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# "SALADA"

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## SALISBURY PLAIN LIFE IS QUICKLY CHANGING TROOPS

(Montreal Star.)

Bustard Camp, Salisbury Plain, Eng., Oct. 23—The average Canadian soldier is beginning to feel that Vaucartier, rough though it may have seemed, was not so bad a place after all.

He is beginning to realize the great work that was accomplished there, the thought given to his comfort and the conveniences that made the days pass with less hardships than must be met here.

For on Salisbury Plain the soldiers are really in active service, without the excitement of the action. And they argue that it is the fighting that makes such conditions worth while.

At Vaucartier the men were all in one great camp and there were the main streets, well-lighted, where they strolled in the evenings, met their friends, sky-larked and felt some recreation from the hard work of the day. On the Plain there are four different camps, each far from the other. There are no lighted streets. The whole place is in darkness. When night comes, and it comes immediately after supper, there is nothing to do but gather in the tents or about the canteens, of which there are few, or stroll away over the roads to one of the villages several miles distant.

The sanitation of the camp is excellent, but there are not the comforts of Vaucartier. The food is even more monotonous though nutritious.

The men are not making any objec-

tions. Far from that, they are cheerful and quite contented with their lot bearing in mind, of course, the ever-present and widespread desire to get across the Channel.

They do not grumble, not, at least, beyond the limit which is allowed all soldiers in all parts of the world.

### TRAINING WORKS WONDERS.

And they can justly be called soldiers now. They have developed wonderfully during the past ten weeks.

Well do I remember standing by the disentraining point at Vaucartier when the Montreal regiments came in. The order to leave the train was given and the men, after gazing out of the windows for a time, found out that they had to disentrain confusedly, they were got into line and they then straggled off along the road to camp.

But they should be seen now! All have their uniforms and all know how to wear them. I was passing their lines today when the bugle sounded for a parade. Everything was done on the jump. Every man knew his place and reached it in a hurry. They appreciate the importance of discipline and, no matter how they may dislike it, they bow before it.

### BRITISH OFFICERS.

There is no doubt of their high estimation of the Canadians as a fighting

## BANGOR LADIES ARE KEPT BUSY

(Bangor Commercial.)

The Red Cross campaign to bring aid to European sufferers is on in earnest and husbands are complaining that they are receiving but slight attention from their wives so busy are the latter in knitting and making garments to be sent abroad.

Indeed, it was reported Friday that the stock of knitting needles has become very much reduced in the Bangor stores due to the very sudden and pronounced demand for them.

Incidentally a meeting is to be held Saturday afternoon at the Chamber of Commerce, City Hall, at three o'clock when all women who are willing to sew for the Red Cross are requested to be present. This is a public meeting and all women of Bangor and vicinity who are interested are urged to be present. This is a work that is being carried on in all the larger cities and the movement is fast becoming national.

In Boston a local Red Cross worker noticed that whenever a woman had any leisure time she devoted it to the work of making garments. This is true of all classes of people. Women going shopping will knit while riding on the street cars, others will take knitting to the symphony concerts and while they are enjoying the music they will make it possible for some needy person in Europe to enjoy the fruits of this labor while at the concert.

Wherever the women go socially they take their knitting with them. The Red Cross society has taken a store on Boylston street and women drop in there for a few hours when in that vicinity. There are several machines there and this store are made all kinds of surgical garments. There is a superintendent who has charge of giving the work out and shipping the completed goods. Everything is systematic and carried on like a big business concern. There is the information desk where all wishing to aid are told which is the most acceptable form of help and those who are unable to devote time are thus given an opportunity to give financial aid through the channels where the most good will be done. All the dealers who sell yarn in Boston are furnishing with the goods, slips of paper telling how to make different articles, such as socks, mittens and wristlets.

Another of the local workers who has recently returned from New York is also of the opinion that Bangor women should follow the habit set by the New Yorkers and give aid. In New York as in Boston the ladies are all working for the Red Cross. When making social calls the ladies take their knitting with them, also carry their work to the matinees and knit at the intermission. At the lectures the women are all busy with knitting and it has become quite a rage among the leisure classes. The women in the stores are also taking up the fad and when not waiting on customers are busy making surgical garments. The gray outing flannel and cotton are the cloths that are most acceptable to the association for there is great need of both.

ing unit. They know that they are good stuff, the kind of stuff that wins victories.

### MONTREAL MAN'S PLUCK.

Take, for instance, the case of E. H. Bradley, formerly sporting editor of The Daily Witness in Montreal, and a well known member of the M.A.A.A. Bradley wouldn't be left.

He joined the Corps of Guides and when it was disbanded at Vaucartier was attached to headquarters as an orderly. On the wagon from Vaucartier to Quebec he was thrown from his horse and kicked; two ribs were cracked. Bradley did not say anything about the accident. He stated that he was all right and went on with his work. He knew, however, that he was hurt.

And the next day it was the same. Though suffering intense pain, he did not report for sick parade. He continued at his duties. The ship had not yet left the dock. Finally he was overcome. He collapsed in the corridor and had to be carried to his berth. Then, when the ship was well down the river the matter was reported. He is here at the camp and unless some greater misfortune overtakes him he will go to the front.

The troops have received any number of evidences of the appreciation of the English folk. Reading matter is being prepared and will be sent by the carload to the camp. Peers have distributed the warmest and softest of blankets and ladies have passed out delicacies and cigarettes in every camp. Sir Hiram Maxim has turned his genius from the inventing of new forms of destruction for the enemy to constructive foods for the British troops. He has prepared pork and beans in a new way, making them, it is said, more appetizing and delectable, and has donated twenty-five thousand tins of the preparation to the Canadians.

The work of the camp goes on as usual. Work on the ranges has just begun. There is more route marching over the wide downs and much plain, unadorned drill. The artillery has been doing target work.

H. N. MOORE.

## Was Troubled With Eczema.

Would Nearly Yell With Pain.

**BURDOCK BLOOD BITTERS CURED HIM.**

Mr. R. J. Swales, Harriston, Ont., writes: "I have been a great sufferer with eczema. I tried all kinds of salves, but they did me no good. Sometimes I would nearly yell with the pain, and would pass little white worms. I was told to get at the blood, so I used four bottles of Burdock Blood Bitters, and it has made a complete cure."

All skin diseases such as eczema or salt rheum, itching or burning rashes, boils, pimples, eruptions, ulcers, etc., are all caused by the blood becoming impoverished, and while not usually attended with any fatal results, may sooner or later develop into some serious blood trouble, and the entire system become affected.

Burdock Blood Bitters will cleanse the blood of all its impurities and by this means cure all skin and blood troubles.

This valuable preparation has been on the market for the last forty years, so you do not make any experiment when you give it a trial.

B.B.B. is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

## CANVASS TO FIND

WHO WILL FIGHT

London, Nov. 11.—To stimulate recruiting and to find out how many of those eligible to do so are willing to enlist, the Government has decided to send to every household whose name is on the voting list a blank form, which he will be asked to return with a statement of what members in his household have enlisted or are willing to enlist.

The giving of this information is not mandatory.

Each form will be accompanied by a letter signed by Premier Asquith, Andrew Bonar Law and Arthur Henderson, presidents of the Parliamentary Recruiting Committee, in which they state that the number of recruits thus far obtained, though large, is not nearly large enough to meet the nation's requirements and that to maintain complete the new armies which it is hoped to throw into the field in a few months "we shall need all the best the nation can give us of its youth and strength."

"If we are to repair as far as may be humanely possible, the innumerable wrongs inflicted on our Allies, if we are to avoid for ourselves the ills which they have suffered; if we are to maintain for our children—all that we hold dear in honor and the freedom of our very life as a nation, we must fight with the courage and endurance which won for us the struggles of the past."

Banging the oven door is responsible for half the heavy bread and cake. The door should be closed very gently.



**Wood's Phosphorine,**  
The Great English Remedy.  
Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. **THE WOOD MEDICINE CO., TORONTO, ONT.** (Formerly Watson's)

**Gorgeous Chrysanthemums**  
in Yellow, Pink and White  
now in bloom

— ALSO —

**Bulbs from Holland, Celery, Lettuce, Cabbage, Beets Carrots**

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**PALMS AZELEAS**

A case of fine palms in different sizes. Also a case of fine azeleas just received from Belgium. The palms and azeleas are just what you have been looking for. Bulbs of all kinds from Holland. Carnations are in excellent condition. Cutting choice blooms. Roses as usual. This is the season for chrysanthemums; call and see our display. Special care with floral designs. Wedding bouquets and decorations a specialty. Celery, parsley always in.

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## Children's Headwear

Plush, Velvet and Felt Hats, Silk and Velvet Bonnets with heavy Inter-linings, Angora Hoods, Felt Cloth Hats for boys, Hair Goods and Veiling always in stock.

## The Misses Young

**1914-FALL-1914**

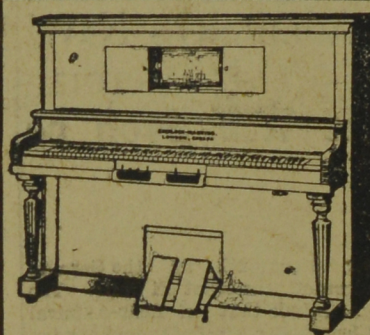
Just received from the English Markets fall and winter shipment of Cloths consisting of

**Winter Overcoatings, Fall and Winter Suitings and Pantings.**

In all the latest shades in colorings and patterns. All of which will be made up in the very latest styles to suit customers. Workmanship and fit guaranteed. At Old Prices—No War Prices.

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Clothes Cleaned, Pressed and Repaired.

## Fire Arms Repaired

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It is the only thing worth while in clothing and it is the one point which makes MacKINNON'S CLOTHING such a favorite with every man who has once worn it.

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whose surroundings, mode of life, food and drink have combined to make him treacherous, indolent and unreliable,

And food and drink are among the chief causes.

Tea and coffee—the commonest table beverages—contain a drug, caffeine, which effects stomach, liver, heart and other organs.

Some persons are strong enough to stand the attacks of caffeine, in tea and coffee, but to most people it is a poison, and sooner or later it is bound to tell.

If you find tea or coffee is hurting you, quit it and try

# POSTUM

This healthful food-drink is made of prime wheat and a bit of wholesome molasses, carefully blended and roasted. It contains the food elements of the wheat and molasses and nothing else—nothing injurious or harmful.

Serve Postum piping hot and it is delicious and invigorating.

**"There's a Reason" for POSTUM**

Canadian Postum Cereal Co., Ltd., Windsor, Ont.