

# TORTURED NO LONGER WITH ASTHMA

Sometimes, He Had To Sit Up All Night For Weeks At A Time—Suffered For 15 Years Until He Cured Himself With "Fruit-a-tives".



D. A. WHITE, ESQ.

21 Wallace Ave., Toronto, Dec. 22nd, 1913

"Having been a great sufferer from Asthma for a period of fifteen years (sometimes having to sit up nights for weeks at a time) I began the use of 'Fruit-a-tives' These wonderful tablets relieved me of Indigestion, and through the continued use of same, I am no longer distressed with that terrible disease, Asthma, thanks to 'Fruit-a-tives' which are worth their weight in gold to anyone suffering as I did. I would heartily recommend them to all sufferers from Asthma, which I believe is caused or aggravated by Indigestion".

D. A. WHITE

Asthma is a disease of the Nerves. It usually attacks those of a highly strung nervous system—those whose nerves are easily affected by any disturbance of digestion. This is why 98% of those who suffer with Asthma, also suffer with Indigestion, Dyspepsia or Constipation. In Mr. White's case, his Asthma was cured at the same time that his Indigestion was cured.

Why? Because "Fruit-a-tives" acts directly on stomach, bowels, kidneys and skin. "Fruit-a-tives" cleans the whole system of the poisons that are irritating the nerves. "Fruit-a-tives" sweetens the stomach, insures sound digestion and healthy appetite. "Fruit-a-tives" is a positive cure for Asthma and Hay Fever.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

## BEST STORIES OF THE WAR

(Continued From Page 2.)

"Are you English?" the officer demanded none too pleasantly.

"No American," I said.

"I know America well," he said.

"Atlantic City and Niagara Falls, and Coney Island, I have seen all your famous places."

"YES, TAKE A PICTURE."

A curious story in connection with the sacking of Louvain is told by a correspondent of a London paper, M. Pousette a Swedish diplomat, was there, watching the soldiers looting shops. He talked with a German Lieutenant.

M. Pousette had a camera in his pocket. He asked the Lieutenant if he could take a picture. The Lieutenant, not knowing that M. Pousette had the camera, misunderstood the question, and, waving his hand toward a particularly fine mansion, generously said: "Yes; go in that house. There are a number of good ones there."

### HER FEET HER PASSPORT

A Swedish actress narrates how she was taken for a German spy in Paris, and, not knowing how to proclaim her identity and being surrounded by

### TOO GREAT A CONTRACT

Some time ago, Congressman Owen of Oklahoma, said, little Jimmy's fond father brought him a chameleon, and for several days thereafter great was the happiness around the suburban home. One evening, on returning from work, dad noticed that the chameleon wasn't included in the family circle.

"Where's your chameleon, Jimmy?" he inquired.

"He is gone, father," was the response.

"Why, what do you mean?" asked father. "Did he escape?"

"No father," exclaimed Jimmy. "I put him on a piece of blue cloth and he turned blue. Then I put it on a piece of red cloth and he turned red. Then I put him on a piece of green cloth and he turned green. Then I put him on a piece of plaid cloth and he busted trying to make good."



**Wood's Phosphorine,** The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood, cures old Vices, Cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

a shouting mob, she felt quite alarmed. Suddenly a lucky idea occurred to her.

She slightly raised her skirt and, showing dainty little feet, exclaimed: "You look at this! Do you call these German?"

She was saved and carried triumph to her hotel.



A few light rubs with "Old Dutch" sprinkled on a damp cloth brings new lustre. Equally effective for cleaning and brightening sinks, wash bowls and bath tubs.

Keep It Handy Large Sifter Can—10cts.

## DOES INDIA HOARD HER YELLOW GOLD?

Many Millions of Precious Metal is Unaccounted For

From time immemorial India has absorbed gold as a sponge absorbs water. The flow of gold to India has always continued. In the last twelve years she has received \$680,000,000 in gold, partly in sovereigns and partly in bullion, in addition to enormous quantities of silver. It all goes into the country, but very little ever comes out. Lord Rothschild observed some years ago that he had noticed that none of the smooth gold bars sent to India from England ever came back. What happens to this great stream of precious metal, which continuously disappears like those rivers in deserts which lose themselves underground?

The testimony of experts is most conflicting. Some say it is hoarded while a few are ready to prove by a formidable array of statistics that it cannot be extensively hoarded. Those who believe that India possesses a vast store of hoarded treasure make the wildest guesses at its probable total. The most popular estimate of the hoarded wealth of India puts the total at \$1,500,000,000, which would amount to five dollars per head of the population; but some credible estimates are far higher. The expert quarrel, again, about the probable effect of India's absorption of gold upon the world's money markets and the prices of commodities. Some say that all gold-using countries benefit thereby, while others, such as S. Edward Holden, appear to hold that the drain of gold to India is a potential menace. The commission while declining to endorse either of these mutually destructive contentions has declared in effect that an increased use of gold in India should not in future be encouraged by the Government, but India already seems disposed to resent this recommendation. India has been subjected to repeated invasions and innumerable internecine wars, and her people have never completely lost their hereditary sense of security. Banking facilities are sparse, and it would be surprising if Indians did not hoard.

Hoarding does not necessarily mean burying in the ground or concealment in the roofs of houses, though these practices are doubtless extensive. Mr. J. M. Keynes, a member of the commission tells a story of a Brahmin in Eastern Bengal who even hoards currency notes in his roof. Once he retires he retires privily and spreads a cloth on the sun to remove the damp. A very large proportion of the hoarded wealth of India is however, in the form of gold and silver ornaments. It is into these ornaments that the bulk of the bullion and sovereigns, as well as much of the silver disappears.

### Business Farming

Farming is always a business, but the average farmer keeps no books. He pays a bill, makes no record of it, loses the receipt, or keeps it in one of a dozen cluttered boxes where it cannot be found.

In order to protect themselves in case of sudden death the wife and children should be made familiar with every detail of the business. There is recorded the case of a rich man who deposited his money in several banks, was killed in an accident, and his family are living in absolute want because they cannot ascertain where the money was banked. Another instance is that of a man who placed thirty thousand dollars in a bank for the assistance of his family, died for a while, and his folks cannot find where the money is placed. One of my most valued books is a large blank book in which I record every detail of farm work with date of day, month and year. If we begin to plant or sow a piece of ground I put down date, how much seed it took, cost, kind of fertilizer used, name of variety, etc. A debt is paid, down goes the date, amount paid, what for, and if I get a receipt.

By making the entries each noon or night the books can be so kept up-to-date that an executor can look over the record, stock, and produce books, etc., and see in a few moments how affairs stand; and the farmer himself knows about his work.—C. E. Davis.

### Climatic Aeroplanes

The Russian government has ordered ten aeroplanes of a type to carry eleven persons in addition to the pilot.

### Long Navigable River

The Congo river and its tributaries furnish more than 9000 miles of waterways navigable by flat-bottomed steamers.

A new convenience for travelers is a shoe polishing brush with the back recessed to hold a dauber and cap or polish.

## WORD OF CAUTION FOR CANADIANS

(By Canadian Board of Censors)

One word of caution should be addressed to the Canadian people at the outset of the war. There seems to be some disposition to underrate the magnitude of the conflict and of the exertions which it will impose upon the people of this Empire.

It is only fair to give as far as possible a true and sober account of what is impending. Germany is a very strong power. Her population is one-third larger than that of either England or France. Her army which proved its efficiency in 1866, has in all the years which has passed since then been steadily working to improve itself and been repeatedly enlarged. The German Navy is the creation of many years, and has had the special care both of the Emperor and of the people. No effort has been spared to raise it to the highest pitch of efficiency. The German people are united and determined.

Side by side with Germany stands Austria-Hungary, with a great army of the modern type, very different from that which was defeated in 1866. Austria-Hungary has also of late years begun to expand her navy. Against these two powers are arrayed on the Continent the armies of France and Russia. That of Russia has been much increased during the last two years, and is believed to have learned much during the war with Japan. It was at that time unequal in quality to the Japanese Army, which had been trained under the auspices of German officers. Now it has to face the bulk of the Austro-Hungarian Army and a part of that of Germany. It would be rash to predict the victory.

Meanwhile, Germany, in all probability, is hurling the bulk of her forces against France and re-inforcing them by one of more Austrian Army Corps. The self-defence of Belgium may neutralize a small part of the German forces. The French Army is a creation of the present republic. It is admirably organized and trained, and incomparably better than that of Napoleon III. But it will hardly outnumber the army which Germany and Austria will lead against it. The spirit of the French which has never been better than since the mobilization was ordered, on the first of August, will give it great force, and Frenchmen and Englishmen are justified in hoping for its victory. But in such a case who can foretell the events? Even the best judges of troops, intimately acquainted with both armies, could not pronounce with certainty unless he had had the opportunity of gauging that most important factor, the capacity of the German and French Commanders-in-chief and of the staff. But this is, as far as both armies are concerned, almost an unknown quantity for none of the principal leaders of the two great continental armies has had personal experience of the command of armies in war.

Thus the Canadian people should keep in mind the element of uncertainty which always exists in war, and the need for that steady and unflinching determination, which is ready alike for good and for ill fortune. They should cultivate that fortitude which will meet with even mind whatever events are in store.

Lord Kitchener's speech of August twenty-fifth shows how great is the task before the British Empire. The

(Continued on page 3)

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DON'T DELAY—Offer expires when dealer in your locality is selected. Give color and size desired.

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**Steel Sides**—making machine lighter and stronger  
**Steel Sprockets**—smaller sprockets and agitators are steel.

**Steel Pitmans with wood bushings**—better than old style wood.

**Dust Proof Roller Bearings** in nearly all gears and agitators, making a wonderful difference in draft.

**Rod or Riddle Elevator.**

For years the Hoover has been "The Potato Digger" and the wonderful demand this year proves that it still holds foremost place.

When you buy a Hoover you are not taking chances. It will do the work under all conditions.

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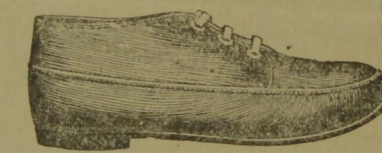
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## PERSISTENCY IN ADVERTISING

One stroke of a bell in a thick fog does not give a lasting impression of its location, but when followed by repeated strokes at regular intervals the densest fog, the darkest night can not long conceal its whereabouts. Likewise a single insertion of an advertisement—as compared with regular and systematic ADVERTISING—is in its effect not unlike a sound which, heard but faintly once is lost in space and soon forgot—**Printing Art.**

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If your Stock of Stationery is getting low Telephone  
**THE MAIL PRINTER**

**Advertise in the MAIL**