

JUST TRY A TEN CENT BOX OF CASCARETS

Insures you for months against a Sick
Headach, Biliousness, Constipation
or a Bad Stomach

Put aside—just once—the Salts, Cathartic Pills, Castor Oil or purgative waters which merely force a passageway through the bowels, but do not thoroughly cleanse, freshen and purify these drainage or alimentary organs, and have no effect whatever upon the liver and stomach.

Keep your inside organs pure and fresh with Cascarets, which thoroughly cleanse the stomach, remove the indigestible, sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the decomposed waste matter and poisons in the intestines and bowels.

A Cascaret tonight will make you feel great by morning. They work while you sleep—never gripe, sicken and cost only 10 cents a box from your druggist. Millions of men and women have a Cascaret now and then and never have Headache, Biliousness, coated tongue, Indigestion, Sour Stomach or Constipated bowels. Cascarets belong in every household. Children just love to take them.

Only the difference of one game lost separate Springfield and Bridgeport at the close of the Connecticut league season. Springfield landed the muslin, with Bridgeport second.

AMERICAN ATHLETES STARRED AT CANADIAN CHAMPIONSHIP GAMES

Montreal, Sept. 23.—The Irish-American athletes from New York were the big winners at the Canadian track and field championships held at the M. A. A. grounds today. Representatives of that club carried off 8 firsts, 3 seconds and a third, thus scoring a total of 31 points, giving them a big lead over other contending organizations.

Bostonmen also did well, 2 firsts, a second and a 6 thirds going to that city. The track was in fine shape, and the weather good; but on the whole the performances were not exceptionally brilliant, and in the middle and long distances the times were slow, considering the reputation of the runners.

Matt McGrath was the only record breaker of the day establishing a new Canadian record when he threw the 16 pound hammer 182 feet 2 inches, not far short of the world's mark; and a new world's record when he tossed the 56 pound weight 40 feet 5 1/2 inches.

Montreal's athletes were not much in evidence. In the polevault, however, Bill Happeney carried off first place vaulting 12 feet, 2 inches. He then went after the Canadian record, but although he got over the bar on his third attempt, the number card on his back which had worked loose, displaced it as he was coming down and the jump was not allowed.

Eller, of the Irish Canadians won the hurdles with Frank Lukeman who was running unattached, in second place. The time, 15 3-5 seconds, equals the Canadian record. The Boston A. A. won the relay

DEPARTMENT OF RAILWAYS AND CANALS Intercolonial Railway Moncton Yard and Cut Off

SEALED TENDERS addressed to the undersigned and endorsed "Tender for Moncton Yard and Cut-Off," will be received at this office until sixteen o'clock on Monday, October 2nd, 1911.

Plans, profiles, specification and form of contract to be entered into can be seen on and after the 4th of September at the office of the Chief Engineer of the Department of Railways and Canals, Ottawa, and at the office of the Chief Engineer of the Intercolonial Railway, Moncton.

Parties tendering will be required to accept the fair wages schedule prepared or to be prepared by the Department of Labor, which schedule will form part of the contract.

Contractors are requested to bear in mind that tenders will not be considered, unless made strictly in accordance with the printed forms and in the case of firms, unless there are attached the actual signature, the nature of the occupation and place of residence of each member of the firm.

An accepted bank cheque for the sum of \$40,000.00 made payable to the order of the Minister of Railways and Canals must accompany each tender, which sum will be forfeited if the party tendering declines entering into contract for the work, at the rates stated in the offer submitted.

The cheque thus sent in will be returned to the respective contractors whose tenders are not accepted.

The cheque of the successful tenderer will be held as security or part security, for the due fulfillment of the contract to be entered into.

The lowest or any tender necessarily accepted.

By order
L. K. JONES,
Secretary.
Department of Railways and Canals,
Ottawa, September 7th, 1911.
Newspapers inserting this advertisement without authority from the Department will not be paid for it.

Electric Restorer for Men Phosphonal restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. Phosphonal will make you a new man. Price \$9 a box, or two for \$15. Mailed to any address. The Seebell Drug Co., St. Catharines, Ont.

race mile, with Toronto Central Y. M. C. A. second and Montreal A. A. third. There were competitors present from many parts of Canada and the States, the feature being the presence of four athletes from Winnipeg. The westerners showed class in fast company. Howard getting a second in the hundred, incidentally beating Bobby Kerr and Keeper finishing second to Daly in the three miles. Howard also took a third in the 220.

There are almost as many newspaper men on the western trip with the Giants as there are ball players on the team.

DEPARTMENT OF RAILWAYS AND CANALS, Prince Edward Island Branch Line, Clifton Bridge to Stanley Bridge

Notice To Contractors

SEALED tenders addressed to the undersigned and endorsed "Tenders for branch line Clifton Bridge to Stanley Bridge," will be received at this office until sixteen o'clock on Wednesday, the 20th September, 1911, for the construction of a branch line railway, about three and three-quarter miles in length from Clifton Highway Bridge to Stanley Bridge, Prince Edward Island.

Plans, profiles, specification and form of contract to be entered into can be seen on and after the 4th September at the office of the Chief Engineer of the Department of Railways and Canals, Ottawa; at the office of the Chief Engineer of the Intercolonial Railway, Moncton, and at the office of the Superintendent of the Prince Edward Island Railway, Charlottetown, P. E. I., at which places forms of tender may be obtained.

Parties tendering will be required to accept the fair wages schedule prepared or to be prepared by the Department of Labour, which schedule will form part of the contract.

Contractors are requested to bear in mind that tenders will not be considered, unless made strictly in accordance with the printed forms, and in the case of firms, unless there are attached the actual signature, the nature of the occupation, and place of residence of each member of the firm.

An accepted bank cheque for the sum of \$15,000.00 made payable to the order of the Minister of Railways and Canals must accompany each tender, which sum will be forfeited if the party tendering declines entering into contract for the work, at the rates stated in the offer submitted.

The cheque thus sent in will be returned to the respective contractors whose tenders are not accepted.

The cheque of the successful tenderer will be held as security, or part security, for the due fulfillment of the contract to be entered into.

The lowest or any tender necessarily accepted.

By order,
L. K. JONES,
Secretary.
Department of Railways and Canals,
Ottawa, Aug. 31st, 1911.
Newspapers inserting this advertisement without authority from the Department will not be paid for it.

SMALL CROWD SAW EXHIBITION RACES

(Continued from page six.)
Achille, (Raymond) ... 3 3 3 3 4
Royal Pandect and Leonard M. also started.
Time, 2.23 1/2, 2.21 1/2, 2.22 1/2, 2.24 1/2.
The officials were
Starter, H. H. Lee.
Judges, H. H. Lee, N. A. Laforest, T. S. Wilkinson.
Timers, N. R. Colyer, H. C. Jewett, S. H. McKee.

EXHIBITION ATTENDANCE OVER 30,000

(Continued from page eight.)
PENS OF POULTRY.

Best Pen Barred Plymouth Rock Fowls—G. V. Poultry Yards, 1st; Hartland Poultry Yards, 2nd.
Barred Plymouth Rock Chickens—G. V. Poultry Yards, 1st.
White Plymouth Rock Fowls—A. H. Boswall, 1st; Hartland Poultry Yards, 2nd.
White Wyandotte Fowls—G. V. Poultry Yards, 1st.
White Wyandotte Chickens—G. V. Poultry Yards, 1st; W. Woodworth, 2nd; Miss A. Burpee, 3rd.
Silver Wyandotte Fowls—A. Keniston, 1st; H. Lemmon, 2nd.
Golden Wyandotte Fowls—A. Keniston, 1st; H. Lemmon, 2nd; Hartland Poultry Yards, 3rd.
Light Brahma Fowls—Miss Burpee, 1st; Hartland Poultry Yards, 2nd.
Dark Brahma Fowls—Hartland Poultry Yards, 1st.
Dark Brahma Chickens—Hartland Poultry Yards, 1st.
Brown Leghorn Fowls—G. V. Poultry Yards, 1st; J. Scott, 2nd; Hartland Poultry Yards, 3rd.
Brown Leghorn Fowls—G. V. Poultry Yards, 1st; A. Keniston, 2nd.
White Leghorn Fowls—F. Merritt, 1st; Hartland Poultry Yards, 2nd.
White Leghorn Chickens—Fred Crowley, 1st; F. Merritt, 2nd; Hartland Poultry Yards, 3rd.
Black Minorca Fowls—Hartland Poultry Yards, 1st.
Any Other Variety.
Rhode Island Red, T. Kyle, 1st; L.
(Continued on page five.)

WHO'S WHO!

B. J. GRIFFITH New 5 and 10c Store

The place to buy all kinds of household goods. Tinware, Glassware, Stoneware, Crockeryware and stationery Wall Papers. We Keep Everything, our Prices are always the Lowest and our goods are the Best for the money.

SPECIAL FOR SATURDAY
1 qt bean jugs 2 for 25c reg. price 20c;
1 qt fruit jars 65c doz., 2 qt 85c doz.



MOOSE HEADS

Moose heads mounted by Emack's modern method cannot crack, or shrink, cost no more than what you would have to pay others for the old way.

All of the largest heads are mounted this way

by EMACK

BARRETT'S CYCLE SHOP

Stickney Gasoline Engines, Batteries and Supplies for all Engines.
Estimates given on all Branches of Electrical Wiring, Electrical Fixtures, Fans and Irons.
De Laval Cream Separators, Talking Machines and Supplies
Lock and Gunsmith.

ALL WORK GUARANTEED W. MINTO, JR., PROPRIETOR.
143 Queen St. Fredericton, N. B.

J. BEBBINGTON & SON Florists and Growers

Roses
Carnations
Lily of the Valley
Violets
Asparagus
Smilax
Seasonable Flowers

Established 40 years
FREDERICTON, N. B.

YOUR BREAKFAST

Coffee is first, we have the best, Fresh ground 38c a lb. Tea; we have a nice line to choose from: Red Rose, Morses and Bulk teas from 30c to 50c per pound. Always fresh. Special this week, Grapes—Wordens, Nuara and Red Rogers. Price 25, 28 and 30c per basket. Best Molasses 35c per gal.

PARENT, BIRD & CO.

Free! Free! Free!

Fine Porcelain Dinner Sets FREE to Our Customers
This is Our New Profit-Sharing Plan
Here's the Way You Get It

We give a Number One Coupon for every 25c. cash purchase; Number two Coupon for 50c., and so on.

You can get them piece by piece at any time, according to the number of Coupons you have, and finally you will be able to get the whole set.
Iron Beds from \$1.95 up. Bureaus, Parlor Suits, Bedroom Suits, Sideboards, Extension Tables, Couches, Art Squares, Curtains, Carpets, Oil Cloth, Linoleum, Silverware, Morris Chairs, Mattresses, and Springs. Enlarging and Framing Pictures a specialty.

ROGERS The Furniture Man KING STREET

ADA M. SCHLEYER
City Florist
Headquarters For
ROSES and CARNATIONS
FLORAL EMBLEMS and BRIDAL
BOUQUETS a Specialty
GARDENING
of all kinds done
POTTED PLANTS IN SEASON
Charlotte St., Fredericton
Phone 217

September

If it's good you want it.
If it's bad nobody wants it.
Our Ice Cream must be good for most everybody wants it.

"There's a Reason"

G. F. WILKES
Opp. Officers' Quarters
QUEEN STREET, FREDERICTON,
N. B.

WHEN YOU BUY

Harris Forbes

Merchant Tailor, York Street, you know that you have bought the best, my prices are always the lowest consistent with quality.

COMMERCIAL HOTEL

Near City Hall (York St.) and Market.

THOROUGHLY RENOVATED
UNDER NEW MANAGEMENT
GOOD STABLING ACCOMMODATION
Livery Stable in Connection

Herbert J. Morgan, Prop.

EASTABROOKS the grocer

on York St., wants to see you. Why? Because he wants you to try sample of his Hyland Brand Tea

Free You Call Free

W. Allan Staples

Electrical Construction and Supplies

Estimates given on all branches of Electrical Wiring.

Select line of Electric Fixtures, Fans, Irons, Stoves, Batteries, etc., always in stock.

JOHN G. ADAMS

THE LEADING UNDERTAKER
THE BEST EQUIPMENT
THE BEST ATTENTION

Office Telephone, 26-11
Residence Telephone, 308-21
Queen Street—Down Town
Telegraph or Telephone Orders promptly Attended to Day or Night

ATHERTON'S BOAT LIVERY

Boats and Canoes to Let

Second hand boats and canoes for sale.

Boathouses, Westmorland Street
FREDERICTON, N. B.

LESLIE WHITE

THE GROCER

on Queen Street will sell you groceries and provisions at the right price. His stock is the best, his prices are right, his motto is Live and Let Live. His number is 319 Queen street. He wants to see you.

Why?

GOLDEN

the fruit man of Fredericton who runs

The Palace Confectionery and Ice Cream Parlors

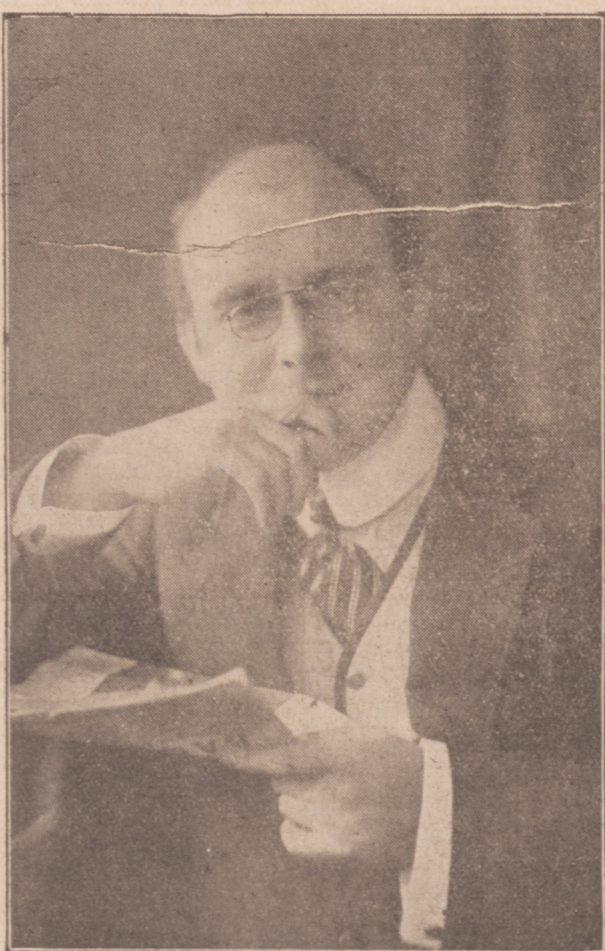
are kept busy these days attending to the many customers that keep pouring into this store for candy. Why do they go there? because this palace store keep the best that is made in the world.

W. A. LINSLEY

The Restaurant Man

he place to eat
he place to stop
The place for a Square Meal
The farmers like it
The public appreciate it
he prices are right
he service the best.
The place is on King St.

Pugley and Atherton can be counted upon to look after the interests of York County.



Gatty Sellers, the great English Organist-Composer, who is to appear at the Methodist Church on Friday evening, Sept. 29th.

Better Times After a change in Food

Lack of energy is usually the outward sign of faulty nutrition.

Folks who don't feel "spry" because of lack the right kind of nourishment

"Pick Up"

On

GRAPE-NUTS

FOOD

Thousands who know the personal value of clear-thinking and vigorous action make Grape-Nuts a part of their regular diet.

"There's a Reason"

Canadian Postum Cereal Co., Ltd., Windsor, Ontario, Canada.

FEEL RIGHT When You Feed Right

You know one always feels "very fit" when the head and nerves swing along peacefully and with that certain sense of power that is unmistakable.

But when over work and anxiety breaks down the soft gray matter in the brain and nerve cells (anxiety will do it quicker than overwork) faster than the food you have been using replaces it, then to save your self from that horror of darkness, nervous prostration, you must change food and take on some sure builder.

That's the mission of Grape Nuts, made of the select parts of wheat and barley containing the natural Phosphate of Potash which combines with Albumen in the human body and makes the soft gray filling of the brain and nerve centers.

Another thing to be considered is that Grape-Nuts is "processed" in maling and the starch parts converted into a form of sugar, exactly as the process of digestion in the body. So Grape-Nuts has really passed the first act of digestion and therefore the food is quickly assimilated in the most perfect manner by babe or athlete.

Get the little book, "The Road to Wellville," in pkgs.