FROM THE RURAL DISRICTS

SOUTHAMPTON Southampton, July 31.— Philip Grant was married in Woodstock Wednesday to Miss Beatrice Mc-Corquind..lc, cf Larcf..ld. U.o.a their return in the evening the hore turned out and gave them an old time charivari, and were very genererously treated.

Preeceville, Saskatchewan, who has been visiting his parents, Mr. and Mrs. David Tompkins, of Green tended the camp meetings at Mac-Bush, returned to the west last ev- naquac on Sunday last.

last Saturday.

Mrs. W. L. Turner and two sons Me., of Meductic, were here by auto on Thursday. Clifford Grant, only son of Charles Bessie McLean spent the afternoon Mrs. J. Hurley of Mrs. Blanchard Brown and Miss

R. in Saskatchewan, as one of th- day last week. gineers, has returned, and now oc-

visiting friends in Moncton.

tion at the close of his service Sun- Mrs. Harry McLean. ay evening. George Farnham caught \$200 worth spend ng a few weeks with friends Mrs. T'. Maloney of Boston is day evening.

salmon in two weeks-eighteen and relatives here. fish in one day.

Mrs. Adney's musical academy, of Stephen. Mrs. Gordon A. Grant, will leave Price of Presque Isle, Me., have Stack spent Sunday at Mr. John Germany, where she will pursue her studies in music for three years. She will be accompanied by the Misses McAdam, Miss Helen Vanwart and Miss Edna Baird of Fred-ericton. On their trip they will make stops at the following places: Mon-treal, Liverpool, Edinburgh, Lon-don, The Hague, Paris, Berlin, and then no to Leinsie then on to Leipsic.

Aug. 4.-The weather for the past rously treated. few days has been very fine and Walter Tomokins, station agent of pleasant for the haymakers, and

ening. Mr. and Mrs. Guy Farnham, of Worcester (Mass.,) returned home last Saturday. Mr. R. B. Brown is busily engag-ed hauling from Fredericton for the merchants of this place.

Mr. Ralph Hagerman of Bangor, is spending a few weeks with

R. In Saskatchewan, as one of the day last week. gineers, has returned, and now oc-cupues a similar position on the Valley railway. Mrs. N. W. Brown and children are Mrs. N. W. Brown and children are

visiting friends in Moncton. Rev. Mr. Rutledge read his resigna-Minnie McLean spent Friday with Mr. Ma

Miss Verna McLean is spending

the last of next month for Leipsic, recently said a visit at the former's Crowley's.

see them leave.

is certainly one of the most disagreeis certainly one of the most disagree-able ailments which flesh is heir to. Coated tongue—bitter taste in the mouth—nausea—dizziness—these combine to make life a burden. The cause is a disordered liver—the cure Dr. Morse's Indian Root Pills. They go straight to the root of the trouble, put the liver right, cleanse the stom-ach and bowels, clear the tongue and take away the bitter taste from the mouth. At the first sign of bilious-ness take

Dr. Morse's " Indian Root Pills

CORK

Biliousness-

Cork Station, August 5.-It has een raining here for the last three Yarmouth. days which is quite a put back to some of our farmers who has a lot of hay under it.

Guite a number of the young folks are going to attend the Howes Cir-

Mrs. J. Hurley of Hanwell spent E. Grant, who has been on the C.N. with Mrs. Harvey Ingraham, one last week here with her father Mr. of a class of sixty Friday evening, P. Maloney.

Mr. Martin Kennedy paid us a visit one day last week and re-

visiting relatives here.

Mr. Medred Foley made a flying Miss Gladys Grant, a graduate of the summer with relatives in St. trip to Mr. A. Kennedy's one night

Some of the women have taken up the joppotionity of trying to straighten out the Rural Mail ques-tion, but is not making much head-

sination of President Laconte.



Truro, N.S., Aug. 6-The eleventh session of the Grand Council of the Royal Arcanum is in session here Much business has been transacted and there is a very large attendance. Supreme Regent Frank B. Wickersham of Harrison, Pr, is present; also Hon. B. M. Nead, who will act as installing officer. Officers were elected today as follows: Grand Regent, H. H. James of St.

John. Vice Grand Regent, H. C. Goudy,

Orator, W. H. Studd, Halifax. Past Grand Regent, C. A. McLennan, Truro.

Treasurer, J. F. Allison, Sackville Grand Secretary, C. W. Burney. The supreme regent goes from here to St. John to witness an initiation and special arrangement has been

Wood's Phosphedias, The Freat English Remedy Tones and invigorates the who for \$5. One will please, six all druggists or mailed in mil to Mr. A. Kennedy's one night ist week. Mr. Ambrose Donahce and George Vintues and George Vintues on mailed in formerly Windsort Toronto, Ont

LOWER HAIEESVILLE.

Lower Hainesville, Aug. 5-Most of vices and our lives and that any the farmers in this section of the other policy is un-Canadian, un-Britcountry have commenced having and ish and in every way ignoble and report the crop very light while the worthy of contempt. grain and root crop has every appearance of being a good one. Mrs. Dolph E. Nixon and little daughter Evelyn, have returned to her home at Hartland, having tpent the past three weeks with her mother Mrs. J. White of this place.

Mr.and Mrs. James Loney and Miss Frances Haines of Marysville, spent Sunday, July 20th, with Mrs. Miles

Mrs. J. T. Pound of Millinoczet, Me., has been visiting relatives and friends in this place.

Mrs. Wm. Clark has been spending a few days with her sister, Mrs. D. Moore, of Houlton, Me,

The many friends of Mrs. James Reynolds, formerly of this place, but now residing at St. Mary's, will regret to hear that his condition us

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♦ One hundred cents make one ♦ odollar. ♦ Yet when you spend your dol- ♦

♦ lan how efficient is it? Do you ♦
♦ get 60c., 80c. or 100c. worth? ♦ The answer is squarely up to ♦ 🔷 you. It depends upon your 🔶 method of spending.

♦ If you are alive and interested ♦ ♦ In finding out for yourseli the ♦
 ♦ "what, when and where" of ♦

la money spending, every purchase, t every investment you make
brings you the fullest possible ♦ returns for your dollar.

The man or woman who reads \blacklozenge advertising intelligently and \blacklozenge continually makes a dollar do its full stint of work.

the Trent Canal, which has been ab-Canada, that it is the duty of the sorbing more or lass public money Canadian people to support the emannually for several years. It compire in case of stress, not merely mends itself to Mr. Cochrane, though there is absolutely no prospect of its paying running expenses and yet he

REST, \$12,500,000

- G. W. HARRISON, Manager

8.8

of the Canada Eastern Railway on the ground of economy! The canal

"The proper constitutional and the is in Ontario and the railway in New



HYSLOP BROTHERS, LIMITED SHUTER AND VICTORIA STREETS, TORONTO, ONT.

Norz-Mention name of paper when answering this advertisement. Wm. C. Burtt F'ton. N. B. AUTOMOBILE, MOTOR BOAT, AND BICYCLE REPAIRS. AGENT FOR TUDHOPE AUTOMOBILES, "THE CAR AHEAD". PERFECT BICYLELES, COLUMBIA BATTERIES **Gingham Sale** All our Gingham, Regular 14c to 20c per yard. Special This Week 10 cents per yard. .: Williams' Specialty Store DRY GOODS, LADIES FURNISHING AND MILLINERY 66 YORK STREET - PHONE 219-31

Human Need

Some fifeteen years ago Grape-Nuts was originated for the purpose of comining in a food delicious flavour, rich nourishment and easy digestion.

Today there are thousands of families all over the world who use this food regularly --- in many instances from the first year it was marketed.

Grape-Nuts FOOD

Fills a

Made of wheat and barley, is perfectly baked and rich in the mineral phosphates which are essential to the building of healthy brains and strong bodies.

White bread lacks these "vital

A DOCTOR SAYS

GRAPE-NUTS FOOD CONTAINS ALL THE ELEMENTS CON-DENSED

There was a time when doctors de pended almost entirely on the use of drugs in treating disease. That day is happily past, and our doctors of today, are men of wider views-they have learned that proper food is most important in healing disease.

An eastern physician says :

"Disease is often an effort of Nature to get rid of impurities in the system as the result of incorrect habits-wrong living. The cause of lisease ought to and can be removed by right living and right thinking. "Nature requires good air, sunlight, food of proper quality and quantity, plenty of pure water, exer-cise, cleandiness and sleepf When these conditions are met, health fol-lows, but when they are denied or neglected, sickness and disease are sure to result.

with empty ships but with our ser-

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OF COMMERCE

MONEY ORDERS

Issued by The Canadian Bank of Commerce, are a safe, convenient and

inexpensive method of remitting small sums of money. These Orders, payable without charge at any bank in Canada (except in the Yukon Territory) and in the principal cities of the United States, are issued at

REMITTANCES ABROAD

should be made by means of our SPECIAL FOREIGN DRAFTS and MONEY ORDERS. Issued without delay at reasonable rates.

the high imperial and Canadian stand of Canada, calls for service on both

you have taken on the navy ques- oceans and no other policy should be

tion. We unhesitatingly condemm the adopted by the parliament of Canada

CAPITAL, \$15,000,000

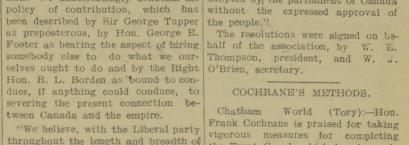
\$5 and under .

FREDERICTON BRANCH -

the following rates:

has abandoned the Chelmsford section

natural development of the Dominion Brunswick.



tissue salts," because the outer coat of the grain in which they are stored is thrown out by the miller to make the flour white.

The deficiency cannot be supplied from the drug shop, but only from the field grains which Nature provides for man's food.

And so in Grape-Nuts all the rich brain and body building nourishment of choice wheat and malted barley (including the natural phosphates stored in the outer coat of the grains) is present ed in form for easy digestion and quick assimilation. And Grape-Nuts has a delicious taste.

If you are interested in being well, and are not acquainted with this food, send 2c stamp for sample.

1

14

Sold by Grocers everywhere. "There's a Reason" for GRAPE-NUTS

Made by Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

"The important question is to deside what is the proper kind of food to supply the physical and mental necessities of man. I have had exgerience with the various food stuffs known to our markets, but up to the present time I have met with no other answering so fully all the re-quirements as does Grape-Nuts food.

"In my own experience and observation in my practice, I have founnd Grape-Nuts to be not only more satisfying, but more lasting in the use. It. benefit derived from its use. It sends a man forth to his labors in a state of physical comfort, with a cheerful and buoyant spirit; and the rnd of the day finds him with re-serve strength-he suffers less from exhaustion and depletion of powers.

"I partucularly recommend Grape-Nuts food to those whose occupations involve a great deal of brain work. There could not be a food better adapted to the strengthening and conversation of the faculties and energies. It supplies a more sustained mental vigor than any other food that I know of.

"Grape-Nuts food contains all the elements that form the valuable part of natural diet in a condensed, toothsome and easily digestible form." Name given by Canadian Postum Co., Windsor, Ont.

If you are not already a care-4 ful reader of Mail advs begin ♦ today and be one.

WORDS OF CHEER FOR LIBERAL LEADERS

Ottawa, Aug. 6-From Canada's most remote hinterlands comes a message of unequivocal allegiance to Liberal principles and a hearty endorsation of the stand recently taken by the leaders of the Liberal cause in the upper and lower Houses of Parliament. The Yukon Territorial Lib eral Association have forwarded the following resolution to Sir Wilfrid Laurier and Sir George Ross which were passed unanimously at the an nual meeting of the association on July 10th.

"To the Right Honorable Sir Wilfrid Laurien, P.C., G.C.M.G., M.P., Leader of His Majesty's Loyal Opposition:

"Resolved and unanimously agreed, that the entire approval and endor-sation of this association be extended to yourself and your worthy lieuten ant for the manly and patriotic stand taken in parliament and throughout the country on behalf of the people of Canada and the empire upon all great questions of national import ance and more especially against the proposed naval contribution of thirty-five million dollars; the inlamous gag rule; the highways bill; the banking act (the latter two without the necessary public safeguards) and that we further pladge you a com tinuation of our unswerving loyalty and support and further;

ENDORSE THE SENATE. "To the Hon. Sir George Ross, Kt. LL.D., Leader of the Opposition in the Canadian Senate: "We desire to congratulate you on

