

Mr. D. A. YORKE, BELL ROCK, Ont.

Shows How Easy It Is To Get Rid Of Kidney Trouble And Lame Back

Bell Rock, Frontenac Co., Ont.
 "For 15 years, I could get nothing to help my kidneys, they were so bad. The pain went all through my back and shoulders and down my legs. When I would sit for a while, I could not straighten up until I had walked a rod or more. A neighbor advised me to take GIN PILLS. I did so and six boxes cured me. It is about two years since I quit GIN PILLS. My back is now all right. No pain in back or legs and I can walk all right. GIN PILLS are worth their weight in gold to anyone suffering with Kidney Trouble."
 D. A. YORKE.

Never mind what other people say about "never being able to get anything to help them." They have probably never tried GIN PILLS, you may be sure, or they would be well. GIN PILLS will always cure the kidneys and bladder, Uric Acid Poisoning and Stone in Bladder and Kidneys. Remember, every box of GIN PILLS is sold on a spot cash guarantee of satisfaction or money back. 50c. a box, 6 for \$2.50, at all druggists. Sample free if you write National Drug and Chemical Co. of Canada, Limited, Toronto. 209

Using the Left Hand

Why is it that we neglect to use the left hand so much? Among English-speaking people 97 out of every 100 are right-handed when they reach maturity. Out of every 100 such persons 17 are born right-handed, and the remaining 83 are born without preference. Eighty are influenced to become strongly right-handed during the early childhood.

No great asset of the world is so neglected as the average left hand. Formerly the world was ambidextrous. Primitive man had no preference which hand he used. And in various parts of the world efforts are being made to revive the use of the left hand. Japan has for many years been teaching two-handedness to the men of her army and in her public schools.

Picture Education

How to get on or off street cars, the right and wrong ways to cross streets, the right and wrong ways to change seats in a boat, typical accidents on street cars systems, fire drills to save life, factory fire brigades in operation and scores of other subjects are shown in motion pictures every day.

Motion picture exhibitions of industrial conditions are regular features at conventions and meetings in works held by safety engineers.

SCIENCE CAN'T EXPLAIN

How sunlight turns grapes into sugar.

Why the sap of trees is not frozen in winter.

Why it is that many microbes can be boiled and still live.

By what sense a pigeon finds its way home from a great distance.

How the pain of a prick is carried by the nerves from the finger tip to the brain.

How seeds grown in the fall resist the frosts of winter and germinate as soon as spring comes.

How a chicken ten seconds after coming out of its egg knows how to balance itself on its feet, run about, and peck food.

How it is that, if the earth is as old as we have every reason to believe, the radium in it has not yet given off all its energy, but seems to be discharging just as much as it ever gave.

THE HEIGHT OF MAN

Measurements Show That Average Stature Remains the Same

It appeared from the results of scientific measurements made in France that the average stature of man is neither increasing nor decreasing. The skeletons of the men who inhabited France at a period when Europe was the home of lions, elephants, rhinoceros, hyenas, and reindeer, are of nearly the same size as those of the French people to-day.

Yet the surroundings amid which these early men lived were remarkably different from those enjoyed by their successors. The best abodes were caves, and to hold possession of them they had to wage warfare upon such fierce beasts as the saber-toothed tiger and the cave bear. Without our modern weapons it would seem that they should have possessed superior bodily powers, but there is, it is said, no evidence that they did. They had human cunning, however, which always prevails over brute strength.

Later came the ancestors of the Gauls and Franks, and they seemed to have slightly exceeded the cave men in stature, and also to have been a trifle taller than their modern descendants.

One interesting fact shown by the measurements is that there has been a perceptible gain in the stature of women as compared with that of men since the days of the tiger fighters in France.

EATEN BY A BEAR

A Half-starved Polar Bear Invades an Eskimo Village

Pillon Wallace, an Arctic explorer went to Labrador to place a bronze tablet at the head waters of the Susan River, where his companion Leonidas Hubbard, died of starvation in 1903. He succeeded in finding the camp, but could not erect the table as it had fallen out of his canoe in the bottom of the Peaver River. No

PEOPLE SHOULD GUARD AGAINST APPENDICITIS

Fredericton people who have stomach and bowel trouble should guard against appendicitis by taking simple buckthorn bark, glycerine, etc., as compounded in Adler-i-ka, the German remedy which became famous by curing appendicitis. JUST ONE DOSE relieves sour stomach, gas on the stomach and constipation INSTANTLY because this simple mixture draws off such a surprising amount of old foul matter from the body. George Y. Dibblee.

A PECULIAR DELICACY

Among many strange foods which the inhabitants of this world partake of, and consider delicacies, perhaps the strangest of all is earth. Yet there are tribes, the Lastians of Siam, who actually eat and enjoy earth. It has never been discovered where these peculiar people contracted the habit, though it is generally believed that it probably came about in the time of a famine when there was nothing else to be had. However, the habit got such a hold upon them that, old and young, rich and poor alike indulge freely in its consumption.

It is preferred when it has been obtained from the vicinity of waters so that it carries with it a taste of fish. It is made into a pasty substance and smothered into the ground in a hot fire. It can be obtained at markets and at stores, and is served at dinners and at all functions of any description. In some parts of the Congo earth is sold in the shape of apples and oranges, and is given out in various colors—yellow, brown, grey, and even pink, which is looked upon as a very delectable luxury.

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Girls! Beautify Your Hair! Make it Soft, Fluffy and Luxuriant

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25 cent bottle of Knowlton's Danderine from any drug store or toilet counter, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all.

READY FOR WAR

Germany Has a Mass of Hoarded Treasure in Reserve

In the Julius Tower of Spandau, a Prussian fortress eight miles from Berlin, a vast quantity of specie and \$30,000,000 in gold are stored and held in reserve, ready for immediate use should Germany go to war.

Needless to say, elaborate precautions are taken to guard this mass of hoarded treasures. The gold coins are stored in chests, piled one upon another, in rooms, to which access only is possible by passing through three doors, each fitted with several locks.

Each of these doors weighs a ton, and is made of steel, with an oak core; whilst each of the keys is held by a different Government official, so that it is impossible for any one of these officials to gain admission to the treasure chambers unaccompanied.

Is the money ever counted? No, never. The task, of course, would be almost impossible; but periodically each chest is weighed—and the correct weight, it may be said, is known to the smallest fraction of an ounce; whilst occasionally the seals are broken, the chests opened, and a careful inspection made by certain high officials, to make sure that the contents have not been tampered with in any way.

Animals' Speed

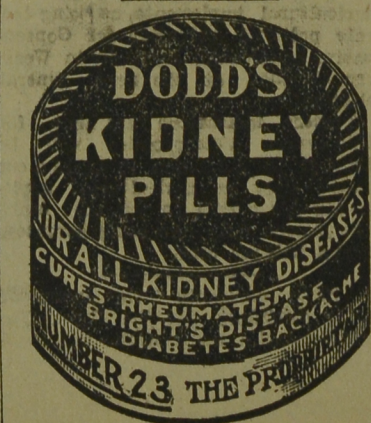
No animal is known to have exceeded the speed attained by the horse. Instantaneous photographs of one famous specimen showed the full length of one complete stride of about 26 feet. In the stride of the fastest racers the hindquarters and limbs are raised considerably higher than the shoulders, and from this relatively great height brought downward and forward, widely separated from each other, to avoid striking the forelegs. The hare has not in reality the speed of the dog. The dog, on the other hand, does not attain the speed of the horse. The giraffe is said to run at the rate of fifteen yards per second under the most favorable conditions.

UNSIGHTLY WARTS REMOVED

The operation is simple and painless—just apply Putnam's Wart and Corn Extractor. For fifty years it has been curing warts and will cure you too. Try Putnam's Extractor, 25c. at all dealers.

One Drain on Scotland

Nearly 200,000 Scottish persons emigrated from Scotland during the past four years. This number is equal to two-thirds of the population of Edinburgh, or nearly to the combined population of Grimsby, Ipswich and Reading.

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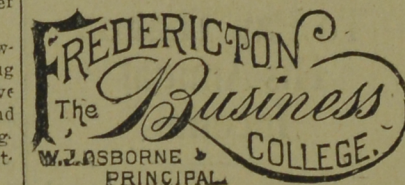
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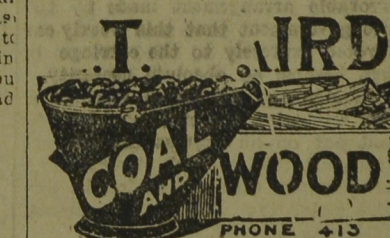
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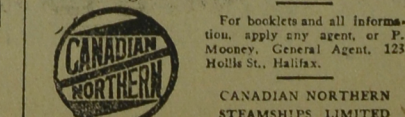
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Ad Wogast's brother Johnny is to box in one of the preliminaries when the former champion meets Joe Rivers in Milwaukee next week.

Bombardier Wells is not discouraged over his recent defeat by Carpenter and is planning to take another fling at the game.



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