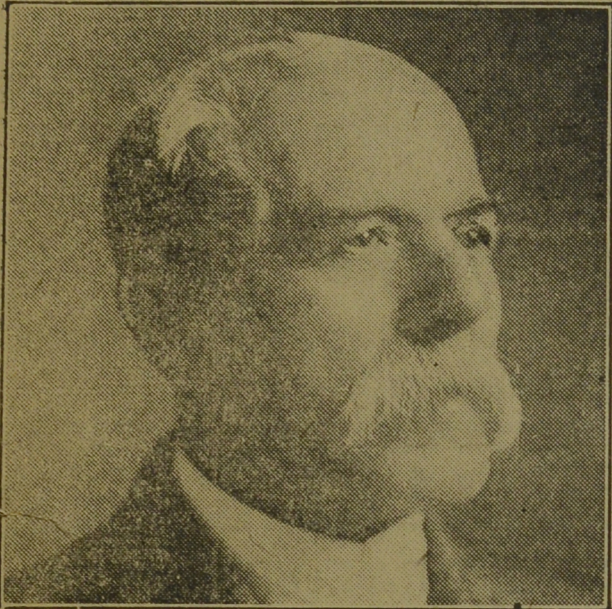


FOUGHT WITH LORD ROBERTS

Veteran of Crimean War and Indian Mutiny Suffered Horribly With Rheumatism, Until "Fruit-a-tives" Brought Welcome Relief.



GEORGE WALKER, Esq.

Chatham, Ont., April 3rd., 1913

"I am a veteran of the Crimean War and the Indian Mutiny, volunteering from the Royal Artillery into the Royal Engineers, and served under Lord Roberts during the Indian Mutiny, and am a pensioner of the British Government. Fierce hand-to-hand fighting and continual exposure, left me a great sufferer from Rheumatism, so much so that my legs swelled up making it impossible for me to walk. My bowels were so constipated that I only had one passage a week until I got to using "Fruit-a-tives." They cured me of both the Constipation and Rheumatism. To-day, my bowels move immediately after breakfast, and in my regular employment, I walk thirty miles a day and enjoy perfect health. No more Rheumatism or Constipation.

You are at perfect liberty to publish this letter and my photo if it will be advantageous to "Fruit-a-tives."

GEO. WALKER

This letter of Mr. Walker tells how to cure Rheumatism, but does not tell WHY "Fruit-a-tives" cures this trouble. Rheumatism is the result of poisoned blood, due to weakness or faulty action of the bowels, kidneys or skin. In Mr Walker's case, Rheumatism was the result of excessive Constipation. Waste matter remained too long in the system, was absorbed by the blood and inflamed the nerves and membranes in his legs. When he started to take "Fruit-a-tives," these tablets immediately acted on the liver. More bile was given up to move the bowels. As the bowels were cleaned, the poisonous waste matter was removed, the blood became clear and the nerves were no longer irritated. To-day, Mr. Walker is enjoying vigorous health that was his when he fought with Lord Roberts and helped to plant the British Flag firmly in our Over-Seas Possessions. He is as active as a man of forty and cannot praise "Fruit-a-tives" too highly. Try them yourself, 50c. a box, 6 for \$2.50, trial size 25c., at all dealers or from Fruit-a-tives Limited, Ottawa.

FEEDING YOUNG CHICKENS

Few Suggestions Given by the Poultry Division, Experimental Farm, Ottawa

When the chick is hatched it has a sufficient supply of nourishment in the yolk of the egg to last it for several days. What the chick requires for the first few days is not feed but warmth and rest.

When the chicks are removed to their brooding quarters there should be some coarse sand or fine chick grit scattered where they can have free access to it. They should then be left until they show positive signs of hunger which would be between the second and third day after hatching. They may be given some bread crumbs that have been very slightly moistened with milk; this may be scattered on clean sand or chick grit. If being brooded by a hen she will see that no food is allowed to be around, but if in a brooder that part of the food that the chicks do not pick up in a few minutes, should be removed as nothing in feeding causes so much trouble as leaving food at that nature around until it is sour.

The following daily ration of five feeds given about two and a half hours apart and continued from the time the chicks are two to three days out of the shell until 10 or 12 days of age may be altered or adopted to suit conditions.

First feed: Dry bread crumbs slightly moistened with milk.

Second feed: Finely cracked mixed grains or commercial chick feed.

Third feed: Rolled oats.

Fourth feed: Dry bread crumbs moistened with milk.

Fifth feed: Finely cracked mixed grains.

In addition to the above give the chicks daily a little green food such as grass, lettuce, sprouted oats, etc. Do not have the moistened bread sloppy but in a crumbly state and during this period let the chicks onto fresh soil or grass every day if possible.

WHERE CANADA LAGS

Technical and Industrial Education Performs Wonders in Europe

Dr. J. W. Robertson, who investigated technical schools and industrial training for the Dominion Government as chairman of the commission which looked into these matters abroad states that the claim that Canada has yet the best schools in the world "is tommyrot of the rottenest kind." Dr. Robertson leaves no doubt as to his opinion on the subject by quoting scores of cases wherein the Dominion is hopelessly behind many of the European countries.

In Canada, on virgin soil, the western grain grower is proud of a maximum of 20 bushels per acre, but in Britain, Dr. Robertson points out, farmers raise 35 bushels on soil under cultivation for over 30 years. This is due to industrial training and the system of technical education in vogue in the Old Country. And as confirmatory of this a published report on conditions in Russia may be employed. This report will prove a surprise to Canadians who have been so accustomed to look upon the Czar's country as a backward and unenlightened state. In the ten years from 1898 to 1908 Russia's population increased from 130 millions to 171 millions, a higher birth rate being shown than in any other country in Europe. Not only has Russia's population thus grown, but her productivity has increased in proportion. From 1902 to 1912 her exports of wheat rose from 70 millions to 139 millions—an increase of 98 per cent! This agricultural advance, says the report, has been aided by the state, "which has instituted technical schools in many places through the country, and these already have some 10,000 pupils; agricultural banks have also been established to care for the needs of the farmers, and of these latter there are now 17,000."

RUSH TO GET MARRIED

Canadian Rancher Found Many Girls Willing to Share His Lot

The chairman of the Eastbourne Board of Guardians announced that in response to a letter published in the press from a Canadian chicken rancher with an income of \$2,500 a year, who wanted a wife, no fewer than 244 replies had been received from girls willing to go to the Dominion. These replies would be forwarded to the rancher for his consideration. Some of the letters, added the chairman, contained charming photographs, while one girl enclosed some verses of poetry. It was suggested that the rancher should make his selection and send over the remaining letters to the only Canadian comrade.

HOW TO OBTAIN

GOOD DIGESTION

The Stomach Must be Toned and Strengthened Through the Blood

The victim of indigestion who wants to eat a good meal, but who knows that suffering will follow, finds but poor consolation in picking and choosing a diet. As a matter of fact you cannot get relief by cutting down your food to a starvation basis. The stomach must be strengthened until you can eat good, nourishing food. The only way to strengthen the stomach is to enrich the blood, tone up the nerves and give strength to the stomach that will enable it to digest any kind of food, is through a fair use of Dr. Williams' Pink Pills. The one mission of these pills is to make rich, red blood that reaches every organ and every nerve in the body, bringing renewed health and activity. The following case illustrates the value of Dr. Williams' Pink Pills in curing indigestion. Mrs. T. Reid, Orangeville, Ont., says: "I have much pleasure in testifying to the reliability of Dr. Williams' Pink Pills. For several years I had suffered greatly from stomach trouble. Several doctors prescribed for me, but their medicine did not help me. After every meal I would suffer pain, and would often be attacked with nausea. I grew weak and had almost lost all hope recovery. At this juncture I decided to try Dr. Williams' Pink Pills, which were recommended to me. In these pills I at last found the right medicine, and I am once more in good health. I have much pleasure in sending you my testimonial in the hope that it will encourage some suffering persons to try this sure remedy."

Dr. Williams' Pink Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

Value of a Letter

How completely the sense of a sentence is altered by the omission of a single letter is shown in the following current selections from various papers:

"The conflict was dreadful and the enemy was repulsed with great laughter."

"In consequence of the numerous accidents occasioned by skating on Taunton Lake, measures are to be taken to put a top to it."

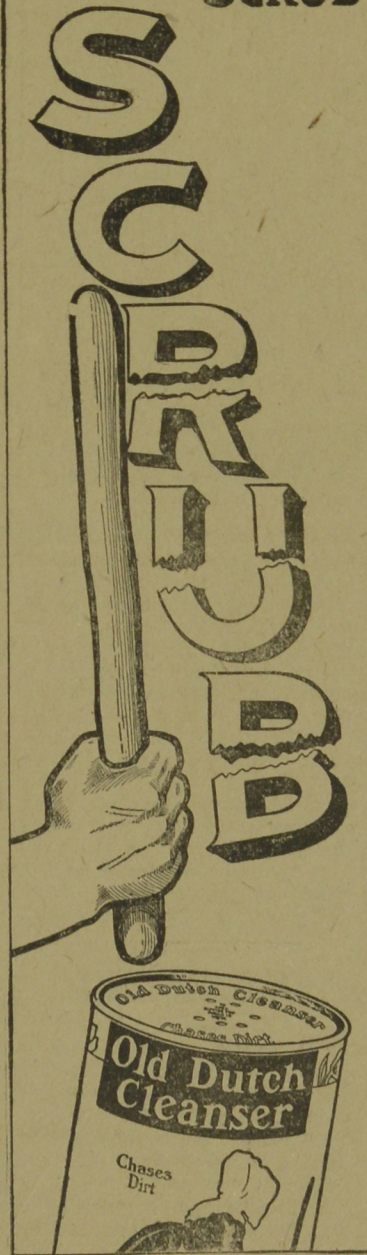
"When the President's wife entered the humble sitting-room of the mine, she was politely handed a hair."

"At a large dinner given last night at the — nothing was eatable but the owls."

"A man was yesterday arrested on the charge of having eaten a cabman for demanding more than his fare."

"The Russian soldier, Kachkinoff-oskowsky, was found dead with a long word sticking in his throat."

The Club That Knocked Half The Rub Out Of SCRUB



DINING ROOM FURNITURE

We are showing Complete Suites for Dining Room. Quartered Oak in G. O. finish. Satin Walnut and Surface Oak finish.

Just Received 2nd Shipment of Children's Go-Carts and Sidewalk Sulkies.

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OPENS ON

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NOW IS THE TIME TO WRITE FOR FULL PARTICULARS

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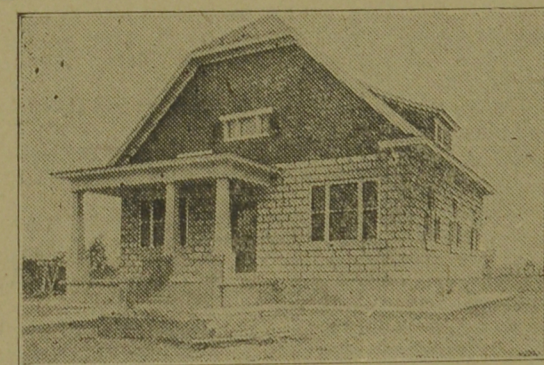
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NEWS FORECAST FOR COMING WEEK

Washington, D.C., June 27—Unless the press of business renders his presence in Washington imperative President Wilson will go to Philadelphia at the end of the week to attend the big celebration of Independence Day in that city.

Monday is the day fixed for a special election to be held in the Third Alabama District to select a congressman to fill out the term of Henry D. Clayton, who recently resigned his seat in the house to accept a position on the federal bench.

The provincial elections will be held in Ontario Monday. The contest is between the present Conservative administration of Sir James Whitney and the Liberal opposition, led by Newton W. Rowell.

One of the most drastic laws ever adopted by any of the states will come into effect Wednesday in West Virginia. The law not only prohibits the manufacture, sale and importation of intoxicating liquors, but forbids the sale of any newspapers or periodicals containing liquor advertisements.

Marble House, the Newport home of Mrs. O. H. P. Belmont, is to be the scene Friday of a get together meeting of the woman's suffrage leaders

Heart and Nerves Were Bad.

Could Not Sleep.

To the thousands of people who toss on a sleepless pillow night after night, or who pace the bedroom floor with nerves on the jump, the heart action all wrong, and to whose eyes sleep will not come. Milburn's Heart and Nerve Pills offer the blessing of sound refreshing slumber, as they restore the equilibrium of the deranged nerve centres and correct the wrong action of the heart.

Mrs. Charles Teel, Horncastle, Ont., writes: "Just a few lines to let you know what Milburn's Heart and Nerve Pills did for me. My heart and nerves were so bad I could not sleep, and the least noise or excitement would make me feel so that I used to think I was going to die, and I would tremble until I could hardly stand. I took doctor's medicine, but it did not do me much good. At last I tried Milburn's Heart and Nerve Pills, and can certainly say they did me a great amount of good. I can recommend them to anyone who is suffering as I was."

Milburn's Heart and Nerve Pills have been on the market for the past twenty years, and have done more to steady shaky nerves and strengthen weak hearts, than any other known preparation. Price, 50 cents per box, or three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

MEETING OF ZIONISTS AT ROCHESTER

Rochester, N.Y., June 27—Zionists from all parts of the country are gathering here for the seventeenth annual convention of the Federation of American Zionists, which will meet tomorrow for a three days' session. The indications are that the gathering this year will be larger than usual, many delegates coming from distant parts of the country, including California, Oregon, Texas, and Florida. A number of important matters relating to the Zionist movement are scheduled for consideration and action at the convention.

of the United States in an effort to concentrate support for a suffrage measure in Congress.

The centennial anniversary of the battle of Horseshoe Bend, in which General Andrew Jackson broke the power of the Creek Indians and saved the great Southwest from British domination, will be celebrated Saturday with exercises on the battlefield in Alabama. The governors and other official representatives of Alabama and the neighboring states will take part in the celebration.

The hundreds of Norwegian-Americans who have returned to the mother country this summer to attend the festivities in commemoration of the centenary of Norway's independence, will hold a big celebration in Christiania Saturday in honor of the Independence Day of the United States. The feature of the celebration will be the unveiling of a bust of Lincoln, a gift to the Norwegian nation from Governor Hanna of North Dakota.

Thousands of school teachers from every section of the country will begin to assemble in St. Paul at the end of the week in anticipation of the annual convention of the National Education Association.

Other large gatherings of the week will include the international convention of the Baptist Young People's Union in Kansas City, the international convention of the Epworth League in Buffalo, the annual meeting of the Catholic Educational Association in Atlantic City, and the annual convention of the American Institute of Homeopathy in Atlantic City.

Other events of the week of more or less public interest will include the Dominion Day celebrations throughout Canada, the consecration of Rev. M. J. Curley as Catholic bishop of St. Augustine, a charter election in Cincinnati, a celebration of the sacerdotal jubilee of Bishop Burke of Albany, and the Royal Henley regatta and the British athletic championships, in both of which America will have representatives.