FREE OF ALL THREE DISEASES

"Fruit-a-tives" Brought Him Perfect Health

Avon, Ont., May 14th. 1913.
"I am younger since I have been taking." Pruit-a-tives". I was troubled very badly with Piles, Constipation and Stomach Disorder, but I found "Fruit-a-tives" was the panacea for the whole tifree.

tifree.

Now I am free of all these diseases and enjoying perfect health, and able to work whenever I like. Five years ago, I started taking "Fruit-a-tives". I took two every night and they worked wonders for me.

No other medicine I could get was so good and I took lots of different remedies before I found out how good "Fruit-a-tives" were.

a-tives" were.
I keep "Fruit-a-tives" on hand all the time, and am never without them. I even take them with me when I go motoring, so I can have them handy. "Fruit.a-tives" are worthy of every good word I can say about them. The fact that they cured me of Piles, was something to be everlastingly thankful for" GEORGE LAUR.

500 a box, 6 for \$2.50, trial size, 250. At all dealers or sent on receipt of price by Fruit a-tives Limited, Ottawa

SONNET TO SIR

Sir Howard Douglas, well beloved the Fort Garry and Mr. Charlton

ed with thee.

Miramichi Filling the land

The good Sir Howard to the rescue

In that dark hour of driest misery Throughout the ravaged region trvel-

could give. Longs shall the record of his kindness

With those who dwell beside the

Nor should New Brunswick's Uni-

Forget her founder in the old brave davs

When men did good for God and not for praise. Renous River, N. B.

sliding to oblivion.

In

CONAN DOYLE

(Montreal Herald.) Mr. H. R. Charlton of the Grand Trunk Railway system, returned to Montreal yesterday after having ac-companied Sir Arthur Conan Doyle and Lady Doyle to Western Canada. The party travelled from New York in the Grand Trunk official car "Can-ada" to Sarnia, where the S.S. Har-monic of the Northern Navigation Huron and Superior to Fort Williams thence in the official car "Canada" to Winnipeg and Jasper Park, over the Grand Trunk Pacific. Both Sir Arthur and Lady Doyle were much impressed with the trip and expressed themselves as delighted with the jour ney. At Saulte Ste. Marie a visit was paid to the Algoma Indian

School, also to the old Block House and the locks used by the early voyagers en route to the west two hundred years ago

On arrival at Fort Williams a trip was made around the Mission tern inals of the Grand Trunk Pacific and the harbors of Fort Williams and Port Arthur.

An inecresting coincidence happen ed on arrival at the Grand Trunk Pacific terminals at Fort Williams. While the party was standing on the deck of the steamer, a large bull moose emerged from the forest about a quarter of a mile distant, and remain ed in plain view for about fifteen minutes, giving the distinguished visitors an opportunity of seeing some of the wild life of our Canadian forests.

states that they were very much im-Our brightest, blackest page is link- pressed with this magnificent hotel Sir Arthur expressed his opinion that When raged the fearful fire of the it was the finest hotel that he had yet seen in America, not only as to with livid, lurid its architectural beauty and unterfor furnishings, but for its splendid ser-

The party are now camping in Jasper Park, and expect to leave for the cast on June 20th. Before sailing for phy, and during the lecture he paused taken to pieces. home Sir Arthur will speak before and impressively looked at the class. And recognized a stricken people's she Canadian Club at Ottawa, on claim

To all the aid his helping, hand

To all the aid his helping, hand on July 4th.

On the return journey they will also rest?" Wisit Algonquin Park, Toronto and Niagara Falls.

QUICK results received from simple through?" buckthorn bark, glyceeine, etc., as mixed in Adler-i-ka, the German Toronto Globe:-The momentum remedy which becameifamous by cur. has bred Grace Elred, 2:14 to Bargrades approved in the Gutelius ing appendicitis. Mr. George Y. Dibling, 2:124. Transcontinental are all to be cut draws off such a surpriting amount out except the one on which Messrs, of old foul matter from the body that Lynch-Staunton and Gutelius are A SINGLE DOSE relieves sour stom. Minneppolis American Association for an incoming Hamburg mailboat achi gas on the stomach and consti-

Grinds His Own Flour

An old gentleman, Francis Harri-

to the newspapers (of England)

son of the Isle of Wight, wrote a let-

saying that he had ground wheat for

thirty years in a little steel mill of

his own and that his wife had done

the baking. He was in his seventy-fifth year. He said: "And this ex-

plains why my wife and I are so

England roared. "Good Lord!" he

told the reporters, "I can:t tell where

I got it. Think I bought it some-

where in London, but 'twas more than

a generation ago. It cost mel only two pounds but it has been worth a

fortune to me. I was regarded as a

frail youth. I had no digestion, my

hair was brittle and I was cranky.

Whole wheat flour soon put me to

taken the subject in hand and the cry

in England is not for meat but for whole wheat bread."—Daily Record.

But you don't have to buy a mill and go to all the trouble of grinding YOUR flour.

The Bread Reform League has

"Where did you get that mill?" all

DAUGHTERS OF

Minneapolis, Minn., June 16:-After several days occupied with prelimin aries the general society of the Daughters of the Revolution this morning began the regular session of its twenty-third annual convention. The proceedings were opened at welcome by Mrs. C. M. Woodham, the State regent. Response nonic of the Northern Navigation Minimeeota Scale regent. Response Company, was taken across Lakes for the visitors was embodied in the Huron and Superior to Fort Williams Clarence L. Bleakley of New York Reports of officers and comittees and other routine business occdpied the elect its general officers tomorrow.

THE WRONG PLACE

Senator Elihu Root, of New York conversation in a Washington club reminded, he said, of the experience

in arranging for her vacation.

spent the previous summer in the mountains, stopping at a licensed hotel, but owing to the bar-roomi she decided that on her next visit she would go to another town close together on the same day.

"I am thinking about spending month or so in your town hiss sum mer," she wrote to the propieter of a hotel that had been recommended and also tell me if you have a bar.'j schooleacher stop, look and listen. "We have no bar,': the letter tersely ran. "Th place for you is at Mur phy's furthur up the road."

THE GREATER PROBLEM

Congressman Samuel A Witherspoon of Mississippi, was reminded of the question of a learned professor.

The professor in question was in-

into it, would it come to a state of

of the professor. "I am very glad to a trade loss of \$35,000 a year. have you ask any question."

"What I want to know is this," smiling returned the young man Local people are surprised at the "how are you going to get that hole

John Walker of Newmarket, N.H.

baseball team, 33 years old today.

Newsy Paragraphs From British Isles

At a meeting of the Surrey County Council the surveyor said the roads of the county were not intended for and could not endure such traffic as motor lorries and motor buses. For the future he suggested that a thick 11 o'clock with an address of asphalt bed be laid on the roads. This recommendation was adopted. Gift of a Lion

The Dundee Free Library Committee decided to accept from Sir Thomas Dewar a black-maned lion and other specimens of the fauna of remainder of the day. The society will British East Africa. Sir Thomas shot the lion in the fly country in British East Africa, 200 miles from Nairobi.

Old Man Dies of Grief Mr. and Mrs. Allen Baynes, who had smiled the other evening when the been married sixty-one years, died on successive days at Wimbish, Essex. turned to summer outings. He was Mrs. Baynes died first, and her husband's death was hastened by grief. He was eighty-seven years old, and

Biting Tongue Death At an inquest at Surrey on a fifteenmonths-old child, John Harding, it was stated that he stumbled while playing to her. "Kindly give me your rates, and bit his tongue. Bleeding continued intermittently until he died. A ver-One woek, and then came a letter dict was returned that the boy died from exhaustion due to loss of blood after accidentally biting his tongue.

Six Cycles Mystery At Brighton a man named Edward Hartnupp, who carried on business was committed for trial on charges The conversaction at a recent social of stealing and receiving six bicycles, affair ran to great problems when the property of various people. The machine had in each case been removed from outside premises, the whole number being traced to the accused's shop, where they had been

Ramsgate's Loss

duties distributed under a scheme which has already been drawn up "Pardon me, professor," interposed which has already been drawn up. a young man "will you permit me This has caused great surprise in ask what I consider a greater Ramsgate. The decision involves the "Certainly, was the prmpt response families and about 300 persons, and

Fire Alarm Comedy Outbreaks of fire at Grimsby Docks are notified by the sounding of a steam siren. When a policeman heard the buzzer he rushed to the telephone and

turned out the fire brigade, a couple of motor engines raced to the docks, and the men spent half an hour look ing for a fire which did not exist. Claude Rossman, left fielder of the The officer had mistaken the buzzer

for the fire-call. Fever-stricken Families

A serious outbreak of scarlet fever is reported from the Ballymoe district of North Galway. In the case of a family named Fannon, the mother succumbed, and the father and six children were removed to the Glenamadda Workhouse Hospital. In another case of a family being removed to hospital, a girl of eight years died on the journey. The schools of the district are closed.

Eulogy of First Wife

An objection by a second wife to her husband's "in memoriam" compliments in a local newspaper to her predecessor was mentioned in a case before the Birmingham magistrates, when the second wife applied for an increase in her allowance under a separation order. The magistrates declined to vary the order, but the defendant promised not to insert any more notices.

Foxes Kill Swans

Foxes have apparently been responsible for depredations among the swans in Linlithgow Loch. Recently the bodies of two of these beautiful birds were found dead, their necks being torn. The Keeper of the Peel had them buried in his own garden, but they were not allowed to lie long. Two nights afterwards the fox, apparently scenting the birds from the spot where they had been laid just before being buried, dug up the carcases and made a meal of them.

Rescued Sailor's Mean Trick A Liverpool sanor, Aired Dale, played a mean trick apon the nev. marry Morgan, rector of St. Brides, Pembrokeshire, wno nau crothed and

fed him. Dale was one of a crew of four of a ketch that foundered in the bay in the gale. The mariners were saved, and were housed by the rector. But after they left he found that a pair of boots were missing. The stolen property was traced to Dale who appeared before the Haverfordwest magistrates. He pleaded guilty, saying he thought the boots were better than his. The chairman said it was a poor return for such kindness, but, as the prisoner had been in custody over Sunday, he would be dis-

WEDDING GIFTS

Suggestions of appropriate and useful presents for the June Bride.

A Few of the Many Things We Will Be Pleased to Show You CHINA CABINET, CHINA TEA SET, CHINA DINNER SET, DRESSING TABLE, PARLOR MIRROR, MUSIC CABINET. H. E. KITCHEN CABINET, OIL PAINTING, PARLOR CHAIR, FANCY ROCKER, SILVERWARE, PARLOR LAMPS.

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ing.

STAPLES PHARMACY Alonzo Staples, Prop.

J. Bacon Dickson, LL. B Attorney-at-law, Notary, etc. 540 Queen St. Opp. Officers Quarters, Fredericton, N. B..

Harry Lord, who recently "blew" the White Sox, is figuring on buying an interest in the Portland club the New England league. It was while playing with Worcester in the same league that Harry first attracted the attention of big league scouts.

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In Grape-Nuts one has all the nutriment of whole wheat plus entire barley, including all the vital mineral phosphates of these grains, so essential for proper balance of body, brain and nerves.

Grape-Nuts, because of long skillfull baking, digests easily and quickly--generally in about one hou; white bread requires about 3 1-2 hours.

A ration of Grape-Nuts with regular meals goes a long way toward putting one "to rights."

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