



FATE.

It is very convenient to attribute the disasters which overtake us to fate. But for the most part man is the arbiter of his own fortunes. Business men are struck down suddenly as by lightning. The verdict is generally "heart failure." "His heart was weak. It was fate for him to meet this end." But if we went behind the "weak" heart we should find a "weak" stomach, probably, and back of the weak stomach is careless eating at irregular hours.

When the stomach is diseased the organs depending on the stomach for nutrition are starved. Starvation means weakness of the body and its organs.

Dr. Pierce's Golden Medical Discovery cures diseases of the stomach and other organs of digestion and nutrition. When these organs are cured, diseases of heart, liver, lungs and kidneys, caused by the diseased stomach, are cured also.

"In the fall of 1897 I was taken with smothering spells, palpitation of the heart, and a distressed feeling in my stomach," writes Mr. H. W. Kinney, of Knight, Doddridge Co., West Va. "I consulted a doctor and he said I had organic heart trouble. He gave me some medicine, but it did me no good. I then tried different kinds of patent medicines, but they only helped me a little. I then sent and got five bottles of Dr. Pierce's Golden Medical Discovery. Before the first bottle was gone I felt a change. When the five bottles were gone I began to work. I had not worked any for a year before."

"I am well and can eat anything now with the exception of pork and greasy food."

Doctor Pierce's Pleasant Pellets cure flatulency.

Catching Cod.

Once begun codfishing on the Banks is incessant, and when the fishing is good the men rarely ever sleep. Awakened at 2 a. m. to fill their bait "kids," or tubs, they start at daybreak to lift these trawls and remove the overnight catch, rebaiting the hooks again. There are about 3,000 hooks to handle, and this often occupies until eventide, when the boats row back. After unloading the deck is piled high with the glittering mass of fish. To eviscerate this and stow it in the hold keeps them until midnight, when they snatch an hour or two of sleep.

Some can go without sleep for a week. Others will rub wet tobacco in their eyes so that the pain may keep them wakeful a few hours longer. Others again will work till they drop from sheer exhaustion and sleep as they lie until aroused by comrades. A Chinese torture is to keep men without sleep, and "banking" does this to an extent to satisfy even the most exacting Celestial. The men sleep in their underclothing. When above decks, they can never leave off their oilskins, for on the Banks it is rarely fine. Mist and muck prevail, and the rigging and sails drip water always.

A Clerical Pun.

On one occasion at Athy, where Canon Staveland, the English divine, was then stationed, he was visited by the archbishop, whom he induced to visit a new coffee house which had just been opened in the interests of temperance. Naturally the distinguished guest was served with a sample cup of coffee. He tasted it, while Canon Bagot and the manager waited in complacent expectancy of commendation.

They were disappointed. The cup was hastily set aside by the bishop, who ejaculated, with prolonged and unmistakable emphasis:

"A-bom-in-able!"

Then the manager suddenly remembered. "Oh, your grace," he explained, "a box of matches fell into the coffee tank this morning, and I did not think it right to waste all the contents of it."

"If your grace will come again," promised Canon Bagot, interposing quickly, "I faithfully promise you a matchless cup of coffee."

The Ingredients of Fireworks.

The chief constituents of all fireworks are gunpowder and its ingredients. Iron and steel filings and cast iron borings, free from rust, are used to increase the brightness of the display and produce the Chinese fire. When the rocket explodes up in the air, the bright and varicolored sparks are produced by these filings as they ignite in the oxygen.

Copper filings and copper salts are used to produce greenish tints. A fine blue is made with zinc filings. A light greenish tint with much smoke is made out of sulphuret of antimony. Amber, resin and common salt protected from dampness produce a yellow fire. Salts of strontia make a red light. A green light is also made by the salts of barium.

Enlightening the Minister.

"We are going to have pie for dinner," said Bobby to the minister.

"Indeed!" laughed the clergyman, amused at the little boy's artlessness. "And what kind of pie, Bobby?"

"It's a new kind, Ma was talking this morning about pa bringing you to dinner so often, and pa said he didn't care what she thought, and ma said she'd make him eat humble pie before the day was over, and I suppose we're going to have it for dinner."

A Useful Woman.

"Ellepherasset," said Mrs. Bliggins as he was about to start down town, "can you let me have a little money to run the house with today?"

"You can have just 50 cents," he growled, flinging the coin at her and slamming the door behind him as he went out.

"By the way, Bliggins," said a friend who dropped into his place of business an hour or two later, "will you go my security on a note for \$500?"

"Shortleigh," replied Bliggins, "it is an inflexible rule in my family that I must never do anything of that kind without consulting my wife."

A Summer Without Nights.

To the summer visitor in Sweden there is nothing more striking than the almost total absence of night. At Stockholm, the Swedish capital, the sun goes down a few minutes before 10 o'clock and rises again four hours later during a greater part of the month of June. But the four hours the sun lies hidden in the frozen north are not hours of darkness. The refraction of his rays as he passes around the north pole makes midnight as light as a cloudy midday and enables one to read the finest print without artificial light at any time during the "night."

The Names of Two Cities.

On the principle of "in Rome do as the Romans do" I think it a safe rule to pronounce the name of a place as the residents of that place do, says a writer. Hence we should speak of St. Louis as though it were written "St. Lewis," not "St. Louie." All good Missourians say "St. Lewis." It is a little difficult to put down in black and white the local pronunciation of New Orleans, but it is something like this, "New Awl-yins," with the strong accent on the "Awl."

An Appropriate Text.

A preacher in an eastern city was a little fellow, so little that a box had to be hastily brought from the cellar for him to stand on. The services proceeded safely until the sermon, when he mounted the box and announced his text, "A little while ye shall see me, and a little while and ye shall not see me." At this point the box broke, and the prophecy was verified amid the smothered laughter of the congregation.

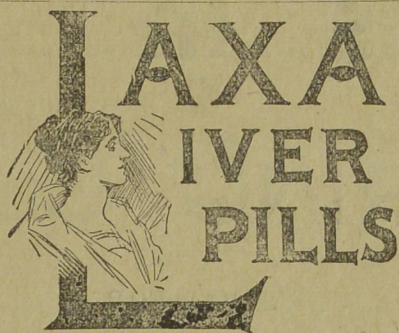
Two Sides.

"You'd make a pretty good clerk," said the employer sarcastically, "if you only had a little more common sense."

"Indeed!" replied the clerk. "But did it ever occur to you that if I had a little more common sense I wouldn't be a clerk at all?"

Alcohol and Tobacco.

According to the London Lancet, when evil effects ensue from smoking tobacco they are very much intensified by indulgence in alcohol. Pyridine, the chief poisonous constituent of tobacco smoke, is not so easily soluble in water as in alcohol. Pyridine bases can be easily traced in the mouth of an immoderate smoker and especially the smoker of cigars. An alcoholic drink is, therefore, calculated quickly to wash out this poisonous oil and to carry it into the stomach.



Those who have used Laxa-Liver Pills say they have no equal for relieving and curing Constipation, Sick Headache, Biliousness, Dyspepsia, Coated Tongue, Foul Breath, Heart Burn, Water Brash or any disease or disorder of the stomach, liver or bowels.

Mrs. George Williams, Fairfield Plains, Ont., writes as follows: "As there are so many other medicines offered for sale in substitution for Laxa-Liver Pills I am particular to get the genuine, as they far surpass anything else for regulating the bowels and correcting stomach disorders."

Laxa-Liver Pills are purely vegetable; neither gripe, weaken nor sicken, are easy to take and prompt to act.

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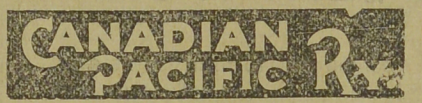
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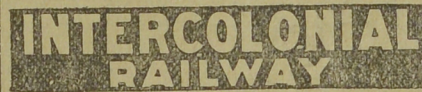
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On and after Sunday, October 20, 1901 trains will run daily (Sundays excepted) as follows:

TRAINS WILL LEAVE ST. JOHN

Express for Halifax and Campbellton...	7.00
Express for Point du Chene, Halifax, and Pictou.....	12.15
Express for Sussex.....	16.30
Express for Quebec and Montreal.....	17.00
Express for Halifax and Sydney.....	22.35

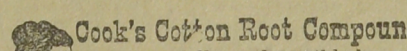
TRAINS WILL ARRIVE AT ST. JOHN

Express from Halifax and Sydney.....	6.00
Express from Sussex.....	8.30
Express from Montreal and Quebec.....	12.40
Express from Halifax and Pictou.....	16.00
Express from Halifax.....	19.15
Express from Moncton, (Saturday only), 23.50	

All trains are run by Eastern Standard Time. Twenty-four o'clock is midnight.

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General Manager
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