

WOMAN'S AILMENTS CAUSED BY NEGLECT

Proper Treatment Will Quickly Bring
Back Robust Health and
Good Spirits



Women are on the whole more sickly than men. One reason is that their system is more complicated; another and more important reason is they put off measures of relief too long. At the beginning, constipation is the cause of nine-tenths of women's ailments. The blood becomes weakened and polluted—the nerves suffer and a run-down condition takes root. Because of their mildness of action as a system regulator, no medicine for woman can compare with Dr. Hamilton's Pills. The kidneys quickly respond to the remedial action of Dr. Hamilton's Pills and the result is as you would expect—pain in the back and sides shortness of breath and bad color disappear—the functions of the body then operate naturally, congestion and pain are prevented and perfect health returns.

Thousands of happy women say Dr. Hamilton's Pills are the greatest blood-purifier, the finest complexion renewer, the most certain regulating medicine known. Sold by all druggists and store-keepers, 25c. per box, five for \$1.00 postpaid. The Catarthozone Co., Buffalo, N.Y., and Kingston, Canada.

SPORT OF ALL KINDS

The Chicago White Sox have signed Delos Brown, a young infielder, Billy Sullivan, who discovered the youngster, says he looks like a corner.

Calvo, the Cuban outfielder who was released by the Washington club to Los Angeles, has failed to make good in the Pacific Coast League.

Jack Barry of the Athletics and Shanks of Washington are the class in the big yard when it comes to bunting a runner home on the squeeze play.

With Bedient not in the best condition the Red Sox still have a wonderful array of pitching talent in Wood, Leonard, Foster, Collins and Johnson.

Wanamaker, the crack Dartmouth catcher, has another year in college, so it is doubtful if he will accept the offer to sign with the New York Americans.

Clarence Walker of the Browns, who has been leading the American league batsmen, came from the Kansas City American Association team. The Browns gave Crompton, Brist, Allison and a sum of money, said to be \$15,000 to land Walker.

BRITAIN'S PARLIAMENT NOT OPEN TO EVERYONE

Lawyers at One Time Could Not
Qualify as Members, and Many
Clergymen Still Debarred

It is not generally known that at one time lawyers were specially disallowed from becoming members of the British Parliament. Yet that is the fact, for an Act was passed in 1404 excluding all lawyers from Parliament. At the time that Bill was passed, the only other class excluded were the clergy, and the Parliament of 1404 is known as the Unlearned Parliament, the clergy and the lawyers being the only educated people of that day. The clergy of the present day are excluded, with very few exceptions. The Church of England clergy, the Roman Catholic priests, and the ministers of the Scotch Church are all debarred from becoming M.P.'s. Ministers of the Non-conformist body are not debarred. Judges are also excluded, and Government contractors are disqualified. Any person who holds an office of profit under the Crown created before 1707 loses his seat, but can offer himself for re-election. That is why when a M.P. is appointed to such office, his seat is vacated and he has to go through the strife of a contested election again.

Peers of England and Scotland are debarred from being elected to the House of Commons. An Irish peer, however, is elected to the Commons for any English or Scotch constituency, but not for an Irish constituency. It is not every Irish peer who is entitled to a seat in the Lords. The number is limited to twenty-eight and an Irish peer who forms one of these twenty-eight is not eligible as a member of the Lower House.

If a member were convicted of treason or felony the Speaker would issue a writ for a new election as soon as he received the certificate of the conviction from the court where the M.P. was tried. Bankrupts are subject to a kind of disqualification for if the bankruptcy is not annulled within six months, or if the bankrupt member is unable to obtain a certificate that his bankruptcy was caused by pure misfortune and not by misconduct, he forfeits his seat. Corrupt practices at a Parliamentary election also can disqualify. If any person is found guilty of that offence he can never sit for the constituency where he practised the corruption, nor can he sit for any constituency for seven years. Corrupt practices are principally bribing and cheating, and the punishment is severe, for besides being disqualified, a candidate may be fined up to \$500 and imprisoned for any term not exceeding one year.

When an M.P. becomes insane, his seat is rendered vacant by a resolution of the House. A candidate for Parliament must not be less than twenty-one years old. There are instances of M.P.'s under twenty-one. Charles James Fox was elected a member, and took his seat, when only nineteen. The candidate must be a British subject. A foreigner, of course, becomes a British subject when naturalized.

Nelson (Pie) Way, Yale's best bet on the firing line, hails from Manchester, N.H. He prepared at Dexter Academy, where he made his letter in baseball, football and track events.

Troubled With Weak Back and Kidneys For 10 Years.

Many people fail to understand the significance of a lame, weak, sore or aching back.

When the back aches or becomes weak it is a warning that the kidneys are affected in some way.

Take notice to the warning and cure the backache on the first sign, for if you don't do this, serious complications are sure to arise and perhaps develop into Dropsy, Diabetes or Bright's Disease, the three most deadly forms of kidney trouble.

Doan's Kidney Pills will strengthen the weak back, and prevent any form of kidney trouble entering the system.

Mrs. Ed. Boyer, Nokomis, Sask., writes: "I have been troubled with weak back and kidneys. I had terrible dizzy headaches, and could not sleep at night. In this way I suffered for ten years, until I read about Doan's Kidney Pills. I purchased two boxes, and as they helped me, I sent for two more; they put me on my feet, and I have been able to work ever since."

Doan's Kidney Pills are 50 cents a box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

If ordering direct specify "Doan's."

HOW TO LEARN TO SWIM WITH ONE LESSON

First.—Observe the motions of a swimming frog.

Second.—Find a beach or pool with level bottom. No "steppes" or holes. Lean forward. Take a long breath. Let your head sink into the water as far as it will. Allow the arms and legs to assume their own positions. Then reach forward with the arms and bring up the legs, as you have seen the frog do.

Third.—Bring the arms back with an outward circular motion, kicking the legs back and in at the same time.

Fourth.—At first you may not get your head out of water. Never mind that. Swim as long and as far as you conveniently can under water. You will not be very far under. Your hips will probably be above water, but your mouth and nose under.

Fifth.—Try and try again and keep swimming with your face under as long as you can endure it without pain or inconvenience.

Sixth.—Directly you will find that as the arms start to come back they will elevate the head out of water, so that the mouth is clear. Take a good deep breath.

Seventh.—As the arms go back the head will sink again. Let it sink. That is the way to swim.

Eighth.—As the head sinks bring the arms forward again and also the legs. Then go through the same motion as before.

Ninth.—Remember each time the arms come back in the stroke the head goes up. Let the mouth just clear the water far enough and long enough to take a full breath of air.

Tenth.—That is the way the great swimmers swim. They do not try to keep their mouths far above water. They bring the mouth just far enough above the water to take a breath. That is all.

Eleventh.—What handicaps most beginners is the desire to keep the head too far out of water. Champions could not do what beginners try to do.

Twelfth.—After you have learned to keep afloat and swim a bit you can learn the different strokes and the proper way to apply them from some efficient instructor.

ALL ABOUT CONCRETE

Some Wonderful Possibilities of the
Future Described by an Expert

Concrete was used by the Romans who also invented the celebrated Roman nose, which is still used with such great success. Concrete is composed of cement and broken stone, which are mixed with water by a tired man in overalls and a red flannel shirt and converted into a sort of geological Irish stew. The mess is then stuffed into a wooden mold, and when it dries it is so hard that when Time attempts to nibble it with its justly famous tooth it has to go to the dentist's with a low shriek of agony.

Nowadays concrete is used with great success in building houses, skyscrapers, bridges, baseball parks, pavements, sidewalks, wormless tombs, boats, artificial legs, telegraph poles, water tanks, artificial pipes, false teeth, cathedrals, smokestacks, and eating-house sandwiches. Concrete has, in fact, become the most useful thing in the world, and man, a mountain which has only been an obstruction to traffic will be ground up in the next few years and sold in sacks to men who have cities to build.

Thomas Edison has recently invented a method by which concrete houses can be poured to order by two strong men while the family is unpacking the furniture. This will be a real boon, and before long we may expect to buy our houses at the store by the gallon and to draw a cute little Queen Anne garage out of a faucet and take it home in a pail.

Concrete, reinforced with steel, is the strongest material yet invented but science thus far is only building bridges and skyscrapers with it, and has not yet used it in providing practical backbones for public men. When this has been accomplished the grade of statesmen available will be vastly improved and the old style office-holder with the gutta serena spinal column will wobble into oblivion along with the wooden hotel.—Kansas City Star.

HORSEFLESH AS FOOD

Tourists Get it For Beef in France—
Said to be Wholesome

Apropos of the discussion in Parliament regarding the eating of horseflesh in Montreal, it is interesting to note that the London Chronicle gave prominence to a letter from Mr. F. Langworthy, of Claygate, Surrey, advocating the establishment of horseflesh butchers' shops in the large towns of Great Britain.

He declares that as horseflesh is now eaten by "our rich," he sees no reason why the poor should go without this cheap meat simply "because there is no one with sufficient enterprise to try to overcome a prejudice." He further says that he has seen English people very contentedly eating horse for beef in some of the most expensive hotels in Paris, and for himself he would much sooner eat it than the flesh of the pig.

His theory is that the meat of animals that have been cooped up—such as pigs in sties, cattle in barns, and fowls in runs—is not wholesome, while the meat of horses, which lead fairly natural lives, is cheap and nourishing; indeed, he adds, the French say that horseflesh is particularly good for those suffering from anæmia.

EXPLOSIVE AGRICULTURE

Nitro-glycerine Used With Much Benefit in Orchards

Poets have sung of words being turned into ploughshares for years without anybody taking much notice of them. It is, therefore, pleasant to learn that such deadly explosives as nitro-glycerine and nitro-cellulose are being used in the peaceful professions of agriculture as well as in the filling of man-killing shells. The experiments have been carried out chiefly in Canada and the United States, chiefly for the planting of trees and the rejuvenating of old orchards.

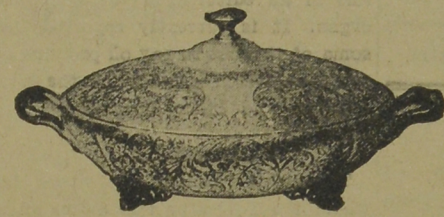
By exploding a cartridge judiciously placed in the ground, the soil is shaken up and fissured to a greater extent than can be managed by spade work. New trees planted in ground that has been prepared in this way make much more rapid and vigorous growth. In an old orchard the ground can be similarly opened and shaken without injury to the standing trees, which, by the way, are given a new lease of life owing to their roots having less dense soil to penetrate.

Flavor in Fish

Recent experiments indicate that the muddy taste in some fish, which has been attributed to the water in which they live, is due to certain aquatic plants that they eat.

A rosy night makes a blue morning. Sweeping assertions are liable to raise clouds of misunderstanding.

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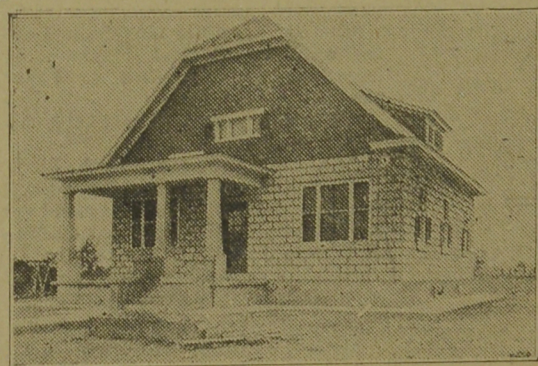
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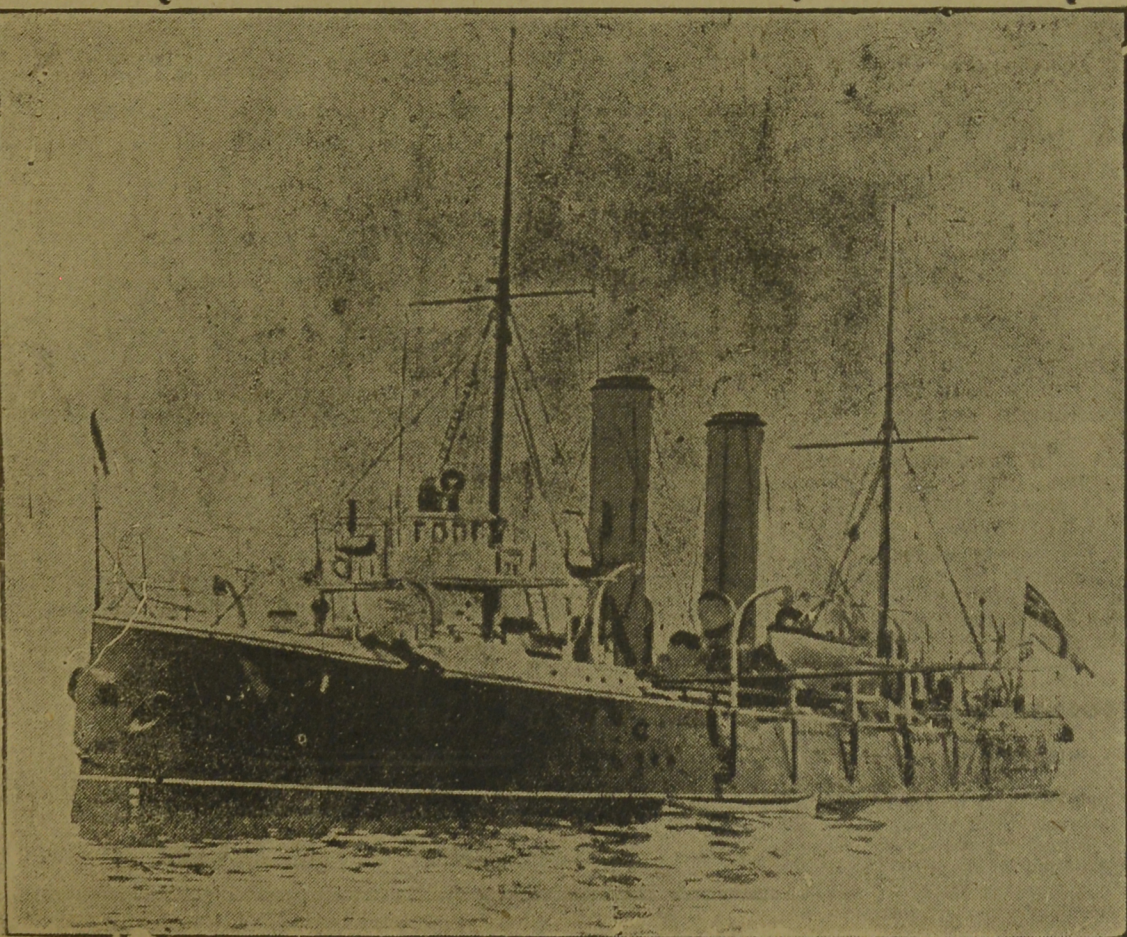
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