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This work demands more than skill-

in this town, proves that we possess boxes at once.' all these qualifications. Besides this

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ain Office and Residence, King

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BIG 35c DINNER

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A call at our office will convince

you that the "snows of many win-

ters upon your head" need have no

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Let us restore and preserve your

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# COLGATE'S TOILET

A full line of Talcum Powder always in stock.

The best Spring Medicines in the back ten, twenty or fifty years, so market always on hand.

Soda Water and Cigars our speclalty.

STAPLES PHARMACY

# Strenoth Returns, Health Renewed,

WEAK, TIRED FOLKS

Vitality of Youth Recreated

Exhaustion and Bodily Tiredness Every Day Being Turned Into Vigor and Ambition by Dr. Hamilton's Pills

From Cheboque Pt., N.S., comes the following from Mrs. W. A. Reynolds: "A year ago my health began to fail, I lost appetite, became nervous and sleepless. My weight ran full hands. Technical knowledge, ex- down, I became thin, hollow-cheeked pertience and a clear head are all nec- and had black rings under my eyes I really felt as if the charm of life had left me and when springtime arrived I was in the 'blues.' I read of Our work and 'there is much of it Dr. Hamilton's Pills and got five

"Within a month my appetite and we have a full line of Plumbers' color were good. I gained strength Supplies and can do all ordinary and felt like a new woman. New life or extraordinary jobs prompty and and vigor returned and my friends scarcely knew me. A medicine that will do this should be in every home

> Good health means much to you. Success and happiness depend upon The maintenance and source of health is found in Dr. Hamilton's Pills, 25c. per box, or five boxes for \$1.00, at all druggists and store keepers, or by mail from the Catarrhozone Co., Buffalo, N.Y., and Kingston, Canada.

### DR. J. B. CROCKER **NEWS FORECAST FOR** THE COMMING WEEK felephone, Office, 419-11. House 57-41

Washington, D. C., May 17—The first meeting of the executive com-Dentist mittee of the Republican National Committee since the November election will be held in Washington, Saturday. At that time there will be a discussion as to what steps shall Le taken by the national organization to bring the party more closely in touch with the progressive ideas of

> William M. Wood, the millionaire president of the American Woclen Company, is to be placed on trial in Boston, Monday, on an indictment charging him and two associates with onspiracy in connection with the 'planting'' of dynamite in Lawrence for the purpose of inflaming public opinion against the striking mill operatives a year ago.

The second trial of Burton W. Gibson, the New York lawyer accused of the murder of Mrs. Rose Menshik Szabo at Greenwood Lake, N. J. last July, is scheduled to begin Monday at Newburgh, N. Y. The first trial of the case was held last November and resulted in a jury disagreement.

Six corporations and eighteen individuals, who are alleged to constitute the coaster brake trust, are to be placed on trial in the Federal court at Buffalo Tuesday on indictments charging them with violations of the Sherman act.

The big event of the week abroad will be the marriage of Princess Victoria Louise, daughter of the German Emperor, and Prince Ernst August, son of the Duke of Cumberland. The royal wedding festivities will last three days. The program provides for a gala opera Thursday night a state banquet Driday, and the marriage ceremony on Saturday.

Gen. Mario Menocal, a comparatively young man, who was educated at Cornell University, will be inaugurated President of Cuba on Tuesday in succession to Jose Miguel Gomez. At the same time Enrique Jose Varona will be installed as Vice Presi-

A number of important conventions are scheduled for the week, among them the anniversary meetings the Unitarians, in Boston; the Northern Baptist Convention, in Detroit; the National Association of Railway Mail Clerks, in Cincinnati; the Brotherhood of Railway Trainmen, in San Francisco; the National Association of Retail Grocers, in St. Louis; the National Association of Manufacturers, in Detroit; the National Conference of Church Clubs, in Boston, and the Associated Harvard Clubs, in St.

Also contributing to the news of the week will be the celebration of Empire Day throughout Great Britain, the observances of the Richard There is probably little excuse if you do not enjoy the youthful functions of your eyes that you did "years ago."

A call

> The Farmers' Union has been making a study of the conditions of farm laborers in the United States. According to the federal census reports, farm wages in the United States average \$10.81 per month with and \$29.58 without board.

Sheet metal workers have received notice to the effect that at the next meeting of the international body a move will be made in the direction of establishing somewhere a home for all disabled members of the craft, along the lines of the homes established by other crafts.

# THE LEADERSHIP OF

(By Charles H. Pennoyer Benjamin Rush, the centenary of whose death was celebrated April 19 last, was an American physician, who was born in Philadelphia in 1745 or 1748. He was born on a homestead founded by his grandfather who had

followed William Penn from England in 1683, being of the Quaker persuasion and a gunsmith by trade. Benjamin, who is called the 'Sydenham of America," was graduated from Princeton University in 1760, received his medical degree abroad, and after studying in Edinburgh, London, and Paris, was appointed professor of chemistry in the Philadeluhia Medical College (now the medical department of the University of Pennsylvania,) in 1769. We

learn, too, that he was elected a member of the continental Congress, and was a signer of the Declaration He founded the Philadelphia Dispensary in 1785; and also the "College of Physicians" which seems to

have been consolidatee with the University of Pennsylvania. We are told that he took part in the formation of the new State constitution. and was a member of the Pennsylvania Convention for the drawing up and ratification of the Federal Con-

In 1789 he resigned his chair in the medical college for that of the theory and practice of medicine. He did efficient work during the yellow fever minister to France and was first for- the military hospitals. epidemic of 1793, for which services he received testimonials from Eurowas elected professor of Institution | 30, 1859. of Medical and Clinical practice in

lege, vice president of the Philadelphia Bible Society, and of the American Philosophical Society and president of the Philadelphia Medical Society, as well as of the Society for the Abolition of Slavery.

"He was the central figure of the medical world of Philadelphia, as Cullen was at Edinburgh, and Boerhave at Leyden." His method and regulation of life were on Franklin model, he being an intimate friend that other Benjamin. In the thirty years in which he attended the Pennsylvania Hospital as physician he is said never to have missed his daily visit, and never to have been more than ten minutes late. He did an enormous amount of work, we learn, and gave up his leisure at the end of the day to reading poetry, history and moral sciences. He was leading spirit in political and social movements. In 1774 he started, along with James Pemberton, the first anti-slavery society in America and was its secretary for many years

He wrote much on medical topics, wrote on the Test Laws, "Sermons to the rich, Negro Slavery; and in fact his writings cover an immense range, we learn, of language, the study of Latin and Greek, on the moral faculty, capital punishment,

negro, tobacco smoking, spirit drink ing, and many other subjects. He was well known in Europe and was elected honorary member of several foreign societies.

One son, James, born March 1 1786, graduated from Princeton in 1805, had doctors degree from versity of Pennsylvania, studied abroad, married into fortune, his becoming a brilliant society leader, he writing and leaving es tate to Philadelphia Library.

Another son, Richard, was born August 29, 1780, was graduated from Princeton, in 1797, studied law and admitted to the bar in 1800. Became attorney-general of Pennsylvania in 1811, same year appointed comptrol-ler of United States Treasury, and in 1814 became attorney-general the United States. He was secretary of State under President Monroe; then minister to England, where he negotiated a number of important (especially that of 1818 relating to North Atlantic Fisheries, and north eastern boundary, then Secretary of Treasury under President - John Quincy Adams, 1825; was a candidate for vice-presidency of the United States with J. Q. Adams; obtained loans abroad for Washington and other cities; became Democrat in peaceful was the Universalist belief. early thirties, opposed U. S. Bank;

He was a founder of Dickinson Col- that I can name Dr. Rush as an open, mind' took the radical ground of tot iversalism was more that of the Mil- on subjects relating to morals." nomination however.

> Dr. Rush tried to unite all Christians, of the present temperance reform under Universalist leadership but was work in America, I believe, and Bos ton Universallists organized a Sunda School in 1School in 1791. Dr. Rus

upon the human heart will direct it Indians, maple sugar, blackness of into wish es for the Salvation of all

# Skin Disea

. ARE PAINFUL AND UNSIGHTLY.

Among the most prevalent are Salt Rheum, Eczema, Tetter, Rash, Boils, Pimples and Itching Skin Eruptions.

These troubles always arise from the blood being in a bad condition and it is absolutely impossible to eradicate them from the system unless you put your blood into good shape. This you can do without the slightest trouble by using Burdock Blood Bitters.

It drives out all the humor from the blood, and makes it pure and rich. Thousands of people have used it during the last thirty-five years and have been cured.

Mr. Robert Gamble, Jones Falls, Ont., says:-"I write with the greatest of pleasure to recommend your great blood purifier, Burdock Blood Bitters. My wife and I had itching sores on our face and ears, and tried everything to help them, but found no relief. We saw your B.B.B. advertised and got a bottle, and before it was half gone we both were getting better, and when it was all gone we were cured."

Burdock Blood Bitters is manufactured only by The T. Miburn Co., Limited, Toronto, Ont.

Mankind'; and again "The Universal ist doctrin is not a mere speculation but a new principle of action of the heart prompting to practical godli-He told Murray too,

Dr. Rush was the appointed in 1777 sent by President Jackson to Eng-land to get Smithsonian Institute Army for the Middle Department, and legacy; was sent by President Polkas subsequently Physician General for eign representative to recognize that prepared "Directions for Preserving Republic of 1848; was superintendent the health of soldiers," put his led in of publication of "The Laws of the 1777 by order of the Board of War, for pean sovereigns. He was appointed treasurer of the United States Mint Nation;" also wrote about his amthe American Army engaged in the bassadorship in England of 1817- war of the revolution. Under the head 1825, and many works; he died July of "Diet" he urged against the custom of drink ng spirituous liquors, a most In letters of Mrs. Murray, wife of radical position to take. His 1794 of Medical and Clinical practice in University of Pennsylvania and to chair of Physic in 1805.

In letters of Mrs. Muliay, which is radical position to take. The first work "Medical Inquiries into the effect versalist, it is stated "I am happy of ardent, spirits upon the body and avowed professor of and ornament to, al abstinence, which position he had the religion of Jesus." Dr. Rush was also took in 1788 in an "address to however a Universalist disciple of Rev. the ministers of the Gospel of every Elhanan Winchester. The latter's Undenomination in the United States up ennial, Dawn belief, while Murray appeared before the Philadelpica Con was a Calvinist, and Hosea Ballou a ference of the Methodist Episcopal Unitarian, all in the Uni versalist de Conference, same year, urging total abstinence reform, and in 1811 before The composition of the articles of the General Assembly of the Presby-faith, plan and recommendation were terian Church. All authorities will revised by Dr. Rush, at the Philadel- agree with James Black in saying that phia Universalist Convention of 1790, Rush was "unquestionably the father

He was a zealous advocate of public unsuccessful. The first day or Sun- schools, wrieing and publishing sever day School Society, was organized in Philadelphia, in 1790, unsectadian, under the leadership of Universali penal code, and, though ridiculed at Rush, Catholic Matthew Carey an first, some of his reforms won. He Episcopalian Eishop White, but ecles opposed capital punishment. In fact astical influences broke up this unity he was an all-round reformer and pro-This was beginning of Sunday Scho | gressiveist of the best type. The first resolution passed by a religious cor vention in America setting forth total abstinence for the individual and prosent Winchester on missionary work hibition for the State, is said to have been by a Universalist Convention; Among letters of Dr. Rush to Win the first resolution likewise of a rechester are words "At present, w ligious thidy against colding slaves wish 'liberty to the whole world.' But was the Universalist one of 1790; the the next touch of the celestial magnet first great agitation against capital

(Continued on page three.)

## Harms Students

More Than Most Anyone Else.

The Chief of the Presbyterian Hospital in N. Y., Dr. Fisher, tells one very easy way to avoid some physical ills,

His comments on

# TEA and COFF

are most interesting (see letter in southeast corner.)

If the subject appeals to you, Try leaving off tea and coffee entirely, use Instant Postum and carefully note, day by day, the return to health and strength.

A level teaspoonful of Instant Postum in an ordinary cup of hot water dissolves instantly and makes it right for most persons.

A big cup requires more, and some people who like strong things put in a heaping spoonful and temper it with a large supply of

Experiment until you know the amount that pleases your palate and have it served that way in the future.

Postum comes in two forms.

Regular (must be boiled)

Dr. C. Irving Fisher, for a quarter century at head of New York's great Presbyterian Hospital, says in The New York Times of March 23, 1913:

SPEAKS OUT.

"Coffee poisoning is becoming constantly more common in this country, especially among students whom it harms more than it would harm almost

anybody else. "Coffee intoxication does not lead to wife beating but its physiological effects upon some of its victoms are almost as bad as those of alcoholic

poisoning. "We continually find at the various clinics signs

of the harm done by the excessive use of tea and coffee among children.

"Surely this is quite preventable. "Children not infrequently appear whose ner-

vous and digestive systems have been wrecked by Instant Postum doesn't require boiling, but is prepared instantly by stirring a level teaspoonful

### in a cup of hot water. There's a Reason" for POSTUM

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