

Like Comfort?

Then what's the use of breaking down your vigor when there's a way to make and keep your daily life comfortable?

Most persons need all the vitality they can secure. Some have an excess and proceed to destroy it with one or more of the sedative drugs among the most common of which are tea and coffee. They could use that vigor to "get ahead" in business or whatever pursuit they are engaged in, but, strange to say, many prefer to nullify it with drugs.

However, each one must make choice and pay the bill.

The one who can cut out tea and coffee when they are known to cause sleepless nights and nervous troubles will surely win the laurels.

The change from tea or coffee and their aches and ills to well-made

with health and comfort is really quite easy.

Postum has a dark brown color which changes to rich golden brown when cream is added, and the snappy, distinctive flavour (when made acording to directions) is very like the mild, high grades of Java coffee.

The change brings refreshing sleep, drives out the tea and coffee troubles and the old condition of health and comfort

INSOMNIA

years ago," writes a Topeka woman, "that coffee was the direct cause of the insomnia from which I suffered terribly, as well as the extreme nervousness and acute dyspepsia which might call it that. But they always might call it that. But they always

this harm. (Tea is just as harmful race. Come to think of it, your Nabecause it contains caffeine, the same drug found in coffee. But it was, and the time came when I had to face the fact, and protect myself. I therefore

Theres really no joy and comfort on earth quite so satisfying as the erfect poise of mind and body, generally yours for the taking.

ground-pawing, pattle-siming Buckle haluses from Quebec were as tame as gold fish. Bob Rogers had gone round and shot the dope into them that Roblin could be trusted to take that Roblin could be trusted to take that Roblin could be trusted to take the wholesale. perfect poise of mind and body, generally yours for the taking.

"There's a Reason" for POSTUM

Made by Canadian Postum Cereal Company, Ltd., Pure Food Factories, Windsor, Ontario, Canada.

ELIJAH'S SUCCESSOR IN MAINE ASYLUM

Boston, March 13—Rev. Arthur Hersey, son of a prominent Woodstock lumber merchant, was taken to an asylum this morning at Augusta, Me. His wife accompanied him to Augusta as she is anxious to be near him. Rev. Mr. Hersey was, up to a short time ago, engaged in mission work at Vancouver. He claims to have had a message from God to proceed to Shiloh and take over the duties of Rev. Mondou is an epiliptic debater. He doesn't argue—he throws fits. His oratorical style may be described as sellitz powers, and vichy and must be very alarming to nervous women in the galleries. When Mondou's adjectives begin to fizz they get up his nose and cause him to stuffer. oh and take over the duties of Rev. Elijah Sanford, who is now serving a term in Atlanta Penitentiary for man-



THREE KILLED IN HEADON COLLISION

Terre Haute, March 13-Three train Boston, March 13-Rev. Arthur Her- men were killed and several passen-

NAGEL STUMPING NEW ENGLAND

Boston, Mass., Mar. 15—Presumably "Mong Doo, Mondou."

ly to offset the effect of the recent visit of Colonel Roosevelt to Boston,

THE FRONT ROW PERFORMERS. Stoyall is satisfied to play in St.

Louis, so all the reports from the
Scort and Abandiss Club.

Secretary of Commerce and Labor

Passing from the common or gar
tended buying himself and selling
out to the Cubs.

Wood's Phosphodine,
The vord in providence tomorrow night. Early
the tweet this section jis to receive and
out to the Cubs.

Wood's Phosphodine,
The vord in providence tomorrow night. Early
the way the selling to the selling to the selling of the selling of the selling to the selling of the selling to the selling of the selling to the selling

The three parts are:

months. The rank-and-file Nationalists in the Green Chamber were always ready to oblige with a little
crisising, especially after Armand
Lavergne's visits. They liked Armand and wanted to give him a good
time. Besides, crisising gave them
an appetite for the good dinners with
which they were choked off and so the
Nationalist M.P.'s loving Armand
(Continued on page three) INSOMNIA
Leads to Madness, if Not Remedied in Time.

"Experiments satisfied me, some 5"

Nationalist M.P.'s, loving Armand, would say good naturedly: "Let the boy have his crisis. Don't send him away crying," and another strike would be pulled off and Premier Borners.

wousness and acute dyspessia which made life a most painful thing for made life a most painful thing for ke; t to the track. They never jumped the fence. They may have frisked around a bit at the post and given that the beverage was doing meall that the post and given that the beverage was doing meall that the post and given the beautiful that the post and given that the beverage was doing meall that the post and given the p

dring follow when I had to incomplete the came of the partial came and adopted Postum for my hot drinks at meals.

"I began to note improvement in my condition very soon after I took on Postum. The change proceeded gradually, but surely, and it was a matter of only a few weeks before I found myself entirely relieved. The nervousness passed away, my digestive apparatus was restored to normal efficiency, and I began to sleep restfully and peacefully.

"These happy conditions have continued and I am safe in saying that I owe them entirely to Postum, for when I began to drink it I ceased to use medicines." Name given by Postum Co., Battle Creek, Mich. Read the little book. "The Road to Well-ville," in pkgs.

"These happical the continued and I began to drink it I ceased to use medicines." Name given by Postum Co., Battle Creek, Mich. Read the little book. "The Road to Well-ville," in pkgs.

"The solution of keeping close to the sweepstakes, and it was a selected of the control of the grand the little book." The Road to Well-ville, by the control of the control o

membered that they were Conservatives first and Nationalists afterwards, and that their first duty was to stick to the party that was in office. Lamarche, Guilbault, Paquet, Sevigny and Bellemare bolted but not as you might say, badly. They did it as if one bolt was all that could be expected of them and that they vould be good and behave ever after-

wards. wobbled all over the track, voting one stutter. Ah, those speeches of Mon-dou's. As Captain Tom Wallace exists down in the restaurant upstairs,

(H. F. Gadsby in Montreal Herald.) | Blondin, a tall, solemn, sallow Ottawa, March 10—All Gaul, Caesar tell us, was divided into three parts, the hustings, a lion's-tail twister, but are the Nationalists of Quebec. still as mushrooms in the House. Is the three parts are:
1. Voters.
2. Members of parliament.
3 Writers and other leaders of hought.

The word out of Blondin since he came to parliament. Now that he is deputy speaker he considers that his perilous a doubt the best remedy for all cough and colders. The voters, honest, open-faced, be speaking days are over. Least said, lieving in their cause, though under soonest mended. Blondin looks on lieving in their cause, though under great discouragement, still exist and must be reckoned with. The voters are either very simple, credulous souls, who are led by their feelings, or young college students who like big, unsettling ideas, because they are big and unsettling—in a word, low-brows who do not think and high-brows who do but who are word, low-brows who do not think and high-brows who do but who are word, low-brows who do not think and high-brows who do but who are worded. Blondin looks on the deputy speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job, and on the reversion of the speakership as a big job. Has been stifled with five thousand dollars worth of with five thousand dollars w

and high-brows who do but who are in love with the ferment of new opinions. What they will do when they find that they have been tricked by their leaders, who promised everything and did nothing, is a question. They may accept the fate of third parties in general—the fate of the P.A.A., of the Grange, of the Patrons of Industry; of the Canada Firsts—which is to be swallowed by the party in power—or they may fly into an effective rage and help Laurier to turn the deluders out. Ask a Quebec Liberal what about it, and he will reply: "Time will tell. I stopped prophesing September 21, 1911."

As far as members of parliament go

WELL, WELL! THIS is a HOME DYE that ANYONE Fldyed ALL these DIFFERENT KINDS with the SAME Dye. lused

Palpitation of the Heart.

Nervous Prostration, Sleeplessness and Dizzy Spells.

A Long Standing Case Cured By MILBURN'S HEART AND

unstrung, and they cannot sleep.

and Nerve Pills will give prompt and permanent relief. Mr. Peter Halstad,

CONTRACTED HEAVY COLD

Was In Bed Two Months.

DOCTORS DID NOT SEEM TO DO HER ANY GOOD.

be neglected, for if it is not treated in time it will, in all possibility, lead to bronchitis, pneumonia, asthma, or some other serious throat or lung troubles.

Miss N. McCumber, St. Martin' didn't seem to be able to do me any good I tried several proprietary medicines but all in vain. One day a friend ac vised me to try Dr. Wood's Norwa Pine Syrup, and when I had taken thre bottles I was completely cured, and leel as well to-day as I ever did, and I at aure my lungs are once more sound thanks to that wonderful remedy." Dr. Wood's Norway Pine Syrup is put up in a yellow wrapper; three pine trees the trade mark; price 25 cents.

Manufactured only by The T burn Co., Limited, Toronto, Ont.

Naples, Mar. 14-The new Fabre completed at the shipbuilding yards at Toulon, sailed from Naples today on her maiden trip to New York The ship will be employed regularly i

Classified Advs.

not exceeding one inch, one insertion, 25 cents; three inmertions, 60 cents: one week \$1.00; one month \$3.00. Discount if paid in advance.

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LADY WANTED for spare time employment, afternoons or evenings. nanual labour. Apply to I.

WANTED-Gentleman wishing to add to his income by agreeable ployment in spare time. Apply to

141-16 March.

TO LET

Dated this nineteenth day of February A. D. 1912.

SLIPP & HANSON, Solicitors for Applicants. 113-Mar. 19.

Notice of Legislation.

NOTICE IS HEREBY GIVEN, that application will be made to the Leg-islative Assembly of New Brunswick NERVE PILLS.

Many people are kept in a state of with power to acquire and develop morbid fear of death, become weak the water power on the Saint John worn, and miserable, their nerves become River at or near Pokiok and to gen To all such sufferers Milburn's Heart or other forms of power and to receive and transmit the same and to ac quire rights, easements, franchise

We cordially invite the members of The Farmer's and Dairymen's Association to visit our warerooms while in the city.

Our constant aim is to supply only what is best and most upto-date in farm implements, machines, etc, at reasonable prices.

We have added many new lines this year and are better prepared than ever to cater to the needs of the progressive farmer and orchardist.

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'ROYAL GEORGE" April 3, 1912 'ROYAL EDWARD" April 17, 1912

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INTERCOLONIAL

SECOND CLASS TO THE

PACIFAC COAST March 1st to April 15th 1912.

Vancouver B. C. Victoria, B.C. Portland, Ore. Seattle, Wash. Nelson, B.C. Rossland, B.C.

San Francisco, Cal. San Diego, Cal. Mexico City, Mex. Los Angeles, Cal.

QUALLY LOW FARES FROM AND TO OTHER POINTS

\$58.25

COLONIST CARS ON MARITIME EXPRESS TO MONTREAL

For further paticulars apply to F. B. Edgecombe,

City Ticket Agent.

Canadian Pacific

Passenger Train Service from Fredericton. Effective Oct. 8th 1911. At-antic Time. Trains daily except Sun-

DEPARTURES

.20 A.M.—For St. John, St. Stephen St. Andrews, Houlton, Woodstock, Plaster Rock, Grand Falls, Edmundston, Fort Fairfield, Caribou, Presque Isle, and for Port-land, Boston etc.

.45 A. M.-Via Gibson Branch for Woodstock and Houlton, connecting at Newburg Jct for points North. Plaster Rock, Grand Falls, Ed-mundston, Fort Fairfield, Caribou and Presque Isle.

1.45 A. M.—For Fredericton Jct con-necting for St. John and points East. 4.00 P. M.—Via Gibson Branch. For

Woodstock and points North to and including Aroostook Jct. 6.45 P. M.—For Fredericton Jct. connecting with Montreal Express which connects at

mcAdam for St. Stephen,
Houlton, Woodstock and
points North to Aroestook
Jct. Also connects at
Montreal for all points
West. Also connects at
Fredericton Jct with Boston Express. ton Express.

.00 P. M .- For St. John and points