POETRY.

BREVITY OF LIFE

BY FRANCIS QUARLES.

Behold
How short a span
Was long enough of old,
To measure out the life of man!
In those well-tempered days, his time was then
Surveyed, cast-up, and found but three-score years and ten.

Alas,
And what is that?
The come, and slide, and pass,
Before my pen can tell the what.
The posts of time are swift, which having run,
Their seven short stages o'er, their short-lived task is done.

Our days
Begun we lend
To sleep to antic plays
And toys until the first stage end:
Twelve waning moons, twice five times told, we give
To unrecovered loss—we rather breathe than live.

We spend
A ten years' breath
Before we apprehend
What 'tis to live or fear a death!
Our childish dreams are filled with painted joys,
Which please our sense awhile, and waking prove but toys.

How vain
How wretched, is
Poor man, that doth remain
A slave to such a state as this!
His days are short, at longest; few at most;
They are but bad, at best; yet lavished out or lost.

They be
The secret springs
That make our minutes flee
On wheels more swift than eagle's wings;
Our life's a clock, and every gasp of breath
Breathes forth a warning grief, till time shall strike a death.

How soon
Our new born light
Attains a full-aged moon!
And this, how soon to gray-haired night?
We spring, we bud, we blossom and we blast,
Ere we can count our days, our days we flee so fast.

They end
When scarce begun,
And ere we apprehend
That we begin to live, our life is done.
Man, count thy days; and if they fly too fast
For thy dull thought to count, count every day thy last.

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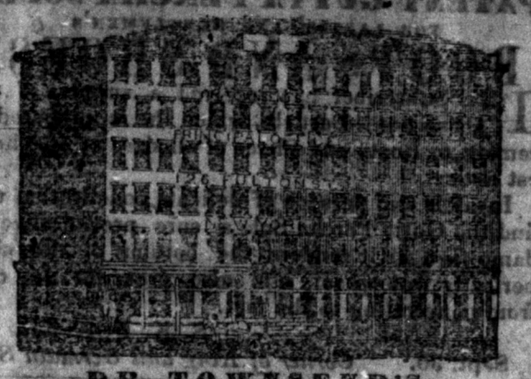

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Cosmetics, Chalk, and a variety of preparations generally in use, when applied to the face, very soon spoil it of its beauty. They close the pores of the skin and check the circulation, which, when nature is not thwarted by disease or powder, or the skin inflamed by the alkalies used in soaps, beautifies its own production in the "human face Divine," as well as in the garden of rich and delicately tinted and variegated flowers. A free, active and healthy circulation of the fluids or the coursing of the pure, rich blood to the extremities, is that which paints the countenance in the most exquisite beauty. It is that which imparts the indescribable shades and flashes of loveliness that all admire, but none can describe. This beauty is the offspring of *nature*—not of *powder* or *soap*. If there is not a free and healthy circulation, there is no beauty. If the lady is fair as driven snow, if she paint, and use cosmetics, and the blood is thick, cold and impure, she is not beautiful. If she be brown or yellow, and there is pure and active blood, it gives a rich bloom to the cheeks, and a brilliancy to their eyes that is fascinating.

This is why the southern, and especially the Spanish ladies, are so much admired. Ladies in the north who take but little exercise or are confined in close rooms, or have spoiled their complexion by the application of deleterious mixtures, if they wish to regain elasticity of step, buoyant spirits, sparkling eyes and beautiful complexions they should use Dr. Townsend's Sarsaparilla. Thousands who have tried it are more than satisfied, are delighted. Ladies of every station crowd our office daily.

Notice to the Ladies.

Those that imitate Dr. Townsend's Sarsaparilla, have invariably called their stuff a *great Remedy for Females*, &c., &c., and have copied our bills and circulars which relates to the complaints of women, word for word—other men who put up medicine, have, since the great success of Dr. Townsend's Sarsaparilla in complaints incident to females, recommended theirs although previously they did not. A number of these mixtures, Pills, &c., are injurious to females, as they aggravate disease, and undermine the constitution. Dr. Townsend's is the only and best remedy for the numerous female complaints—it rarely, if ever fails of effecting a permanent cure. It can be taken by the most delicate females, in any case, or by those expecting to become mothers, with the greatest advantages, as it prepares the system and prevents pain or danger, and strengthens both mother and child. Be careful to get the genuine.

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ISAAC W. CRAIN, 106 Wooster-st.

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