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CAUSES OF SUDDEN DEATH.

rise from that cause. To ascertain the real origin of the sudden deaths, an experiment was tried and reported to a scientific congress at Strasburg. Sixty-six cases of sudden deaths were made the subject of a thorough post-mortem examination; in these cases only two were found who died from disease of the heart. Nine out of sixty-six had died from apoplexy, while there were forty-six cases of congestion of the lungs; that is, the lungs were so full of blood they could not work, not being room enough for a sufficient quantity of air to support life. The causes that produce congestion of the lungs are cold feet, tight clothing, costive bowels, sitting still until chilled after being warmed with labor or a rapid walk, going to suddenly from a close room into the air, especially after speaking, too hasty walking, or running to catch a train, etc. These causes of sudden death being known, an avoidance of them may serve to lengthen many valuable lives, which would otherwise be lost under the verdict of the heart complaint. That disease is supposed to be inevitable and incurable, hence, many may not take the pains they would to avoid sudden death, if they knew it lay in their

WHEN TO WATER HORSES.

Those who have the care of horses should let them have what water they want to drink before feeding them oats or corn, and if half an hour or an hour before, so much the better. If the latter are fed to them first, and they are allowed to drink a good deal of water soon after much of the oats or corn consumed will be washed or carried through the stomach. into the intestines, without being digested, when instead of benefitting the horse, they do him a positive injury, frequently causing colic inflammation of the bowels, etc. A small quantity of water after a feed would be attended with no such results, but the stomach of the horse is small and cannot hold much feed and water at the same time.

Temperance.

WINE OR WATER.

It is well known that merchants are rated in certain books for the use of traders according to capital business ability, promptness, and the like; and the one who searches the books may find even still more about them. A number of years ago a firm of four men in Boston were rated as A 1, rich, prosperous, young, prompt. One of them had a curiosity to see how they were rated, and found all those points on the book and was satisfied; but at the end it was written: "But they all drink." He thought it a good joke at the time; but to-day two are dead, another a drunkard, the fourth poor and living in part on charity. They would far better have "dared to be a Daniel."

An English Duke's temperance action is worthy of record. The Duke of Westminister is refusing to renew leases for houses belonging to him in which liquor is sold. The lease of a large public-house, in Oxford Street London, lately expired, and several hundred pounds a year rent could have been obtained for a renewal of the lease; but the Duke had let the house, rent free to the incumbent of the parish as a mission house, and has put up, at his own expense, a public drinking fountain against the flank wall.

The late William Lloyd Garrison once said: 'It is a cheap device to brand the temperance movement as fanatical. Now, I deny that it has a single feature of fanaticism; for it is based upon physiological principles, chemical relations, the welfare of society, the laws of selfpreservation, the claims of suffering humanity, all that is noble in pariotism, generous in philanthrophy, and pure and good in Christianity."

Dr. Charles Jewett wrote the following in the temperance album of one of the employees of the National Temperance Society, September, 21, 1876;

" Of all the evils which have ever cursed Our native land, Intemperance is the worst, The most widespread, the hardest to endure, The deepest rooted, and the worst to cure."

Kousehold.

One whom we know to be an excellent housekeeper sends to the American Agriculturist the following, which she writes were new to her, and may be to some others at least:-Spots on varnished furniture are readily removed by rubbing them with essence of pepperment, and afterwards with "furniture polish," or oil. [Spirits of camphor answere similarly to the essence of pepperment.

MICA IN STOVES (often wrongly called "isingglass,") when smoked, is readily cleaned by taking it out and thoroughly washing with vinegar, a little diluted. If it does not come off at once, let it soak a little.

TURNIP GRIDDLE GREASER.-My new cook uses a small, flat turnip, cut smooth, slightly dipped in lard, and has hardly a bit of pancake smoke in the kitchen. After a few times, she \$777 free. Address, P. O. Vickery Agusta, Me. does not dip it into the grease at all, but uses the same turnip as long as she can.

INK ON THE CARPET.—Ink freshly spilled upon the carpet should at once be taken up with soft paper or a slightly damp sponge, or even a damp cloth, care being exercised not to spread the spot. After all is taken up that can be, wet the sponge-after first washing it clean-in warm water, and thoroughly scrub the spot on the carpet. When no more can be washed out, wet

the spot with a weak solution of Oxalic Acid and after a few moments, wash off with cold Very few of the sudden deaths which are water, and finally sponge with a weak Ammonia said to arise from disease's of the heart do really Water, to neutralize any of the acid that may remain in the carpet.

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