

Heart and Nerves Were Bad.

Could Not Sleep.

To the thousands of people who toss on a sleepless pillow night after night, or who pace the bedroom floor with nerves on the jump, the heart action all wrong, and to whose eyes sleep will not come, Milburn's Heart and Nerve Pills offer the blessing of sound refreshing slumber, as they restore the equilibrium of the deranged nerve centres and correct the wrong action of the heart.

Mrs. Charles Teel, Horncastle, Ont., writes:—"Just a few lines to let you know what Milburn's Heart and Nerve Pills did for me. My heart and nerves were so bad I could not sleep, and the least noise or excitement would make me feel so that I used to think I was going to die, and I would tremble until I could hardly stand. I took doctor's medicine, but it did not do me much good. At last I tried Milburn's Heart and Nerve Pills, and can certainly say they did me a great amount of good. I can recommend them to anyone who is suffering as I was."

Milburn's Heart and Nerve Pills have been on the market for the past twenty years, and have done more to steady shaky nerves and strengthen weak hearts, than any other known preparation.

Price, 50 cents per box, or three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

BUSINESS CONDITIONS IN THE MARITIME PROVINCES

The following extract from the annual report of Sir Edmund Walker, read at the annual meeting of the Canadian Bank of Commerce, of which he is president, will be read with interest:

The Maritime Provinces have not altogether escaped the effects of the partial check to our prosperity which has been felt generally throughout Canada. This, however, has been the result mainly of outside influences not connected with the provinces' own affairs. The beginning of the year found business conducted on conservative lines with neither undue expansion in trade nor boom in real estate. The occupations and industries peculiar to far Eastern Canada have met with good average results, and are today on a sound basis. The drain on the rural population is lessening, the opportunities of the provinces are becoming better known,

and they are now receiving a considerable number of desirable immigrants. The removal of the American duties on agricultural products, lumber and fish will have an important effect on the development of their rich resources.

In Prince Edward Island the promise of an excellent harvest was not altogether realized owing to wet weather, and in some localities to early frosts; but with the very high prices prevailing for all products the net results to the farmers will be quite up to the average. The important dairying, live stock, poultry and fishing interests have maintained their former prosperous position. It is a matter of great satisfaction that the development of the natural resources of the province is at the highest point of efficiency yet reached. The breeding of silver-black foxes has received widespread attention and much publicity during the year and has led to study and experiments along the same lines in other provinces. Investigations now being made in Prince Edward Island in connection with the breeding of other native fur-bearing animals and the Karakul sheep will be watched with close interest.

The past year has been a good one in New Brunswick. With very fair crops of all kinds and an exceptionally large one of potatoes, accompanied by high prices generally, the farmers are in a comfortable position and in excellent spirits. They are making distinct progress in fruit-growing and the raising of live stock and poultry and there is a new movement on foot on behalf of general agricultural education. The completion of the St. John Valley Railway will give an outlet to a rich portion of the province which has hitherto suffered from the lack of railway connection.

Conditions not dissimilar have prevailed in Nova Scotia; but owing to the partial failure of the apple crop, the net cash returns from the land will not be quite up to those of 1912. The yield of hay, potatoes and root crops was good and an encouraging increase took place in the production of butter and cheese. The Agricultural College at Truro maintains a high standard of efficiency and we have pleasure in reporting a steadily increasing appreciation of the profitable results which may be produced by up-to-date farming in this province.

LUMBER.

The lumber cut in these two provinces was not up to the figures of 1912 and was probably a little less than the average for the preceding five years. Prices for spruce deals during the first six months were never so high and netted shippers \$1.05 per thousand feet above those of the previous year. Since the middle of August labor troubles in the United Kingdom have had a bad effect on trade and this, coupled with heavy cargo shipments, has brought prices down to \$15 per thousand feet at the time of writing. The docks at Manchester and Liverpool are now overloaded with all descriptions of lumber, including a large quantity of Russian deals, the class which we expect in a few years will dominate that market. Freight rates continued all year on a high level. Our latest reports from Liverpool are hopeful for winter and spring shipments, but the high prices of 1913 are not expected. Most of the mills have cleaned out their yards, and, except in St. John, the wintering stock will be small. Previous to May cargoes were sold in the United States at record prices but from that time onward the market fell into extreme dullness,

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with a drop in price of fully \$5 per thousand feet. A fair business has been done with the West Indies. The South American market was dull, but our own local demand was excellent and now absorbs the product of the small operators. We expect that the cut in New Brunswick and Nova Scotia next season will be an average one.

The output of coal for the year has reached 7,000,000 tons for the first time, the actual amount being about 7,250,000 tons, all of which has been readily absorbed. In New Brunswick there has been an increase of one hundred per cent. in the output of the Minto mines. As a result of the large sums expended on development work the output of the Dominion Coal Company alone will probably reach 6,000,000 tons during the next few years. The principal new development in Nova Scotia has been carried on by the Cape Breton Coal, Iron and Railway Company. Labor employed at the collieries is in a contented and satisfactory state, and altogether the outlook in this important industry is very bright indeed. The production of other minerals has not shown any considerable increase.

Manufacturing enterprises dependent on the local market have been successful in all lines. Many of the larger establishments with connections all across the continent show satisfactory results and some an actual increase in business, but the recession of trade in the west affected the output of a number of industries; these, however, are almost without exception, in a sound position and can afford to wait for better times.



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Bombardier Wells is not discouraged over his recent defeat by Carpenter and is planning to take another fling at the game.



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