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No treatment so direct. Catarrho-

zone goes right to the spot—acts quickly—cures thoroughly—catarrh, bronchitis and all throat affections.

"Nothing could kill a cold so fast as Catarrhozone," writes Amey E. Snelling, from St. Johns. "Last

month I had a frightful cold in my head, suffered from itching nose, running eyes and torturing headache. Ten minutes with "Catarrhozone" inhaler gave relief and in one hour I was well of my cold. Catarrhozone I consider a marvel."

Carry "Catarrhozone" inhaler in your pocket or purse—take it to the theatre—to church—to work—use it in bed. It prevents and cures all manner of nose and throat troubles. Complete outfit guaranteed \$1.00, small size 50c; sample size 25c; at dealers everywhere.

CANADIAN NURSE IS BACK FROM WAR ZONE

Toronto, Feb. 25—Miss M. Lindsay, the first nurse to arrive in Canada since the outbreak of war, and a graduate of the Royal Victoria Hospital, Montreal, who for the past five months has been nursing wounded soldiers at the hospital at Neuilly, north of Paris, has arrived in the city and paid a visit to the head office of the Canadian Red Cross Society yesterday afternoon, when she gave a graphic description of her experiences.

Miss Lindsay was nursing in Paris at the outbreak of the war, when she once offered her services to the French government and was sent to Neuilly, where she has nursed British, French, German, Moroccan and Algerian wounded. At one time, when the German forces arrived almost at the gates of Paris in their mad dash for that city before they were thrown back by the allied forces at the battle of the Marne, Miss Lindsay was only nine miles from the firing line and she could distinctly hear the firing of the big guns.

Asked to give a description of the wounds that the allied soldiers received and whether the report that the Germans were using Dum Dum bullets were true, Miss Lindsay said that, while she had never actually seen a Dum Dum bullet, she saw a great many explosive bullets from the shrapnel shells. These bullets, she explained, exploded as soon as they penetrated the body and in many cases left terrible wounds. She mentioned, however, that the percentage of deaths from wounds was very low, owing mainly to the improvement in modern surgery and the splendid con-

dition of the men before they left for the front.

"The French soldiers," said Miss Lindsay, "were a revelation to us. They are a very fine type of men and all appeared very cheerful. Even when suffering from bad wounds they seemed satisfied with everything that was given them and never complained or grumbled. They seemed imbued with the spirit of victory and even in the darkest days of the war when the Germans were so near Paris, there was not the slightest panic among the French."

Asked as to how long she thought the war would last, Miss Lindsay said she did not think it could last beyond next autumn and she did not see how there could possibly be another winter campaign. The general feeling in France appeared to be that the war would be over by the autumn of this year.

Miss Lindsay spoke in high terms of the condition of the hospitals, but remarked that at times a heavy responsibility rested upon those in charge of the institutions. For instance, sometimes word would be received that one thousand patients would arrive in about a quarter of an hour and everything had to be got ready for their reception in that time. She said that everything that human agency could do for the men was being done. Trains loaded with provisions go as near to the firing line as possible and those trains take on them one nurse, one doctor and two auxiliaries. They bring the wounded back from the trenches and leave the worst cases at the nearest hospital. The slightly wounded men are taken to the south of France.

"All through France," said Miss Lindsay, "little stations have been erected where there are Red Cross trains and the wounded and sick are given stimulants and warm clothing at the depots and the worst cases are kept there for a few days until they are fit to travel."

Miss Lindsay said the motor ambulances have done a magnificent work. They go close to the firing line and bring back the wounded as quickly as possibly so that they are attended to

GENERAL ELECTION IN EARLY SUMMER

Ottawa, Feb. 25—The Ottawa Journal all the Conservative organ at the capital says today: "The impression is growing on Parliament Hill that there will be a general election early in the summer."

The Journal goes on to say the blame for such an election on the determined and bitter opposition of the Liberal party to the budget. It is pretty well understood in political circles here that the government is seriously considering a sudden appeal to the country as soon as this session is over, trusting to the khaki appeal and desiring to take the election plunge before the waters become too cold.

A possible excuse, however, for an election under present war conditions, is still wanting. Consequently every opinion is being grasped to make legitimate Liberal criticism of the government administration record and fiscal policies look like obstruction of its war measures.

BABY'S OWN TABLETS THE HOME DOCTOR

No home where there are little ones should be without a box of Baby's Own Tablets. They cure all the minor ills of babyhood and their prompt use when baby is ailing will save the mother many anxious moments and baby much pain. Concerning them Mrs. Paul Nemon, Tugaskie, Sask., writes: "We consider Baby's Own Tablets as good as a doctor in the house and every time our little one is ailing they soon set him right again." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

with all possible speed. We had one hundred motor ambulances in our hospital and they were sent to the firing line in units of twenty. When they reached the zone of operations warm clothing was distributed to the men and also food and the wounded were brought back. Our hospitals generally went to the battle zone round Soissons.

"The motor ambulances," continued Miss Lindsay, "are practically the most useful thing that can be sent to the front and it is impossible to send too many. Anti-tetanus serum is also being used in large quantities as many of the soldiers have suffered from this disease. Flannel shirts, socks and money for cholera belts are badly needed. It is hard for those who have not been to the front to fully realize how badly these things are needed."

Miss Lindsay said that the soldiers greatly appreciated hard candies of all kinds and tobacco in all forms, especially cigarettes. The first thing the soldiers ask for when convalescent is a cigarette or a pipe. One item that should not be overlooked is money for the purchase of artificial limbs for the men who have had an arm or a leg amputated. Money is badly needed for these.

Miss Lindsay spoke in high terms of the Canadian hospital at Le Touquet, near Boulogne, and also of the hospital in the Latin quarter in Paris, which is provided for by the La Presse of Montreal. Both these institutions are doing an excellent work.

In regard to the attitude of the German wounded, Miss Lindsay said the majority of them seemed very surly and seldom spoke even to each other, though they were not altogether disagreeable and seemed to be well provided for.

Miss Lindsay said she saw a number of aeroplanes flying over the hospital and she also saw an iron dart which the Germans had thrown from one of their aeroplanes. She was shown a piece of iron from one of these darts, about an inch long, which had been

(Continued on page six.)

Nervous Prostration and Heart Troubles.

Nervous Prostration, or Neurasthenia, is one of the worst forms of nerve trouble and brings about a general weakness of the whole nervous system. The symptoms presenting themselves are headache, a feeling of depression, disturbed and restless, unrefreshing sleep, often troubled with dreams, fright when in crowded places, dread of being alone, horror of society, fright at travelling, muscular weakness, sense of fatigue upon effort, etc.

When the nerves become affected in this way the heart generally becomes affected too.

All are curable if taken in time. Milburn's Heart and Nerve Pills are just what you require at this time. They strengthen the nerves and build up the whole system.

Mrs. John Hewson, Caledonia, Ont., writes: "I feel it my duty to let you know the great benefit your Milburn's Heart and Nerve Pills did for me. I suffered for four years with heart trouble and nervous prostration. I was so bad I could not go up stairs without sitting down at the top before I could go to my room. I could not sleep nor could I lie on my left side, for it would seem as if my heart would stop. I thought my time had come. I was doctoring with the doctor, but didn't get any benefit. I took eight boxes of Milburn's Heart and Nerve Pills and am enjoying good health."

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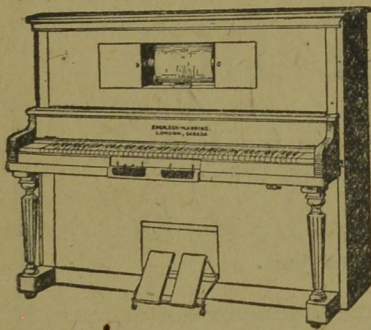
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