

Temperance.

Moral suasion for the man who drinks.
Mental suasion for the man who thinks;
Legal suasion for the drunkard maker;
Prison suasion for the statutebreaker.

THE WOMEN DID IT.—The pastor of Tremont temple, Rev. Dr. Ellis, closed his discourse in review of Rev. Dr. Crosby's "Calm View" with this eloquent peroration:

A company of men were once raising the heavy frame of a mill; they had started to raise the main vent, as it is called, but when part way up when they had reached the "pinch in the vent," the foreman saw his men were about to fail. "Up with it, men," he cried. They went to the polls, but it hung above them as a lead fall, they could not raise it past the "pinch." "Lift, men, for your lives, lift," said the foreman. But the men could only hold it to its place. Just then a horseman passed the other side of the stream, when the foreman shouted, "To the village and call the women or we are dead men." On flew the horseman, shouting the peril of the men at the mill. The women heard it, their blood chilled, but when they came to the mill, the stream-separated them from the imperiled men. The foreman then hesitated when he cried, "Mothers of these sons, wives of these husbands, sisters of these brothers, help or they are killed. Into the stream the women plunged, through it they came dripping to the side of their loved ones, and caught the poles with them. "Now, men and women, all together," said the foreman. "Heave, oh." At once up went the vent, and with tears and rejoicing they stood beneath the vent safe in its place. The men, we have lifted at the total abstinence reform, when it was hard and next to hopeless, thank God, woman has taken her place at our side, and now let the cry be "fall together," and when we have lifted this work of man and God to its place, then it will be ours, through eternity, to rejoice together. Till then, let us give us the spirit to hope and wait, and to work while we wait and hope.

"It won't hurt you if you let it alone."
"Liquor won't hurt you if you let it alone," said one, with a sneer, to another who was making a strong fight to have it kept out of his house by law. "You needn't meddle with it. Others take it that is their lookout."

"But liquor does hurt thousands who let it alone, who hate it utterly and never set foot in a saloon."

"I should like your evidence," said the other a little puzzled.

Just step around the corner into Mrs. Watson's house—a pretty little house, but it will be her's much longer. The rum-seller has his grip; I hear she must move out next week. Watson is working on his new veranda, which is to run around three sides of the tavern, to pay up another liquor bill, while his wife and children are starving. They never touch liquor, but it has hurt them. I can pick twenty families in this place where it has done its mischief, more or less, and it is so the world over. Every man that drinks involves others with him. Those that let it alone have a suffer. Probably five sufferers to each drunkard would be stating it very low. Now, men to work hard and fight hard, if need be, those who have no help; and if the law be made to help them, well and good. Our boys are to be our future law makers. Let them be well established in temperance principles. Let them look on liquor licenses as they would on a license to commit any sort of crime. All these and far more are included in every permit to sell rum.—*Youth's Temperance Banner.*

Farm and Household.

BREAD-MAKING IN WINTER.—House-keepers sometimes object to the use of the dry yeast purchased at groceries, because bread made with them is so slow to rise, especially in winter. I like to use these cakes in hot weather on that very account. The bread sponge rises in the hottest nights. But in winter it is advisable to set a small sponge in the moon—about four o'clock—in this way: A pint of flour is mixed with a pint and a half of warm water. To this add a cake of yeast thoroughly soaked in a little warm water (take care not to scald the yeast), and beat all together. By seven o'clock this, if kept in a warm place near the stove, will be light. Now set your bread sponge as usual, using this smaller sponge for your yeast. It is warm, and in the morning you will be assured to find it very light and entirely risen. Now, if you have a good deal to attend to, you can defer kneading the dough until after breakfast, providing you stir in considerable bread mix it thoroughly with the spoon.

Keep insects out of bird cages tie up a sulphur in a silk bag and suspend it in the cage. For mocking-birds this is essential to their health, and the sulphur will keep all the ants and other insects from all kinds of food. Red ants will never be found in a closet drawer if a small bag of sulphur be kept constantly in these places.

ELICATE APPLE SAUCE.—Pare, halve and core a sufficient quantity of stewing apples; put them into a baking dish, and cover thick with sugar—bits of lemon peel may be added. Put a plate over the dish, and set in a pan having a little hot water in the bottom, place in a hot oven. Bake until the pieces are clear and tender.

PREVENT THE BALLING OF HORSES.—When snow upon the roads is cohesive and packs hard, it collects upon the feet of horses, forming a hard projecting mass, in a manner known as "balling." This often occurs to such an extent as to impede the motion of the horse, while it causes the animal great discomfort, and is sometimes dangerous to the rider or driver. The trouble may be prevented very easily by the use of Cutta-Percha. For this purpose the gutta-percha should be crude, i. e., not mixed with anything or manufactured in any manner, but just as imported. Its application depends upon the property which the gum has of softening, and becoming plastic by heat, and hardening when cold. To apply it, place the gutta-percha in hot water until it becomes soft, and having well cleansed the foot, removing whatever has accumulated between the shoe and hoof, take a piece of the softened gum and press it against the shoe and foot in such a manner as to fill the angle between the shoe and the hoof, taking care not to force it into the crack between the two. Thus filling the crevices, and the space next the shoe, where the snow most firmly adheres, the ball of snow has nothing to hold it, and it either does not form, or drops out as soon as it is gathered. When the gutta-percha is applied, and well smoothed off with the wet fingers, it may be hardened at once, to prevent the horse from getting it out of place by stamping, by the application of snow or ice, or more slowly by a wet sponge or cloth. When it is desired to remove the gum, the application of hot water by means of a sponge or cloth will so soften it that it may be taken off. As the softening and hardening may be repeated indefinitely, the same material will last for years. For a horse of medium size, a quarter of a pound is sufficient for all the feet. Having tested this application late last winter, and thus far the present season, we can commend it as thoroughly efficacious in preventing one of the greatest annoyances of snow.—*American Agriculturist for February 1.*

KEEPING THE HEAD CLEAN.—A distinguished physician who had spent much time at quarantine, said that a person whose head was thoroughly washed every day, rarely took contagious diseases, but where the hair was allowed to become dirty and matted, it was hardly possible to escape infection. Many people find speedy relief for sick headache by washing the hair thoroughly in weak soda water. I have known severe cases almost wholly cured in ten minutes by this simple remedy. A friend finds it the greatest relief in cases of "rare cold," the cold symptoms entirely leaving the eyes and nose after one thorough washing of the hair. The head should be thoroughly dried afterwards, and not exposed to draughts of air for a little while.

Hoarseness may be relieved by using the white of an egg thoroughly beaten, mixed with lemon juice and sugar. A teaspoonful taken occasionally is the proper dose.

LEMON BREAD PUDDING.—One pint fine bread crumbs, yolks of four eggs, one quart of rich milk, two tablespoons of melted butter and one cup of sugar. Flavor with a lemon. Cover and bake about a half hour. Beat the four whites to a stiff froth, mix with a teaspoonful of powdered sugar and the juice of a lemon. Spread over the pudding and return until slightly tinged.

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F. S. SHARPE Secretary.
William F. BUTT, President. oct26 1y

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HOME EVIDENCE IN FAVOR OF THE PAIN-KILLER.

Hint No. 1.
If you wish to save yourself, your family, and your friends a world of suffering and pain, which at present they endure needlessly, and also save many dollars in Doctor's bills, go at once to the nearest store, and buy a few bottles of PAIN-KILLER.

Hint No. 2.
Ask your Druggist, Grocer or Sheepkeeper, for a bottle of PAIN-KILLER. If he passes it down without ceremony, ask him while extracting the quarter dollar from your wallet, if this is the genuine made by PERRY DAVIS & SON, at same time watch the expression on his face. You can easily tell if his conscience is all right; also examine the bottle closely yourself.

Hint No. 3.
When you ask for a bottle of PAIN-KILLER, and the gentleman store-keeper, without scarcely looking, remarks, "we are just out, but have another article as good or better, which sells for the same price 'viz, 25 cents.' Turn on your heel and say, Good-bye, Sir! That man cares more for the two or three cents extra profit which he gets than he does for your health or happiness.

Hint No. 4.
Beware of all the worthless mixtures, and dirty, greasy combinations which are offered you in almost every store you enter, and which some unprincipled shop-keepers try to palm off as a substitute for the PAIN-KILLER. These mixtures are gotten up expressly to sell on the reputation of the PAIN-KILLER, but have nothing in common with it.

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| WILL LEAVE ST. JOHN. | | ST. JOHN TIME. | |
|--|---------------|----------------|-----------|
| Express for Halifax, connecting at Moncton with accommodation for North, | RAILWAY TIME. | 7.55 a.m. | 8.00 a.m. |
| Accommodation for Point du Chene, Express for Sussex | 11.45 a.m. | 11.50 a.m. | 5.05 p.m. |
| Express for Halifax, and Quebec, | 7.25 p.m. | 7.30 p.m. | |

On Tuesday, Thursday and Saturday a Pullman car for Montreal, will be attached to the Express leaving at 7.25 p.m.; and on Monday, Wednesday and Friday a Pullman car for Montreal will be attached at Moncton.

| WILL ARRIVE:— | | ST. JOHN TIME. | |
|--|-----------|----------------|--|
| Express from Quebec, and from Halifax with connection at Moncton, with 11.00 p.m. Express, | 7.30 a.m. | 7.35 a.m. | |
| Express from Sussex | 9.05 a.m. | 9.10 a.m. | |
| Accommodation from P't du Chene, | 2.30 p.m. | 2.35 p.m. | |
| Express from Halifax & points South of Campbellton | 8.35 p.m. | 8.40 p.m. | |

The Express Train from Quebec runs to destination Sunday morning.

D. PORTINGER, Chief Superintendent.
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