

Gin Pills

FOR THE KIDNEYS

Relieve Constipation while Healing the Kidneys

Gin Pills have an almost world-wide reputation as a kidney medicine—their healing, cleansing, soothing effect has earned unstinted praise from thousands.

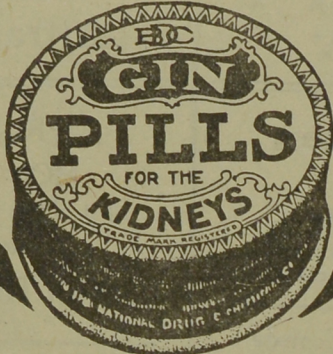
But their virtues do not end with the relief of kidney and bladder troubles. Gin Pills are excellent for the relief of constipation. We have hundreds of testimonials from people telling us they have found that in taking Gin Pills for kidney and bladder trouble, the Gin Pills also acted as a gentle cathartic and bowel stimulant.

This is only logical, as in building up a medicine to restore the kidneys to perfect health, the bowels must receive attention as the other organs of excretion.

If you are constipated, you will find the real relief you desire in the use of Gin Pills, which will also regulate your kidneys even though you have so far failed to notice alarming symptoms of trouble in these organs.

Your dealers sell Gin Pills at 50 cents a box, or 6 boxes for \$2.50.

National Drug & Chemical Co. of Canada
LIMITED
Toronto, Ontario



A broken heart generally has a healthy beat.

You can't buy first goods with money spent for wet goods.

How do they say "line's busy" on the wireless telephone?

The fellow who has to paint the town red, should let it go at once.

Lots of men who are simply too lazy or too stupid to talk get a reputation for wisdom on account of their habitual silence.



Nothing Stops This Man

The man with vigorous, virile health, and a clear mind, who brushes away obstacles, and rejoices in overcoming difficulties, is bound to succeed. His is the joyous outlook on life.

Physical and mental conditions like these come largely through proper eating—"Food makes the man."

Now it is a fact—attested by food experts—that the modern dietary is woefully lacking in the very elements that put success into a man. They are the mineral salts—Phosphate of Potash, etc. White bread is almost wholly lacking in them. But there is one food that richly supplies these vital elements, and that food is

Grape-Nuts

Made from whole wheat and barley, Grape-Nuts contains all the nutriment of the grain, including the valuable mineral salts. It is easily digested, is concentrated and has a delicious taste. A daily ration of Grape-Nuts along with other food helps build vigorous bodies and keen brains.

"There's a Reason"

MADE IN CANADA. Sold by Grocers everywhere.
Canadian Postum Cereal Co., Ltd., Windsor, Ontario.

WAR HAS THRUST GREATNESS ON MAJOR GENERAL HUGHES

(Continued from page three.)

ment presently in regard to honorary colonels, an arm of the service which has been the object of a great deal of carping criticism. The statement will show that honorary colonels are an absolute necessity in Canadian public life, many a man refusing to work unless his wife gets one to play with. Moreover, the people of Canada are beginning to realize the varied usefulness of honorary colonels and hardly a day goes by that the militia department doesn't get a dozen telegrams from all parts of the country requesting the presence of honorary colonels at one function or another.

"Send us a good Scotch and soda colonel to make a fifth hand in poker game." "Brewers' picnic here. Want the fattest, thirstiest colonel you've got to award prizes." Such are the messages the department receives, not only proving that honorary colonels fill a long felt want but that Canada is waking up and making use of them along national lines.

THE HORSE MOVED.

The honorary colonels are to be used but not endangered. The honorary colonels wear such uniforms as may be seen on equestrian statues, but that is about as far as they care to go in the way of riding. Anything off the stand at ease the horses do entirely at the risk of the honorary colonels. An honorary colonel was recently injured by a fall from his horse—the cause being that his horse moved. As a matter of fact, honorary colonels are safer inside their horses than out and knowing that to be the case, Sir Sam took measures long ago to provide them with dependable mounts.

SOME WAR HORSES

It transpires only now that the horses, purchased by the government in Nova Scotia, the old fellows that like to lie down and think it over, and couldn't set up short of a crowbar and a blast of dynamite—it transpires only now, I repeat, that these steady, reliable, highly deliberate and contemplative charges which were asked in some cases to eat hay that never existed outside a forged freight order, were intended for the honorary colonels. If the four hundred horses which ultimately found their way to the glue factory had only lived, at least one regiment of honorary colonels could have been mobilized with impunity.

CAVELL CASE FACTS IN 'WHITE BOOK'

Washington, D.C., Nov. 10—Copies of the White Book issued by the British government containing correspondence relating to the death of Miss Edith Cavell and the futile efforts made by Mr. Brand Whitlock, American Minister at Brussels, to save her life, were received at the British Embassy today.

The most interesting additional fact in this case revealed by the White Book is that the British Minister for Foreign Affairs, Sir Edward Grey, notified the American Ambassador, Walter H. Page, in advance of his intention to make the correspondence in the Cavell case public. Thus the American Ambassador had an opportunity to protest if he had any reason to object to the publication of this correspondence. This fact finally and thoroughly disproves the German contention that the British government tricked Mr. Page and Mr. Whitlock when it published the Cavell case papers.

Sir Edward Grey wrote to Mr. Page as follows:

"Sir E. Grey realizes that Mr. Whitlock was placed in a very embarrassing position by the failure of the German authorities to inform him that the sentence had been passed and would be carried out at once. In order, therefore, to forestall any unjust criticism which might be made in this country he is publishing Mr. Whitlock's despatch to Mr. Page without delay.

This notice to Mr. Page that the correspondence was to be published was dated October 20, and the Cavell correspondence was not published until the morning of October 22, which showed that Mr. Page, at least tacitly, agreed to this publication of the letters.



Wood's Phosphorine

The Great English Remedy Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Weakness, Loss of Energy, Fatigue of the Heart, Failing Memory. Price \$1 per box six for \$5. One will please, six will cure. Sold by druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

"FRUIT-A-TIVES" THE MARVELLOUS FRUIT MEDICINE

Has Relieved More Cases of Stomach, Liver, Blood, Kidney and Skin Trouble Than Any Other Medicine

THOUSANDS OWE THEIR GOOD HEALTH TO IT

Made From The Juices of Apples, Oranges, Figs and Prunes Combined With Tonics and Antiseptics.

"Fruit-a-tives" means health. In years to come, people will look back to the discovery of 'Fruit-a-tives' and wonder how they ever managed to get along without these wonderful tablets, made from fruit juices.

"FRUIT-A-TIVES" is excellent for Indigestion, Dyspepsia and Sour Stomach. 'Fruit-a-tives' is the only certain remedy that will correct chronic Constipation and Liver trouble.

'Fruit-a-tives' is the greatest Kidney Remedy in the world and many people have testified to its value in severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Headaches, Neuralgia, Pimples, Blisters and other Skin Troubles.

"FRUIT-A-TIVES" has been one of the great successes of the century and the sales are enormous, both in Canada and the United States. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

The best chest expander is a big heart.

Short sighted people are naturally close observers.

Courage is a plant that cannot be destroyed by plucking one up.

Liberality consists less in giving much than in giving wisely.

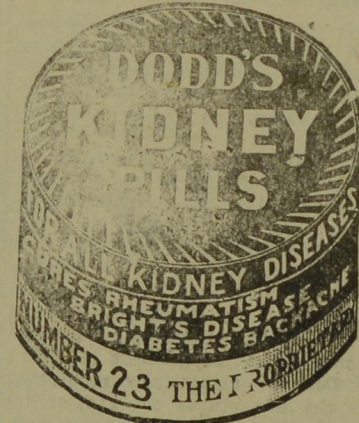
The prettiest thing in feminine headgear is a good humored face. To be a great orator one must know just when and where not to talk.

Racetrack patrons should never try to pick winners before they are ripe.

A man's idea of phenomenon is another man who never loses a collar button.

Anybody see anything of quotations on the stock of a clutch factory in the list of "war stocks?"

The provincial government's million dollar road policy looks very much like an election kite.



The Associated Board of the Royal Academy of Music Royal College of Music LONDON, ENGLAND.

for Local Examinations in Music PATRON: His Majesty the King.

Music Examinations 1916

Opens to the Pupils of all Teachers of Music. The Annual Examinations in Practical Music and Theory will be held throughout Canada in May and June, 1916. An examination in Theory only will be held November 10th 1915. Application to be made by October 1st 1915.

An exhibition value about \$500 offered annually, also 2 Gold and 5 Silver Medals. Syllabus, Music for the examinations and all particulars may be obtained on application to

M. WARRING DAVIS, 777 Shuter Street, Montreal. (Resident Secretary for Canada.)

Parents and Teachers wishing to enter their pupils for these examinations should communicate with the Secretary at once and have their names placed on mailing list. 6

F. B. B. AT HOME

For Soldiers and Public at the Armouries

Thursday and Friday Ev'gs November 18th and 19th.

Supper served from 5 to 7 p.m.

Band concert and games after supper.

Lovers of the Terpsichorean Art can indulge from 9 p.m.

Look's Jotun Koot Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)



BUTTER PAPER

Bring your Butter Paper to the Mail Office or if you prefer we will supply and print you 500 sheets 1 ream for \$1.75 or 2 reams 1,000 sheets for \$2.75.

We use a Special Blue Butter Paper Ink. It will not run or stain Butter.

SPECIAL FOR SATURDAYS ONLY

1000 Butter Papers \$2.50. 500 Butter Papers \$1.50.

We also have in stock a quantity of Butter Paper without your name, just Choice Dairy Butter for 25c per 100.

The Mail Publishing Co.

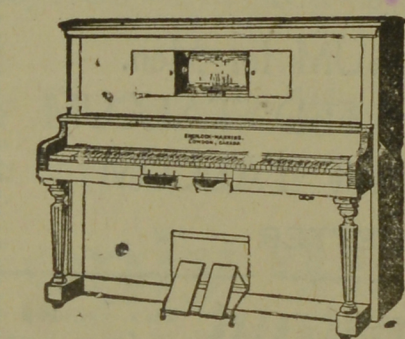
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A LEADER Sherlock-Manning 20th Century PLAYER PIANO

Sold Only By E. O. MacDONALD The Queen St. Music Store

WALKER BROS. MERCHANT TAILOR QUEEN ST., WEST END

We have on hand a full range of Winter Over Coatings and Suitings in all the latest patterns. With 25 years experience in Tailoring we are in a position to guarantee entire satisfaction.

SUITS . . . from \$18 to \$33. OVERCOATS " \$20 to \$35.

A Most Remarkable Price Reduction Sale in The Ready-to-Wear Dept. of Ladies' Coats, Suits, Blouses and Dresses.

Ladies Cloth Suits in nice heavy serges, gaberdines and mixed tweeds, very newest styles, selling at special prices from \$11.50 to \$22.50.

Ladies and Misses New Winter Coats, in nice heavy chinchilla cloth, zibeline, baby lamb, curl cloth and plush, beautiful styles selling at a special 10 per cent discount.

Ladies Cloth and Silk Dresses, beautiful styles and lovely colors, prices from \$4.50 to \$18.75.

Ladies' Blouses in nice voiles, habutae, crepe de chene, chiffon and pail'ette, the very latest styles, prices ranging from \$1.25 to \$6.50.

Childrens Safford made Coats in nice heavy materials, extra good values, from \$3.75 to 12.75.

Special value in Ladies Corset Covers, nicely trimmed with lace and insertion, selling at 15c each or two for 25c.

Special values in ladies House Aprons, real large and made of nice heavy print, at 49c each.

A. MURRAY & CO.