. I was extremely nervous, in fact a complete wreck, and would sometimes have to remain in bed for a couple of days or more at a time. I found no help from medicine until I began using Dr. Williams' Pink Pills, and my experience with them was that they made me a complete cure. I gained in weight and my friends tell me I look younger than I did ten years ago—I know I certainly feel younger. I feel sure that what Dr. Williams' Pink Pills have done for me they will do for other women if given a fair chance."

If you are at all unwell do not fail to try Dr. Williams' Pink Pills, and you will find health and strength. Sold by medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

More than twenty thousand men of the warships of the United States Atlantic fleet contributed twenty-five cents each for a wedding present to Miss Helen Gould in appreciation of what she has done for the service.

**Electric Restorer for Men**  
Phosphonal restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. Phosphonal will make you a new man. Price \$3 a box, or two for \$5. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont.

Sold in Fredericton by A. J. RYAN.

## NEWS OF FREDERICTON

### TWENTY-ONE YEARS AGO

(From Weekly Herald of January 30, 1892.)

**SOME SPEED**—William Miller of the Queen, has purchased the speedy little Smith pacer from John McCoy. Will had him out yesterday and he showed very fast. The Black Ghost was also out but was not started.

**RACING AT OROMOCTO**—Among the fliers on the ice at Oromocto on Monday were those of Charles White G. A. Perley, Dr. Bridges, Allison McGrath, J. S. White and Harry Harrison.

**FINE TURNOUT**—J. A. Edwards of the Queen, has the handsomest pair of ponies ever seen here and it is very doubtful if they can be surpassed in the Dominion. The double-seated cutter and neat harness with the stylish team is a combination hard to beat.

**DEBATING SOCIETY**—At the Monday evening meeting of the Young Men's Literary and Debating Society the following will come up for discussion: "Resolved, that a law compelling school attendance should be placed upon the statute books of New Brunswick." L. H. Bliss leads the affirmative, F. P. Yorton the negative. Edwin P. McKnight is chairman. (Mr. Bliss is now postmaster of Fredericton, Mr. Yorton resides in Montreal, and Mr. McKnight is practising law in Boston.)

**THE ICE BUSINESS**—Hudson ice companies are congratulating themselves on having three or four inches of ice. The Penobscot has four to five inches. These rivers, which yield the great supply, will fall very far short of the required amount and it is almost sure New Brunswick will have to furnish a considerable quantity for the American market. Sixteen or eighteen inches of pure ice can be obtained here.

**A FAST ONE**—Thos. H. Colter, M. P. P., has the finest driving horse in the vicinity in his new purchase. The boys all give him the road. He will make the Fredericton horsemen take a back seat while the House is in session.

**FOR HORSEMEN**—William Dunbar, formerly in the employ of John McCoy of St. Mary's, and who has been in the west for some years, has returned to the city. He was with Nelson for a season. Last year he went west with eleven trotters and remained with them through the circuit. He will train the four Kearsage colts, owned by J. H. Reid, beginning with Kearsage Chief on Monday next.

**CIVIC ELECTION**—Despite the

snowstorm of Monday there was a large attendance at the polling booths where the aldermanic elections were on. The result was as follows:—King's Ward, Peter Duffie 61, Allan Randolph 59, Marshall Ritchie 52, Carleton Ward, P. Farrell 148, Benj. Everett 82, M. S. Hall 78, St. Ann's Ward, Joseph Walker 105, George Gilman 80, Elijah Estabrooks 79. John Moore and L. C. Macnutt will represent Queen's Ward and John Macpherson and Joseph VanDine Wellington Ward, having been elected by acclamation. (Of the eleven men composing the city council of that year only Messrs. Duffie, Randolph, Farrell, Walker and Macnutt are now living.)

**DONKEY SOLD**—Percy Gunn's donkey, cart, saddle and harness was shipped on Thursday to F. W. Tait of Shediac. An offer was made by a Woodstock party but he was too late.

**BARRISTERS' SOCIETY**—The Barristers' Society held its annual meeting last night and elected officers as follows:—President, C. W. Weldon, Q.C.; vice-president, Eon. A. G. Blair; council, G. F. Gregory, Q.C., Dr. Barker Q.C., D. L. Hamington, Q.C., Solicitor General Pugsley and Hon. A. S. White, secretary-treasurer and librarian, George W. Allen.

**PERSONAL MENTION**—Judge King was in town during the week. Judge Barker was at the Barker on Tuesday. George F. Baird, M.P., of St. John, was in the city on Friday. C. E. Neill of the Merchants' Bank, is on the sick list. T. Carleton Allen, who has been laid up, is out again. M. Welch of Glassville, was here during the week on business. John B. Grieves of the Waverley, returned from New York on Tuesday, accompanied by his wife.

**MARYSVILLE CARNIVAL**—Prize winners at the carnival held in Marysville this week were:—Ladies, Mrs. B. Pond and Mrs. J. Wheeler, "Darning Socks"; Miss Flora Tapley, "Queen of Fairies"; Mrs. Frank McGrath and Miss Jennie Robinson, "Patchwork." Gentlemen, Byron Phair, "Fortune Teller"; Frank Robinson and Sandy Tapley, "Old and New Year"; Harry Lee, "Bell Cigar."

**NEW RESTAURATEUR**—An Ottawa despatch says:—"Mr. F. B. Coleman of Fredericton, N.B., who has been appointed to take charge of the House of Commons Restaurant next session, arrived here last night and had a conference with Speaker White today. He says that nearly everything in connection with the restaurant was in a deplorable condition and he informed the Speaker that if the necessary changes were not made and the additional appliances supplied he would refuse to act. Mr. White asked him to put in a requisition for what he required and he (the Speaker) would do what he could to have the place put in order. This satisfied Mr. Coleman, who returns to Fredericton tomorrow and will again visit the capital February 18, bringing along with him two chief cooks from New York, a head waiter from Montreal and his other principal help from Fredericton. The restaurant will be run on the Club principal, the bar being abolished."

**OFFICERS ELECTED**—H. C. Creed installed the following officers of Court Militie, No. 137, I.O.F.:—J. F. McMurray, C.F.; A. C. Fleming, V.C.R.; J. F. Richards, Rec. Sec.; H. C. Creed, Fin. Sec.; H. G. Estey, Treas.; W. H. Christie, S.W.; J. Woodward, J.W.; J. Dunlap, S.B.; R. Haney, J.B.; J. F. Richards, C. D.H.C.R.; J. C. Gunn, I.P.C.R.; Trustees, J. F. McMurray, J. F. Richards, H. G. Estey, Alex. Burchill and J. D. Fowler.

## NORMAL SCHOOL LOST TO ST. JOHN HIGH SCHOOL

The basketball team of St. John High School which accompanied the hockey team here partially atoned for the unmerciful drubbing the hockeyists received last night by beating the Provincial Normal School team at the Y. M. C. A. gymnasium yesterday afternoon by the narrow margin of one point. The final score was 19 to 18. The teams lined up as follows:—

St. John High	Normal
McPherson.....	Forwards
McAndrews.....	Harper
	McKenzie
	Centre
Lingley.....	Defence
	Manning
Gibson (Capt.).....	McDonald
Markham.....	Stokes

Reg. Jago essayed to handle the whistle but at half-time his services were dispensed with as unsatisfactory and George Melrose finished the game as referee. Both teams played hard and the game was anybody's until time was called. Manning, Stokes and McKenzie were the Normal School stars and Lingley and Gibson

## Had Pains 'Around' The Heart AND SMOTHERING FEELINGS.

The terrible smothering and choking sensations and sinking turns, that come to those whose heart and nerves are deranged or disordered call for prompt relief.

There is nothing that brings with it such a fear of death as to wake up in the night with that awful feeling of smothering.

Milburn's Heart and Nerve Pills are the only remedy that can give prompt relief and effect a complete cure in cases of such severity.

Mrs. Wm. Lee, Uthoff, Ont., writes:—"I have taken three boxes of Milburn's Heart and Nerve Pills, and am now well. I had such pains around my heart and such smothering feelings that I thought I would surely die. My head used to be propped up with pillows to keep me from smothering. One day I read in a paper about your Milburn's Heart and Nerve Pills, and three boxes cured me."

Price, 50 cents per box; 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

## CRESCENTS BEAT SOCIALS

Halifax, N. S., Jan. 31—In ten minutes overtime play tonight the Crescent hockey team scored a goal which gave them the victory over the Socials by a score of 4 to 3. The ice was very soft, so that the heavier men on the Crescents had some advantage over the lighter Socials with their fast skating. This is the first win for the Crescents who have a record of seven games lost. There were 2,500 spectators.

At New Glasgow the Moncton Victorias were defeated by the home team, 10 to 2.

Chicago fans have arranged a great reception for Frank Chance, former Cub pilot when he makes his first appearance in the Windy City as manager of the New Yorks.

did the best playing for St. John High.

## CENTRAL KINGSCLEAR.

Central Kingsclear, Jan. 29—We are having very fine weather but it doesn't suit the farmers of this place on account of no snow.

Quite a number of our young people attended the social at Keswick, at the home of Mr. Robert Long. About two hundred sat down to tea. A very sociable evening was spent. Miss Millie Jewett presided at the piano and the ladies and gentlemen dined the singing. Mr. and Mrs. Long entertained their friends very pleasantly. The sum of \$40 was realized the money being for church purposes.

Thursday afternoon there was racing on the river. Quite a number of races were run and a large number gathered to see the fun. There were some fine races by Dr. Robertson, Clowes Patterson, Frank Dunphy, J. Burnett, F. Burnett and Mr. Albright.

A pie social was held at Upper Kingsclear last Wednesday. The sum of \$78 was realized, the proceeds being for church purposes.

Mr. John McKay, who was so seriously hurt while binding a load of hay, we are glad to learn is able to be out again.

Mrs. Edward Goodine of Upper Kingsclear, received a telegram on Tuesday that her oldest daughter, Mrs. Rosana Chase, died in Boston of heart failure. Three sisters, Mrs. Massey, Mrs. Tyler Mills and Mrs. Paul Baulta, left on the Wednesday morning train for Boston to attend the funeral. Much sympathy is extended to the bereaved family.

Mr. Charles Murray has moved his hay press to the Island.

A bitter fight has been started against the company or so-called "Pluck Me" stores conducted by the steel and iron and coal and coke companies operating in the Piteburg district of Pennsylvania.

The International Brotherhood of Bookbinders asserts it has gained in membership about one thousand in the last four months and now has a total membership in good standing of about eleven thousand.

For the first time since the L.W.W. strike last spring, the full complement of laborers is now at work on the western division of the Grand Trunk Pacific. There are now 2,500 men working in the construct on camps.

## CASCARETS SURELY STRAIGHTENED YOU OUT

No Headache, Biliousness, Upon Stomach, Lazy Liver or Constipated Bowels by Morning

Are you keeping your bowels, liver and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway through these alimentary or drainage organs every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day Let Cascarets thoroughly cleanse and regulate the stomach, remove the undigested food and foul gases, take the excess bile from the liver and carry out of the system all the decomposed waste matter and poisons in the intestines and bowels.

A Cascaret tonight will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your druggist. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipated Bowels. Cascarets belong in every household. Children just love to take them.

## WELLS TO MEET MCCARTY

New York, Jan. 31—Bombardier Wells English heavyweight champion and McCarty have been matched to box ten rounds in Madison Square Garden the latter part of March or early in April, according to cable reports from London.

Dr. Frank J. Sexton, the Harvard University baseball coach, has signed a three-year contract with the Harvard Athletic Committee.

## Cook's Cotton Root Compound.

The great Uterine Tonic, and only safe effective Monthly Regulator on which women can depend. Sold in three degrees of strength—No. 1, \$1; No. 2, 10 degrees stronger, \$2; No. 3, for special cases, \$3 per box. Sold by all druggists or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly WINDSOR)



SMOKERS WHO KNOW  
will always select

# MASTER MASON

Cut Plug Tobacco

The reliable brand cut from our original "AMERICAN NAVY" Plug; made from the finest selected American leaf tobacco.

SOLD BY ALL DEALERS  
MANUFACTURED BY  
**ROCK CITY TOBACCO CO.**  
QUEBEC



## The Rosy Bloom On a Woman's Cheek

is the most alluring beauty in the world. It is a prize within reach of almost every woman, if she will but give proper attention to her skin and her general health.

The evil effects of raw winds, dust, extreme cold, working in overheated and steamy rooms or in bad air, can be counteracted by using

## NA-DRU-CO Ruby Rose Cold Cream

This is a snowy-white preparation with a delicate rose perfume. It cleanses the skin, nourishes and fills out the deeper tissues, smoothes out wrinkles and imparts a velvety softness, free from roughness, redness or chaps. It keeps the skin healthy, and Nature supplies the rosy bloom.

In 25c. opal glass jars, at your Druggist's.

## NA-DRU-CO Witch Hazel Cream

is a delightfully soothing preparation of Witch Hazel, presenting all its wonderful cooling and healing properties in a most agreeable form.

For the skin irritation which winter brings—chaps, wind-burn, cracked lips, frost-bites or chilblain—it is a remedy as pleasant as it is effective.

25c. a bottle, at your Druggist's.


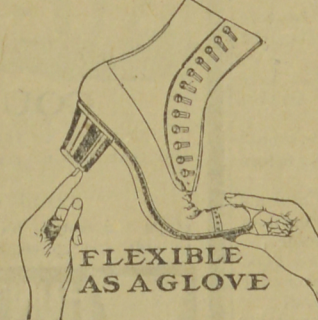
Always look for the Na-Dru-Co Trade Mark when you buy.

National Drug and Chemical Co. of Canada, Limited.



# Queen Quality

## THE FAMOUS SHOE

FLEXIBLE AS A GLOVE

You would hold up your hands in horror if an edict went forth requiring all women to bind their feet after the ancient Chinese custom.

Thousands of women suffer daily the tortures of the old-fashioned stiff soled boot, without knowing the remedy.

Yet, there is one—"Queen Quality" shoes with the new flexible Wonder Worker Welted Sole that utterly banishes foot discomfort, and is the easiest going, most flexible sole in the world.

SOLD ONLY BY

# R. B. VanDine

Fredericton, N. B.