

Cream of Tartar

Many people use cream of tartar for quick baking. They value its superior qualities and will not knowingly accept substitutes made of alum or lime phosphates, such as are sometimes offered.

But even the most careful cannot always know. The high price of cream of tartar has led to efforts to substitute alum and phosphate of lime compounds which are vastly inferior and not as healthful to use.

The easiest way in which the housekeeper can be sure of quality and economy is by using Royal Baking Powder, which is made from pure cream of tartar.

Royal Baking Powder gives perfect results, is less trouble to use, and has not been advanced in price.

Anyone who has once become accustomed to using Royal Baking Powder never reverts to home-made mixtures or any other product for raising biscuit, griddle-cakes, doughnuts, or cake.

MILITARY EXPERT SAYS GERMAN DESIGN HAS FAILED

(New York Sun.)

Four months after the first German declaration of war, that against Russia, certain things have become unmistakable. Above all else it is plain that the first great German design has failed utterly, irretrievably.

Whatever is to happen now it is plain that France is not to be destroyed. When the great war is completed France will retain her place as a great power—her army will continue a factor in European combinations. Four months of furious fighting have settled this. In late August in early September a Sedan seemed possible. At the close of November France has escaped any real disaster, and with British re-enforcements has checked every German offensive in the west since the Battle of the Marne.

Europe dominated by the Kaiser, is henceforth a thing inconceivable so long as there remains in being the grand alliance which has been formed by three great powers and two small

states to face the Austro-German coalition. In the military sense it is too early to talk of a conquered Germany, but it is no longer premature to assert that the vision of a conquering Germany has been laid to rest.

As October opened Russia claimed the centre of the stage. German strategy had planned in the opening weeks of the war to crush France while Austria held Russia in check and Britain was still gathering its unready hosts. But while France was defeating the Germans at the Marne, the Russian armies were beating down Austrian armies, carrying the war into East Prussia and far into Galicia.

From the Battle of the Marne to the present hour the problem of the Germans has been the same. Always it was their design, their necessity, to hold back the Russians until they should crush the western Allies, or at the least so arrange their battle line in Belgium and Northern France that

they could turn east and deal with the Czar.

In this they have doubly failed. All the enormous concentration of men in the west has not availed to advance their front from the position to which it came on October 11; all the desperate, terrible fighting along the Yser and the Lys has left them where they stood when Antwerp fallen; they began a new drive for the Channel and France.

In this time, too, conditions in the west have changed wholly. Day by day come reports of the arrival of British re-enforcements. France, too, ill prepared to equip the second line troops needed to meet German masses, had in part remedied the deficiency. Artillery and muskets, clothes and shoes, all these have been collected. America has been called upon and has sent vast cargoes.

Today it is hard to believe that the Allies do not possess an equal number of men, if in fact they are not superior to the Germans in number. Tomorrow, when Kischener's million is in Flanders and Artois, who can doubt that German inferiority in numbers will be dangerous to German safety in France and Western Belgium?

Yet it is in the east that the wane of German hopes is most apparent. Three times the Kaiser's generals have driven eastward in their effort

(Continued on page 3)

Greater Than Krupp's

Sixty-five thousand men are now working day and night in the big Krupp gun works in Germany, turning out guns to destroy the greatest number of human lives.

Greater and better by far is the work of the thousand employees of the big Postum Cereal Pure Food Factories--

Now making the sturdy wheat and barley food--

Grape-Nuts

For building human strength and energy

Since the war started shipments of Grape-Nuts food to Europe have increased by leaps and bounds, but in spite of the extra demand the price has not advanced.

This famous food is concentrated, easy to digest, delicious, economical -- a good food to fight on in business or war!

Anyone can prove by trial

"There's a Reason" for GRAPE-NUTS

MADE IN CANADA

By the Canadian Postum Cereal Co., Ltd., Windsor, Ont.

CO O QUEENLESS HOME

Igloos of Eskimos Crowded and Unsanitary

The igloos used by the Eskimos of the bleak north are small in size, necessarily overcrowded, and every crevice is carefully sealed during the long winter months in order to maintain a comfortable temperature within. The different forms of dwellings in the Arctic coast are the sod igloos which are the standard and are constructed of two different plans.

The first type of igloo, with windows and doors in the walls, is a frame structure of logs or lumber. The walls and roof are covered thickly with sod, and one or two windows are set into the walls. The home contains two separate compartments which are connected by a small door, the living-room proper and the entry or shed. The shed is somewhat smaller in size than the living quarters and is used as a storeroom for provisions, clothing, sleds, and other articles too numerous to mention. The entrance into the igloo is also constructed of timber, and covered with sod, but the plan of construction differs somewhat from the one just described. This igloo also has two compartments, a living-room and a storeroom, connected by a low passageway. The entrance into the home is through an open hatch in the roof of the entry by means of a ladder. Then by passing through the tunnel one enters the living-room.

The living-room of some of the igloos are curtained off to separate the sleeping quarters from other parts of the household, but the majority have no such arrangements, all the household duties being conducted in the single room. The furniture, equipment usually consists of a small stove, a few dishes, and improvised beds. The board floor, which is usually fairly clean, serves the purpose of chairs and tables. A few of the families own sewing machines and occasionally a phonograph.



THE BEGUM OF BHOPAL

The Begum of Bhopal is the only woman ruler in India. She rules over a territory 6,874 square miles in extent, with a population of 300,000.

Javanese Marriages

A marriage among the Javanese is quite a lengthy ordeal. Such a thing as courtship is practically unknown. The parents choose partners for their children, although the latter are consulted and their consent obtained. The parents discuss among themselves the terms of the marriage, and then the girl's parents give a betrothal pledge to those of the bridegroom, who soon after offer the purchase price for the bride in silver, jewels, stucco, food and so on. Each of the girl's parents also receives some special personal gift. On the day when the presents are delivered all the relatives and friends on both sides are invited to a series of festivities and banquets which last several days, being furnished first by one side and then by the other. The eve of the actual wedding, which usually takes place a week later, is spent by the future husband and wife in a vigil, without which it is thought that great ill fortune would follow. Next day the happy couple, with their parents and friends, appear before the priest, who duly unites them.

"One man's food is another man's poison," as you've often heard. Don't try to conform your diet to some other person's diet. Find out what suits you and then stick to it.

Get the habit of doing the right thing. Get the habit of rising early of going to bed betimes, of eating wholesome food. Life's all much a matter of habit. Why not get the ones which will help you to live healthfully?

A Berlin professor estimates the commercial value in electricity of a flash of lightning lasting for one thousandth part of a second at 2 cents.

BARGAINS



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Gives you an exceptional opportunity of securing a New Mid-Winter Hat at a low figure. A nice Ostrich Plume as a Xmas Gift--nothing better. Fancy Silk Ribbons for making girdles, work and slipper bags. Skating Caps for girls--woollen bonnets.

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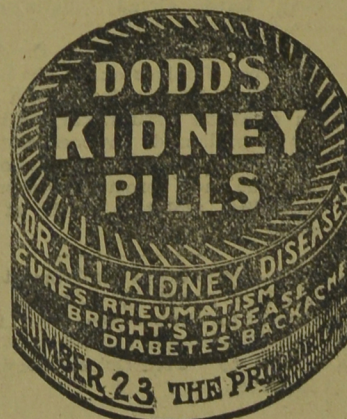
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"FOR YOUR LEETLE AMIE."

But for the honesty of a British "Tommy," says a Paris despatch, a famous French actress would have lost her satchel containing jewels valued at \$25,000. She had dropped the satchel as she was getting into a car, and the soldier, who was passing along, picked it up and restored it to her.

So grateful was the actress that she took of a valuable ring from her finger and presented it to the finder, saying: "This is for your leetle English amie."

Every time a pessimist laughs we wonder who the joke is on.