

TORTURE RELIEVED RHEUMATISM CURED.

Superintendent Of Sunday School In Toronto Says "I Am Pleased To Tell You That I Am Cured", After Taking "Fruit-a-tives".



R. A. WAUGH, Esq.

55 Dovercourt Road, TORONTO, Oct. 1st, 1913.

"For a long time, I have thought of writing you regarding what I term a most remarkable cure effected by your remedy 'Fruit-a-tives'. You may publish this letter, whole or in part, if you wish to do so. I have lived in this city for more than 12 years and am well known.

I suffered from Rheumatism, especially in my hands. I have spent a lot of money without any good results, until I used 'Fruit-a-tives'. I have taken 'Fruit-a-tives' for 18 months now, and am pleased to tell you that I am cured. All the enlargement has not left my hands and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in 18 months. I am very grateful for what 'Fruit-a-tives' has done for me."

R. A. WAUGH.

Rheumatism of any kind—whether in hands, arms, feet, legs, joints or back—is caused by uric acid in the blood. Uric acid is formed when there is any stomach trouble, coupled with any disturbance of the kidneys, bowels or skin, which prevent these organs from properly ridding the system of waste matter. This waste, or uric acid, acting upon by an acid condition of the stomach, forms uric in the blood. The only way that Rheumatism, Sciatica and Lumbago can be cured, is to cure the kidneys, regulate the bowels and improve the digestion and skin action. 'Fruit-a-tives' cures Rheumatism because this wonderful fruit medicine gives new strength and vitality to the stomach, liver, bowels, kidneys and skin—purifies the blood and prevents the formation of an excess of uric acid. Rheumatism is as tubercular disease, but 'Fruit-a-tives' will always cure it when faithfully used according to directions.

50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

OLD TIMES

(Continued from page two.)

PERSONAL MENTION.—Mr. B. Edgecombe is at the World's Fair in Chicago. E. S. Carter of Progress was in the city on Wednesday. Mr. and Mrs. C. T. Everett left on Tuesday for a trip through the Annapolis Valley. Dr. Coulthard and wife who have been at Chicago visiting the World's Fair returned home on Wednesday. Mrs. Cherry Moore who fell down stairs sometime ago and broke her hip is improving wonderfully and will soon be all right again. Lieut. A. G. Balir, jr., who is studying law in Virginia is expected home

next week. James Tibbitts and his daughter, Mrs. I. G. Vanwart left today for Missoula, Montana, whence they will make a trip to California. James A. Fraser of this city and Arthur M. Gibson of Marysville have returned from Sackville where they had been attending Mt. Allison.

BOUGHT A HORSE—Mr. J. H. Reid, the veteran horseman, returned to the city lately from Concord, Mass. where he visited Anursnake Farm. While there he purchased the very handsome imported Shire stallion King of Trumps, foaled in 1885 and bred in York, England.

H. E. Handletter of Richibucto, Me., is in the city.

ARSON VERY PREVALENT

Canadian Insurance Companies Have Suspicious Claims to Settle

"A period of depression causes a serious drain on the fire insurance companies of Canada through the deplorable increase of arson," said a provincial manager of one of the largest Canadian fire insurance companies.

"The frequency of arson in the Province of Ontario is recognized by every insurance manager and adjuster. But arson is about the most difficult of all crimes to prove conclusively, and while we are thoroughly satisfied of its presence in many cases, we are obliged for lack of evidence, to swallow our medicine."

About thirty-five per cent. of the fires occurring in business places, this man thought, were open to suspicion. He told of one case where a clever scheme failed through a trick of fate.

A clothing manufacturer was twelve miles away from his home town at the hour his factory went up in smoke. In the subsequent investigation he proved a very fair alibi, and would easily have escaped but for one fact. In examining the ruins, the adjuster discovered a section of a wooden table on the second floor standing immediately over a heavy brick vault. Under the table was a piece of a coal oil lamp to which was attached a wire. And near the wire was a dead cat. The rascally proprietor had lighted the lamp under a table of clothing, attached a wire to the burner and on the opposite end of the wire had tied a chunk of meat. In the course of its peregrinations the office cat had discovered the meat—as was intended—over went the lamp, and soon the factory was in ashes. But fate so arranged that the proprietor should have set that lamp over the one spot in his factory that was prevented from burning, and the next morning his crime was clear to every eye. They landed the gentleman in the penitentiary.

LONG-LIVED BIRDS

The question of which birds live the longest has never been settled satisfactorily. But the raven comes very high in the list, and is said to reach the great age of two hundred years.

Eagles and vultures also enjoy long lives. Indeed, an eagle-owl is known to have lived ninety years in captivity. In this particular case, the bird began to lay eggs after fifty years, and during the last forty years of its life brought up numerous little ones.

A hundred years is probably a conservative estimate of a parrot's age, and it is recorded that one of these birds also started nesting after thirty years of captivity. With ordinary luck, both the crow and the swan may reasonably expect a century life.

It is not by any means the longest birds that enjoy the longest lives. For instance, the sparrow sometimes celebrates its fortieth birthday. Other ages reached by birds are: Hens, 10 years; pheasants and partridges, 15 years; pigeons, 20 years; canaries, 24 years; peacocks, 30 years; and herons, 60 years.

BONFIRE OF BANK BILLS

Rich Chinaman, Dropped Lighted Candle Into Treasure Trunk

An excited Chinaman rushed into a branch bank in Toronto's downtown district and laid before the manager a pile of charred fragments of paper, which upon close inspection proved to be the remains of bills—fives, tens, twenties and about ten hundred dollar bills. It was all that remained of \$1,800 in bills and was the property of Jim Lee, one of Toronto's wealthiest Chinamen, and a recognized leader among his fellow-countrymen.

Lee kept the money at the bottom of an old trunk in an upper room of his store on West Queen street. While holding a candle to search through the trunk, the Chinaman had the misfortune to drop the lighted candle. In a moment the whole of the trunk's contents was in flames, and although Lee made desperate efforts to save the money, he did not smother the flames before they had partially burned the small fortune reposing at the bottom. Only about half of the burned money was found to be redeemable, but according to the police officials the loss will not seriously affect the old Chinaman's finances.

Evil Communication

When a golf caddy was charged at Wilkesden with theft, the magistrate said he considered the occupation of golf caddy the most demoralizing a boy could be engaged in, and he asked the court missionary to find some better employment for him.

Follow light and do the right—for man can half-control his doom.—Tennyson.

WOMEN'S AILMENTS

CAUSED BY NEGLECT

Proper Treatment Will Quickly Bring Back Robust Health and Good Spirits



Women are on the whole more sickly than men. One reason is that their system is more complicated; another and more important reason is they put off measures of relief too long. At the beginning, constipation is the cause of nine-tenths of women's ailments. The blood becomes weakened and polluted—the nerves suffer and a run-down condition takes root.

Because of their mildness of action as a system regulator, no medicine for woman can compare with Dr. Hamilton's Pills. The kidneys quickly respond to the remedial action of Dr. Hamilton's Pills and the result is as you would expect—pain in the back and side, shortness of breath and bad color disappear—the functions of the body then operate naturally, congestion and pain are prevented and perfect health returns.

Thousands of happy women say Dr. Hamilton's Pills are the greatest blood-purifier, the finest complexion renewer, the most certain regulating medicine known. Sold by all druggists and store-keepers, 25c. per box, five for \$1.00 postpaid. The Catarrhzone Co., Buffalo, N.Y., and Kingston, Canada.

RESOLUTE BACKED AS AMERICA CUP DEFENDER

Newport, June 11—When the result of yesterday's trial yacht race became known, several wagers were made in Wall street that the Herreshoff boat, Resolute, will be chosen to defend the America's Cup against Sir Thomas Lipton's challenger, Shamrock IV. The betting was ten to eight and one wager of \$1,000 to \$800 was booked.

SPORT OF ALL KINDS

Effa Rixey, who has been attending college in Virginia, has joined the Philadelphia Nationals.

Pitcher Hoff, the New York Yankees' discard, is doing sweet flinging for John Gangel's Rochester Hustlers.

Joe Tinker's chiefs look to be the team able to give the Baltimore Terrapins a real fight for the Federal league pennant.

That slump of the Pirates was caused by Clark's pitchers being unable to pitch and Clarke's batters being unable to hit. Very simple.

While Detroit lost first place during the absence of Ty Cobb the Tigers are still very much in the American league race.

Gus Williams of the Browns, who was leading the American league in batting a few weeks ago, has dropped out of the .300 class of batsmen.

While pitching in the Virginia league last season Doc Ayers, who is now with Washington, pitched six double headers and won all twelve games.

Alfred H. (Fritz) Von Kolnitz, utility outfielder of the Cincinnati Reds, has been sworn in as a member of the Ohio State bar by Chief Justice Gary.

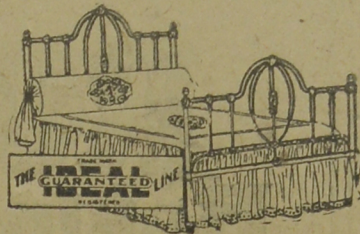
FRECKLES

DON'T HIDE THEM WITH A VEIL; REMOVE THEM WITH THE OTHINE PRESCRIPTION.

This prescription for the removal of freckles was written by a prominent physician and is usually so successful in removing freckles and giving a clear, beautiful complexion that it is sold by druggists under guarantee to refund the money if it fails.

Don't hide your freckles under a veil; get an ounce of othine and remove them. Even the first few applications should show a wonderful improvement, some of the lighter freckles vanishing entirely.

Be sure to ask the druggist for the double strength othine; it is this that is sold on the money-back guarantee.



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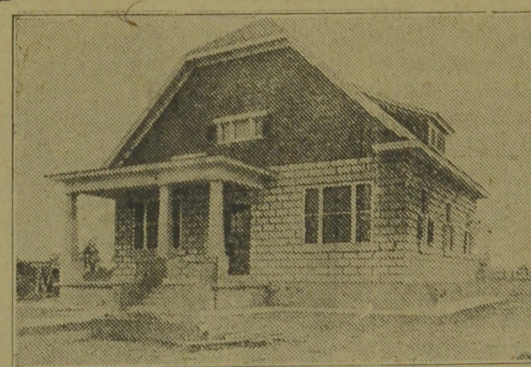
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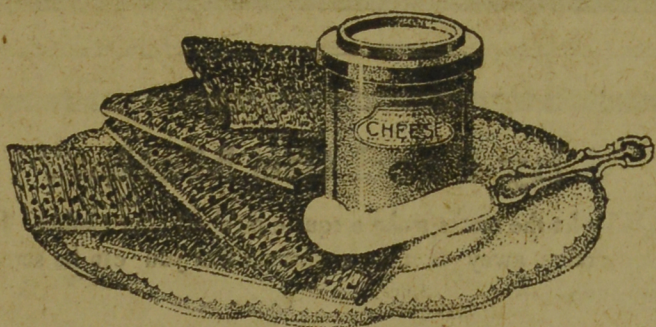


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It is the whole wheat, steam-cooked, shredded, compressed into a wafer and baked—the maximum of nutriment in smallest bulk. Many people prefer it to ordinary bread toast. Heated in the oven to restore its crispness, it is delicious for luncheon, or for any meal, with butter, potted cheese or marmalades.

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