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The creamy softening lather of Baby's Own Soap and the fragrance of its delicate aroma leave the skin cleansed—refreshed—aromatized

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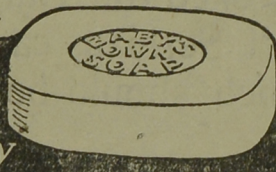
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SOME SUGGESTIONS AND RECEIPIES FOR THE HOUSEWIFE

EGGPLANT TURQUE

Wipe three small eggplants, cut in halves lengthwise, fry in deep fat twelve minutes and drain. Put two tablespoonfuls olive oil in saucepan and when heated add one tablespoon finely chopped onion and cook five minutes. Add three tablespoonfuls uncooked rice, one-half clove of garlic, finely chopped, and cook five minutes. Then add chopped eggplant, one cupful tomato sauce, half teaspoonful salt and quarter teaspoonful nutmeg. Turn into a buttered dish and bake forty-five minutes. Add yolk two eggs slightly beaten, and stuff eggplant shells with mixture. Cover with buttered crumbs and bake until they are brown.

PEANUT SOUP

The peanut, one of the most nutritious nuts known, can be bought at any store or large green grocer's. Grind a cupful and a half of roasted peanuts fine in a food chopper, add to two cupfuls of well boiled and strained rice or oatmeal water, add two cupfuls of milk, season with butter, salt and pepper, and thicken with flour to the consistency of cream or add a well beaten egg.

HAM CROQUETTES

One cupful cold boiled ham chopped fine, one cupful bread crumbs, two cupfuls cold boiled potatoes chopped fine, one teaspoonful butter and one egg. Season with a little pepper. Make into balls, roll in egg and crumbs and fry in hot fat.

FINE LUNCHEON DISH

Slice raw potatoes, as many as required, put in pan, sprinkle with a little flour, a dash of pepper and salt, cover about three quarters with milk; on this lay a few pork or lamb chops and bake until potatoes are tender. Pork sausages are also very tasty, but do not put in until potatoes have soaked a quarter of an hour, as they will be too well done.

RAISIN CAKE

This is fine and keeps good in hot weather as well as cold. Take one egg, beat thoroughly, add one tablespoonful of lard, one tablespoonful butter and three-quarters cupful sugar. Beat well. Take one-half cupful of the water in which you have boiled one-half cupful raisins; to this water and one teaspoonful soda, one and one-half cupfuls of raisins and one and one-half cupfuls flour. Bake

in moderate oven.

CHOCOLATE FILLING

This is a most delicious filling of frosting for a plain chocolate cake. Take a cupful of sugar, five tablespoonfuls of cream, one egg beaten and two squares of chocolate; cook in a double boiler for an hour. Then beat, and when thick enough put on the cake.

CHEESE FONDUE

Needed—One quarter pound of grated cheese, two eggs, quarter pint white sauce, pepper, salt and mustard. To Make—Prepare the sauce, add the cheese and yolks of the eggs, also the seasonings. Beat the whites stiffly and stir gently into the mixture. Place in a well buttered pie dish and bake for fifteen minutes.

CHOCOLATE PIE

Take a pint of milk, a pinch of salt and half a cupful of butter; put on to boil; add a half cupful of grated chocolate; a half cupful of sugar. Well mixed with a quarter of a cupful of flour; cook until smooth. Flavor with vanilla and bake in a bottom crust. Cover with whipped cream. This make a good sized pie.

LEMON PIE

One cup sugar, one cup hot water, juice of one lemon and thin chips of the rind sliced in. Boil a minute or two. Skim out the pieces of rind. Thicken with a large tablespoon of cornstarch in water. Add butter size of walnut. When cool stir in unbeaten yolk of egg. Put it into a one-crust pie and bake with the pie.

GRAHAM BROWN BREAD

One cup graham flour, one teaspoon soda, one-half teaspoon salt one cup milk, one-fourth cup molasses, one teaspoon sugar, one egg well beaten and added last; steam three hours.

BREAKFAST POPOVERS

Two tablespoons sugar, one tablespoon butter, one egg, one pinch salt, one cup milk, two and one-half cups flour, one heaping teaspoon baking powder; cream the sugar and butter together, salt, add egg well beaten, beat together thoroughly, then sift flour and add baking powder. Last put in the milk and beat well. This will make twelve popovers.

Look!

If you were told of a new discovery for the treatment of coughs, colds and bronchitis, as certain in its action on all chest troubles as anti-toxin is on diphtheria, or vaccination on small-pox, wouldn't you feel like giving it a trial? Especially if you could try it for fifty cents!

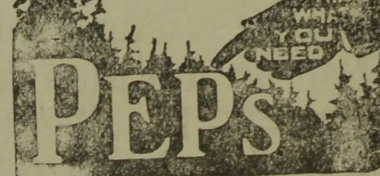
Peps is the discovery!

Peps are little tablets, neatly wrapped in air and germ-proof silver foil. They contain certain medicinal ingredients, which, when placed upon the tongue, immediately turn into vapour, and are at once breathed down the air passages to the lungs. On their journey, they soothe the inflamed and irritated membranes of the bronchial tubes, the delicate walls of the air passages, and finally enter and carry relief and healing to the capillaries and tiny arteries in the lungs.

In a word, while no liquid or solid can get to the lungs and air passages, these Peps fumes get there direct, and at once commence their work of healing.

Peps are entirely distinct from the old fashioned liquid cough cure, which are merely swallowed into the stomach, and never reach the lungs. Peps treatment of coughs and colds is direct treatment.

If you have not yet tried Peps, cut out this article, write across it the name and date of this paper, and mail it (with 1c. stamp to pay return postage) to Peps Co., Toronto. A free trial packet will then be sent you. All druggists and stores sell Peps at 50c. box.



PINEAPPLE SHERBET

Boil two cups of water with one of sugar; dissolve a tablespoonful of Chalmers gelatine in cold water and stir in the hot syrup; beat till cold; then add four well-beaten eggs whites and the contents of a can of grated Hawaiian pineapple, with the juice of a lemon; freeze and serve in glasses.

When a woman dresses in a way to make a rainbow look like a mourning band, you may know that her husband has chosen her clothes according to the taste acquired during a youth devoted to musical comedies.

A frost is generally few before it comes.

To be a gentleman a man has to hide his meanness.

Talk is cheap when one uses his neighbor's telephone.

The truth that lies at the bottom of a well never gets in the milk.

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A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., Montreal, Que., Canada.



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