

Your "General Manager"

The wise man leaves the management of his home to his real General Manager—the wife who buys the food and who makes a study of its nutritive value. The housewife who knows

SHREDDED WHEAT

has already solved the servant problem and the problem of the high cost of living. Its daily use means health and strength and decreased household expense. Combined with sliced bananas, stewed prunes or other fruits it furnishes the highest food value at the lowest cost. Make it your "meat" for a few days and see how much better you feel.

Always heat the Biscuit in oven to restore crispness. Two Shredded Wheat Biscuits with hot milk or cream will supply all the energy needed for a half day's work. Deliciously nourishing when eaten in combination with baked apples, stewed prunes, sliced bananas, canned or preserved fruits. Try roasted Triscuit, the Shredded Wheat wafer, for luncheon with butter, cheese or marmalade.

The Canadian Shredded Wheat Company, Limited



Niagara Falls, Ontario

Toronto Office:
49 Wellington St. East

70A

HEART WAS SO BAD

Could Not Do Her Housework

Many women get run down and are unable to look after their household duties owing to the heart action becoming impaired or the nervous system unstrung. To all such sufferers Milburn's Heart and Nerve Pills will give prompt and permanent relief.

Mrs. Thomas Melville, Saltcoats, Sask., writes: "I thought it my duty to write you how much your Heart and Nerve Pills did for me. My heart was so weak I could not sleep, eat nor walk about the house. I could not do my housework, and what my husband could do had to go undone. I had two children depending on me besides three men to cook for, and it worried me to not be able to do anything. My husband had taken some of your pills some years ago, and insisted on me trying them, so I started, and before I had taken them two weeks I was considerably better, and before I had taken two boxes I was doing my own work again. Any one suffering from heart or nerve trouble should just give your pills a trial. If anyone cares to write me I will gladly give them all the information I know concerning your wonderful medicine."

Milburn's Heart and Nerve Pills are 50 cents per box, or three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

CONFERENCE ON MEXICAN SITUATION

Philadelphia, Pa., April 3—Scientists, public officials, army and navy officers and leaders in the world of industry and finance gathered here in force today for the opening of the annual conference of the American Academy of political and social science. The conference, which will continue two days, promises to attract more than ordinary attention because of the fact that the Mexican situation and the present status of the Monroe doctrine are scheduled as its principal topics of discussion.

Among the persons of prominence who are on the programme for papers or addresses are Congressman F. E. Chadwick, U.S.N., Prof. L. S. Rowe of the University of Pennsylvania, Dr. Albert Bushnell Hart of Harvard University, Prof. B. C. Stowall of Columbia University, A. Maurice Low of Washington, D.C., and W. Mordan Shuster, former financial advisor to the Persian government.

The first conference of the State of Washington's minimum wage commission will be held in Olympia next week to consider the wages of women and minors.

ENQUIRY ABOUT PERMANENT CORPS

Mr. Sinclair has given the notice of the following enquiry in parliament:

1. What was the total amount paid for pensions by the Department of Militia and Defence for the year ending March 31, 1913?
2. What is the number of Militia Officers at present on the pay roll of the permanent corps?
3. How many private soldiers are at present on the pay roll of the permanent forces?
4. How many private soldiers joined the force during 1913?
5. How many deserted during 1913?
6. What was the gross amount expended by the Department of Militia and Defence for the salaries of officers and officials of every kind in the employ of the Department at Ottawa or elsewhere during fiscal year 1912-1913?
7. What was the gross amount paid out for services to the private soldiers of the permanent corps during the said year 1912-1913?

CAUGHT HIS SHIP

ALL RIGHT

(New York Sun.)

Lieut. R. C. C. Smart, Royal Navy, strolled into the White Star Office at 9 Broadway at 9.45 this morning and declared as he walked he must have that he would like to book passage on the Oceanic.

"I am afraid you will have to hurry," said David Lindsay of the passenger department, "the ship sails in fifteen minutes."

"Oh, well," said the lieutenant, unperturbed, "I shall get there. I shall have a taxi."

So a ticket was made out and the officer of the Royal Navy was soon whistling pierwards at record speed in his taxi. For baggage he carried a large suitcase and a bundle of rugs.

POSTMISTRESS IS QUITE WELL AGAIN

Found Complete Cure in Dodd's Kidney Pills

MRS. GRAY, WHO WAD NERVOUS AND RUN DOWN FOR TWO YEARS, TELLS HOW SHE FOUND NEW HEALTH.

Tichborne Frontenac Co., Quebec, April 3—(Special)—Mrs. H. Gray the popular postmistress here, is telling her friends of the great benefit she has received from taking Dodd's Kidney Pills.

"For about two years," Mrs. Gray says, "I was all run down. My sleep was broken and unrefreshing and I suffered from shortness of breath and heart flutterings. I finally decided that the kidneys were the cause of my trouble and decided to try Dodd's Kidney Pills. I took four boxes in all and I feel quite strong and like myself again. I certainly think Dodd's Kidney Pills are a good medicine."

The experience of this postmistress other Canadian women. They were weak, run down, nervous and in bad health generally. They took Dodd's Kidney Pills and are strong and well again.

The reason is that when the kidneys get out of order they fail to strain the impurities out of the blood, and general lassitude and weakness ensues. The natural cure is to cure the kidneys. The experience of thousands of others tells you that Dodd's Kidney Pills cure the kidneys.

The taxi reached the pier at West Twentieth street just as the Oceanic was moving out. The lieutenant strolled up to the place where the gangplank had been and said that he really must get aboard the ship.

"But you've missed it," said the excited porter.

"Don't worry about that. I shall hire a tug, you know" which he did and climbed aboard the liner by means of a sea ladder in midstream.

A BRONCHIAL COUGH, PERHAPS WEAK THROAT USE "CATARRHOZONE"—DEAD SURE CURE

Wonderful Success Reported in Thousands of Bad Cases

How many thousands are there who would gladly pay any sum to be cured if they would just use common sense in selecting their remedy.

Bronchitis of course is an inflammation of the bronchial tubes which were made for the passage of air alone, and neither moisture of an atomiser, nor the liquid of a cough syrup can get where the trouble really is. The diseased parts can only be reached by a remedy that can force its way through all the breathing organs. Doctors who have used "Catarrhozone" say it is the only remedy for inhalation.

You breathe in its healing balsams,

inhale its soothing antiseptic vapour, and relief is immediate.

Simple to use, delightful and pleasant—nothing compares with Catarrhozone which is the cure of the day for all bronchial and throat troubles.

Mr. H. B. McLaughlin, the well known representative of Parks and Blackwell, Toronto, says:—"I have used Catarrhozone for years and can honestly say it is the only remedy that relieves me from a painful attack of Bronchial Catarrh. The inhaler for Catarrhozone is always in my pocket and I simply couldn't get along without it. I firmly believe Catarrhozone is a wonderful remedy."

Large size sufficient for two months use, guaranteed \$1.00; small size, 50c.; sample or trial size 25c. Sold by dealers everywhere.

JOEL FOSTER CASE TO COME UP

Mobile, Ala., April 3—The case of Joel M. Foster, who was arrested here in the early part of the winter, on a charge of violating the main white slave law, is on the court docket for trial tomorrow. Foster is the son of a millionaire resident of Scranton, Pa. The charge against him was the result of his alleged deception with his sixteen-year-old stenographer, Delilah Bradley. After his release on bail Foster returned to New York and it is understood that he has since been confined in a sanatorium.

FRECKLES

SUN AND WIND BRING OUT UGLY SPOTS. HOW TO REMOVE THEM.

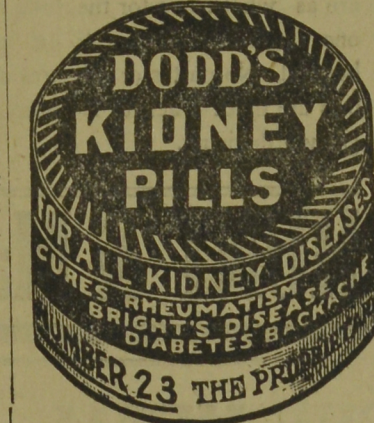
Here's a chance, Miss Freckle-face, to try a remedy for freckles with the guarantee of a reliable dealer, that it will not cost you a penny, unless it removes the freckles; while the expense is trifling.

Simply get an ounce of othine—double strength from any druggist and a few applications should show you how easy it is to rid yourself of the homely freckles and get a beautiful complexion. Rarely is more than an ounce needed for the worst case.

Be sure to ask the druggist for the double strength othine as this is the prescription sold under guarantee of money back if it fails to remove freckles.

BALLPLAYERS PALL BEARERS FOR "RUBE" WADDELL

San Antonio, Tex., April 2—George Edward ("Rube") Waddell, the once famous pitcher, who died yesterday, was buried here today. Baseball players carried the body to the grave and many baseball clubs of the north and east sent floral tributes.



A CONNECTING LINK.

St. John Standard—Mayor Frink pointed out yesterday that there had been much talk about connecting up with the Valley Railway and the Grand Trunk Pacific by a new line from Napudogan to Fredericton, but as far as he could see the lines were already connected. The Intercolonial crossed the Grand Trunk Pacific at McGivney Junction and he could not understand why this line could not be used into Fredericton and to the Valley Railway lines. The distance from Fredericton to McGivney was thirty-four miles. This, he thought, would save the expense of constructing this connecting link and still give the Valley Railway transcontinental traffic from Fredericton to St. John.

JUST ARRIVED for

EASTER

A shipment of Pattern Hats, Untrimmed Straw Shapes, Sailor Hats, Flowers and Feather Mounts.

The MISSES YOUNG

HIGH COST OF LIVING

is the question now before all the big companies and governments

Our goods for manufacturing are high, too, but we have got the quality and give you a lot of good food for the small price of 5 cents. We are manufacturing fresh Crispettes every day and you cannot get any better food or confectionery than corn; pure clean and wholesome.

Enterprise Bottling Co
Office King Street - Fredericton, N. B.

SATURDAY

SPECIAL SALE of Waists, Gloves, Corset Covers and Drawers.

WAISTS All Sizes in Latest Styles at 98c each.

KID GLOVES New and Serviceable at 50c per pair.

CORSET COVERS and DRAWERS Trimmed with Dainty Lace or Embroidery at 20c each. Worth Double.

THE LADIES' AND CHILDREN'S STORE

R. L. BLACK - YORK STREET

Why Suffer With Headaches?

Many persons subjected to them have found permanent cure in properly fitting glasses. *Eye Strain* causes the majority of headaches. This may be the cause of your trouble, which can be easily determined by consulting

WALDRON W. MAXWELL
Graduate Optician . . . 86 York St.

WHEN YOU WANT A GOOD PIANO GET -A

20th Century Sherlock Manning

IT IS THE VERY HIGHEST STANDARD

E. O. MacDONALD 560 Queen St.
SELLS THEM

PERFECT BICYCLES

There is a great many bicycles on the market, but there is only one PERFECT.

We Sell It - Price \$40 00.

Wm. C. Burt F'ton. N. B.

Spring Millinery

NEW GOODS HAVE BEEN ARRIVING DAILY SINCE MARCH 1, AND WE HAVE AN ASSORTMENT OF READY-TO-WEAR HATS NOW ON DISPLAY

On Monday and Tuesday, March 23rd and 24th and following days we will be prepared to show a full line of French, English and American Imported Models.

Miss Morgan YORK STREET

LOOK HERE

Mr. MAN!

WE HAVE THE

Spring Suit

or Overcoat

THAT EXACTLY FILLS YOUR ORDER

Our Tailored Clothes means a wide range of patterns, styles and prices, wide enough to meet the individual demands of every customer.

This is a broad statement, and we ask the opportunity of proving it.

Pay us a visit, examine our line, and we feel assured it won't be the last time you'll call on us.

J. A. MacKINNON
YORK STREET