

Have the Courage to say No

You're starting to day on life's journey,
Along on the highway of life;
You'll meet with a thousand temptations;
Each city with evil is rife.
This world is a stage of excitement;
There's danger wherever you go.
But if you are tempted in weakness,
Have courage, my boy, to say No.

The siren's sweet song may allure you;
Beware of her cunning and art;
When you see her approaching,
Be guarded and hasty to depart.
The billiard saloons are inviting,
Decked out in their tinsel and show;
You may be invited to enter;
Have courage, my boy, to say No.

The bright ruby wine may be offered—
No matter how tempting it be,
From poison that stings like an adder,
My boy, have the courage to flee.
The gambling halls are before you,
Their lights, how they dance to and fro,
If you should be tempted to enter,
Think twice, even thrice, ere you go.

In courage alone lies your safety
When you on the journey begin,
And trust in a Heavenly Father
Will keep you unspotted from sin.
Temptations will go on increasing,
As streams from a rivulet flow,
But if you are true to your manhood,
Have the courage, my boy, to say No.

Let your Wife know your Circumstances.

It is a custom too common with the men of the world to keep their families in utter ignorance of the situation of their business. The wife knows nothing—has not even an idea of the amount of her husband's fortune, whether it is to be counted by hundreds or thousands. What can a woman kept in such ignorance learn? She spends, as a matter of course, all he gives her to spend, with the full confidence that when that is gone, and she asks for it, he will give her more.

If an unmarried woman works, she may go with a bold, unblushing face, and demand her wages; but a wife can demand nothing, her claim is only for bare necessity; and generous men, on that account, are often too indulgent, too fearful of letting a wife know the exact state of their finances.

The Managing Woman.

To be a good housekeeper is one of the most essential and useful accomplishments; and the man who secures for his wife one whose education in this respect has not been neglected, combined with a mild, confiding and loving disposition, has a most valuable treasure, and if his home is not agreeable and pleasant he may be assured that the fault is in himself, and he does not possess the manly and gentlemanly attributes necessary for such a partner for life. We commend the following just and truthful remarks to the attention of our readers.

Disheartened Housewives.

Oh, ye weary Ednas, weary with toil, sad with the burdens that are no less real and unlovely because self-imposed, from whose lives care and labor have crowded out ennobling enjoyments, whose precious thoughts die out as the sparkle of waves on a lonely lake, because the inexorable demands of existence forbid that they shall be written; there will come to you, if you are workers for God, a time of eternal leisure; not the weariness that hinders the spirit in its search after knowledge, when nothing shall fetter the upward bound of aspiration, when the "work of your hands shall be established" in beautiful proportion. Though the demands of kitchen and nursery give you no time of rest to go back to the day dreams of youth, rosy with hope, they cannot rob you (thank God!) of the privileges of anticipating the time, when you shall see "the King in his beauty and the land that is very far off," or the peaceful slumber when the "night cometh." Perhaps your toil is not appreciated, your sacrifices not counted, indeed, it may be, that no one sees in you an aptitude for better things and so recognises no sacrifices; but the time hastens when the measure of the new Jerusalem shall be laid to earthly work and workers. Perhaps those for whom you have given up paths of honor or emolument have no sense of what it costs you, but count you well-fitted for the humbler walks of God while they walk the higher; it is all one: of effort knows. He sees that no artist chisels so enduring forms as you, when you mould the immortal souls in your home; that no painter rivals the beautiful pictures you may paint on "fleshy tables," that no orator kindles the imagination as your daily walk and talk may; that no soldier fights braver battles or wins more glorious fields; that no hero endures with more majestic strength; that no poet sings a more glorious song. "Life is greater than the arts of life," and your efforts shall be measured by the Divine line of equality. Pity yourselves no longer, reverse your life work, estimate its importance in the light of eternity; take up its burdens with good cheer:

Golden Grains.

"Dare to die right I dare to be true!
And the world's scolding can never harm you;
Stand by your conscience, your honor, your faith!
Stand like a hero, and battle till death!"
It is not enough to aim—you must hit.
The sun-dial counts only the bright hours.
Avarice starves its keeper, to surfeit those who have him dead.
It is much less difficult to hide a thousand pounds than a hole in one's coat.
He that would not have more than he can do to-morrow, must do all he can to-day.
The viper deserves no blame for its sting, although it be mortal—because it is the gift of Nature.
If half the pains were allotted to them that are taken by them to avoid it, we should hear much less said about the troubles of life, and see much more actually accomplished.

THE BEAUTIES AND MYSTERIES OF NATURE.

The times are pregnant with startling events; old times, feelings and feelings of the past are being recalled, and the progress of civilization and human development. Change is written, with the iron finger of time, upon all matter, seen and unseen, material and spiritual. The mighty, omnipotent power of the Creator, the great God, who dwells in the immensity of space, created all things in wisdom and purity. The majestic ocean, the deep blue sea, the beautiful earth and all things therein contained, were planned and created by the great God, the Father of all, who dwells in the immensity of space, created all things in wisdom and purity. The majestic ocean, the deep blue sea, the beautiful earth and all things therein contained, were planned and created by the great God, the Father of all, who dwells in the immensity of space, created all things in wisdom and purity.

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Perceptive and executive, of quick sight and steady hand, she always knows exactly what is wanting, and supplies the deficiency with a tact and cleverness peculiar to herself.

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Oh, ye weary Ednas, weary with toil, sad with the burdens that are no less real and unlovely because self-imposed, from whose lives care and labor have crowded out ennobling enjoyments, whose precious thoughts die out as the sparkle of waves on a lonely lake, because the inexorable demands of existence forbid that they shall be written; there will come to you, if you are workers for God, a time of eternal leisure; not the weariness that hinders the spirit in its search after knowledge, when nothing shall fetter the upward bound of aspiration, when the "work of your hands shall be established" in beautiful proportion. Though the demands of kitchen and nursery give you no time of rest to go back to the day dreams of youth, rosy with hope, they cannot rob you (thank God!) of the privileges of anticipating the time, when you shall see "the King in his beauty and the land that is very far off," or the peaceful slumber when the "night cometh." Perhaps your toil is not appreciated, your sacrifices not counted, indeed, it may be, that no one sees in you an aptitude for better things and so recognises no sacrifices; but the time hastens when the measure of the new Jerusalem shall be laid to earthly work and workers. Perhaps those for whom you have given up paths of honor or emolument have no sense of what it costs you, but count you well-fitted for the humbler walks of God while they walk the higher; it is all one: of effort knows. He sees that no artist chisels so enduring forms as you, when you mould the immortal souls in your home; that no painter rivals the beautiful pictures you may paint on "fleshy tables," that no orator kindles the imagination as your daily walk and talk may; that no soldier fights braver battles or wins more glorious fields; that no hero endures with more majestic strength; that no poet sings a more glorious song. "Life is greater than the arts of life," and your efforts shall be measured by the Divine line of equality. Pity yourselves no longer, reverse your life work, estimate its importance in the light of eternity; take up its burdens with good cheer:

Golden Grains.

"Dare to die right I dare to be true!
And the world's scolding can never harm you;
Stand by your conscience, your honor, your faith!
Stand like a hero, and battle till death!"
It is not enough to aim—you must hit.
The sun-dial counts only the bright hours.
Avarice starves its keeper, to surfeit those who have him dead.
It is much less difficult to hide a thousand pounds than a hole in one's coat.
He that would not have more than he can do to-morrow, must do all he can to-day.
The viper deserves no blame for its sting, although it be mortal—because it is the gift of Nature.
If half the pains were allotted to them that are taken by them to avoid it, we should hear much less said about the troubles of life, and see much more actually accomplished.

THE BEAUTIES AND MYSTERIES OF NATURE.

The times are pregnant with startling events; old times, feelings and feelings of the past are being recalled, and the progress of civilization and human development. Change is written, with the iron finger of time, upon all matter, seen and unseen, material and spiritual. The mighty, omnipotent power of the Creator, the great God, who dwells in the immensity of space, created all things in wisdom and purity. The majestic ocean, the deep blue sea, the beautiful earth and all things therein contained, were planned and created by the great God, the Father of all, who dwells in the immensity of space, created all things in wisdom and purity. The majestic ocean, the deep blue sea, the beautiful earth and all things therein contained, were planned and created by the great God, the Father of all, who dwells in the immensity of space, created all things in wisdom and purity.

Harper's Monthly Magazine for February, 1898.

Dr. R. LEONIDAS HAMILTON, M.D., whose dissection of the liver and digestive organs, and whose success in carrying out and restoring health to thousands, is now attracting the attention of the whole medical world, and whose success is carrying out and restoring health to thousands, is now attracting the attention of the whole medical world, and whose success is carrying out and restoring health to thousands, is now attracting the attention of the whole medical world.

LIVER, LUNG, AND BLOOD DISEASES.

A sallow or yellow color of the skin, or yellowish brown spots on the face and other parts of the body; dullness and drowsiness, with frequent headache; bitter or sour taste in the mouth; loss of appetite; constipation; internal heat; palpitation of the heart; many cases of a dry, teasing cough, with sore throat; unsteady appetite; sour stomach, with a taste of bile in the mouth; frequent vomiting; flatulence; bloated or full feeling about the stomach and sides, which is often attended with pain and tenderness; aggravating pains in the abdomen, especially about the navel; indigestion; colic pain and soreness through the bowels, with heat; constipation of the bowels, alternating with frequent attacks of diarrhea; piles, flatulence, nervousness, coldness of the extremities, and a general feeling of debility; symptoms of apoplexy; numbness of the limbs, especially at night; cold chills, alternating with hot flashes, with profuse sweating, unsteadiness, and giddy forebodings; and, when the disease is advanced, dropsy of the abdomen, and other symptoms of general debility.

DISEASES CAUSED BY LIVER COMPLAINT.

The human system, the most perfect of all the works of the Creator, is so constituted that it is to be entirely healthy, must throw off the waste, worn out, and poisonous materials of the system, and replace them with new materials from our food and drink. The food is assimilated and made into nourishing and healthy blood, principally through the offices of the stomach, liver and lungs. The worn out materials are mostly excreted by the bowels, kidneys and skin; but all medical men have heretofore failed to recognize the vast importance of the liver as a blood-purifying and excreting organ. The most learned German physician, Dr. R. Leonidas Hamilton, in his "Diseases of the Liver, Lungs and Blood," has shown that the liver is the most important organ of the human system, and that its diseased condition is the cause of many of the most common and dangerous diseases of the human system.

Remember one thing more: The bile is something more than the natural physics of the bowels, as has heretofore been taught by eminent medical men. The bile is mostly excreted by the liver, and it is the liver that is diseased in all cases of liver complaint. The bile is mostly excreted by the liver, and it is the liver that is diseased in all cases of liver complaint.

The managing woman is a pearl among women.

she is one of the prizes in the great lottery of life, and the man who draws her may rejoice for the rest of his days. Better than riches, she is a fortune in herself—a gold mine never failing in its yield—a spring of pleasant water, whose banks are filled with moss flowers when all around is bleached white with sterility. The managing woman can do anything; and she does everything well.

Perceptive and executive, of quick sight and steady hand, she always knows exactly what is wanting, and supplies the deficiency with a tact and cleverness peculiar to herself.

She knows the capabilities of persons as well as things, for she has an intuitive knowledge of character. The managing woman, if not always patient, is always energetic, and can never be disappointed into inaction. Though she has to teach the same thing over and over again, still she is never weary of her vocation of arranging and ordering, and never less than hopeful of a favorable result.

Disheartened Housewives.