

Poetry.

HAPPINESS.

When we are happiest? When the light of morn
Wakes the young roses from their crimson
rest;
When cheerful sounds, upon the fresh winds
borne,
Till man resumes his work with blither zest,
When the bright waters leap from rock to glen—
Are we the happiest then?

When we are happiest? In the crowded hall,
When Fortune smiles, and flatters bend the
knee?
How soon—how very soon—such pleasures pall
How fast must falsehood's rainbow-coloring
fade;
Its poison flowerets leave the sting of care!
We are not happy there!

Are we the happiest, when the evening hearth
Is circled with its crown of living flowers?
When goeth round the laugh or harmless mirth,
And when affection from her bright urn show-
ers
Her richest balm on the diling heart?
Bliss! is it there thou art?

Oh, no! not there: it would be happiness
Almost like heaven's, if it might always be,
Those brows without an air of distress,
And wanting nothing but eternity;
But they are things of earth, and pass away—
They, must, they must decay!

When we are happiest then? Oh! when resigned
To whatso'er our cup may bring,
When we can know ourselves but weak and blind
Creatures of earth! and trust alone in Him
Who giveth, in His mercy joy or pain,
Oh, we are happiest then!
—Ex.

Family Circle.

ROBERT'S LIBRARY.

Robert Allen had been entertaining his young
city friend, Lewis, by showing him all about the
farm, with its numerous objects of interest and
curiosity, and at last, when both were a little
foot-weary, he proposed going up to his own
pleasant chamber, and looking over his little li-
brary.

"Have you got a library, Robbie? I am sure
I don't expect to have one until I get to be a
man."
"Only a little one, Lewis. I am afraid you
will not think it deserves the name. But it is
growing all the time, and gives me a great deal
of pleasure as it is."

"Well, let us go in, for I have quite a curi-
osity to see it."
Robert led the way to his own room, and a
very pleasant chamber it was. His good mother
sought to make home the pleasantest place in the
world for her children, and was well rewarded
by the warm love they always felt for it. She
gave this room to Robbie for his own on his tenth
birthday, with the one condition that it should
be always neatly kept.

In a corner where a good light would fall up-
on them, were arranged four bookshelves, con-
taining Robert's precious library. A little cur-
tain was crossed before them to protect them
from dust, and when this was drawn aside, his
friend exclaimed in real admiration.

"What a beautiful collection of books you
have, Robert! How did you get so many?"
"Were they all given to you?"

"Yes, nearly all of them, but very few at a
time. I have made a practice of keeping care-
fully all the books I have ever had given me, ex-
cept some toy picture books, which mother said
I 'had outgrown.' Those I gave to my little
cousin Ellen. I always get books for my holiday
presents, because father thinks them most use-
ful, and knows that they give me most pleasure.
I made these shelves myself, and sister Lucy
fixed up that curtain on rings so I could slide
it easily."

"Why, Robert I have had dozens of books
given me New Year, and Christmas, and birth-
days, but somehow they always get spoiled pre-
tily soon, and then I lose sight of them. I expect
they are sent up in the attic. If I had only taken
care of them I might have had a library too.
How I wish I had! The baby and Johnny tear
them up awfully."

"You must put them in their places when you
are through using them. That is the only way
to keep them nicely. Father says books don't
get injured much by just reading them; it is by
leaving them about carelessly."

"I do believe I will commence saving mine
from this time. I have a few decent ones to
begin with, and I know father will get me some
shelves. But what is this big, black-covered
book in the corner here?"

"That is my scrap-book, Lewis, and I could
easier part with any other book I have. I could
supply the place of any other one, but I could
not possibly get the same articles together again
that I have in this."

"Let me see what sort of things you put in
one," said Lewis, turning over the leaves.—
"I should not know how to go about such a
thing."

"Well, father gives me the papers every week
when he has selected what he wishes for me
makes a scrap-book too, Lewis—and then I come
up here, and look them over carefully. When I
come to anything I think would be useful to me
in the future, I cut it out and save it. Some-
times it is a story from 'the Children's Col-
umn,' sometimes a sweet piece of poetry, then an
anecdote, or a description like that of the
'Boiling Springs' there. I paste in the scraps
nearly every week, it is so much easier than to
wait until I have a great many. Ann gives me
a spoonful of clear starch to paste them with
whenever she makes it. That is the very nicest
kind. It never comes off like gum arabic. O, I
do enjoy making my scrap-book so much, Lewis
I wish you would try it."

And Lewis did so when he returned to the
city, and gathered his little books into a library,
too, not allowing them to lie scattered all over
the house as formerly. He took a fresh interest
in reading both books and papers, and found the
system he had adopted a very improving as well
as agreeable one.

Try the same experiment, my dear little reader,
and see what a store you can gain before
another new year.—Presbyterian.

ARGUMENTS FOR THE BIBLE.

There are four grand arguments for the truth
of the Bible. The first is the miracles on record;
the second the prophecies; the third the good-
ness of the doctrine; the fourth the moral char-
acter of the penmen. The miracles flow from
Divine power; the prophecies, from Divine un-
derstanding; the excellence of the doctrine, from
Divine goodness; the moral character of the pen-
men, from Divine purity. Thus, Christianity is
built upon these four immovable pillars—the
power, the understanding, the goodness, the puri-
ty of God. The Bible must be one of these
things, either an invention of good men,
or good angels; or bad men, or bad angels;
or a revelation from God. But it could not be
the invention of good men, or angels; for they
neither would nor could make a book telling
lies, at the same time saying, "Thus saith the
Lord" when they knew it all to be their own in-
vention. It could not be the invention of wicked men
or devils, for they could not make a book which
commands all duty, which forbids all sin, and
which condemns their souls to all eternity.
The conclusion is irresistible—the Bible must
be given by Divine inspiration.—Bishop Simp-
son.

**INFLUENCE OF THE SMILE IN GIVING BEAU-
TY OF EXPRESSION.**—A beautiful smile is to the
female countenance what the sunbeam is to a
landscape. It embellishes an inferior face, and
redeems an ugly one. A smile, however, should
not become habitual; insipidity is the result;
nor should the mouth break into a smile on one
side, the other remaining passive and unmoved,
for this imparts an air of deceit and grotesque-
ness to the face. A disagreeable smile distorts
the line of beauty, and is more repulsive than a
frown. There are many kinds of smiles, each
having a distinctive character; some announce
goodness and sweetness, others betray sarcasm,
bitterness and pride; some soften the counte-
nance by their languishing tenderness, others
brighten it by their brilliant and spiritual vivac-
ity. Gazing and poring before a mirror can
not aid in acquiring beautiful smiles half so well
as to turn the gaze inward, to watch that the
heart keeps unclouded from the reflection of evil,
illumined and beautified by sweet thoughts.

SLEEP.

For the real cause of sleep, learned physicians
and wise philosophers have been unable to ac-
count. When night, with its silence and dark-
ness, comes on, the weary mind and muscles
voluntarily exclude the operation of the senses—
the fibres of the brain collapse to throw off a
superabundance of blood, and we sink into re-
pose, more or less refreshing, depending on other
influences to which we are subjected in sleep.

The senses locked in healthful slumber, the
minds hears nothing, sees nothing, and the brain
and whole system are refreshed thereby. The
mind and muscles are at rest; but the heart
continues to propel the blood through the sys-
tem—digestion, insensible perspiration, and re-
spiration continue, and the senses awaken to
renewed invigoration and activity. But do all
experience this vigor from sleep? No; for
refreshing sleep depends upon many influences.

As respiration continues in a sleeping as well
as a wakeful state, we must have pure air to ren-
der sleep invigorating. This many forget, and
shut themselves in a close apartment, without
any mode of ventilation. Their rooms, many
times, are not aired through the day, and some-
times, in addition to the impurity of the air
breathed over and over again, they are filled
with the smoke of a pipe or cigar.

Sleep, in such poisonous air, is disturbed and
restless; the breathing hurried, oppressive, and
languid; the heart flutters; the mind and brain
disturbed and dull; the mouth, throat, tongue,
lips and stomach experience a disagreeable sen-
sation, the individual not thinking all this while
what was the cause. Every effect has a cause,
and this cause needs to be removed to remove
the effect.

Healthful respiration, either in a sleeping or
a wakeful state, cannot long be performed by
any breathing animal without pure air. For this
was man and all breathing animals turn-
ished with lungs and air cells. At every respi-
ration air is inspired and respired. The in-
spired air should contain its natural quantity of
oxygen, to purify the blood as it circulates
through the lungs. All apartments that have
not means for constantly admitting out-door air
are filled with respired air, or air that has been
rejected by the lungs as unfit to nourish the
system.

If, for want of pure air, this is breathed over
again, it causes many injurious symptoms.

This important fact cannot be too forcibly im-
pressed upon the minds of all. All sleeping
apartments need to be large, high, dry and airy
as possible. When air is admitted into them
from windows, they ought to be at the foot of the
bed, or nearly so. In all cases the air should
not be admitted at the head of the bed. In such
a case a person might take a fatal cold; for all
people will take cold easier to have a current of
air rushing upon their heads, shoulders, or backs,
than in any other way. When from feebleness
or inclination the air cannot be admitted directly
into the sleeper's room, it should be admitted
into an adjoining room, and the door of the sleep-
er's apartment remain open.

All excitement, care, sorrow, &c., should be
banished from the mind before retiring. The
evening hours should be spent in the quiet and
seclusion of home, as far as possible, and early
retiring the established rule. Not many will
deny, that "Merry evening parties make sorry
morning hours." "Trimming the midnight
lamp" is destructive of life, health, and happi-
ness. At least one-third of the twenty-four
hours ought to be spent in refreshing sleep to
secure health of mind and body. Children and
youth, that have not attained the full growth of
the system, feeble persons, and those whose
brains are actively exercised, require more sleep
than that to secure health.

Sleep diminishes the rapid motion of the blood,
assists in the cure of disease, and promotes the
growth of the system. The body receives nourish-
ment during sleep, throws off acid matter by

The Christian Visitor

insensible perspiration, and increases in growth
and strength more than when awake.
How often do people quite Bonaparte, as an
example of late retiring and early rising, without
thinking that Bonaparte had not a common con-
stitution nor a common mind. And who can tell
what an impetus rest might have given to his mind
and muscles? Who can tell whether all his
deeds would have been accomplished as they
were, if he had accustomed his mind and muscles
to more rest. Who can say how many days and
years might have been added to his life thereby.
Sleep, healthful sleep, all Nature cries,
Can never be too highly prized.

THE ANGELS.

Who would not be an angel,
To fly from star to star—
A swift and brilliant messenger,
To bear God's love afar?
Who would not be an angel,
To strike the golden chord
Of harmony symphonious
To hymn Jehovah Lord?

How feels the angry messenger
Ret-urning up from earth?
When pond'ring o'er his sorrows,
His tears, and heartless mirth!

To know he walks glad heaven
With footsteps still secure,
No taint of earthly leaven
Can soil his spirit pure.

And yet the angels' story
Is not so high as ours,
For them the Lord of Glory
Nor dwelt 'neath Salem's towers.

For them our Lord, Redeemer,
Ne'er gave Him up to die,
Nor uttered death agony
That fearful thrilling cry—

"My God, thou hast forsaken me!"
Ye heard it land and shore!
Earth trembles with the echo
Till time shall be no more!

Thus, though the holy angels
May strike the golden chord,
Yet we have strains still higher
To praise Jehovah, Lord.
—Nova Scotian.

BE PREPARED.

No man knows what mercies a day may bring
forth, what miseries, what good or what evil,
what afflictions, what temptations, what liberty,
what bonds, what good success, or what bad
success, a day may bring forth; and, therefore, a
man need every day be in his closet with God,
that he may be prepared and fitted to entertain
and improve all the occurrences, successes and
emergencies which may attend him in the course
of his life.—Thomas Brooks.

NOTICE.

I hereby give, that all persons, are forbidden to
cut or haul any Cordwood, Logs, or Timber, from
Lot number one, on the Jerningham Road, in the Parish
of Cambridge, granted to Alexander Clarke, and now
occupied by Andrew Marigold, or to buy or meddle
with in any way any Cordwood, or other Timber
hailed by the said Andrew Marigold, without permis-
sion from the subscriber. In case of any person
or persons doing so, they will be prosecuted to the
extent of the law.
—GEORGE DAY.
Wickham Queen's County, Oct. 20th 1859. 3m

New Fall Goods.
Per Steamer "Babcock" and "Canada" via Halifax.
BARBOUR & SEELY.

ARE received in this day by the above steamer
part of their Fall Stock of Goods, consisting of
New Dress Goods, in all the leading styles; Ribbons
in great variety; Black and Colored Dress Silks;
New Flounced Robes; Mantles in all the new de-
signs; Mantle Cloths in Black, Brown, Grey and
Drab with a great variety of small wares.
—ALSO—
Grey, White, Striped and Printed Cottons, Cotton
Warps, Flannels, Blankets, &c.
If an early inspection solicited, as these Goods
will be disposed of at low prices.
Further shipments ex Liverpool, Conquest, and
steamer.
oct 11 57 KING STREET.

CHARLES E. KNAPP,
ATTORNEY AT LAW.
Office at Dorchester at his residence.
Office at Southville on Bridge Street. oct 19

NEW LANDING AND STORE.—40 Chests and
Half Chests Superior Souchong Tea; 24 Caddies
Superior do for family use; 2 Boxes Tobacco; 30
do Salsaparilla. For sale by J. READ & CO.,
oct 19 28 South wharf.

More New Goods,
BARLOW'S CORNER,
No. 1 KING STREET.

WE have received by Steamship Europa—2 bales
fancy WELLS and CO. LINEN.
We would call particular attention to these Goods,
as we consider them as fine as anything offered in the
Market.
sept 21 WHITTAKER & PURINGTON.

APPLES.—50 bbls. splendid Fall Apples. For
sale by JAMES T. HALL,
oct 19 52 King-st.

NO. 1, 2, 3 and Extra White Buffalo Robes,
for sale by D. H. HALL,
oct 19 52 King-st.

JUST RECEIVED AT 75 Prince Wm-st—25
cases FANCY GOODS, of the usual staple ar-
ticles, together with many of the Novelties, rich and
rare. Wholesale and retail.
F. A. COSGROVE.
N. B.—A full supply of Bakers' and
Bartlett Peas, Peaches, &c.,
2 B. Apples, 3 B. Water Melons; 3 do Sweet Potatoes;
3 do Onions; 3 B. Sweet and Sour Apples. Just
received by Admiral from Boston, for sale low by
JAS. T. HALL,
oct 21 52 King Street.

Cough Candy! **Cough Candy!**
E. H. Y. MACE'S Vegetable Cough
Candy, is a most valuable remedy in
large and small quantities, to suit all ages. Whole-
sale & Retail. A liberal discount to
F. A. COSGROVE,
75 Prince Wm-st.
oct 5

Colonial Reading Rooms.
ELEGRAPHIC Despatches received every day
from the United States.
Telegraphic Despatches of English News on the ar-
rival of every Steamer.
Telegraphic Despatches of ruling prices received
from New York at close of Market.
A large and constantly increasing assortment of
Newspapers.
The latest English Papers.
The latest Despatches relating to the price of
Flour.
The above mentioned Despatches will come regularly
from this time—permanent arrangements being
concluded.
aug 13

CAUTION.
The Subscriber having obtained on the 14th Sept.
1857, the patent right in the Province of New-
Brunswick for showing Autotype Pictures on Leather,
sitting prepared textile fabrics, Enamelled
Cloth, Ivory, Wood, Iron, or any other hard sub-
stances, with power to vend the same for his own ex-
clusive benefit, takes this opportunity of informing
all persons or persons that any infringement of such
patent right, unless special license be from him ob-
tained, will be dealt with to the utmost rigour of the
Law in such case made and provided.
JOHN A. MACE,
Inventor and Patentee.
Carlton, St. John, N. B. July 20, 1859.

300 BLS. Extra and Superior Flour; 100 do
BLS. Corn Meal 25 do. Hy Flour For sale
by J. READ & CO.,
oct 19 28 South wharf.

THE BOSTON REMEDY!

REDDING'S RUSSIA SALVE.
Vegetable Ointment.
Is perfectly free from any mercurial matter or in-
jurious particles, and in no case will its application
interfere with the remedies that may be prescribed by
a regular physician. It is an indispensable article for
household necessity, and is used alike by rich and
poor; and has proved itself the best and surest re-
medy for all those numerous bodily afflictions viz:
Burns, Scalds, Felons, Old Sores, Flesh Wounds,
Piles, Chapped Hands, Chills, Erysipelas,
Corns, Nipples, Skin Itches, Stings, Scalds,
Cuts, Wens, Cancers, Ulcers, Whitlows,
Warts, Blisters, Ringworms, Scurf,
Sore Lips, Sore Eyes, Nettle
Rash, Salt Rheum, Mischief
Bites, Spider
Flea Bites, Eruptions,
Tetter, Pimples,
Ingrowing
Nails.
Freekles, Tan, Sunburn, Blisters, and
all Cutaneous Diseases and Eruptions generally!
This Salve is put up in Metal boxes, three
sized, at 25 cents 50 cents and \$1. The largest size
contains the quantity of six of the smallest boxes and
warmer climates its virtues in any climate.
REDDING & CO., Proprietors, Boston Mass.
Sold by G. S. Reed, G. F. Everett, & Co., J. Chal-
oner, S. L. Tilly, and all respectable dealers through-
out the province.

AYER'S SARSAPARILLA.
A compound remedy in which we have in-
cluded the most effective alterative and
purgative that can be made. It is a con-
centrated extract of Para-Sarsaparilla, com-
bined with other substances of still greater altera-
tive power as to afford an effective anti-
dote for the disease Sarsaparilla is reputed
to cure. It is believed that such a remedy
is wanted by those who suffer from Stru-
mour complaints, and it has been proved by ex-
periment that it does so. It is a powerful
and safe purgative, and is used to the natural
channels of the body by the action of the
sweat glands, and the bowels, and the
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A compound remedy in which we have in-
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centrated extract of Para-Sarsaparilla, com-
bined with other substances of still greater altera-
tive power as to afford an effective anti-
dote for the disease Sarsaparilla is reputed
to cure. It is believed that such a remedy
is wanted by those who suffer from Stru-
mour complaints, and it has been proved by ex-
periment that it does so. It is a powerful
and safe purgative, and is used to the natural
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