ROYAL Baking Powder

Makes the lightest most delicious and tasty hot biscuit

Royal Baking Powder

is indispensable to the preparation of the finest cake, hot-breads, rolls and muffins.

ROYAL Has No Substitute

No other baking powder equals it in effectiveness, purity and wholesomeness.

NEWS OF FREDERICTON TWENTY-ONE YEARS AGO I

day, January 14, 1914.)

York street and has commenced praction of the U.N.B. class of '91, has just retired dealers or by mail at 25 cents tise. Dr. Currie intends to go to covered from the Electric Railway box from The Dr. Williams' Medicine

Wisely, formerly of this city, was defeated in a skating race at Bangor last week. He would have won but his skates cut through some shell ice, dresses of those who saw the accident throwing him. Lie did the five makes and soon had conficient evidence to Migna Firm the Memphis many are throwing him. He did the five miles and soon had sufficient evidence to however, in 18.34.

GONE WEST-George Wilson of the late firm of Wilson & Wilson, left on fession. He is p young man of much legal talent and will be heard from in the land of his adoption.

The is p young man of much legal talent and will be heard from in the land of his adoption.

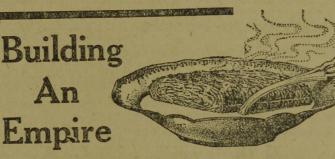
Vice-President, Wm. Lemont. in the land of his adoption.

(From The Weekly Herald of Satur- NO PAY FOR THEM-The special Tablets in the house can feel reason asy, January 14, 1914.)

The Weekly Herald of Satur- NO PAY FOR THEM-The special Tablets in the house can feel reason ably sure that her little ones are go

Company of Chicago \$1.25 for damag- Co., Brockville, Ont. es sustained in an accident on their FREDERICTON SKATER-John A. ears. While she was endeavoring to convince the company that she was not to be trifled with.

BOARD OF TRADE-At the annual Tuesday for the Northwest, where he meeting of the Board of Trade on will go into the practise of his pro- Monday afternoon the following offi-



Every loyal Canadian is an "Empire builder." He is anxious to add to the health and prosperity of the Dominion. But you can't build an Empire out of lands and mines and railroads alone. You have to build an Empire with men-and the way to make men is to give growing youngsters a food that builds strong and sturdy bodies. Such a food is

It contains all the material in the whole wheat grain made digestible by steam-cooking, shredding and baking. It is better than mushy porridges because it induces thorough mastication and thus develops sound teeth and insures perfect digestion. A food to study on, to play on, to work on.

Always heat the Biscuit in oven to restore crispness. Two Shredded Wheat Biscuits with hot milk or cream will supply all the energy needed for a half day's work. Try Toasted Triscuit, the Shredded Wheat wafer, for luncheon, with butter, cheese or marmalade.

The Canadian Shredded Wheat Company, Limited

Niagara Falls, Ont. Toronto Office: 49 Wellington Street East

HEALTH FOR BABY

To keep the baby healthy and strong, his little stomach must be kept sweet and his bowels working regularly—that is the secret of health in little ones. The mother who keeps a supply of Baby's Own REMOVAL-Dr. Owens has remov- to consider the question of providing ing to escape the results of childhood REMOVAL—Dr. Owens has removed to Consider the question of providing a salary for the city fathers was a failure. It is either, follow the same old system or give place to others who will. Perhaps the aldermen did not think it was an opportune time to Strike for wages, especially as the ensuing term.

Tablets for the results of childhood aliments, for the Tablets instantly relieve and cure such troubles as constitution, indigestion, colds, colic and worms by regulating the stomach think it was an opportune time to Strike for wages, especially as the aldermanic elections are so near at hand.

Tablets for three years and have al-Tablets for three years and have al-MEDICAL—Dr. J. W. Prides has secured the Dr. J. Z. Currie place on FOR DAMAGES—Miss Bina Henry little ones." They are sold by madi

"Lefty" Tyler drops a hint that

tried to sign Harry Demis, the old Cleveland catcher, but Demis wanted too much money

Dr. W. L. (Buck) Fressig, who managed the Roanoke team in the Virginia league last season has sign ed to pilot Norfolk In the same or

What's the use of talking about Tommy Leach doing any jumping? Tom is so old that the Feds would have to wheel him into the new

Very few ball players have to work so hard to keep down their weight as does "Hack" Engle of the Red Sox. With "Hack" it's a case of training Mains wearing out snowshoes and

Secretary, J. W. McCready. Council-A. G. Edgecombe, Weddall, M. Tennant, A. H. F. Randweddail, M. Tennant, A. H. F. Kandolph, G. W. Hodge, C. F. Chestnut, F. B. Edgecombe, J. T. Clark, J. M. Wiley, H. H. Pitts, A. Lottimer.
Arbitrators-J. S. Neill, Wm. Lemont, J. W. McCready, O. McGoldrick, J.Pitblado, G. T. Whelpley, A. Staples, A. H. F. Randolph.

CALLED AWAY-Eben Miller wa called to St. John on Monday to at tend the funeral of his brother-in-law W. G. Mathewson. The funeral took place on Tuesday at St. John.

TWO LAUNCHES-Gibson will sea two launches next spring. John Gilson's large schooner will be ready to run off in May and Charles McCluskey will have his little schooner on the lides about the same day.

ON KING STREET-Nearly all the trotters in the city and vicinity were out on King street Friday afternoon There will be the usual amount of 2.40 stories going the rounds with the usual amount of truth in them.

THE McMICHAELS-The prisoners McMichael, father and son, will be presented at the court for thal for the murder of Fred Titus of St. Mary's on Tuesday next. The younger man appears to have very little realization of the position in which he is placed and apparently enjoys a talk on the subject. The old man is more reserved and taciturn and now that the time for trial is approaching appears very irritable. It is said that the youth is not a son of Mc-Michael but a boy named Hope, whom he has adopted. Apparently they have engaged no counsel.

HOME LOVING AUTHORS

It is a popular belief that genius can only develop in "selfish solitude." A study of the lives of some of our greatest writers and thinkers, however, reveals the fact that much of their finest work was done after marriage, when they enjoyed the companionship of wives and children. Charles Kingsley, for instance, had an ideal home, and was never happier than when playing with his children. He gave them the best of everything, the largest and sunniest rooms in the house, and the best part of the garden as a playground. He was passionately devoted to children, and their griefs made him sad. "A child weeping over a broken toy," he wrote, "is a sight I cannot bear."

Wordsworth was a happy husband, and wrote one of his prettiest poems to his wife, while Tennyson had a lixing for domesticity, and in spite of a happy home, which critics contend is liable to damp genius, was able to write undying verse.

George Born w did all his best work

write undying verse.

George Born w did all his best work after his marriage, and if he had married earlier would not have wasted so much time writing to be after while wasted so much time with the same had a so much time with the same and the much time writing pot-boilers, while Froude did better after he had started domesticity. William Black found it so difficult to write when apart from to write when he went alone to Brighton to start a new novel he had to telegraph to her to join him. He tried shutting himself in a room and walking up and down the shore.

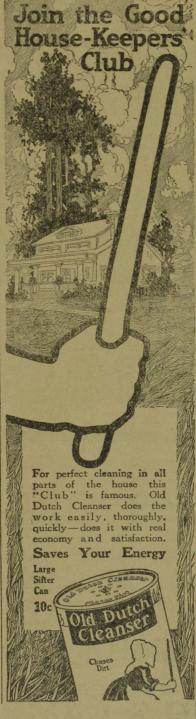
homes, and some of his finest poems were written to his wife.

Southey found domesticity so necessary and inspiring that he married twice, while Carlyle's wife was invaluable as a listener. He used to rush down from the room in the root to read chapters about the great trackers's to her and then rush back Frederick to her and then rush back



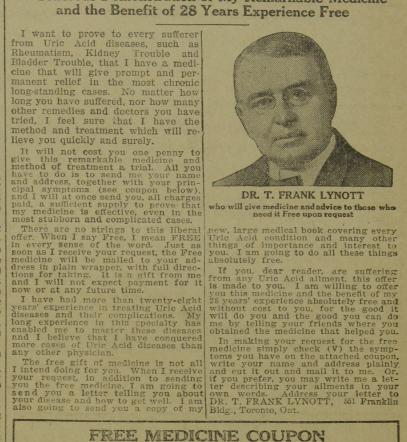
NIXOLA GREELEY-SMITH

granddaughter of the famous editor Horace Greeley. She took up uews paper work in New York and de-veloped into one of the most brilliant of women reporters.



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A Generous Demonstration of My Remarkable Medicine and the Benefit of 28 Years Experience Free



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I have checked my symptoms above. Please send me without any obligation on my part, a supply of your Free Medicine, a copy of your Medical Book and any advice you think necessary.

Slaughter Prices

On Winter Wearables Now During Stock Taking Season Wool Caps, 25 and 45 cts., former prices up to \$1.50. Flannelette Night Dresses, 50 to 98 cts., worth double on a cold night. Children's White Bear Sets, half price. Children's Jersey Cloth Overalls half price. Ladies' Suit, up to \$22.00, choice for \$10.00. Ladies' and Children's Coats, at prices to suit you. 20 per cent. off Flannel Waists, Silk Waists, Shawis, Clouds, Etc.

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York St.

"LADIES" and CHILDREN'S STORE"

Skate Grinding

BEST IN THE CITY. SKATES REPAIRED AND PUT ON BOOTS. LET US STORE YOUR BICYCLE FOR THE WINTER.

Wm. C. Burtt

F'ton. N. B.

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All Winter Goods Must Be Cleared at Any Price.

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